

Delaware Valley Bicycle Club

Winter-ish 2012/2013



P.O. Box 156
Swarthmore, PA,
19081
www.dvbc.org

Fx Pedrix Presents....

A Novel Idea...The Rose Tree Ride Chapter 3

A serialized story of love, lust and fitness

"Hey Dom," said Derrick. "I think I forgot to sign in. Can I see the signup sheet?"

"You didn't forget," answered Dom. "I remember you signing in."

"Let me have a look anyway," insisted Derrick.

Dom grinned. "This is about the new girl, Megan, isn't it? Let's check the sheet and see what we can find out." Dom and Jo Ann, recently married, had themselves connected through the DVBC so Dom was all in favor of bike club romance. In fact he and Jo Ann were among a number of couples who'd hooked up long term through club rides. Dom and Derrick strained to read the crumpled sheet under the parking lot's lone streetlight. "Here it is," exclaimed Dom. "Megan O'Malley.... In case of emergency notify Brian O'Malley.... 484-555-1345."

"Major disappointment," exclaimed Dom. "Looks like Megan O'Malley is spoken for." Derrick was crestfallen.

"Hi, Dad. I'm home," called Megan. "I'm glad you're still up."

"Hey, Meggie. How was the ride? Did you make any friends?"

"Yeah, there were some nice people. I like that club.... Any phone calls?"

"Yeah, your lawyer called from Italy. He couldn't believe you were out riding. I told him it was just a club ride."

"What'd he have to say?"

"He says an out-of-court settlement is a possibility. If that happens you might not have to go back to Milan."

"Oh, Daddy, I'd give my right leg for that to happen!"

"Things are going to work out, Sweetie. I just know you're gonna get your life back on track."

Derrick didn't usually read the

DVBC email list serve but had a few minutes to kill before lunch. After logging onto the club website and downloading the daily digest he quickly skimmed. There were some factoids on political subjects by Doug, Grover's detailed description of the clothing layers he had worn on his cold morning ride, an "LOL" from Drew, and several treatises in defense of Lance Armstrong. Next there was a rhetorical question from Wally: "With the modern advances in carbon fiber why would anyone want to buy a steel frame anymore?" Himself the owner of a couple of steel bikes, Derrick read the response:

"Dear Wally: Despite the current infatuation with carbon fiber, in recent years Columbus steel has been experiencing a Renaissance. In fact many pro teams now exclusively ride on Columbus steel frames. Italian builders Bianchi, Centurion, De Rosa, Ciocc, Pinarello and Colnago all specify Columbus tubesets as part of their range. I've toured the tubing factory in Milan and, believe me, their work is impressive." The message was signed Megan56@dvbc.org.

"Megan56.... Could this be the mysterious Megan O'Malley? I wonder how she knows so much about Columbus steel. If only this intriguing beauty weren't spoken for!"

Finally, there was a reminder from Larry to make reservations for the upcoming winter banquet.

As Derrick climbed the steps to the Tiffany Room he found himself dreading what was usually the highlight of his bike club year. Every December at past DVBC banquets he had enjoyed socializing with his friends and recapping the past year of biking memories. There was al-

ways plenty of laughter as Debbie presented the annual awards, and lucky drawing winners scrambled to make their selections at the prize table.

But the year 2012 had been a depressing one for the normally carefree Derrick. An April hit-and-run on Providence Road had resulted in a fractured pelvis. Three months later Derrick was just recovering when the family received notification that his older brother Justin's life had been snuffed out by a sniper in the mountains east of Taloqan, Afghanistan. Now Derrick and Justin would never be doing that cross-country bike tour they had planned together down to the smallest detail. An evening of merriment seemed like a betrayal of the brother who had given his life on that rocky mountainside halfway around the world.



As he entered the crowded, noisy banquet hall Derrick scanned the room. The crowd consisted of small groups and pairs happily chattering away. Overwhelmed, Derrick was about to turn on his heels and head for home when suddenly across the room he spotted a beautiful blond woman in a lovely blue gown standing self-consciously alone. Megan!

March: Find out what happens between Derrick and Megan at the holiday banquet.

