



DELAWARE VALLEY BICYCLE CLUB

P.O. BOX 497, MEDIA, PA. 19063

JUNE 1991

FREE!

Harry Havnoonian Speaks! (And You Should Be There)

Live and in person, right on our own stage June 3, 1991. He is known to many local cyclists from his days with his father and brother at Drexel Hill Cyclery. He then went on to specialty frame building and custom assembly out on his own. Those who read *Bicycling* and other sport magazines recognize him as a premier frame builder of national distinction. We are lucky indeed to have him take the time to speak to us on the bicycle frame. We are sure it will be enjoyable and informative to all who attend.

We Need You!

Let's face it. A club without participation of its members has no reason for being. We now have adopted a policy to encourage even greater participation of ride leaders. As of this issue a FREE D.V.B.C. membership will be the reward for anyone who leads 4 or more club rides a year. You read correctly. Only four rides, of your own design and choosing, will bring you all the club benefits and rewards. It's easy! Simply call Doug Kennedy at 543-4664 or Ira Josephs at 565-4058. They will assist you in any way possible. The Club has an extensive collection of ride maps; if you'd like to lead a ride but don't have a route set, the maps are ideal.

Big blowout set to mark opening of superhighway

By JOHN M. ROMAN

Of the Times Staff

It's not every day that you can have a super party on a highway.

Imagine what it would be like to have a new superhighway to bike or hike, jog or rollerskate on without a car or truck in sight for about nine miles between Baltimore Pike in Springfield and Route 30 in Radnor.

A day-long, pre-opening celebration of Interstate 476, better known as the Blue Route, is tentatively scheduled for Oct. 20.

Groups interested in helping to plan the once-in-lifetime gala can contact PennDOT officials at 964-6671 who will put them in touch with the Ad Hoc Committee to Celebrate the Blue Route.

Several officials, organizations and groups have initiated preliminary discussions and meetings since November, including the Delaware County Chamber of Commerce, Delaware County Council,

Delaware County Daily Times, Delaware Valley Bicycle Club, Delaware County Road Runners Club, Haverford Community Hospital, Historical Car Club of Pennsylvania, Antique Automobile Club of America, Keystone Region, and elected county, state and federal officials.

PennDOT will make a 9-mile-long section of the 21.5-mile highway available to the region to hold "one big party" before the entire interstate opens in December with a ribbon-cutting ceremony, said District Engineer Stephen B. Lester.

Lester pointed out that PennDOT's role will be to offer guidance and ensure that both federal and state regulations for using a public highway are met.

The multi-faceted event, which is expected to include a noncompetitive bike tour, walkathon and fund-raiser for the new county Emergency Training Center, among other activities, will be open free of charge to the public.

Board of Directors

President
Daniel Coraluzzi 789-0187
Vice President
Ernest Munns 259-3327
Treasurer
Frank Havnoonian 449-6154
Secretary
vacant

Members at Large

Amy Beaver 896-7388
Tom Brennan 353-1248
Karen Resko 626-2335
John Roman 565-2915

Ride Coordinators

A/B Rides: Doug Kennedy
1913 Mt. Holyoke Pl.
Swarthmore, PA 19081
543-4664

C/D Rides: Ira Josephs
10 Applebough La.
Moylan, PA 19065
565-4058

Please contact the Ride Coordinators before the 7th of each month.

DVBC Newsletter Staff

Editors Dan Coraluzzi
Frank Havnoonian
Rich Patterson
Racing Editors . . . Frank Havnoonian
Rich Patterson
Special Events Rich Patterson
Advertising Dan Coraluzzi
A/B Rides Doug Kennedy
C/D Rides Ira Josephs
Assembly Frank Havnoonian
Mailing Labels Mike Keating

Club Addresses

Editor:

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Media, PA 19063

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DVBC
P.O. Box 497
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Newsletter/Special Events

DVBC
P.O. Box 497
Media, PA 19063

Items for Sale & Ride Reports:

DVBC
P.O. Box 497
Media, PA 19063

The views expressed in this publication are not necessarily the views of the Delaware Valley Bicycle Club, nor do we endorse products or services advertised.

Letters to the Editor must be signed to be considered for publication.

Club Merchandise

Club T-Shirts \$6.00
Club Car Decals50
Club Bike Decal25
Club Water Bottle 2.00
Club Patches 1.25


DVBC Meeting Place

Unitarian Universalist Church of Delaware County, 145 W. Rose Tree Road (near Rt. 252 & Rose Tree Park). First Monday of each month. Doors open at 7:00 P.M. Public is welcome.

