

Delaware Valley Bicycle Club

November 2011



P.O. Box 156
Swarthmore, PA,
19081
www.dvbc.org

SAVE THE DATES!!

Thursday November 24
10th Annual Frozen Turkey 30

All food donors (riding or not) get a free T-shirt.
See Ride Calendar for details.

Monday December 5
DVBC BANQUET and ANNUAL MEMBERSHIP MEETING

See Page 7 for details and registration form

Paris France Without a Bike (Paris Sans Velo) by Larry "Doc" Green

My wife, Ann, and I spent the last week in September in a rented 5th floor apartment in Paris, France, very near the Eiffel Tower and all the related areas seen by cycling fans on the last day of the Tour de France.

We have been to Paris many times, usually after I have spent one or two weeks cycling elsewhere in the country.

On occasion I have arrived there with my bike and had previously pedaled around the city but not near the Tour route.

Paris has become very much more bicycle friendly since my last visit with velo-libe rental stations every where and helmetless riders galore.

In a weak moment, I contracted with Sam, an American, who rents up-scale road bikes and delivers them to your door. (sam@parisbikeco.com). He arrives at 11:30pm after he leaves the bike shop where he works.

The elevator to the 5th floor is not big enough for me and the Specialized S-Works bike without removing the front wheel and holding the bike erect and the



wheel over my head. I follow the same routine to descend the next day in my DVBC kit, cleats and helmet. Left arm inflamed and numb, off I go to the Bois de Bourgogne over the local streets.

The surface leading to the Trocadero to cross the Seine becomes cobbles, traffic become

heavy and unforgiving and the French signs are not easily read and translated. The Specialized is extremely stiff over the cobbles and once I reach the approach to the park I decide that I don't want to do this, especially to risk falling off and all the potential ruins (like the rest of trip).

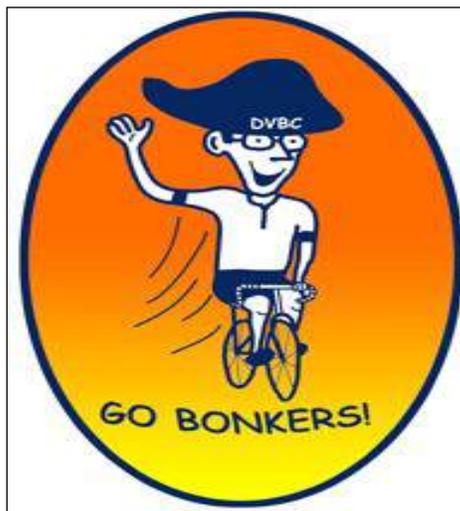
I return over the cobbles and pick the smooth surfaces once across the pont. It's not so bad, maybe I'm getting used to it. But, traffic intensifies and after several near crashes I decide to call Sam and return the bike.

He understands and we reach a fair refund figure.

At the pick up he suggests that next time I should give him more notice and he will arrange to guide me to the routes and into the countryside.

I see why the velo-libe bikes are such heavy clunky upright fat tire things and why I saw almost no other riders on my short tour.

My cycling Parisian friends later told me that they put their road bikes in their car and drive to the park.



Delaware Valley Bicycle Club

P.O. Box 156
Swarthmore, PA 19081
www.DVBC.org

Membership in DVBC is encouraged, but non-members are welcome at all our rides and events. Except for the Bonkers Metric, Brandywine Tour, Club Banquet and Bonkers Picnic, all club events are free. Money raised from rides and membership dues is donated to a variety of cycling-related organizations.

DVBC welcomes articles, photographs, and ride reports for the newsletter. Please submit materials to the Editor before the 15th of each month. The views expressed in this publication are not necessarily those of DVBC.

Monthly board meetings are open to all, and are usually held the 1st Monday of the month (except December) at 7 p.m., at the Swarthmore Public Library. Contact the President to confirm.

