

Marianas Yacht Club
41st Annual Guam-Rota Race (2018)
SAILING INSTRUCTIONS
Rev. 1 /May 1, 2018

1. SPONSOR: Marianas Yacht Club
2. DATE: May 25, 2018 – May 28, 2018
3. SCHEDULE: Initial Skippers Meeting: 1830, May 4, 2018
 Final Skippers Meeting: 1830, May 18, 2016
 Race Start (Apra Harbor) 17:00, May 25, 2016 (Friday)
 Race Start (Rota) 07:00, May 28, 2016 (Monday)

The race to Rota will commence at 1700 Friday, May 25. The return race from Rota to Guam will commence at 0700, Monday May 28. There will be no skipper's meeting on the day of the race, however, it is advisable to check the website www.marianasyachtclub.org, and the notice board at the club house for any last-minute changes such as a weather cancellation notice.

4. CLASS: The race is open to all yachts on Guam including non-members of Marianas Yacht Club. Yachts that have a PHRF rating will be classified under Racing category. Non-racing category (Cruising Category) is open to those yachts that do not have a PHRF rating. The PHRF rated yachts may also choose to be under cruising category.
5. COURSE: The starting line shall be laid between Buoy R "2" and the signal flag of the race committee boat. Yachts will start at any position along this line heading in the direction of the harbor exit. All yachts must pass between the harbor entrance markers before heading north toward Rota

The finish line for the first leg will be on the western side of Rota, outside of the Western Harbor across an imaginary line drawn from the existing two range markers approximately 300 yards (three football field lengths) from the harbor exit (see attached). All yachts are strongly recommended to finish on Rota before 1:00 PM on Saturday as a courtesy to all officials. Any yacht finishing after 1:00 PM will receive a DNF.

The starting line for the return leg to Guam will be between the outer range marker and the stern of a starting boat. The starting boat may drift slightly as it is not possible to anchor. The yachts will cross the line in the southerly direction towards the island of Guam.

The finish line in Guam for the second leg will be between Buoy GR "A" and Buoy R "2" in Apra Harbor.

6. RACE TIME: All yachts must turn in their own time filling out the complete report sheet and returning it as described to the race committee within 4 hours of finishing the race. The starting time of each leg will be timed from the race start signal. On your stopwatch, start the time at the start signal. Record the elapsed time to finish the course. Do not start your time when you simply cross the starting line. The form must be signed by both the Skipper and a crew. Failure to comply may result in DSQ for the entire race.

7. REGISTRATION ENTRY FEE:

MYC Member Boat	\$ 150.00
Non Member Boat	\$ 250.00
Late Entry Fee (after May 11)	\$ 50.00

8. LIABILITY: The organizers, their officers, the sponsors, and members of the organization or volunteers do not accept liability for the loss of life or property, personal injury, or damage caused or arising out of the 41th Annual Guam-Rota Race.

9. RACING RULES: All races will be governed by the current International Yacht Racing Rules and these sailing instructions.

11. CHANGES IN SAILING INSTRUCTIONS: Any changes in these written sailing instructions prior to May 24 will be posted on the MYC Website at www.marianasyachtclub.org. Any change in these written sailing instructions on or after May 25th will be announced at start or will be posted on the board at MYC clubhouse in Guam prior the Guam to Rota leg. In Rota, any changes will be posted at the Rota Race Hut at West Harbor Dock prior to the race start for the Rota-Guam leg.

12. STARTING SIGNALS:

The official start will be on the Flag.

Warning Signal – Five (5) minutes before the start, the Racing Pennant #1 flag (WHITE FLAG WITH RED CIRCLE) shall be hoisted and the one blast of the horn sounded.

Preparatory Signal – Four (4) minutes before the start, the “P” flag (BLUE flag with a WHITE rectangular center) shall be hoisted and one blast of horn sounded.

Preparatory Signal Removed – One (1) minute before the start, the “P” flag shall be dropped and one blast of the horn sounded.

Starting Signal – Zero (0) minutes, the Racing Pennant #1 shall be removed and one blast on horn sounded. A second blast of the horn will signal a premature start.

13. RECALL: There will be no recall of any yachts over the line during the last minutes before the starting signal. Such yachts will be penalized the period of time that it is early plus an additional ten (10) minutes - such time to be added to the total elapsed time at completion of the race.

14. LEG 1: Yachts shall sail directly out of Apra Harbor from the starting line passing between the channel markers. They will then sail directly to Rota as prescribed in paragraph number 5.

LEG 2: Yachts shall sail directly from the starting line at Rota, re-enter Apra Harbor between channel markers and finish as prescribed in paragraph number 5.

15. POSTPONEMENT: Postponement shall be at the discretion of the Race Committee. In the event of foul weather, this committee will make its decision by 1500, Friday, May 25, based upon information provided by the Naval Oceanography Command Detachment. As a general guide, if sustained winds of force 7 (28 knots) or greater are occurring or expected to occur and or if the seas are such that would make difficulty in entering West Harbor in Rota, the race will be canceled.

