

March 2020 Ride Schedule

For updates, corrections and last-minute changes to the ride schedule, please check the SBC website (www.spfldcycling.org), or the group Facebook page (Springfield Bicycle Club, Springfield IL). All rides return to the starting point unless otherwise noted.

Ride Classifications	
A	<p>18.1-19.0+ mph average speed. These rides are for extremely strong and competitive cyclists with expert bike handling skills. Expect cyclists to be self-sufficient, and able to maintain speeds of 19+ mph for extended distances using pace-lines and other faster riding skills.</p>
B	<p>16.0-18.0 mph average speed. These rides are for strong, experienced cyclists with considerable group riding experience. Expect the emphasis to be on improving individual stamina and riding skills. Cyclists will not feel obligated to wait for slower riders. Many times, pace-lines are common in group riding. Cyclists should be able to handle their own flats and other minor mechanical repairs and should be comfortable navigating by map or GPS computer if separated from the group.</p>
C	<p>12.0-15.9 mph average speed. These rides are for competent cyclists with basic safety and bike handling skills. These rides combine social riding with improving fitness and riding ability. Expect that most cyclists will ride in groups. There may be rest stops on the route, but they will be limited. Cyclists should be comfortable navigating by map if separated from the group and should be able to handle their own flats and other minor mechanical problems.</p>
D	<p>10.0-12.9 mph average speed. These rides are for novice or recreational cyclists. These rides will have rest stops as needed. Expect the ride leader or another club member to sweep (stay with) the slowest cyclist. Assistance from the ride leader will be provided for flats and other minor mechanical problems.</p>
EZ	<p>Under 10 mph average speed. These rides are purely social. Expect shorter routes either in town or on a trail and expect to ride together as a single group. No one will be dropped out of the back of the group. Assistance from the ride leader will be provided for flats and other minor mechanical problems.</p>
GR	<p>Gravel. Route will be gravel, dirt or rough roads that are unsuitable for traditional road bikes.</p>
NC	<p>Non-Cycling events. No bikes required for these events.</p>

Every month, SBC needs rides of various levels and lengths. Would you be willing to lead a ride? Contact vp@spfldcycling.org.

REPEATING RIDES		
Saturdays and Sundays 12:00 p.m. (noon)	Vrendenburg Park 100 Crusaders Road Springfield, IL Show-N-Go	AB Ride. Winter Rides will be 30-40 miles and will ride into the 30's. New riders are very welcome. Cyclists should be self-sufficient and able to maintain speeds of 18+ mph for extended distances. This is a NO DROP RIDE! For more info call Derek Ewing at (217) 414-8803 or check out the Facebook Page, "Springfield IL Area Cycling."
Mondays, Wednesdays & Fridays 9:00 a.m.	Vrendenburg Park, 100 Crusaders Road, Springfield, IL Show-N-Go	AB Ride. This is a no-drop ride, but cyclists should be able to maintain speeds of 18+ mph for 20-40 miles between stops. There is usually a stop mid-way followed by a coffee stop after the ride at Caribou Coffee. For more info call Steve Casper at (217) 414-9833.
Mondays (starting March 9) 5:15 p.m. or 5:30 p.m.	East end of Wabash Trail (3316 Robbins Rd) OR Sonic (3102 S Park Ave) Springfield, IL Ride Leader: David McDivitt	B Ride. Start at 5:30 p.m. at Parkway Pointe Theater (Lindbergh Blvd & Robbins Rd) and ride east along the Wabash Trail. Cyclists will then meet up with those starting at Sonic at 5:45 p.m. This ride will get you 16 miles from Sonic or 21 miles from Parkway Pointe Theater. Average speed will be 16 mph. For more info call David McDivitt at (217) 725-1986.
SCHEDULED RIDES AND EVENTS		
Saturday February 29 1:00 p.m.	Stuart Park 1800 Winch Lane Springfield, IL Ride Leader: Jordan Litvak	B Ride (Leap Day Ride). Make the most of your cycling goals this year by riding and "extra" day in February. Tackle some hills and base miles by riding the "Hill Route" from Stuart Park and taking on a few extra to get to 35-40 miles with an average speed of 15 mph. For more info call Jordan Litvak at (217) 971-8836.
Sunday March 1 1:00 p.m.	Stuart Park 1800 Winch Lane Springfield, IL Show-N-Go	BC Ride (Show-N-Go). Cyclists will meet up and decide upon a route and average speed, as there is no formal ride leader. Miles may be turned into the Club Records Keeper.
Sunday March 1 1:00 p.m.	Chatham Community Park (west parking lot) 760 S Main Street Chatham, IL Ride Leader: Harv Koplo	C Ride (60* Sunday). Temps are expected to be close to 60 degrees today. Ride with Harv 35 miles to Virden with a 20 mile cut-off for those wishing 18 mph). For more info call Harv Koplo at (217) 899-9175.
Sunday March 1 1:00 p.m.	Quaker Steak & Lube 1120 W Lincolnshire Blvd Springfield, IL Ride Leader: Nick Courtney	D/EZ Ride (Beginning to Cycle). Are you wanting to get on your bike this year but not sure how to start? This ride will take cyclists along the Wabash Trail at a 10 mph pace of 10 to 15 miles. For more info call Nick Courtney at (217) 341-9934.