Delaware Valley Bicycle Club

P.O. Box 156
Swarthmore, PA 19081
www.DVBC.org

Membership in DVBC is encouraged, but non-members are welcome at all our rides and events. Except for the Bonkers Metric, Brandywine Tour, Club Banquet and Bonkers Picnic, all club events are free. Money raised from rides and membership dues is donated to a variety of cycling-related organizations.

DVBC welcomes articles, photographs, and ride reports for the newsletter. Please submit materials to the Editor before the 15th of each month. The views expressed in this publication are not necessarily those of DVBC.

Monthly board meetings are open to all, and are usually held the 1st Monday of the month (except December) at 7 p.m., at the Swarthmore Public Library. Contact the President to confirm.

CLUB AFFILIATIONS

- *League of American Bicyclists
- *Bicycle Coalition of Greater Philadelphia
- *Adventure Cycling Association
- *Bicycle Access Council
- *East Coast Greenway
- *PA Walks and Bikes
- *Friends of Ridley Creek State Park
- *Friends of the Chester Valley Trail

Newsletter Contents © 2011 by DVBC

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RIDE GUIDELINES & CLASSIFICATIONS

1. Arrive early and **be ready to leave on time.**
2. Make sure your bike is in proper working order **before** you arrive. Ride leaders are not expected to be mechanics.
3. **A helmet is mandatory for all DVBC rides.**
4. Carry a spare tube, patch kit, and water bottle.
5. All Club rides are rated according to the degree of difficulty. Do not “bike off” more than you can do. Go on rides within your ability, interest and experience. If you’re in doubt about your ability, try out a ride one class below the one you’re unsure of and work your way up.
6. Practice safety and obey all traffic laws.
7. Each rider assumes his/her own risk on all rides.
8. Those who ride ahead of the group are on their own ride.
9. Always notify the ride leader before leaving the group.
10. Ride leaders should adhere to the advertised speed of the ride.

Class D: For new, inexperienced riders or families: 7-9 mph average moving speed with frequent stops and as few hills as possible. The group will wait for all riders. The ride lengths are usually less than 10 miles, but longer distances are permissible.

Class C-: For average riders: 10-11 mph average moving speed with rest stops as needed. The group will wait for stragglers. The recommended distance is 10-30 miles.

Class C+: Also for average riders: 12-13 mph average moving speed with rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided.

Class B-: For more experienced riders: 14-15 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

Class B+: For strong riders: 16-18 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

Class A: For very strong riders: 18+ mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

Winter 2012-2013 Ride Calendar



Check the ride calendar at www.DVBC.org for late additions to this list.
Check with ride leaders if weather looks threatening.

Recurring Weekday Rides

Reminder: Any ride scheduled in the Newsletter, on the DVBC website ride calendar, or advertised via the list serve is considered an official club ride and a sign-in sheet is required. The sign-in sheets are on the website on the ride calendar page.

