

Delaware Valley Bicycle Club

November 2012



P.O. Box 156
Swarthmore, PA,
19081
www.dvbc.org

Fx Pedrix Presents....

A Novel Idea...The Rose Tree Ride Chapter 2

A serialized story of love, lust and fitness

...Continued From October

Suddenly the call "Flat!" rang out ahead, indicating that a member of the group had punctured. Derrick saw a cluster of halogen light beams at the side of the road pointed in random directions. As he stopped and leaned his Trek Madone 7 against a tree the first thing he noticed was that Grover had his bike upside down and was haplessly trying to remove the rear wheel while the others watched. "Could you use some help?" asked Derrick, already knowing the answer.

When he saw the situation under control, ride leader Dom announced to the rest of the group, "Derrick to the rescue! You other riders go ahead to the parking lot. No sense in everybody get-



ting home late." Derrick's heart sank. With each passing minute his feminine fascination would be farther away.

What would have been a four-minute job by daylight increased exponentially in the dark. It took Derrick's fumbling fingers seemingly forever to locate a shard of glass lodged inside Grover's Schwalbe ZX tire, still longer to get the new tube seated properly in the racing clincher and the tire mounted on the Zipp 808 rim. Eventually Charles, who had stayed back to watch, added insult to injury by commenting sarcastically, "I might as well leave; I can see I'm not going to learn anything here."

More than ten minutes after the others, Derrick and Grover coasted into the Rose Tree parking area. Derrick quickly scanned the lot. A dozen cyclists were standing around chatting it up but there was no sign of the mysterious golden haired beauty. Across the lot a late model Subaru Forrester backed out of its spot and pulled north onto Rte. 252. As an approaching headlight lit the inside of the departing car Derrick clearly discerned the fair facial features of the mystery woman.

"Derrick, you gonna stop at La Forno's with us to get some pizza?" asked Debbie. The Mystery Beauty had driven north on 252 so she clearly was not going to be in attendance. "No, thanks," replied Derrick glumly. "I've got an early morn-

ing." All he could think was that the new girl had driven off without saying her name and she might never come to a DVBC ride again.

As Derrick clamped his bike into his Thule Eschelon roof mount he heard Dom mention something about the ride signup sheet. Of course!

Derrick had to get a look at that DVBC signup sheet, which would list name, phone number and (importantly) whether there was a significant other to contact in case of emergency.

As Megan pulled onto Rte. 1 and merged with the traffic she was starting to feel better. Since returning from Italy she had been battling an intestinal virus and finally seemed to be getting it under control. If only a wave of nausea hadn't risen up right when that drop-dead gorgeous Derrick introduced himself. He must have thought she was a social misfit. He seemed like a pretty nice guy. Although if Derrick

knew what a mess she'd made of her life he probably wouldn't want anything to do with Megan.

Next month: Find out whether Megan listed a significant other on the signup sheet, and how she'd made a mess of her life in Italy.

SAVE THE DATES

Frozen Turkey 30 XII Thanksgiving Day

Bring non-perishable food goods
to help the hungry

See Page 4 for details

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Annual DVBC General Meeting & Banquet

See what we look like in our street
clothes. Look Ma No Helmet!
Fun Food Prizes Awards

****December 1 @6pm**
D'ignazio's Towne House
Menu and Sign up Page 5**

Send In Your 2012 Miles

Please send your 2012 miles
(from January 1st through No-
vember 30th) to Mary, the
DVBC Ride Coordinator, at
rides@dvbc.org (no later than
December 1st).

We would like to recognize the
high milers at our annual club
banquet in December.

Delaware Valley Bicycle Club

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Swarthmore, PA 19081
www.DVBC.org

Membership in DVBC is encouraged, but non-members are welcome at all our rides and events. Except for the Bonkers Metric, Brandywine Tour, Club Banquet and Bonkers Picnic, all club events are free. Money raised from rides and membership dues is donated to a variety of cycling-related organizations.

DVBC welcomes articles, photographs, and ride reports for the newsletter. Please submit materials to the Editor before the 15th of each month. The views expressed in this publication are not necessarily those of DVBC.

Monthly board meetings are open to all, and are usually held the 1st Monday of the month (except December) at 7 p.m., at the Swarthmore Public Library. Contact the President to confirm.

