

# Participant Information — 47th Annual Capital City Century — Sept. 8, 2019

## FOOD STOPS

**Bib:** You need to register & get a numbered bib - pinned to back (safety pins supplied) - to obtain food and other services. Staff will be checking at food stops.

**CASCADE ROAD STOP:** We have a Food Stop on Cascade Road just before Boyd Farm Road on the outbound Loop 1 with fruit, baked goods & Gatorade until Noon.

**EDINBURG FOOD:** We have a main Food Stop at the Edinburg Community Building with fruit, snacks, sandwiches, Gatorade, and water. You may stop there after every loop. Edinburg Stop closes down at 4pm.

**BLUE MOUND STOP:** Snacks until 1:30pm

**UIS STUDENT CENTER FOOD:** At the post-pedalin' party at the UIS Student Union, we have first class food provided by UIS catering. Water & Gatorade is available at no extra charge. Beer ticket tearoff on Bib entitles all over 21 to a free beer. Beer is available at a cash bar after that. UIS food service closes down at 5 pm.

## CYCLING INFO

**WATER STOPS:** Our CCC Communications and Operations Team (COMMOPS) staffs Water/Info/Communication Stations along the routes, indicated on the maps with a **blue square**. They can relay messages or call a SAG driver. **Water is available at each stop and on SAG vehicles.**

**SAG:** SAG (Support And Gear) Service closes down at 4:30. We begin closing down each loop when no more riders are on that loop. There will be a chase car following the last rider in. SAG drivers have water and can provide resources for doing minor repairs, or give you a ride to our mobile bike shop at Edinburg Food Stop.

**BIKE SHOPS:** Mobile bike repair stations will be set up by Scheels at Event Start and Wheelfast Bike Shop at Edinburg Food Stop. They can fix most bicycle problems. SAG drivers may be able to fix a flat, but otherwise they will take riders with mechanical issues to one of the mobile bike shops.

## AMENITIES +

**MUSIC:** DJ Service will be provided by JR of Music Source Pro at ride start and in lounge area outside Post Pedalin' Party ballroom

**CHALLENGE SIGNUP:** The Cycling Challenge Signup & Club Mileage Signup sheets are for local riders – the CCC is the 5<sup>th</sup> and final event where they can ride 25, 50 or 100 miles. *It also offers the ultimate challenge – 125 miles.* One does not need to be a club member to ride the 125 Challenge Ride.

## ROAD MARKINGS

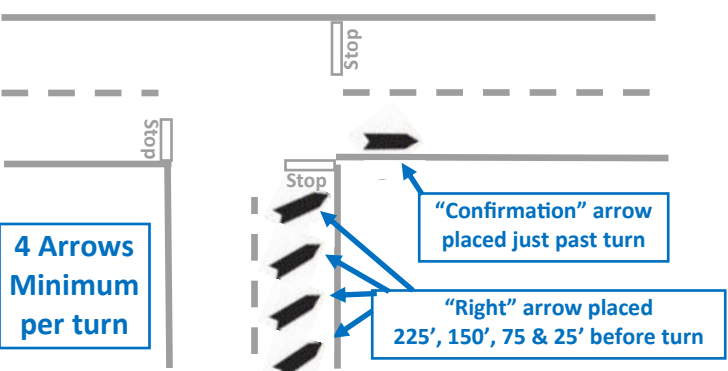
We are using both painted arrow road marks and above ground signage this year. Color coded marks and signs correspond to colored loops on map handouts. We place our marks at 225 feet, 150 feet, 75 feet & 25 feet **before** a turn, and 25 feet **after** the turn for confirmation. Caution and other info may be painted on pavement so stay alert!

**Route pavement marking symbols**

= straight    
 = left turn    
 = right turn

Other info may be written out on pavement—stay alert!!

Forward, Left & Right  
"Arrows" painted on road.  
"CCC" Above Ground Signage



## Route Information

| Loop       | Loop miles | Cumulative miles | Loop name                  |
|------------|------------|------------------|----------------------------|
| 25 mile    | 24.2       | N/A              | 25 Mile                    |
| Loop 1     | 40         | 40               | Edinburg                   |
| Add Loop 2 | 22         | 62               | Sharpsburg(Metric)         |
| Add Loop 3 | 20         | 82               | Buckhart                   |
| Add Loop 4 | 20         | 102              | Mt Auburn (Century)        |
| Add Loop 5 | 25         | 125              | Blue Mound (Double Metric) |

### How far is it from:

|   |              |
|---|--------------|
| UIS to Cascade Road Food Stop?              | = 12 miles   |
| Cascade Road to UIS? (riders going 25 mile) | = 13 miles   |
| UIS to Edinburg? (outbound Loop 1)          | = 20 miles   |
| Edinburg to UIS? (inbound Loop 1)           | = 20 miles   |
| Edinburg to Water Stop? (outbound loop 2)   | = 13.5 miles |
| Wtr Stop back to Edinburg? (inbound loop 2) | = 8.7 miles  |
| Edinburg to Buckhart Rd? (outbound loop 3)  | = 7.5 miles  |
| Buckhart Rd to Edinburg (inbound loop3)     | = 12.5 miles |
| Edinburg to E 2450 N Rd (outbound loop 4)   | = 8.4 miles  |
| E 2450 N back to Edinburg (inbound loop 4)  | = 11.6 miles |

### Double Metric 125 Mile Riders

*Challenge Loop Entrance  
at Loop 2 Water Stop  
Closes at 12:00 pm!*

*125 Mile Riders - plan to be  
on this route by this time!*

## Route Descriptions & Marking Colors

**Red** ----- 40 mile loop 1 and 25 mile loop — follow **Red** paint markings

**25 Mile Route:** Take outbound Loop 1 from UIS to Cascade Road Food Stop continuing down Cascade Road to New City Road, then head west back to Revere Road and follow Red Arrows eventually back to UIS.

**40 mile Loop 1:** Take outbound Loop 1 from UIS to Cascade Road Food Stop continuing down Cascade Road but TURNING LEFT on Boyd Farm Road and heading East following Red Arrows toward Edinburg.

*Complete other loops from Edinburg according to your mileage goal before returning to UIS*

The color coding of loops and how they work is explained below. Burma Shave style series signs that riders will see when leaving Edinburg tell riders how to ride the loops for 62 to 125 miles.

**Yellow** ---- loop 2 (add loop 2 to loop 1 for a Metric Century) **Loops 1 & 2** = 62 miles

**Blue** ----- loop 3 (ride loops 1, 2 & 3 for 82 miles) **Loops 1, 2 & 3** = 82 miles

**Green** ----- loop 4 (ride loops 1, 2,3 & 4 for 100 miles) **Loops 1, 2, 3 & 4** = 100 miles

**Orange** -- Challenge loop (add for a Double Metric) **Loops 1, 2, 3, 4 & C** = 125 miles

**Please Plan To Clear loops 2, 3, 4 & C by 3:30pm !!**