<p>Wednesdays 10:00 am Miles:30 - 50 Class:C+ Docs' Ride</p>	<p>Ride starts and ends at Rose Tree Park in Media, Pa. Usually a lunch destination. Foul weather cancels ride. Contact Woody Kotch at Email: hrkotch@gmail.com</p>
<p>Sat, Dec 1 10:00 am Miles:25-35 Class:C+ Sabine's Climbing Drill</p>	<p>Meet at the entrance to Ridley Creek State Park at Sycamore Mills Rd. and Ridley Creek Rd. Ride to Brinton's Bridge Road. From Blue Pear Bistro, descend to Creek Rd. in Chadds Ford. Climb Brinton's Bridge Rd. to Blue Pear Bistro. Repeat climb 3 times or as often as you care to, resting on the way downhill. Regroup at Wawa; return to start with optional lunch at La Porta (at Sycamore Mills Rd. and Rt. 352 across from entrance to Ridley Creek State Park) on the way. Total distance: approximately 20 miles to and from Blue Pear Bistro. Each descent and ascent of Brintons Bridge Rd. adds approximately 5 miles, ie, one climb makes this a 25 mile ride, 2 climbs make it 30, 3 climbs make it 35. The pace to and from Blue Pear will average 13 -15 mph. The climb on Brintons Bridge is each at his or her own pace. I am hoping to have lunch at La Porta at around 12:30. RSVP to Sabine via text or email so I know to wait for you. Contact Sabine Cranmer at 610-349-6968 or sabinecranmer@gmail.com</p>
<p>Sat, Dec 1 10:15 am Miles:19-24 Class:D Delightful D (and D+/C-) Ride</p>	<p>Average speed 8-13 mph. Meet at Azalea Garden's formal entrance, behind the Art Museum. Anyone for hot coffee, tea, or cocoa, mixed with warm conversation? Let's head west/NW toward the Main Line, at an easy, relaxed pace, in search of a welcoming cafe. We will climb a few hills here & there, but slow & gentle climbing (or walking up hills) is perfectly fine on this ride. We'll stop to regroup as often as needed. Cue sheets will be provided. Ride is cancelled in the event of rain/snow/slick roads. Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com</p>
<p>Mon, Dec 3 6:00 pm Miles:0 Class:All DVBC Annual Banquet</p>	<p>Make your reservations ASAP for the DVBC social event of the year. Will be held at the TowneHouse in Media. Send in your reservation today with your food selection and check to Larry. See the November Newsletter for details. Don't miss this fun evening with your cycling friends. Contact Larry Green at 610-544-5799 or largreen@earthlink.net</p>
<p>Fri, Dec 7 9:45 am Miles:46 Class:B-/C+ Friday Frolic</p>	<p>Ft. Washington State Park to Collegeville. Average speed 13-15 mph. Meet at Ft. Washington State Park Hawk Watch Parking Lot. Indoor rest stop at mile 23 at Wegman's. If a second quick stop is needed, there is a convenience store at mile 38. Terrain is rolling with a few brisk climbs (total climbing 3000 ft), but we will stop to regroup as needed. No one dropped. Winter rules apply -- modest pace. Cue sheets will be available. The on-line route map is http://ridewithgps.com/routes/1963304 It is optional, but you may preregister until Thursday, December 6, 2012 at 11:59 pm. Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com</p>
<p>Sat, Dec 8 10:00 am Miles:51 Class:C+/B- Lunch at Ringoes Deli</p>	<p>Average speed 13-15 mph. Meet at Central Park of Doylestown, Wells Rd between Lower State & Turk Rd. Parking lot between tennis & basketball courts and the Township Admin Bldg. (Look for the flagpole.)Pretty loop from Doylestown to the famous Ringoes Deli near East Amwell, NJ. Lunch stop at Ringoes is at mile 25. There are optional rest stops if needed at mile 16 (New Hope) and at mile 40 (Carversville). Total climbing is 3100 ft. We'll stop to regroup as needed. Scenic and pristine roads, especially on the Jersey side. See BCP website for more info. Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com</p>
<p>Sun, Dec 9 9:30 am Miles:5-7 Class:All Hike the Wissahickon Woods</p>	<p>Meet at Corner of Germantown Ave. & Bethlehem Pike across from Chestnut Hill Coffee at 8620 Germantown. Let's enjoy climbing some trails in Valley Green. There will be a flat option available for part of the hike. From the meeting point, we'll walk a few blocks through residential streets in Chestnut Hill, to access the trail on Crefeld St. Streets & homes in Chestnut Hill should be decorated for the holidays! Well-behaved canine hikers are warmly welcome to join us. Optional group lunch after the hike. See BCP website for more details. Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com</p>
<p>Sund, Dec 9 10:00 am Miles:35-50 Class:C+ Centreville Cafe or Bust</p>	<p>If the weather is really bad like snowing or well below freezing, or snow on the ground, it might be cancelled. Otherwise the colder it is, the shorter the ride. Meet at the Moylan Rose Valley Train Station. Snack break somewhere. Only 12 - 13 mph average speed - according to DVBC ride classifications. Contact Ira Josephs at 610 245 3745 or josephs4058@gmail.com</p>