CLUB AFFILIATIONS

- *League of American Bicyclists
- *Bicycle Coalition of Greater Philadelphia
- *Adventure Cycling Association
- *Bicycle Access Council
- *East Coast Greenway
- *PA Walks and Bikes
- *Friends of Ridley Creek State Park
- *Friends of the Chester Valley Trail

Newsletter Contents © 2011 by DVBC

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davidcunicelli@gmail.com

RIDE GUIDELINES & CLASSIFICATIONS

1. Arrive early and **be ready to leave on time.**
2. Make sure your bike is in proper working order **before** you arrive. Ride leaders are not expected to be mechanics.
3. **A helmet is mandatory for all DVBC rides.**
4. Carry a spare tube, patch kit, and water bottle.
5. All Club rides are rated according to the degree of difficulty. Do not “bike off” more than you can do. Go on rides within your ability, interest and experience. If you’re in doubt about your ability, try out a ride one class below the one you’re unsure of and work your way up.
6. Practice safety and obey all traffic laws.
7. Each rider assumes his/her own risk on all rides.
8. Those who ride ahead of the group are on their own ride.
9. Always notify the ride leader before leaving the group.
10. Ride leaders should adhere to the advertised speed of the ride.

Class D: For new, inexperienced riders or families: 7-9 mph average moving speed with frequent stops and as few hills as possible. The group will wait for all riders. The ride lengths are usually less than 10 miles, but longer distances are permissible.

Class C-: For average riders: 10-11 mph average moving speed with rest stops as needed. The group will wait for stragglers. The recommended distance is 10-30 miles.

Class C+: Also for average riders: 12-13 mph average moving speed with rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided.

Class B-: For more experienced riders: 14-15 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

Class B+: For strong riders: 16-18 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

Class A: For very strong riders: 18+ mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

November 2012 Ride Calendar

Check the ride calendar at www.DVBC.org for late additions to this list.
Check with ride leaders if weather looks threatening.

Recurring Weekday Rides

Reminder: Any ride scheduled in the Newsletter, on the DVBC website ride calendar, or advertised via the list serve is considered an official club ride and a sign-in sheet is required. The sign-in sheets are on the website on the ride calendar page.

<p>Wednesdays 10:00 am Miles:35-60 Class:B-/C+ Docs' Ride</p>	<p>Ride starts and ends at the 320 Market Cafe parking lot. Usually a lunch destination. Rain or temperature below 45F cancels the ride. Contact Larry Green at 610-544-5799 Contact Larry Green at 610-544-5799 Email: largreen@earthlink.net</p>
<p>Fri, Nov 2 9:30 am Miles:50 Class: C+/ Friday Frolic w/Linda</p>	<p>Wayne to Chadds Ford, average speed 13-15 mph. Meet at Church of the Saviour, Wayne, PA. Challenging but scenic loop from Wayne, through western Delaware County and eastern Chester County, mostly on green & pretty country roads. Rest stops at WAWAs at mile points 17 and 38. Total elevation gain is 4600 ft. Cue sheets will be available. The on-line route map is http://ridewithgps.com/routes/1846480 See Bike Club Philly website for more details. Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com</p>
<p>Sat, Nov 3 10:00 am Miles:25 - 35 Class:C+ Sabine's Climbing Drill</p>	<p>Meet at the entrance to Ridley Creek State Park at Sycamore Mills Rd. and Ridley Creek Rd. Ride to Brinton's Bridge Road. From Blue Pear Bistro, descend to Creek Rd. in Chadds Ford. Climb Brinton's Bridge Rd. to Blue Pear Bistro. Repeat climb 2 times or as often as you care to, resting on the way downhill. Return to start with optional lunch at La Porta (at Sycamore Mills Rd. and Rt. 352 across from entrance to Ridley Creek State Park). Total distance: approximately 20 miles to and from Blue Pear Bistro. Each descent and ascent of Brintons Bridge Rd. adds approximately 5 miles, ie, one climb makes this a 25 mile ride, 2 climbs make it 30, 3 climbs make it 35. The pace to and from Blue Pear will average 13 -15 mph. The climb on Brintons Bridge is each at his or her own pace. I am hoping to have lunch at La Porta at around 12:30. RSVP to Sabine via text or email so I know to wait for you. Contact Sabine Cranmer at 610-349-6968 or sabinecranmer@gmail.com</p>
<p>Sun, Nov 4 9:45 am Miles:50 +/- Class:C+ Centreville Cafe</p>	<p>Come out for the triumphant return of this ride and leader along DVBC classic routes on quiet backroads. Meet at the Moylan Rose Valley Train Station and don't be fooled by the extra hour gained through the end of daylight savings time. Snack break at quaint cafe. Only 12 - 13 mph average speed according to DVBC ride classifications. Contact Ira Josephs at 610 245 3745 or josephs4058@gmail.com</p>
<p>Mon, Nov 5 7:00 pm Miles:None Class:All DVBC Board Meeting</p>	<p>DVBC Monthly Board Meeting held at Swarthmore Public Library at 121 Park Avenue (610)543-0436. All are welcome to attend. Contact Doug Bower at 610-952-0562 or doug_bower@verizon.net</p>
<p>Fri, Nov 9 9:30 am Miles:48 Class:C+/B- Friday Frolic w/Linda</p>	<p>Valley Forge to Ludwig's Corner average speed 13-15 mph. Meet at Valley Forge National Park, rear parking lot behind Visitors Center (next to rest rooms), County Line Rd near Rte 23. Rest stop in Ludwig's corner at mile 25. If needed, there is an optional Wawa stop on the return at mile 35. Total elevation gain is 3800 ft. Rolling to hilly course, but most of the climbing is in the first half of the ride. The final segment is flat, along the SRT. Cue sheets will be available. See Bike Club Philly website for more details. Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com</p>
<p>Sat, Nov 10 9:30 am Miles:62 +/- Class:C+ Kennett Square Metric</p>	<p>Please join me for my fav ride to my fav food stop (The Country Butcher). We'll wind our way in and out of Delaware and Pa and cross the many tributaries of BW Creek. I'll even throw in a covered bridge for bucolic atmosphere. Expect hills and a nice average pace of 13 to 14 mph. Rain cancels and ride meets at Rose Tree Park in Media, PA. Contact Mary Huis at or mary2335@verizon.net</p>