Saturday March 7 1:00 p.m.	Chatham Community Park (east parking lot) 760 S Main Street Chatham, IL Ride Leader: Troy Gilmore	B Ride (Strade Bianche--Central IL Style). The Strade Bianche is a road bicycle race in Tuscany, Central Italy, starting and finishing in Siena. First held in 2007, it is raced annually on the first or second Saturday of March. The name Strade Bianche stems from the historic white gravel roads in the Crete Senesi, which are a defining feature of the race. Our own graveled roads will provide the backdrop for today's ride. Only ROAD BIKES are allowed. Expect to encounter gravel. Expect speeds to average between 14 and 15 mph. For more info call Troy Gilmore (217) 720-1568.
Sunday March 8 11:00 a.m.	Rotary Park 4501 West Iles Avenue Springfield, IL Ride Leader: Marty Celnick	C Ride (With the Wind). Marty will be looking a wind direction to determine the best route for a ride of about 30 miles. Average speed will be about 13 mph. For more info call Marty Celnick at (217) 522-4206.
Sunday March 8 1:00 p.m.	Stuart Park 1800 Winch Lane Springfield, IL Show-N-Go	BC Ride (Show-N-Go). Cyclists will meet up and decide upon a route and average speed, as there is no formal ride leader. Miles may be turned into the Club Records Keeper.
Sunday March 8 5:00 p.m.	Chatham Community Park (east parking lot) 760 S Main Street Chatham, IL Ride Leader: Paul O'Connor	B Ride (Daylight Savings Time). Cyclists will have their first opportunity to ride in daylight at 5:00 p.m. for the first time this year. Paul will take you on a 24 mile, mostly , ride into the country around Chatham. Expect the pace to be 16 mph and lights are recommended for twilight hours, but you'll be back to the Park before 7:00 p.m. There will be no stops on this ride. For more info call Paul O'Connor at (618) 694-3446.
Monday March 9 7:00 p.m.	Lincoln-Herndon Law Office 209 S 6th Street Springfield, IL Leader: Troy Gilmore	NC (Board Meeting). All Springfield Bicycle Club members are invited to attend the board meeting. Meeting is held in the Springfield Visitor's Center. Enter just one door north of Del's Popcorn Shop on 6th Street. "Tinsley Dry Goods" is painted on the large window. For more info call Troy Gilmore at (217) 720-1568.
Saturday March 14 1:00 p.m.	Stuart Park 1800 Winch Lane Springfield, IL Show-N-Go	BC Ride (Show-N-Go). Cyclists will meet up and decide upon a route and average speed, as there is no formal ride leader. Miles may be turned into the Club Records Keeper.
Sunday March 15 1:00 p.m.	Chatham Community Park (east parking lot) 760 S Main Street Chatham, IL Show-N-Go	BC Ride (Show-N-Go). Cyclists will meet up and decide upon a route and average speed, as there is no formal ride leader. Miles may be turned into the Club Records Keeper.
Sunday March 15 1:00 p.m.	IDOT Parking Lot 2300 S Dirksen Pkwy Springfield, IL Ride Leader: Nick Courtney	D Ride (to Rochester). Riders will meet at the Illinois Department of Transportation for a 25 mile ride at a 13.5 mph pace around the Rochester area. For more info call Nick Courtney at (217) 341-9934.
Saturday March 21 1:00 p.m.	Chatham Community Park (east parking lot) 760 S Main Street Chatham, IL Show-N-Go	BC Ride (Show-N-Go). Cyclists will meet up and decide upon a route and average speed, as there is no formal ride leader. Miles may be turned into the Club Records Keeper.
Sunday March 21	Ride Leader: Anne Schroll	GR.
Sunday March 22 1:00 p.m.	Stuart Park 1800 Winch Lane Springfield, IL Show-N-Go	BC Ride (Show-N-Go). Cyclists will meet up and decide upon a route and average speed, as there is no formal ride leader. Miles may be turned into the Club Records Keeper.
Thursday March 26 7:00 p.m.	Lincoln-Herndon Law Office 209 S 6th Street Springfield, IL Leader: Troy Gilmore	NC (Ride Leader Training). Learn how you, too, can become a Springfield Bicycle Club Ride Leader. Learn the basic procedures of planning and leading safe and fun rides. Troy will be present to answer your questions and provide insight into becoming a great leader. For more info call Troy Gilmore at (217) 720-1568.
Saturday March 28 1:00 p.m.	Stuart Park 1800 Winch Lane Springfield, IL Show-N-Go	BC Ride (Show-N-Go). Cyclists will meet up and decide upon a route and average speed, as there is no formal ride leader. Miles may be turned into the Club Records Keeper.

