

FEBRUARY 2017 CALENDAR HIGHLIGHTS

Programs are one of the benefits of membership in Beacon Hill Village. Selected programs are open to guests of members and to prospective members who may be interested in joining the Village. Members have priority when registering for programs that have space limitations. BHV reserves the right to limit the number of programs that prospective members may attend. A reservation is required for all programs unless otherwise noted in the program description. Refunds will be made for cancellations received at least one week prior to an event unless tickets have been pre-purchased or non-refundable payments have been made and we are unable to fill your spot.

Wednesday, February 1 noon showing (meet at 11:30 a.m.)
Omni Theater: National Parks Adventure



MacGillivray Freeman's *National Parks Adventure* takes you on the ultimate IMAX® off-trail adventure into the nation's awe-inspiring great outdoors and untamed wilderness. Spectacularly wild and beautiful places like Yosemite, Yellowstone, the Everglades, the Redwoods, Arches, and Canyonlands are illuminated as never before with immersive giant-screen cinematography. Film runs 50 minutes. Possibility of lunch after the showing. *Meet in the lobby of the Science Museum at 11:30 a.m. BHV members and their guests and prospective members: \$10.*

Thursday, February 2 9:45 a.m. -12:45 p.m.
Charles River Museum of Industry and Innovation



In what was once a textile mill's massive boiler and engine room in Waltham is a treasure trove of cranks, gears, and over-sized wires known collectively as the Charles River Museum of Industry and Innovation. Established to preserve America's rich history of mechanical progress and focusing on the industrial revolution in the country, the Museum offers visitors

a chance to see how the world worked before computers and wireless ubiquity. The collection features exhibits on such topics as steam power, clockworks, and pre-combustion transportation, and a gallery devoted to the Waltham Watch Company. *Meet at Café Tatte, 70 Charles Street,*

at 9:45 a.m., or Starbucks, 165 Newbury Street, at 9:50 a.m. BHV members: \$30. Guests of BHV members and prospective members: \$40.

Friday, February 3 1:30 p.m. concert (lunch at noon)
BSO Fenway Chamber Concert

Boston Symphony Orchestra musicians perform Ravel's Duo for violin and cello and Borodin's String Quartet No. 2 in D at this *free* one-hour community concert performed at Northeastern University's Fenway Center, known for its outstanding acoustics. *If interested in lunch before the concert, meet at Uno Pizzeria, 280 Huntington Avenue, at noon. For concert only, meet at the Fenway Center, 77 St. Stephen Street, at 1:15 p.m. BHV members and their guests.*

Tuesday, February 7 10:15 a.m. -2 p.m.

WGBH Studio Tour

Join us on a private one-hour tour of the WGBH Studios in Brighton, which will include a visit to some of the studios where WGBH's TV, radio, Web and community programs are created, as well as to the world-class Fraser Performance Studio. After our tour we'll have lunch at The Stockyard. *Meet at Café Tatte, 70 Charles Street, at 10:15 a.m., or Starbucks, 165 Newbury Street (between Dartmouth & Exeter), at 10:20 a.m. BHV members: \$25. Guests of BHV members and prospective members: \$35.*



Wednesday, February 8 2 -3:30 p.m.

**Living Well/Ending Well
Housing and Beyond: Independent Living**

Join us for an informative and stimulating discussion about available housing options for seniors when living at home becomes a challenge. Emily Saltz, LICSW, CMC and CEO of LifeCare Advocates in Newton, will talk about financial and functional eligibility requirements for independent living, assisted living and retirement communities, including the limitations on services at each, and whether there really is a continuum of care. She will also discuss what happens when your needs exceed the services a facility offers; common pitfalls to avoid; and the pros and cons of staying at home rather than moving to a senior living community. *Meet at Old South Church, 645 Boylston Street. Open to the public. Registration required. Free.*