CLUB AFFILIATIONS

- *League of American Bicyclists
- *Bicycle Coalition of Greater Philadelphia
- *Adventure Cycling Association
- *Bicycle Access Council
- *East Coast Greenway
- *PA Walks and Bikes
- *Friends of Ridley Creek State Park
- *Friends of the Chester Valley Trail

Newsletter Contents © 2011 by DVBC

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RIDE GUIDELINES & CLASSIFICATIONS

1. Arrive early and **be ready to leave on time**.
2. Make sure your bike is in proper working order **before** you arrive. Ride leaders are not expected to be mechanics.
3. **A helmet is mandatory for all DVBC rides.**
4. Carry a spare tube, patch kit, and water bottle.
5. All Club rides are rated according to the degree of difficulty. Do not “bike off” more than you can do. Go on rides within your ability, interest and experience. If you’re in doubt about your ability, try out a ride one class below the one you’re unsure of and work your way up.
6. Practice safety and obey all traffic laws.
7. Each rider assumes his/her own risk on all rides.
8. Those who ride ahead of the group are on their own ride.
9. Always notify the ride leader before leaving the group.
10. Ride leaders should adhere to the advertised speed of the ride.

Class D: For new, inexperienced riders or families: 7-9 mph average moving speed with frequent stops and as few hills as possible. The group will wait for all riders. The ride lengths are usually less than 10 miles, but longer distances are permissible.

Class C-: For average riders: 10-11 mph average moving speed with rest stops as needed. The group will wait for stragglers. The recommended distance is 10-30 miles.

Class C+: Also for average riders: 12-13 mph average moving speed with rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided.

Class B-: For more experienced riders: 14-15 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

Class B+: For strong riders: 16-18 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

Class A: For very strong riders: 18+ mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

October 2011 Ride Calendar

Check the ride calendar at www.DVBC.org for late additions to this list.
Check with ride leaders if weather looks threatening.