Saturday March 28 10:00 a.m.	Vrendenburg Park 100 Crusaders Road Springfield, IL Ride Leader: David McDivitt	B Ride (to Auburn). Join David for a 34-mile ride at a 16 mph average speed down the Interurban Trail and some country roads. For more information call David McDivitt at (217) 725-1568.
Sunday	Chatham Community Park	BC Ride (Show-N-Go). Cyclists will meet up and decide upon a route and average speed, as there is no formal ride leader.

SBC TRAVELS -- register individually, ride as a group

In 2018 the Springfield Bicycle Club launched SBC Travels to encourage club members to travel and bike together when riding in events outside of the region. The Club's first event in 2018 was the Hilly Hundred, a two-day event in Ellettsville, Indiana in October. While a couple of riders carpooled, others drove separately. Their lodging varied as well, with some staying in hotels, another using Airbnb, and others tent-camping at the ride headquarters. Both mornings, though, the group met to begin the day's 50-mile ride and often regrouped at rest stops. And despite the hills' best efforts, everyone finished the ride. With each SBC Travels events, members are responsible for registering themselves for each event and for arranging for travel and lodging to the rides. However, a designated club member who previously has biked the event will serve as a point

Saturday April 4	Beautiful Southern Ride Carbondale Middle School 1150 East Grand Ave Carbondale, IL	The Beautiful Southern Ride on April 4 is in Carbondale, Illinois. This tiny ride offers routes of 30, 62, and 75 miles. Cyclists head through the hills and plains of beautiful southern Illinois, including Giant City State Park and along Crab Orchard Wildlife Refuge for amazing scenery and an opportunity to get in some challenging climbs early in the season. www.beautifulsouthernride.com
Saturday June 13 Sunday, June 14	Tour of the Mississippi River Valley (TOMRV) Scott Community College 500 Belmont Road Riverdale, IA	The tour leaves on Saturday from Bettendorf, Iowa (106 miles) or from Goose Lake, Iowa (75 miles), and travel to Clarke University in Dubuque, Iowa. The next day we return using a different route to Bettendorf (90 miles) or to Goose Lake (50 miles). The route is varied and scenic, using lightly traveled paved roads. There are many views of the Mississippi River as we ride along it, over it on bridges, and through it on causeways. The route is hilly near Dubuque, with 6,000 feet of climbing on Saturday and 4,000 feet on Sunday. For more information go to https://www.qcbc.org/tomrv/
Saturday Oct 17	Hilly Hundred	Riders face a hilly 50 mile route on Saturday followed by another on Sunday. Lodging is available at area hotels or on the

2020 SBC CHALLENGE RIDES

Sunday May 3 8:00 a.m.	Rochester Community Park 90 Wild Rose Lane Rochester, IL Leaders: Larry & Vanessa Willmore	ABCD (SBC Challenge Ride #1) Get ready to ride for your medals this year! The First SBC Challenge ride will offer three route options: 26 to Riverton, 57 to Illiopolis, and 103 miles to Mt. Pulaski. Route maps and cue sheets will be available at the sign-up station. Watch Facebook for updates & for the Ride With GPS Routes. Registration opens at 7:00am day of the Ride at Rochester Community Park. For more info call Larry/Vanessa Willmore at (217) 494-6880.
Sunday June 7 8:00 a.m.	Stuart Park 1800 Winch Lane Springfield, IL Leaders: Larry & Vanessa Willmore	ABCD (SBC Challenge Ride #2). The Second SBC Challenge ride will offer three route options: 32 to Athens, 53 to Petersburg, and 104 miles to Oakford & Chandlerville. Route maps and cue sheets will be available at the sign-up station. Watch Facebook for updates and the Ride With GPS Routes. Registration opens at 7:00am. For more info call Larry/Vanessa Willmore at (217) 494-6880.
Sunday July 19 8:00 a.m.	Centennial Park, Main Parking Lot, 5529 Bunker Hill Road, Springfield, IL Ride Leader: L & V	ABCD (SBC Challenge Ride #3). This is the third of five events in the 2019 Cycling Challenge Series. The Challenge is designed to aid in your cycling fitness in preparation for the SBC's Capital City Century. Ride about a 29-mile loop to Loami, a 53-mile loop to New Berlin, or a 104-mile loop to Jacksonville/Murrayville. For more info call Larry/Vanessa Willmore at (217) 494-6880.
Sunday August 9 8:00 a.m.	Rochester Community Park 90 Wild Rose Lane Rochester, IL Leaders: Larry & Vanessa Willmore	ABCD (SBC Challenge Ride #4). Get ready to ride for your medals this year! The First SBC Challenge ride will offer three route options: 26 to Riverton, 57 to Illiopolis, and 103 miles to Mt. Pulaski. Route maps and cue sheets will be available at the sign-up station. Watch Facebook for updates & for the Ride With GPS Routes. Registration opens at 7:00am day of the Ride at Rochester Community Park. For more info call Larry/Vanessa Willmore (217) 494-6880.

NON-SBC REPEATING RIDES

OTHER AREA (NON-SBC) SPECIAL CYLCING EVENTS