Saturday, Nov 17 9:30 am Miles:50 +/- Class:C+ Autumn at Northbrook	Join me for a wonderful autumn ride out to Northbrook. Ride starts at Rose Tree Park in Media, Pa. We will enjoy a comfortable pace ride, gorgeous fall scenery and a great food stop. Rain cancels. Contact Mary Huis at or mary2335@verizon.net
Thursday, Nov 22 9:00 am Miles:30 Class:C+ 12th Annual Frozen Turkey Thirty	Please support this food raiser to benefit soup kitchens in our community. Riding or not, you are welcome to bring a bag of non-perishable food goods to Rose Tree Park between 8:30 and 9:00 AM and get a free t-shirt. The ride starts at Rose Tree Park and heads out through Ridley Creek State Park with a loop in Chester County. Contact Brian Wade at 610-254-9485 or bwadedvbc@aol.com
Sunday, Nov 25 9:00 am Miles:55 Class:C+ 3 Parks and a Trail	Ride starts and ends at Rose Tree Park. Scenic back roads route to Valley Forge Nat. Park. Fill your H2O bottles at the Betzwood rest stop than ride the S.R. Trail all the way to Manayunk. Faster riders can go off the front on the trail with a re-group at trails end. We'll make a quick stop for a snack at Wawa before riding the Bob Martin route back thru Havertown to R.T. Park. Contact Tom Smyth at 610-909-8226 or smitt542@comcast.net

New DVBC Members A Bumper Fall Harvest

Myrton Schlechtweg, Mt Laurel NJ
 Don Schmoyer, Macungie
 Curtis Schwartz, Ambler
 John R Scott, Philadelphia
 Mark Scott, Cherry Hill NJ
 Debbie Seagraves, Milford DE
 Peggy Seiden, Swarthmore
 John Sellinger, Hatfield
 Jeff Sevag, W Chester
 Abraham Shamir, Ft Washington
 Joanne Shaver, Hockessin DE
 Stanley Silverman, Rydal
 Maria Silvester, Bensalem
 Joseph Sinclair, Berwyn
 Jeff Smith, Braemore VA
 Mark Smith, Wilmington DE
 Dennis Snyder, Wilmington DE
 Peter & Phyllis Snyder, Merion
 Howard "Scott" Soslow, Cherry Hill
 Cliff Stanis, Tarpon Springs FL
 Danny Steciw, Aston
 Jason Steidel, Atlanta, GA
 Pamela Stephani, Mendenhall
 Janie Stevens, Collegeville
 Lucetta Strumia, Galdwyne
 Rob Swartley, Philadelphia
 Matt & Nicole Sycz, Folsom
 Claire Tanzer, Fort Washington
 John & Jim Thompson, Spieingfield
 Elliot Titcher, Ft Washington
 Laura Tourge, Newark DE
 Beatriz Urraca, Wallingford
 Romeo Valdeviezo, Phoenixville
 Kathleen Vandervliet, Parkesburg
 Brent Vollrath, Blue Bell
 Jerry Vuocolo, Chester Springs
 Andy Wagner, McAlisterville
 John Walker, Wilmington DE
 Sara Watson, Street MD
 Jean Western, Hockessin DE
 Lamarr White, Bear DE
 Donna Wiesner, Glassboro NJ
 Tom Willcox, Wayne
 Elizabeth Williams, Phoenixville
 Melinda Wohlstetter, Erdenheim
 Betsy Wolford, Malvern
 David Wood, Abingden MD
 Lauren Yakovich, Pitman NJ
 Todd Yerger, Middletown DE
 Mark Zhu, Blacksburg VA
 Jennifer Delaney, Schwenksville
 Charles de Melker, Bel Air MD
 Chuck Denecke, Collegeville
 Rene de Pontbriand, Bel Air MD