Recurring Weekday Rides

<p>Wednesdays 10:00 am Miles:30 - 60 Class:C+ Docs' Ride</p>	<p>Ride starts and ends at the 320 Market Cafe parking lot in Swarthmore. Usually a lunch destination. Foul weather and temperature <45F cancels ride. Contact Larry Green at 610-544-5799 Email: largreen@earthlink.net</p>
<p>Wednesdays 6:00 pm Miles:27 Class:C/C+ Consho. to Art Museum "Night"</p>	<p>Levels C/C+ 12-15 mph, 27 miles. This is a "road bike" ride that requires a strong front headlight and a rear tail light. We meet 6pm at Marriot hotel /SEPTA parking lot across the railroad tracks at E. Elm and Hector St. in Conshohocken. We leave the lot 6:15 sharp and head to the Philly Art Museum area via Roxboro, Manyunk and East Falls. We take a short 5 minute break at Lloyd Hall before returning to Conshohocken by 8:30. Q sheets provided. Rain or starting temp. below 40F cancels ride. This is a multi-club and multi level ride. Contact Cate Crosby at 610-565-1939 Email: catecrosby@gmail.com</p>
<p>Fri, Nov 4 9:45 am Miles:35 Class:B-/C+ Ockehocking Hills</p>	<p>Average pace will be 13-15 mph. Meet at Church of the Savior in Wayne, 651 N. Wayne Ave, rear parking lot, near athletic fields. The ride leaves at 9:45 am. Enjoy one of Tom Madle's popular and scenic routes, leaving from Wayne. This route does have hills, but we will stop to regroup as needed. At about half-way, we'll pass the Ockehocking Preserve, a 180-acre open space reserve. After passing the Ockehocking Preserve, we'll stop for a snack break at Ridley Creek State Park before returning to Wayne. Please bring snacks with you. (We can also stop at the Wawa in Wayne on our way out to buy snacks.) When we return to Wayne, we can stop for a full lunch at a diner. Cue sheets will be available. You may preregister on BCP's website calendar (this ride listing) until Thursday, November 3, 2011 at 10:00 pm. (Pre-registration is NOT a requirement to join the ride -- it's simply a time-saver, which allows you to enter your name, cell phone #, emergency contact #, etc., on the roster. At the ride start, all you need to do is add your signature next to your printed name. Your phone numbers are already there.) Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com</p>
<p>Sat, Nov 5 10:00 am Miles:25 +/- Class:D/D+/ Delightful, Delicious D (and D+/C-)</p>	<p>Average pace will be 8-12 mph. Meet at Formal entrance to the Azalea Garden behind the Art Museum, next to the Italian Fountain. The ride leaves at 10:00 am. Enjoy the "Wildlife, History, & Gardens" loop from Center City to the John Heinz Wildlife Refuge in Tinicum, then on to Old Fort Mifflin, Bartram's Gardens, then return to Center City. We will ride at a relaxed pace for novice riders, newcomers to Philadelphia, and/or anyone seeking a gentle recovery ride. The route is mainly flat, save for a few mild climbs -- we'll stop as needed to regroup after hills. Many of the roads have bike lanes. We will stop briefly at the Wildlife Refuge, Fort Mifflin, and Bartram's Gardens -- please bring snacks. Please contact the leader ahead of time (by Friday night), if you plan to join us. If no one calls or emails by Friday night, the ride will be cancelled. Also, please contact the leader if the weather is questionable. Cue sheets will be available. You may preregister on BCP's website calendar (this ride listing) until Friday, November 4, 2011 at 11:30 pm. (Pre-registration is NOT a requirement to join the ride -- it's simply a time-saver, which allows you to enter your name, cell phone #, emergency contact #, etc., on the roster. At the ride start, all you need to do is add your signature next to your printed name. Your phone numbers are already there.) Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com</p>
<p>Sun, Nov 6 9:00 am Miles:35 Class:B-/C+ Art Museum Loop</p>	<p>Meet at parking lot across from Drexel Hill Cyclery on Burmont Rd in Drexel Hill. Do not park in the Rite Aid lot since your car will be towed away. Park on the street behind that lot. I'm doing the B- hilly route. Juror #6 will lead the C+ on his less hilly route. Both groups will meet at Lloyd Hall for a brief water and nature break. Optional post-ride Ming's meal. Bob Martin and Dan Dillon are welcome along. Rain cancels ride. Contact Debbie Chaga at 610-494-3033 or dreamerdeb@gmail.com</p>
<p>Mon, Nov 7 7:00 pm Miles:0 Class:All DVBC Board Meeting</p>	<p>DVBC Monthly Board Meeting held at Swarthmore Public Library at 121 Park Avenue (610)543-0436. All are welcome to attend. Contact Dom Zuppo at 484-483-7456 or domzdvbc@comcast.net</p>
<p>Fri, Nov 11 9:00 am Miles:50 +/- Class:C+ Ye Olde Brandywine Fifty</p>	<p>Fall is a perfect time to ride the old Brandywine fifty route. Expect hills and beautiful scenery. We'll take a quick food break at a convenience store halfway. Meet @ Chadds Ford Elem School on Rt1, Chadds Ford. Park in LOWER LOT. Rain cancels ride. Contact Debbie Chaga at 610-494-3033 or dreamerdeb@gmail.com</p>