<p>Sun, Dec 9 1:20 pm Miles:29 Class:C+/B- Post-Hike Winter Ramble</p>	<p>Average speed 13-15 mph. Meet at Bruno's, Northwestern and Germantown Aves. For hiker-bikers who enjoy the Sunday morning hikes in the Wissahickon -- this allows you to have your hike and bike it, too. 29-mile loop from Bruno's to Ardmore, returning via Conshohocken. Terrain is rolling, with a couple of long climbs, but we will stop to regroup as needed. No one dropped. Short rest break at the Farmers Market and/or Trader Joe's in Ardmore at mile 18. Please bring lights, just in case we are delayed on our return. Winter rules apply -- modest pace. Cue sheets will be available. The on-line route map is http://ridewithgps.com/routes/837757 It is optional, but you may preregister until Saturday, December 8, 2012 at 11:59 pm. Contact leader: Linda McGrane, mcgrane_linda_a@yahoo.com, 267-251-7862</p>
<p>Fri, Dec 14 9:45 am Miles:45 +/- Class:B-/C+ Friday Frolic with Linda</p>	<p>This is the generic description. Specific details will be posted on BCP daily calendar for each Friday. Average speed 13-15 mph. Enjoy scenic adventures by bike on most Fridays, throughout the winter. We'll explore pretty, peaceful roads in suburban counties -- Montgomery, Bucks, Chester, etc. Starting points will vary, so that we can cycle through different regions. Please check BCP's daily calendar for details of each Friday's route. If winter weather conditions are not conducive to cycling, this ride may be replaced by a hike/walk, or a snow activity. Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com</p>
<p>Sat, Dec 15 10:00 am Miles:44 Class:C+/B- Horsham to Yardley</p>	<p>Average speed 13-15 mph. Meet at Keith Valley Middle School, 227 Meetinghouse Rd in Horsham, 19044, near PA-611/Easton Rd. Scenic loop from Montgomery County into Bucks, through Ivyland & Richboro, to historic & pretty Yardley. Terrain is rolling with a few steep climbs, but we will stop to regroup as needed. Total climbing is 2171 ft. Lunch stop in Yardley at mile 23. On the return, we have an optional Wawa/Starbucks break at mile 39. See BCP Website for more details. Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com</p>
<p>Sun, Dec 16 9:30 am Miles:5-7 Class:All Hike the Wissahickon Woods</p>	<p>General description -- specific details will be posted for each Sunday. Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com</p>
<p>Sun, Dec 16 1:20 pm Miles:30 +/- Class:C+/B- Post-Hike Winter Ramble</p>	<p>General description -- specific details will be posted for each Sunday. Average speed 13-15 mph. Meet at Bruno's, Northwestern and Germantown Aves. Scenic, 30-ish mile loop, usually through Montgomery County or Lower Bucks, with a brief rest stop. Unless otherwise stated, afternoon ride will meet at Bruno's Diner. Bruno's is diagonally opposite Chestnut Hill College. Plan is to get back by 5:00pm. Please bring lights. Specific details will be posted for each Sunday's Route on BCP website. Cue sheets will be available. Leader: Linda McGrane, mcgrane_linda_a@yahoo.com, 267-251-7862</p>
<p>Fri, Dec 21 9:45 am Miles:45 +/- Class:B-/C+ Friday Frolic with Linda</p>	<p>This is the generic description. Specific details will be posted on BCP daily calendar for each Friday. Average speed 13-15 mph. Enjoy scenic adventures by bike on most Fridays, throughout the winter. We'll explore pretty, peaceful roads in suburban counties -- Montgomery, Bucks, Chester, etc. Starting points will vary, so that we can cycle through different regions. Please check BCP's daily calendar for details of each Friday's route. If winter weather conditions are not conducive to cycling, this ride may be replaced by a hike/walk, or a snow activity. Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com</p>
<p>Sat, Dec 22 10:00 am Miles:46 Class:B-/C+ Wayne to Glen Mills Whole Foods</p>	<p>Average speed 13-15 mph. Meet at Church of the Saviour, Wayne, PA. Indoor rest stop at the new & fabulous Whole Foods Market in Glen Mills at mile 24. Optional Wawa quick stop on the return. Rolling to hilly terrain, but we will stop to regroup as needed. No one dropped. Total elevation gain 3767 ft. Cue sheets will be available. It is optional, but you may preregister until Friday, December 21, 2012 at 11:59 pm. Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com</p>
<p>Sun, Dec 23 9:30 am Miles:5-7 Class:All Hike the Wissahickon Woods</p>	<p>General description -- specific details will be posted for each Sunday. Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com</p>
<p>Sun, Dec 23 1:20 pm Miles:30+/- Class:C+/B- Post-Hike Winter Ramble</p>	<p>General description -- specific details will be posted for each Sunday. Average speed 13-15 mph. Meet at Bruno's, Northwestern and Germantown Aves. Scenic, 30-ish mile loop, usually through Montgomery County or Lower Bucks, with a brief rest stop. Unless otherwise stated, afternoon ride will meet at Bruno's Diner. Bruno's is diagonally opposite Chestnut Hill College. Plan is to get back by 5:00pm. Please bring lights. Specific details will be posted for each Sunday's Route on BCP website. Cue sheets will be available. Contact leader: Linda McGrane, mcgrane_linda_a@yahoo.com, 267-251-7862</p>
<p>Fri, Dec 28 9:45 am Miles:45 +/- Class:B-/C+ Friday Frolic with Linda</p>	<p>This is the generic description. Specific details will be posted on BCP daily calendar for each Friday. Average speed 13-15 mph. Enjoy scenic adventures by bike on most Fridays, throughout the winter. We'll explore pretty, peaceful roads in suburban counties -- Montgomery, Bucks, Chester, etc. Starting points will vary, so that we can cycle through different regions. Please check BCP's daily calendar for details of each Friday's route. If winter weather conditions are not conducive to cycling, this ride may be replaced by a hike/walk, or a snow activity. Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com</p>