16. EQUIPMENT REGULATIONS: The safety of the yacht and her crew is the sole and inescapable responsibility of the owner. MYC reserves the right to inspect a yacht at anytime and if the yacht does not comply with these special regulations, the entry may be rejected.

These regulations shall extend to both PHRF Racing and Cruising yacht categories. :

- A. All hatches, companionways, and ports can be secured watertight. At least one manual bilge pump can be manned from outside with all hatches and companionways secured.
- B. Cockpit drains adequate to drain quickly. Two lifelines not less than 2 feet above deck for yachts with LOA 30 feet or greater. One lifeline not less than 18 inches above deck for yachts with LOA less than 30 feet. Must be secured at intervals not less than 7 feet. Must have forward pulpit and no openings greater than 22 inches.
- C. Sheet winches must all be operational above deck.
- D. Inside ballast (all keel and boards down and fastened) and equipment securely fastened in position.
- E. At least one fire extinguisher.
- F. Two anchors for yachts with LOA 30 feet or greater, one if yacht LOA less than 30 feet.
- G. At least one flashlight or strobe light.
- H. Fuel shut-off valve if Aux. engine.
- I. One compass and spare.
- J. Charts and piloting equipment.
- K. Navigational lights according to International Rules-of-the-Road. Running lights are required of sailing vessels greater than 7 meters (21.3 feet). A light shown on sails is acceptable for vessels less than 7 meters to avoid collision.
- L. Heavy weather jib and reefing capabilities for mainsail.
- M. Sufficient tools and spare parts including hacksaw/shroud cutter.
- N. Not less than two (2) halyards.
- O. VHF radio must. EPIRB optional.
- P. At least one USCG approved life-ring equipped with whistle, drogue, and a self igniting high-intensity water light, and a pole and flag. The pole is to be attached to the ring with 25 feet (8 meters) of floating line and is to be of a length and so ballasted that the flag will fly 8 feet (2.45 meters) above the water.
- Q. Distress signal as required.
- R. Heaving line 50 foot minimum readily accessible to cockpit. Two buckets, signal mirror, provisions for three days per crewmembers and other items as specified by the race rules.
- S. Running lights must be on between sunset and sunrise.

Any boats that do not comply fully with the requirements above may apply to the Race Committee for written dispensation from specific parts of the regulations which they feel may not apply. Dispensation will not normally be considered unless applied for in writing, giving details of the boat, and the reasons for it by May 4th.

One Design Boats shall comply with their Class Safety regulations.

17. AWARDS: All racing yachts shall be awarded as follows:
- A. Racing Class Awards – First place Leg 1, Leg 2, and First Overall will be awarded
 - B. Cruising Class Awards – Awards may be provided to the Cruising Class Top Cruiser to the discretion of the Race Committee.
 - C. Additional Prizes/Awards may be awarded to Racing or Cruising Class participants based on the discretion of the Committee and based on the number of entrants – (The Turtle Award, The "Sailfish: Award, The Dirty Bottom Award, Top Fisherman Award, Seamanship Award, Most Spirited Award).

18. **PROTEST:** Protest will be conducted in accordance with US Sail procedures. Official protest forms shall be used. Formal protest must be lodged within 24 hours after the protesting yacht finish that particular leg race. Protest flag must be flown and an attempt must be made to inform the protested yachts as soon as possible after the incident.
19. **COMMUNICATIONS:** All yachts must monitor VHF channel 16 and 79 during the race.
20. **Special Requirement -** All racing and non-racing yachts must comply with quarantine, customs, and immigration requirements for entry to Rota and re-entry to Guam. MYC will take no responsibility in lack of documentation by any yacht.
21. Any Yacht that starts the race and is then unable to complete sail to Rota and returns to Guam must notify MYC Race Committee Representative Bob Bullock Tel: 888-1400 as soon as possible. This is necessary to prevent us from beginning a search.
22. **TIME LIMIT:**
Leg 1: Yachts finishing after 1:00 PM on Saturday, May 28, 2016, will receive a DNF.
Leg 2: Yachts finishing more than six hours after the third finishing yacht or after 8pm on Monday, May 28, 2018 will receive a DNF.
23. **RADIO CHECK IN – GUAM TO ROTA ONLY:**
A radio check schedule has been established beginning at 9:00 PM Friday, May 25 and continuing at 3 hour intervals. (Example 9:00 PM, 12:00 midnight, 3:00 AM, 6:00 AM). As per the race instructions, communication will be on VHF channel 79. A copy of the roll call schedule will be available at MYC by Wednesday May 25 after noon or by email from the race committee. Please answer the roll call with a brief condition report. Boats will be called in alphabetical order.