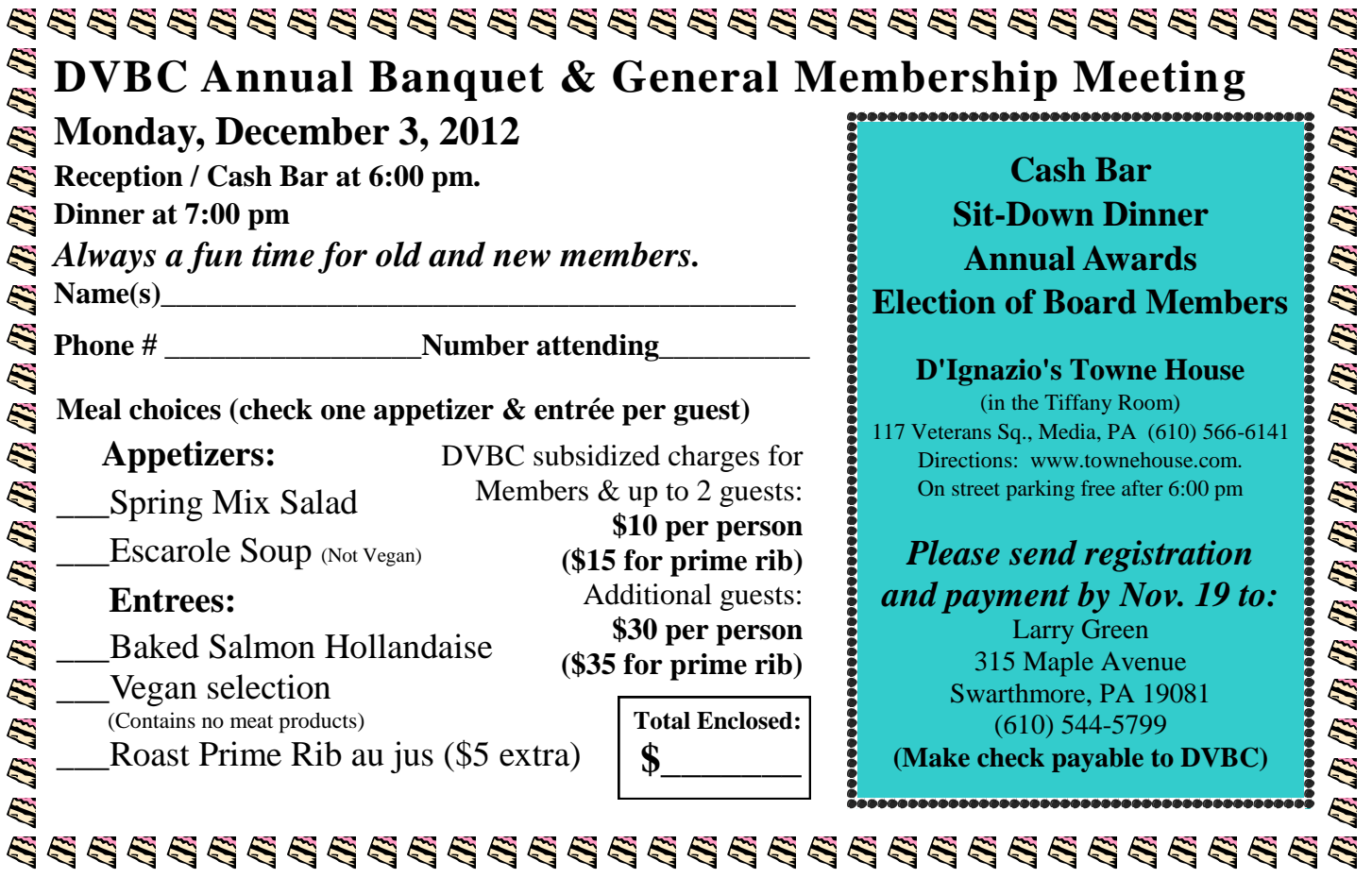
Mark Detweiler, Royersford
 Ron Dietrich, Havertown
 David Dinius, Glenmoore
 Michael Dirks, E Fallowfield
 Gary Dutton, Wilmington
 Steve Ehrlich, Elkins Park
 Martin Emery, Philadelphia
 Perri Evanson, Philadelphia
 Don Everhart, W Chester
 Tammy Everitt, Kennett Square
 F C Fausett, Doylestown
 Terence & Jamie Fischer, Northfield NJ
 Todd Fisher, Wilmington DE
 Terri Foley, Langhorne
 Mike Flynn, Romansville
 Cheryl Frank, Bear DE
 John Fridy, Paoli
 Ken Ganly, Kennett Square
 Daniel George, Elkins Park
 Duane Godwin, Wilmington DE
 Steven Goldsmith, Cherry Hill
 Laurel & Steve Goodell, Lawrenceville NJ
 Brian Goodman, Bear DE
 Shaun Gundel, Wilmington DE
 Michael Hagan, Malvern
 Tom Harrigan, Newark DE
 Marilyn Harvey, Wayne
 Arthur & Karen Hass, Reston VA
 Autumn Hassinger, Gilbertstown PA
 Karl Hassler, Landenberg PA
 Michael Hayse, Swarthmore
 Judy Head, Coatesville
 Kathryn Hemsley, Glenside
 William Hennessey, Phoenixville
 Howard Hess, Schwenksville
 Howard Hochheiser, Philadelphia
 Sally Hoedebecke, Street MD
 Peter Hoffman, Parkville MD
 Frank Hogeland, Philadelphia
 Arve & Connie Holt, Wallingford
 Beth Howlett, Garnet Valley
 Steve Hranilovich, Phoenixville
 Walt Hug, Birdsboro
 Kevin Hull, Sewell NJ
 Todd Hunt, Wilmington DE
 Kate Kennedy, Birdsboro
 Mark Kern, Chadds Ford
 Joseph Knapik, Abingdon MD
 Edwin Knepshield, Havre de Grace MD
 Christine Lacy, Glassboro NJ
 Matt Lapinski, Wilmington DE
 Cliff LePage, W Chester
 Monica Lukens, Media
 John MacDermott, Glen Mills