<p>Fri, Dec 28 9:45 am Miles:45 +/- Class:B-/C+ Friday Frolic with Linda</p>	<p>This is the generic description. Specific details will be posted on BCP daily calendar for each Friday. Average speed 13-15 mph. Enjoy scenic adventures by bike on most Fridays, throughout the winter. We'll explore pretty, peaceful roads in suburban counties -- Montgomery, Bucks, Chester, etc. Starting points will vary, so that we can cycle through different regions. Please check BCP's daily calendar for details of each Friday's route. If winter weather conditions are not conducive to cycling, this ride may be replaced by a hike/walk, or a snow activity. Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com</p>
<p>Sun, Dec 30 9:30 am Miles:5-7 Class:All Hike the Wissahickon Woods</p>	<p>General description -- specific details will be posted for each Sunday. Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com</p>
<p>Sun, Dec 30 1:20 pm Miles:30 +/- Class:C+/B- Post-Hike Winter Ramble</p>	<p>General description -- specific details will be posted for each Sunday. Average speed 13-15 mph. Meet at Bruno's, Northwestern and Germantown Aves. Scenic, 30-ish mile loop, usually through Montgomery County or Lower Bucks, with a brief rest stop. Unless otherwise stated, afternoon ride will meet at Bruno's Diner. Bruno's is diagonally opposite Chestnut Hill College. Plan is to get back by 5:00pm. Please bring lights. Specific details will be posted for each Sunday's Route on BCP website. Cue sheets will be available. Leader: Linda McGrane, mcgrane_linda_a@yahoo.com, 267-251-7862</p>
<p>Sunday, Jan 13 10:30 am Miles:35-50 Class:C+ Westtown and Beyond</p>	<p>This could be a short ride depending on the weather. If it's nice we'll go to Northbrook or Centreville for a snack. Meet at the Moylan Rose Valley Train Station. Only 12 - 13 mph average speed according to DVBC ride classifications. Contact Ira Josephs at 610 245 3745 or josephs4058@gmail.com</p>
<p>Sunday, Feb 24 10:30 am Miles:35-50 Class:C+ West Chester Local</p>	<p>Don't be fooled by the title, this is the same ride as my other winter offerings - the distance will be determined by the temperature and the direction by my whim or the whim of the group. Meet at the Moylan Rose Valley Train Station. Classic DVBC routes. Snack break somewhere. Only 12 - 13 mph average speed - according to DVBC ride classifications. Contact Ira Josephs at 610 245 3745 or josephs4058@gmail.com</p>