<p>Sat, Nov 12 9:00 am Miles:35 +/- Class:C+ Paoli Loop</p>	<p>Join me for a nice ride out to the low-traffic, scenic, hilly Paoli area. Ride starts at Rose Tree Park in Media. Bring a snack for a short stop halfway through the ride. Rain cancels. Contact Mary Huis at or mary2335@verizon.net</p>
<p>Sun, Nov 13 9:30 am Miles:56 Class:B-/C+ Valley Forge to St. Peter's Village</p>	<p>Average speed 13-15 mph. Meet at Lower-level parking lot behind the Visitors Center at Valley Forge National Park. Hilly but lovely and scenic loop through Chester County, crossing French Creek on peaceful roads. Convenience store quick stop at mile 23, then at mile 33, a sit-down lunch stop at the bakery/cafe in St. Peter's, which overlooks the Creek. We will stop to regroup after climbs, as needed. On the return trip, there is a short-cut option which will shave off about 4.5 miles. Co-leaders welcome -- please contact the Leader, if you would like to lead a group at an alternative speed. Cue sheets will be available. You may pre-register until Saturday, November 12, 2011 at 11:00 pm, on BCP's website ride calendar, http://phillybikeclub.org/newbcp/rides/calendar. Scroll down to this ride listing on the calendar, then click on "Preregister". (Preregistration is NOT a requirement to participate -- it's merely a time-saver. Enter your name, cell phone #, emergency #, etc. At the ride start, all you need to do is add your signature on the attendance sheet -- your name and phone numbers are already there.) Hope to see you at Valley Forge! Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com</p>
<p>Sat, Nov 19 9:30 am Miles:48 +/- Class:C+ The Muffin Ride</p>	<p>Join me for a great ride to Purebread Deli in Greenville, De. This is one of my favorite rides because it has great hills and some nice time trial sections and great food. Ride starts at Rose Tree Park in Media. The food stop will be about 20 minutes or so. Rain cancels.</p>
<p>Thurs, Nov 24 9:00 am Miles:30 Class:C+ The 11th Annual Frozen Turkey Thirty</p>	<p>Please support this food raiser that benefits the Delaware County Aid for Friends organization. Riding or not, bring a bag of non-perishable food goods to Rose Tree Park between 8:30 and 9:00 AM and get a free t-shirt. The ride starts at Rose Tree Park and heads out through Ridley Creek State Park with a loop in Chester County.</p>
<p>Sat, Nov 26 10:00 am Miles:10 Class:C Ladies MTB</p>	<p>Girls just wanna have fun. Two plus hours of single track heaven in White Clay State park. Girls only ride (Bob Martin is welcome, we need a good mechanic). Mtn bike needed. Meet in Zingo's lot. 95south to 273W exit(Newark). Right on Red Mill then quick left on Red Mill. Red Mill becomes Polly Drummond Hill Rd after crossing Rte 2. About a mile or so up road on the right is lot. Park near Dunkin Donuts at end of lot. From I95 and Comm Barry bridge it is about a 27 minute drive. Prefer phone calls. Rain in previous 48 hours will probably cancel ride. Rain date 12-3.</p>
<p>Sun, Nov 27 9:30 am Miles:5 - 7 Class:All Hike the Wissahickon</p>	<p>Meet at Valley Green Inn, on the Wissahickon Creek near the stone bridge (Valley Green Rd from Springfield Ave on the Chestnut Hill side). If coming from Roxborough/Andorra, access the Valley Green Inn from Wisers Mill Rd off Henry Ave. Let's burn off some calories left-over from Thanksgiving dinner. We'll hike mostly on trails with climbs, but flat options are available. Well-behaved four-legged friends welcome. Because of the condition of some of the trails after the recent hurricane and floods, hiking shoes are recommended. Optional lunch afterward at an eatery close to or in the park. Rich Terry will be co-leading. Please feel free to join us for our post-pumpkin pie hike! You may preregister** on BCP's website calendar, http://phillybikeclub.org/newbcp/rides/calendar (at this hike listing) until Saturday, November 26, 2011 at 11:00 pm. Contact Linda McGrane at 267-251-7862 . or mcgrane_linda_a@yahoo.com</p>

BONKERS Cartoons of the DVBC

by LaDrew, Knox, Chaga, Stockley and Zuppo....



Building a Bicycling Infrastructure

By Drew Knox

When I left the DVBC board two years ago, I had just begun helping a small advocacy group in Delaware by filling one of their board positions. I knew that Mike Broennele, Larry Green, David Bennett, and Dom Zuppo were doing a lot of advocacy work, and while I admired that, I didn't think it was something that interested me. Was I surprised?

At Bike Delaware's meetings in early 2009, we had three other officers, a few interested participants, a modest, homegrown website, and a \$1,000 from White Clay Bicycle Club as seed money. What we didn't have was a clear idea of what we should be doing. We got lots of good advice, especially from John Boyle of the Bicycle Coalition of Greater Philadelphia, who regularly attended meetings and even brought pizza. We already knew about the League of American Bicyclists and had three representatives attend the National Bike Summit, but from John we learned about The Alliance for Biking and Walking and were urged to join. That ended up making a world of difference.

Throughout 2009 and the first half of 2010 we struggled to get our feet on the ground. We did get a foothold at the first Delaware Bike Summit that was put on by half a dozen different groups. There Governor Markell signed an executive order mandating Complete Streets. Both the summit and the EO garnered local and national attention. It showed that we have a forward-thinking, pro-cycling governor which makes our job much easier. The rest of the year

we focused on bringing clarity to what we should be doing as a group by identifying achievable projects and folks willing to lead them or participate.