Mary Clare & Roger Matsumoto, Newark DE
 Patty McCallum, W Chester
 Thomas McDonald, King of Prussia
 Monte Mills, Wynnewood
 Chris Moore, Philadelphia
 Richard Morelli, Mendenhall
 Robert Morris, Berwyn
 Gary Moses, Wilmington
 John Mowry, Media
 Geoff Mulvihill, Haddonfield NJ
 Susan & Tom Nichols, Bel Air MD
 Youssef Nifaoui, W Chester
 Cyndi & Dave Noonan, Jeffersonville PA
 Anne Noone, Wayne
 Robert Oakes, Kennett Square
 Chuck O'Hara, Avalon NJ
 Paul O'Moore, Ft Washington
 Samantha & Samuel Ortenzio, Steelton PA
 Janice Peters, Eagleview
 Linda Piergrossi, Phoenixville
 William Pinto, Audubon NJ
 Rob Pizzala, Newark DE
 Joseph Pless, Ardmore
 Matt Ramsey, Spring City
 Gerald Rankin, N Wales
 John Redmon, H? PA
 Tom Reimann, Morton
 Bill Reimert, Chadds Ford
 Craig Rial, Chester Springs
 Kevin Riddle, Marlton NJ
 Ward & Connor Rivers, Malvern
 George Robertson, Malvern
 Kristen Rolison, Drexel Hill
 John Rooney, Limerick
 Mike Rush, Wayne
 Ted Saad, Wilmington
 Adam Sanders, Reading
 Pamela Savage-Knepshield, Havre de Grace MD
 Christopher Scargitti, Hockessin DE
 Randall & Nora Schenk, Newtown
 Robert Scheuerman, Fallston MD
 Myrton Schlechtweg, Mt Laurel NJ
 Don Schmoyer, Macungie
 Curtis Schwartz, Ambler
 John R Scott, Philadelphia
 Mark Scott, Cherry Hill NJ
 Debbie Seagraves, Milford DE
 Peggy Seiden, Swarthmore
 John Sellinger, Hatfield
 Jeff Sevag, W Chester
 Abraham Shamir, Ft Washington
 Joanne Shaver, Hockessin DE
 Stanley Silverman, Rydal