Note from the Editor....The Best laid Plans of Mice and Men

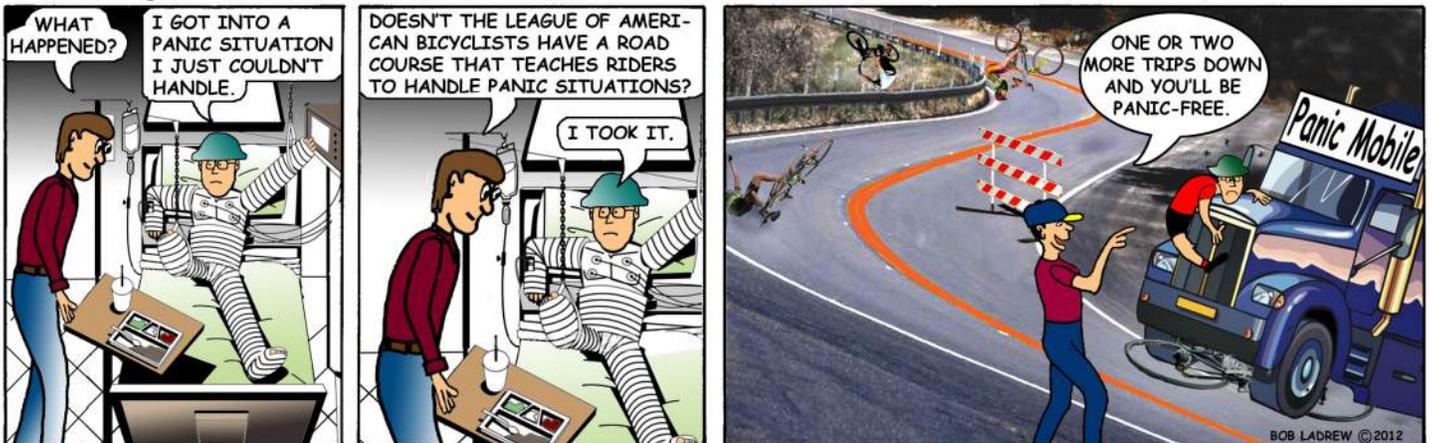
Dear Readers,

Firstly, I would like to apologize for the super late delivery of this vaunted publication. Life and technology conspired in ways evil enough to prove the existence of a higher power. Secondly, I would like to say good-bye. This is my last newsletter for DVBC. I pass that honor and responsibility on to Rich Andreas who promises to bring the Newsletter to the esteem and level of previous editors. Please help him with as much content as you can jam into his inbox. In this case, more is always better. Lastly, as I meander back into the world of a green grocer, I would like to thank all of you who helped me with this newsletter these past 20 editions. I only wish I could have provided a better vehicle for your efforts.

—David Cunicelli,

BONKERS Cartoons of the DVBC....

by Bob LaDrew



DVBC 2012 Banquet

To know more...You should have been there



Fellow hammers Pete S and Rich A discuss the joys of dropping the hammer on wheel suckers!



Event organizers "Doc" and Mrs Green get pats on the back from a happy guest DVBC honoree Steve Fischer.



Baby, it's cold outside!

Come ride inside at



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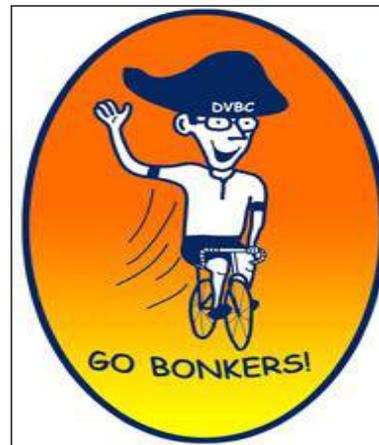
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Enter promo code *DVBC-BOGO* at check-out.



2012 Rider Mileage Reports.

It's only 11 months of miles, I can still get 10,000 by December 31.

DVBC Member	Miles	Centuries	
Rich Andreas	9300	41	Rich says "I was 3000 less than usual".
Mike Fuller	8347	4	Mike has many rides in excess of 5K feet of elevation gain.
Linda McGrane	8100	10	Led over 100 multi-club rides.
Sabine Cranmer	5365	1	Completed Seagull Century and had many 75+ mile rides.
Mary Huis	5120	1	Most miles this year. First self-supported weekend trip.
Marge Gillis	4800	2	Completed a cross country trip.
Larry Green	4731	0	In addition to Docs Ride, Larry does alot of commuting miles.
Peter Schmidt	4572	0	Pete prefers 25-75 miles at a fast pace. Most miles this year.
Sam Greenhalph	4244	0	Sam is a first year member and completed a metric century.
Ira Josephs	4200	0	Half of miles were commuting miles.
Marian Venturini	4097	1	First century this year and lots of commuting miles.
Dave Cunicelli	4003	2	Lots of miles even with the new store opening in Media.
Andy Marzano	3987	3	Centuries were a solo to shore, BCP Schuylkill River & Black Bear.
Emil Skobeloff	3100	0	Looking for 4000 next year.
Debbie Chaga	3030	2	Completed the Jersey Devil and Black Bear centuries.
Woody Kotch	2950	1	Rode Jersey Devil century.
Pete Holston	2450	0	Completed many metric centuries including both DVBC tours.
Gary Stewart	1842	3	Most miles and first century this year.