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>GROCERY SHOPPING TRIPS Door-to-door transportation to Stop & Shop every Tuesday and Friday at 10 a.m. and Tuesday at noon and to Shaw's every Friday at noon. A driver will help carry your groceries. BHV members only: \$10</p> <p>TAXI COUPONS Come to the BHV office on Friday, February 10, between 11 and noon, to pick up your taxi coupons at this monthly distribution. Pay \$5 for a \$10 coupon book; maximum of two books per person, per month. BHV members only. 74 Joy Street, third floor.</p> <p>TRIP TO MARKET BASKET Door-to-door transportation to Market Basket in Chelsea on Wednesday, February 1 at 10 a.m. A driver will help carry your groceries. Space is limited. BHV members only: \$10.</p> <p>TRIPS TO TRADER JOE'S Door-to-door transportation to Trader Joe's in Cambridge on Wednesday, February 1 at 10 a.m., and Wednesday, February 15 at 10 a.m. and noon. A driver will help carry your groceries. Space is limited. BHV members only: \$10.</p> <p>TERRIFIC TUESDAYS Terrific Tuesdays meets on the first Tuesday of each month at 4 p.m. at 75 Chestnut Street to discuss and plan outings related to the arts. Contact Roberta Meyers (bonmarchebabes12000@yahoo.com) for more information and to be added to her email distribution list. All BHV members welcome. Registration not required.</p>	<p>NOTES</p>		<p>Market Basket (10:00) Total Fitness w/Cindy - Beacon Hill (11-noon) Omni Theater: National Parks Adventure (noon showing; meet at 11:30) Trader Joe's (noon) Bridge w/ Steve (3:30-5:30) 1</p>	<p>Meditation (8:45) Charles River Museum of Industry & Innovation (9:45-12:45) Men's First Drink (4:00) 2</p>	<p>Grocery Shop (10 & noon) Total Fitness w/Cindy - Back Bay (11:45-12:45) Tai Chi (noon-1) BSO Fenway Chamber Concert (1:30 concert; lunch at noon) 3</p>	<p>MEN'S FIRST DRINK Join the men of Beacon Hill Village for a late afternoon drink as they continue their exploration of Boston's watering holes. Men's First Drink meets on the first Thursday of each month at 4 p.m. Contact BHV member Roger Cox (rhcox1@comcast.net) for the location and to be added to Roger's email distribution list. BHV members and their guests.</p> <p>MAIDENS & MARTINIS Join the women of Beacon Hill Village for a late afternoon drink on the second Thursday of each month. In February, the group will meet at Stella's, 1525 Washington Street, in the South End. Register online or call the office to register. BHV members and their guests.</p> <p>MEDITATION Meets every Monday and Thursday at 8:45 a.m. (except as otherwise noted on the calendar) at the Beacon Hill home of BHV member Susan Cox. Contact Susan (ssn.cox@gmail.com) for more information. BHV members only.</p> 
	<p>Meditation (8:45) Total Fitness w/Cindy - Beacon Hill (11-noon) 6</p>	<p>Grocery Shop (10 & noon) WGBH Studio Tour (10:15-2) Total Fitness w/Cindy - Back Bay (10-11) Terrific Tuesdays (4:00) 7</p>	<p>Total Fitness w/Cindy - Beacon Hill (11-noon) Living Well/Ending Well: Housing & Beyond - Independent Living (2-3:30) Bridge w/ Steve (3:30-5:30) 8</p>	<p>Meditation (8:45) Maidens & Martinis: Stella's (4:30) Conversations with... Armond Cohen (5:30-7) 9</p>	<p>Grocery Shop (10 & noon) Taxi Coupons (11-noon) Total Fitness w/Cindy - Back Bay (11:45-12:45) Tai Chi (noon-1) 10</p>	
	<p>Meditation (8:45) Total Fitness w/Cindy - Beacon Hill (11-noon) Atul Gawande: The Value of Community as We Grow Older (lecture at 5; reception at 6) 13</p>	<p>Grocery Shop (10 & noon) Wellness: The Basic Science of Cancer (10:30-noon) Total Fitness w/Cindy - Back Bay (10-11) 14</p>	<p>Trader Joe's (10 & noon) Total Fitness w/Cindy - Beacon Hill (11-noon) Ayer Mansion (noon) Bridge w/ Steve (3:30-5:30) 15</p>	<p>Meditation (8:45) Armenian Museum (9:45-12:45) 16</p>	<p>Grocery Shop (10 & noon) Total Fitness w/Cindy - Back Bay (11:45-12:45) Tai Chi (noon-1) 17</p>	
	<p>Presidents' Day BHV Office Closed Meditation (8:45) Total Fitness w/Cindy - Beacon Hill cancelled 20</p>	<p>Grocery Shop (10 & noon) Total Fitness w/Cindy - Back Bay cancelled Lecture: Lincoln's White House (noon-1; meet at 11:45) 21</p>	<p>Total Fitness w/Cindy - Beacon Hill cancelled Bridge w/ Steve (3:30-5:30) 22</p>	<p>Meditation (8:45) Armenian Museum (9:45-12:45) 23</p>	<p>Grocery Shop (10 & noon) Total Fitness w/Cindy - Back Bay (11:45-12:45) Tai Chi (noon-1) 24</p>	
	<p>Meditation (8:45) Total Fitness w/Cindy - Beacon Hill (11-noon) Lunch Group: Stephi's on Tremont (12:30) 27</p>	<p>Grocery Shop (10 & noon) Total Fitness w/Cindy - Back Bay (10-11) Bowling (10:30-1:30) 28</p>	<p>NOTES</p>			