(Continued on page 5)

(Continued from page 4)

- Maria Silvester, Bensalem
- Joseph Sinclair, Berwyn
- Jeff Smith, Braemore VA
- Mark Smith, Wilmington DE
- Dennis Snyder, Wilmington DE
- Peter & Phyllis Snyder, Merion
- Howard "Scott" Soslow, Cherry Hill
- Cliff Stanis, Tarpon Springs FL
- Danny Steciw, Aston
- Jason Steidel, Atlanta, GA
- Pamela Stephani, Mendenhall
- Janie Stevens, Collegeville
- Lucetta Strumia, Galdwyne
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- Elizabeth Williams, Phoenixville
- Melinda Wohlstetter, Erdenheim
- Betsy Wolford, Malvern
- David Wood, Abingden MD
- Lauren Yakovich, Pitman NJ
- Todd Yerger, Middletown DE



DVBC Annual Banquet & General Membership Meeting

Monday, December 3, 2012

Reception / Cash Bar at 6:00 pm.

Dinner at 7:00 pm

Always a fun time for old and new members.

Name(s) _____

Phone # _____ Number attending _____

Meal choices (check one appetizer & entrée per guest)

Appetizers:

- Spring Mix Salad
- Escarole Soup (Not Vegan)

Entrees:

- Baked Salmon Hollandaise
- Vegan selection
(Contains no meat products)
- Roast Prime Rib au jus (\$5 extra)

DVBC subsidized charges for
Members & up to 2 guests:
\$10 per person
(\$15 for prime rib)
Additional guests:
\$30 per person
(\$35 for prime rib)

Total Enclosed:
\$ _____

Cash Bar
Sit-Down Dinner
Annual Awards
Election of Board Members

D'Ignazio's Towne House
(in the Tiffany Room)
117 Veterans Sq., Media, PA (610) 566-6141
Directions: www.townehouse.com.
On street parking free after 6:00 pm

**Please send registration
and payment by Nov. 19 to:**

Larry Green
315 Maple Avenue
Swarthmore, PA 19081
(610) 544-5799

(Make check payable to DVBC)



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APPLICATION FOR DVBC MEMBERSHIP (See page 3 of this newsletter for new membership policy.)

Membership includes: DVBC newsletter (10 issues/year), discounts at most Club sponsors, Club subsidized events.
 Your membership also helps influence local government decisions concerning bicycle issues.

Annual membership: \$15 per household

CIRCLE ONE: **NEW** or **RENEWING** Member
 Newsletter Preference: **Printed copy** (via US Mail) or
PDF (via E-mail—saves trees and \$\$)

Please print clearly and use your 9-digit zip code, if known:

NAME: _____
 ADDRESS: _____
 CITY: _____ STATE _____ ZIP: _____
 PHONE: _____ Birth Date: _____
 EMAIL: _____

The DVBC Safety Fund is used to promote issues regarding cycling safety in the Delaware Valley.

I wish to contribute (circle appropriate amount):

\$1 \$5 \$10 \$15 \$20 \$25 Other: \$ _____

AMOUNT ENCLOSED:

\$15 membership + _____ Safety Fund = \$ _____

I will volunteer for (circle all interests)

Ride Leader Tour Volunteer Newsletter

Other: _____

Please send your check or money order to: Delaware Valley Bicycle Club, P.O. Box 156, Swarthmore, PA 19081

In consideration of the acceptance of my application for entry into the DVBC, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in the DVBC. In addition, this release is intended to discharge in advance the promoters, the sponsors, the Delaware Valley Bicycle Club, the promoting clubs, the officials, and any involved municipalities or other public entities (and their respective agents and employees) from and against any and all liability arising out of or connected in any way with my participation in any event, even though that liability may arise out of negligence or carelessness on the part of the persons mentioned above.

I further understand that serious accidents occasionally occur during bicycle riding; and that participants in bicycle riding occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding to my heirs and assigns.

 Signature

 Signature of parent or guardian (if under 18 years)