A year later we had made small headway. A turning point came in the autumn when we sent one of our board members, James Wilson, to a leadership conference sponsored by The Alliance. James returned convinced that we needed an executive director to make substantive progress. This is a chicken-and-egg problem for a startup – you need money to hire an executive director whose responsibility is to raise funds to support the position. Surprisingly, by the time we had labored through creating basic building blocks of mission statement, vision, and 2011 goals, we had two strong candidates vying for the position.

Throughout the winter of this year James, now our executive director, partnered with other groups and lobbied hard to pass a resolution that sought funds for bicycling paths and lanes in the 2012 state budget. One key here was approaching a bill sponsor. Specifically, we were looking for a legislator who does not customarily support cycling rather than one who usually does. This eventually gave us a leg up in getting more legislators on board. After the resolution passed, we hoped Governor Markell would pencil \$250,000 into the budget proposal for dedicated bike funding.

The figure that Markell actually proposed was \$5,000,000. Since the legislature had already proposed finding this money, it was then hard to reject it. Now \$5MM is a lot of money for a

small state, but the significance grows since this funding typically qualifies for a 4X match by the federal government. That's a possible allocation of \$25 million to build a bicycling infrastructure. Suddenly, Delaware was getting a lot of attention from the bicycling advocacy community at large.

Weeks later, building on this success, the Alliance for Walking and Biking named Bike Delaware one of four grant winners from more than 60 applicants. We were awarded a \$10,000 Capacity Grant. This money will help us grow our organization but it has strings. Since it's a matching grant, we have to raise another \$10,000 to get the full funding. Obviously, this is another big challenge. Despite our outsized successes, we're still a small group and need all the help we can get.

I hope DVBC and its members will consider donating to Bike Delaware at <http://bikede.org>. We obviously have some sister organizations that are also deserving of your support but we're at a critical juncture to sustain and build on those wins. In upcoming issues, I'll talk about the cycling pathways that the Secretaries of Transportation and DNREC plan to implement in Delaware. The plans are both extensive and exciting and would move Delaware to the forefront in cycling infrastructure.

Welcome New Members & Future Ride Leaders

Trying saying them all in one breath!

Thomas McCaffrey
Laurie Ohleger
Brad Yeakel
Howard Dunetz
Lisa Fell
Timothy Feeman
Joseph Pless
Alexandra Reed
Michael Cunningham
Toni Jaros
John Siepeling
Maria Silvester
Mary Lund
Brent Vollrath
Mike Kearney
Mark Lovel
John Kryven
Ric Crowther
Mark Kern
Rick Pasi
David Venetianer
Kathleen Newman
Jerry Vuocolo
Charles Denecker
David Schaaf
Jim Haig
Marion Blank
Bill Bankes
Jesse Condon
Phil Hoke
Robert Lamb
Jeff Overstreet
Mark Pavletich
Adriana Sanguinett
Sal LoSapio
Michael Dirks
Jane Souweine
Caretha Creasy
Edward D'Orazio
Elliot Titcher
Lawrence Neibauer
Paula Strumia
Debbie Travers
Harry Rieck
Joshua Jacoby
Judith Ring
Michael Wuerger
Richard Abraham
Brian DiTomo
Eileen Lavin
Beth Lazur
Trisha Travis

Rich News
Dan Chisarick
Cindi Noonan
Jamie Boruch
Tammy Everitt
Walter Hertler
Erin Bettine
Michael Fuller
Andrew Glendinning
Kathleen Flores
Dave Heck
Karl Hassler
Mark Muddiman
Jack Nystrom
Richard Stanley
Shauna Burly
Kathy Hershey
Connie Buckwalter
Don Schmoyer
Morten Kristensen
Kristine Messner
Thomas Petro
Mike Fitzgerald
Kevin Roche
Paul Sniegowski
Don Kligerman
Marjorie Scharf
Peter Snyder
Marcia Arem
Tom Steele
Tom Lyons
Randy Schenk
Stephen Muth
Meredith Burnett
Fred Singer
Peter DeCarlo
Wayne Deppen
Sal Forgione
Gerald Hatfield
Frank Hogeland
Shauna Itri
Lorraine Mueller
Laurence Myers
Andrew Petrosky
Ronald Petrosky
Kent Rathgelb
Bob Shaddy
Mitra Taheri
Andy Williams
Steve Hranilovich
Martin Kleppe
Barry Lerman