Registration required for all programs unless otherwise indicated.



HEALTH & WELLNESS:
Beacon Hill Athletic Club (\$5/class)
North Station, 261 Friend Street: Aerial Conditioning (Fri at 8:30)
North End, 85 Atlantic Avenue: Total Body Strength (Mon at 8:30 and Fri at 8:15); Muscle (Wed & Thurs at 8:30); Stretching (Thurs at 9:30); Rejuvenating Yoga (Tues & Thurs at noon; Restorative Yoga (Wed at noon); Gentle Yoga (Fri at 9:15)
Beacon Hill, 3 Hancock Street: Senior Conditioning (Mon & Thurs at 10)

Total Fitness w/Cindy Sullivan - Beacon Hill
 Beacon House, 19 Myrtle Street, Mon & Wed, 11 a.m. - noon. \$5 for BHV members
Total Fitness w/Cindy Sullivan - Back Bay
 First Church Boston, 66 Marlborough Street (at the corner of Berkeley). Tues, 10 - 11 a.m. and Fri, 11:45 a.m.-12:45 p.m. \$5 for BHV members
 Call the BHV office for more information. Registration not required.

Tai Chi w/Joshua Grant
 Beacon House, 19 Myrtle Street, noon-1
 \$200 for BHV members for 10-session class
 Individual classes: \$25/class
 Contact Joshua (gulong16@gmail.com) for more information.



Conversations with...
Armond Cohen

Thursday, February 9 5:30 -7 p.m.

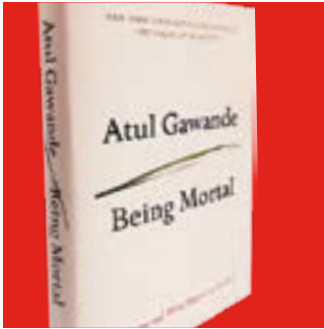
Conversations with...Armond Cohen

Armond Cohen has been fighting for the environment since he was a young man. He cut his teeth opposing the Seabrook nuclear plant in New Hampshire. He welcomes the renewables revolution. But he has come to believe, after hard thought and careful analysis, that nuclear power must be an essential part of the world's energy future. Come hear why. Light hors d'oeuvres and beverages at 5:30 p.m.; program at 6 p.m. *Meet at King's Chapel Parish House, 64 Beacon Street. BHV/BHS members: Free. Guests of members: \$20.*

Monday, February 13 5 p.m.

Atul Gawande: The Value of Community and Choice as We Grow Older

Renowned surgeon and writer Dr. Atul Gawande will be the guest speaker at Beacon Hill Village's 15th Celebration of its founding and the subsequent Village Movement BHV inspired. Dr. Gawande's talk, entitled "Being Mortal's Village: The Value of Community and Choice as we Grow Older," will be held at the Boston Public Library, Rabb Hall, 700 Boylston Street, at 5 p.m., and will be followed by a 6 p.m. reception at the Lenox Hotel, 61 Exeter Street. *Space is limited, so register early. This event is open to the public. BHV members: lecture only, free; lecture and reception, \$45. Non-members: lecture only, \$20; lecture and reception: \$65.*