DVBC Awards of Distinction

—Who to thank and who to watch!

Recognition of Service – Tony Rocha

Tony has provided the DVBC website site for years

He's been the SAG captain for Bonkers/Brandywine Tours 10+ yrs and gets the pies.

Rookie of the Year – Matt Sycz

Matt was new to DVBC and has gotten really strong completing 2 centuries. He and were volunteers at the Brandywine Tour.

Best Dressed Cyclist – Sabine Cranmer

What can we say? She always is well dressed. Even wore a dress to the Brandywine Tour.

Volunteer of the Year – Mike Bronnle

Mike works all year long with very little recognition of how hard and how long. Well-deserved Mike. Thanks!

Most Improved Rider – Tom Gallagher

After a disappointing 2011 (back pain) Tom came back better and stronger. He was a monster the Bon Ton.

Hostess of the Year -- Mel Stewart

She grilled all day at the Club Picnic. Well done.

Fun Stuff –

Road Kill- Nicole Sycz

Most Respectful Ride Report- Shelley Epstein

Welcome to the Century Club - Gary Stewart

"Not" the Best Dressed Cyclist - Steve Fischer

Crash & Burn – Bonkers Boy's Bike

Nancy Ness was a definite contender before New Year's TEETH

Emil wanted this prize too – PASSED OUT on the bike
Bob LaDrew threw himself in front of a car for this ROAD RASH

Edward S. really wanted it. Crashed in work parking lot needed SURGERY

Mary H got jealous and decided to join in at the last minute BRUISING/ROAD RASH

HOWEVER, the ONLY ONE who can really get this award is **Bonkers Boy's Bike**



Delaware Valley Bicycle Club
 P.O. Box 156
 Swarthmore, PA 19081
 www.dvbc.org

APPLICATION FOR DVBC MEMBERSHIP (See page 3 of this newsletter for new membership policy.)

Membership includes: DVBC newsletter (10 issues/year), discounts at most Club sponsors, Club subsidized events.
 Your membership also helps influence local government decisions concerning bicycle issues.

Annual membership: \$15 per household

CIRCLE ONE: **NEW** or **RENEWING** Member
 Newsletter Preference: **Printed copy** (via US Mail) or
PDF (via E-mail—saves trees and \$\$)

Please print clearly and use your 9-digit zip code, if known:

NAME: _____
 ADDRESS: _____
 CITY: _____ STATE _____ ZIP: _____
 PHONE: _____ Birth Date: _____
 EMAIL: _____

The DVBC Safety Fund is used to promote issues regarding cycling safety in the Delaware Valley.

I wish to contribute (circle appropriate amount):

\$1 \$5 \$10 \$15 \$20 \$25 Other: \$ _____

AMOUNT ENCLOSED:

\$15 membership + _____ Safety Fund = \$ _____

I will volunteer for (circle all interests)

Ride Leader Tour Volunteer Newsletter

Other: _____

Please send your check or money order to: Delaware Valley Bicycle Club, P.O. Box 156, Swarthmore, PA 19081

In consideration of the acceptance of my application for entry into the DVBC, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in the DVBC. In addition, this release is intended to discharge in advance the promoters, the sponsors, the Delaware Valley Bicycle Club, the promoting clubs, the officials, and any involved municipalities or other public entities (and their respective agents and employees) from and against any and all liability arising out of or connected in any way with my participation in any event, even though that liability may arise out of negligence or carelessness on the part of the persons mentioned above.

I further understand that serious accidents occasionally occur during bicycle riding; and that participants in bicycle riding occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding to my heirs and assigns.

 Signature

 Signature of parent or guardian (if under 18 years)