Jeff Morhaus
Stephan Nieuwen-
huizen
Linda Piergroosi
Kent Rischar
Elizabeth Williams
Charlotte Herscher
David Chew
Adam Scheetz
Ira Idelson
John Heaggans
Bob Guldin
Beth Herbst
Dean Clark
Edward Johnson
Scott Kettering
Douglas Perry
Jay Valenci
Diane Molchan
Hector Hernandez
Paul Osimo
Rick Riley
Jason Taylor
Marge Gillis
Jane Mingey
Nicole Lukas
Bob Brown
Gram Davis
Bryan Deeney
Don Everhart
Darrin Jester
Mike Kosuth
Ed Mannello
Debbie Maynson
Ken Neeld
Richard Shea
Diane Slocum
Kim Slocum
Adam Singer
Mark Taylor
Carole Lauchner
Hank O'Donnell
Chris Altomare
Bob Conklin
Kevin Hunt
Jeff Wolf
Alan Fegley
Tom Mangan
Mary Matsumoto
John Otto
William Tinney
Frank Warnock

Karim Abubaker
Doug Adams
Kurt Augenblick
Jeffrey Berger
Cathy Blanchet
Ann Bookout
Gary Dutton
Bill Ebbott
Tim Fawley
Devon Fegley
Todd Fisher
Bernard Fisher
Jaime Lee Gossler
Laurie Grimmelman
Earl Hunt
Todd Hunt
John Husted
Phil Jennings
Philip Klein
Matt Lapinski
Deborah Leedale-Brown
Tim Piser
Mike Ricciardi
Danielle Rice
Adam Singer
Mark Smith
John Walker
Ruth Zorzi
Cynthia LoCastro
Eric Pedersen
Brian Kambach
Steven Goldsmith
Debbie Joyce
Ben Rayner
Barry Ruth
Mark Scott
Scott Soslow
Yirny Zylikimen
Ellen Walker
Phillip Marks
Jaime Mellon
Christine Lacy
Donna Wiesner
William Cline
John McElroy
Susan Khazoyan
Gary Kershner
Kevin Riddle
Jerry Devlin
Nancy Vargas
Jim Kervick
Joe Weingart

Stephanie Haumesser
Frank Miccio
Lauren Yakovich
Kathy Supplee
Kevin McFadden
J Q, Jr Walc
Will Bayley
Rachel Vetri
Brian Pressey
Michelle Barfoot
Scott Venella
Mark Lozier
Christy Beal
John Hawrylak
Terri Broemm
Neil Buchness
Charles de Melker
Mike Leaf
Mary Ellen Malooly
Andy McDowell
Melissa Morland
Joe White
Edna Hirsch
Rich Minser
Louise Stinglin
Jennifer Marujo
Joseph Weiss
Peter Hoffman
Dave Bethel
Sara Watson
Janet Basilone
Ann Toler
Susan Holland
Michael Proctor
Vicki LaBella
Kristin Burger
Cliff Stanis



*Good advice never goes out of style.
It just gets passed along.
Here is another gem from Wood Man*

My last DVBC ride was another fabulous Multi-Bob ride. Two rides coalesced at Drexel Hill Cyclery and a dozen of us headed into Philly to do the Art Museum-Manayunk loop. We started off at a brisk 35 degrees but the warmth generated by good spirits zipped the temperature up to a sizzling 37 for the high. Well, maybe it wasn't the temperature that was keeping me warm. Maybe it was how we picked up more riders along the way. Maybe it was the sight of a peloton of some 30 riders

coming into Manayunk right in front of us. Maybe it's the increase in road riders out there over the last 10 years. Maybe it was the hills, maybe not.