Speaker Atul Gawande

Tuesday, February 14 10:30 - noon

Wellness: The Basic Science of Cancer

Cancer. Simply hearing the word causes fear and anxiety in most of us. It is a disease that is hard to talk about. The statistics are staggering. Approximately 40% of men and women in the United States will be diagnosed with a form of cancer in their life time. At this month's wellness clinic volunteer nurse Kate Sciacca will talk about the science behind cancer, types of cancer, recommended screenings, and tips on how to stay as healthy as possible. Kate will be available to meet with members one-on-one to check their blood pressure and other vital signs and to discuss health care questions. *Meet at 74 Joy Street, first floor conference room. BHV members only. Free.*



Wellness: The Basic Science of Cancer

Wednesday, February 15 noon tour

Ayer Mansion

Built between 1899 and 1902 for businessman and art collector Frederick Ayer, the Ayer Mansion is the only surviving residence created by American artist and designer Louis Comfort Tiffany. Named a National Historic Landmark in 2005, the Ayer Mansion exemplifies what one critic of the day called Tiffany's "dumbfounding versatility." Tiffany-designed stone and glass mosaics, graceful metalwork, Favrite glass vases, custom furniture, intricate plaster work, elaborate art glass windows, and unexpected architectural flourishes all work together to create a cohesive masterpiece. To enter the Mansion, you'll need to climb eight stairs (with a railing). Once inside, an elevator services the floors of our tour. We've reserved spots for BHV on this public tour. *Meet at 395 Commonwealth Avenue (between Massachusetts Avenue and Charlesgate East) at 11:50 a.m. for our noon tour. Closest T station is Hynes Convention Center. BHV members and their guests: \$10.*



Ayer Mansion

Tuesday, February 21 noon -1 p.m.

Lecture: Lincoln's White House

James Conroy, author of *Lincoln's White House*, will bring to life the people who knew Lincoln's White House, from servants to cabinet secretaries and more. Conroy relies on fresh research from previously untapped primary sources and a bold character-driven narrative to offer insight on how Lincoln lived, governed, battled, and ultimately, unified the country. *Meet at the Boston Athenaeum, 10 1/2 Beacon Street at 11:45 a.m. for the noon lecture. Seats are not reserved. BHV members and their guests. Free.*



James Conroy Lecture:
Lincoln's White House

Thursday, February 23 9:45 a.m. - 12:45 p.m.

Armenian Museum

On our visit to the Armenian Museum we'll have a private tour of three of the Museum's exhibitions: a collection of portraits by the renowned Armenian-Canadian photographer Yousuf Karsh (a gift from his wife, BHV member Estrellita Karsh) that features photographs of great personalities of the world, including Winston Churchill, Helen Keller, Aram Khachaturian and Albert Einstein; a visual narrative of the events of the 1915-1923 Genocide and the continuing aftermath and denial by the Turkish government; and *Women's Work*,

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BSO Fenway Chamber Concert

Friday, February 3



Armenian Textiles and Dolls, which showcases a sampling of different genres of women's art created in the last century. The Museum is located in Watertown, the center of one of the largest Armenian communities in the United States. *Meet at Café Tatte, 70 Charles Street, at 9:45 a.m., or Starbucks, 165 Newbury Street (between Dartmouth & Exeter), at 9:50 a.m. BHV members: \$25. Guests of BHV members and prospective members: \$35.*

Monday, February 27 12:30 p.m.

Lunch Group: Stephi's on Tremont

Located in the heart of Boston's South End across from historic Union Park, Stephi's on Tremont serves sophisticated comfort food in its corner location with floor-to-ceiling windows.

Meet at 571 Tremont Street. Easily accessible

by the 43 bus. BHV members and their guests.



Tuesday, February 28 10:30 a.m. - 1:30 p.m.

Candlepin Bowling

Join BHV members for candlepin bowling at Sacco's Bowl Haven in Davis Square, Somerville. Lunch at the Flatbread Company. Cost for bowling approximately \$10. *Meet at the turnstiles at Charles/MGH at 10:30 a.m. BHV members and their guests.*

BOSTON BALLET Robbins/The Concert

Thursday, May 18 | 7:30 p.m.

We have purchased group tickets (at a discount of 30%) to the Boston Ballet's performance of Robbins/The Concert (pieces by Jerome Robbins, George Balanchine and resident choreographer Jorma Elo featuring the music of Chopin, Stravinsky and Bach). Tickets are \$62 and are in the first two rows of the mezzanine or side rear orchestra. Call the office if you are interested in joining BHV members and let us know whether you prefer mezzanine or orchestra seats.

