



www.greaterstonegatevillage.org | 240-918-7989 | Newsletter #10, June 13, 2020

Village News

Welcome to the Board

We are pleased to announce that three new board members joined the Board of Directors for three-year terms on Sunday. As Board Members, they will participate in board projects and help set the direction for the future of GSV.

Thomas (Tom) Finch: Tom moved to Maryland to attend graduate school at the Catholic University of America to pursue a Masters of Arts and Doctor of Philosophy degrees. Tom married Patty and had four children (3 boys and 1 girl). Tom retired from the US Department of Education, Office of Special Education and Rehabilitation Services as Director of Training and Services Division after 43 years. He also worked for the Maryland State Department of Education and Georgetown University. His hobbies include playing golf and participating in church activities and committees.

Joan Hoefling: Joan has been a Stonegate resident since 1977. She and her husband, Dick, have two sons and five grandchildren. Joan was an Art Teacher (K-12) for over thirty years. She also served on various Stonegate Elementary School committees and as President of the PTA. She was a Den mother and a Pack Master for the Stonegate Cub Scouts. When her sons were on the Stonegate swim team, she volunteered on committees and at meets. Presently, she is a CASA (Court Appointed Special Advocate) volunteer for children in foster care with Montgomery County DHHS. In retirement, she has been fortunate to be active in her grandchildren's lives and to pursue her interest in painting.

Jane Wilbur: Jane has lived in the Stonegate community on Piping Rock Drive since 1991 with her husband, Ed. Ed is a retired federal employee. Jane is a retired nurse from Adventist Healthcare Home Care. They have one daughter. She has been a volunteer with Greater Stonegate Village monitoring the GSV phone and provided rides prior to COVID-19. She also volunteers at a food pantry and participates in the Smart Saks program for a local elementary school.

Thank You for Your Service

We want to extend a grateful thank you to Sue Winakur who has stepped down from board service after many years as a Board Member. Sue Winakur was an original member of the group who dreamed and planned for a village in Stonegate. Her wisdom, experience, and hard work have been invaluable. She chaired the Volunteer Committee, recruiting and training volunteers, to ensure that the Village met requests for services from members.

We Have Cloth Face Masks!

GSV has a supply of cloth masks to distribute to members and volunteers. If you would like some, please contact Sue at winakurs@gmail.com and note your name, the quantity requested, and if you will need the masks delivered to your front doorstep, or if you can pick the masks up at 14605 Stonewall Drive.

Would You Like a Weekly Phone Buddy?

The days at home can be a bit lonely. Would you like a phone buddy? If you are interested in being paired with a neighbor for a weekly call, please reach out to Sue at winakurs@gmail.com.

Do You Need a Hand with Zoom?

GSV is utilizing Zoom for our educational and social events and we want to be sure everyone can join us. If you aren't familiar with the technology and want to give it a try or would prefer

to sign on by telephone, please contact Wendy at wendy@greaterstonegatevillage.org to schedule a private trial session.

Upcoming Village Events

Movie Discussion Group Launches on Wednesday

Many of us have been watching more movies lately so join us to discuss your favorites with other movie buffs. For this first meeting, we will share some good movies we've seen while we've been quarantined, and, just as importantly, how we are finding good movies to watch. The group is open to new movies, old movies, documentaries, or whatever participants find of interest.

RSVP: Please respond to Bob at robertramseynd@gmail.com and let him know if you will join the group and share your thoughts on how you would like the group to proceed.

When: Thursday, June 17, 5:00 – 6:00 pm

Where: On Zoom

Join Zoom Meeting: <https://us02web.zoom.us/j/8396768530>

Meeting ID: 839 676 8530

One tap mobile: +13017158592,,8396768530# US (Germantown)

+1 301 715 8592 US (Germantown)

Meeting ID: 839 676 8530

Monthly Cocktail Hour

Bring your drink of choice and join your neighbors to enjoy one another's company.

When: Thursday, June 25, 5 pm – 6 pm

Where: On Zoom. Login information to be provided as the event approaches.

Fraud and Identity Theft

Thieves use fraud and identity theft to steal billions of dollars from millions of people every year. Seniors are particularly vulnerable. Learn what fraud and identity theft is, how it's accomplished, how to protect yourself, and what to do if you are a victim.

Speaker: Ted Meyerson is a speaker for AARP Maryland on several topics as well as a representative for AARP on various organizations. He is a member of the AARP Fraud Watch Network Volunteers and an AARP Volunteer Engagement Trainer. He formerly chaired the State Advisory Council on Quality Care at the End of Life and has served on various State and County task forces and commissions. Additionally, he was president of a non-profit that brought information to seniors, is past president of United Seniors of Maryland, and is a former Vice-Chair of the Howard County Commission on Aging.

RSVP: Please let Geri know you will be joining us. You can reach her at gcooperman@aol.com.

When: Wednesday, July 15, 1 – 2:30 pm

Where: On Zoom. Login information to be provided as the event approaches.

Other News and Events of Interest

Benefits of Art Therapy

Sponsored by Charles E. Smith Life Communities

This session will provide an introduction to art therapy and how it can help reduce stress and promote more positive mental health. Wolf will demonstrate how you can create art during COVID-19 time at home and will provide ideas for supplies, projects, and how to organize your space to facilitate art-making.

Speaker: Daniela Wolf, LCPC, LCPAT, ATR-BC is a licensed and registered board-certified art therapist and psychotherapist. Daniela is a staunch believer in the healing power of art and its accessibility to all individuals who are willing to engage in the creative process.

RSVP: www.smithlifecommunities.org/event/the-benefits-of-art-therapy

When: Wednesday, June 17, 1:00 – 2:00 pm

Where: On Zoom.

HomeFit: Does Your Home Support Aging in Place?

Sponsored by the North Bethesda Village

What home issues and concerns should you address as you or someone you love ages in place?

How to evaluate, identify, and prioritize needed changes – from quick do-it-yourself fixes to longer-range expert-assisted modifications.

Speaker: Jay Berger, AARP Speaker's Bureau

RSVP: clevenson@aol.com for Zoom meeting link and further information.

When: Thursday, June 25, 2020, 1:00 – 2:00 pm

Where: On Zoom

Easy Access to News for Those Over 50

You may be familiar with the Beacon Newspapers – a free, informative publication for people over 50 in the DC, Maryland, and Virginia areas. In the past, you may have picked up an issue at a local store or the library. To make it safer to access, you can now sign up to receive a link, once a month, to the latest issue of the Beacon. Please visit <http://eepurl.com/dfHj99> and complete the form.

Mobile Device Phishing Scams

Cybercriminals are ramping up malicious phishing scams by leveraging the current global pandemic and teleworking conditions. They are targeting mobile devices by sending SMS text messages with a sense of urgency to click on a link or send a text response to a code that they provide. Here are a few things to remember:

- Do not click on a link in any suspicious text message or text your response to a code.

- Do not provide any sensitive data via text or email.
- If the sender's name/number is known, contact them directly to verify.
- Ensure that you have a screen lock code on your mobile device.
- Keep your mobile device current with the latest updates.