I do know that I had a huge surge of heart felt heat when we hit the East River Drive. As some of you know, at times when we hit the flats I drop onto my aero-bars and pick up the pace. Several riders jumped on my wheel and about a mile down the road I peeked in my mirror to see who was hanging on. Among others, there was Gina and Charley, friends whom I have been riding with for too many years to count. Charley quipped, "Pretty good for an old guy." And that started me thinking on the virtues of bicycling as a lifetime source of fitness and fun.

What other sport can match the appeal of bicycling to all age groups. From the glee of your first solo ride on a two-wheeler to still being able to cruise the boulevard or ride a

century in your 70's, there's nothing out there that compares. When other sports: tennis, basketball, soccer, football, baseball, and running wear you down and break you up, bicycling is there to heal you and to allow you to remain fit. The marked increase in American obesity in all age groups points out the dire need for a more active lifestyle nationwide. I believe that two things are holding bicycling back as the avenue of this lifestyle change, the lack of safer riding opportunities and the missing bicycling curriculum in schools. We should all endeavor to support any improvements in these areas both locally and nationally.

I hope to see you all out on the road in the near future, but there's no rush. Most of you have another 30, 40, even 50 years to ride!

DVBC Annual Banquet & General Membership Meeting

Monday, December 5, 2011

Reception / Cash Bar at 6:00 pm.

Dinner at 7:00 pm

Always a fun time for old and new members.

Name(s) _____

Phone # _____ Number attending _____

Meal choices (check one appetizer & entrée per guest)

Appetizers:

- Garden Salad
- Minestrone Soup

Entrees:

- Baked Salmon Béarnaise
- Vegan selection
(Contains no meat products)
- Roast Prime Rib au jus (\$5 extra)

DVBC subsidized charges for Members & up to 2 guests:
\$10 per person
(\$15 for prime rib)
Additional guests:
\$30 per person
(\$35 for prime rib)

Total Enclosed:
\$ _____

**Cash Bar
Sit-Down Dinner
Annual Awards
Election of Board Members**

D'Ignazio's Towne House
(in the Tiffany Room)
117 Veterans Sq., Media, PA (610) 566-6141
Directions: www.townehouse.com.
On street parking free after 6:00 pm

***Please send registration
and payment by Nov. 28 to:***

Larry Green
315 Maple Avenue
Swarthmore, PA 19081
(610) 544-5799
(Make check payable to DVBC)



Delaware Valley Bicycle Club
 P.O. Box 156
 Swarthmore, PA 19081
 www.dvbc.org

APPLICATION FOR DVBC MEMBERSHIP (See page 3 of this newsletter for new membership policy.)

Membership includes: DVBC newsletter (10 issues/year), discounts at most Club sponsors, Club subsidized events.
 Your membership also helps influence local government decisions concerning bicycle issues.

Annual membership: \$15 per household

CIRCLE ONE: **NEW** or **RENEWING** Member
 Newsletter Preference: **Printed copy** (via US Mail) or
PDF (via E-mail—saves trees and \$\$)

Please print clearly and use your 9-digit zip code, if known:

NAME: _____

ADDRESS: _____

CITY: _____ STATE _____ ZIP: _____

PHONE: _____ Birth Date: _____

EMAIL: _____

The DVBC Safety Fund is used to promote issues regarding cycling safety in the Delaware Valley.

I wish to contribute (circle appropriate amount):

\$1 \$5 \$10 \$15 \$20 \$25 Other: \$ _____

AMOUNT ENCLOSED:

\$15 membership + _____ Safety Fund = \$ _____

I will volunteer for (circle all interests)

Ride Leader Tour Volunteer Newsletter

Other: _____

Please send your check or money order to: Delaware Valley Bicycle Club, P.O. Box 156, Swarthmore, PA 19081

In consideration of the acceptance of my application for entry into the DVBC, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in the DVBC. In addition, this release is intended to discharge in advance the promoters, the sponsors, the Delaware Valley Bicycle Club, the promoting clubs, the officials, and any involved municipalities or other public entities (and their respective agents and employees) from and against any and all liability arising out of or connected in any way with my participation in any event, even though that liability may arise out of negligence or carelessness on the part of the persons mentioned above.

I further understand that serious accidents occasionally occur during bicycle riding; and that participants in bicycle riding occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding to my heirs and assigns.

 Signature

 Signature of parent or guardian (if under 18 years)