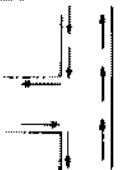
Ride Guidelines

1. Arrive 10 to 15 minutes early and be **READY TO LEAVE ON TIME!** Rides will start no more than 5 to 7 minutes late!
2. Make sure your bike is in proper working order **BEFORE** you arrive.
3. Carry a spare tube, patch kit, pump and water bottle.
4. Practice safety and obey *all* traffic laws.
5. Wearing a helmet is usually not mandatory, but is encouraged. (A helmet is mandatory for all time trials and some Class A rides.)
6. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience.
7. **RIDE CLASSIFICATIONS:**
CLASS D: For new, inexperienced riders or families; speed 5 - 7 mph, frequent stops, as few hills as possible. Group will wait for all riders. Mileage usually less than 10 miles, but longer distances permissible.
CLASS C- For average riders; 7 - 8 mph, rest stops as needed. Group will wait for stragglers. Distance recommended: 10 - 30 miles.
CLASS C+ Also average riders; 9 - 10 mph, rest stops every 45 - 60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided by the ride leader.
CLASS B- For more experienced riders; 11 - 12 mph, stops every 15 - 20 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
CLASS B+ For strong riders; 13 - 15 mph, stops every 20 - 30 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
CLASS A: For very strong riders; 16 - 20 mph, stops every 30 - 50 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
TIME TRIAL: Timed event. Again, you must obey all traffic laws. A hard helmet is mandatory. You must yield the right of way at all times. Club time trials should not be regarded as races, but as training rides.
8. Each rider assumes his/her own risk on all time trials *and* touring rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.


NOTE: In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the Ride Leader if in doubt. All Club rides are rated according to degree of difficulty. If you're in doubt about your cycling ability, try out a ride one class below the one you're not sure about and then work your way up. The general public is invited to all events organized and conducted by Delaware Valley Bicycle Club. A program is presented by the Club for bicyclists of all ages, all abilities, and all interests. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are open to the general public. The general public is welcome!




Obey all applicable traffic regulations, signs, signals and markings.



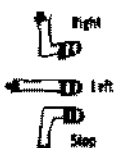
Keep right: drive with traffic, not against it. Drive single file.



Watch out for car doors opening, or for cars pulling into traffic.



Protect yourself at night with the required reflectors and lights.



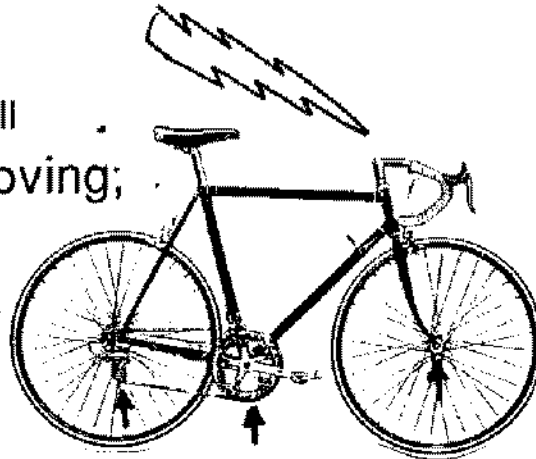
Use hand signals to indicate turning or stopping.

RIDE CALENDAR

June 1 • 10:00 A.M. Miles: 10-20 • Class C/D <i>Blue Route Broomall</i>	Meet at the West Chester Pk. entrance to the Blue Route (near Lawrence Rd.) in Broomall. Beginners are encouraged to come and enjoy this traffic-free ride on the paved sections of the Blue Route. For more information call Tom Brennan: 353-1248.
June 2 • 8:00 A.M. Miles: 100 • Class B+ <i>Delaware-Maryland Century</i>	This flat century leaves from the Augustine Wildlife Area at Augustine Beach, DE, approx. 5 miles south of Delaware City, DE. Tour the Maryland border and Delaware's Rt. 9. Maps are provided. For more information call Doug Kennedy at 543-4664.
June 2 • 9:00 A.M. Miles: 8-65 • Class All <i>Freedom Valley Bike-a-thon</i>	Ride in this Mega-event with 2,000 other cyclists. Help raise the funds to complete the Phila.-Valley Forge bike path. Ride leaves from the rear of the Phila. Art Museum at 9:00 so get there early for registration. Choose from four distances, the longer two rides covering much of the completed portion of the path. For more information call AYH (926-6004) weekdays between noon and 5 P.M.
June 3 • 7:30 P.M. <i>DVBC Meeting</i>	Doors open at 7:00, meeting begins at 7:30. Harry Havnoonian will discuss bike frames. Learn about the most important part of your bike from a real pro! Rated ★★★★★ Unitarian Church, 145 W. Rose Tree Rd., Media (near the Rt. 252 exit of Route 1).
June 4 • 6:00 P.M. Miles: 10 • Class C <i>Media Tuesday Evening</i>	Leave from the Media Courthouse (corner of Front St. & Veteran's Sq.) for an easy-paced "C" ride to Ridley Creek State Park and back. SPECIAL BONUS: Ridley Creek Rd. has recently been repaved from Sycamore Mills Rd. to the park entrance! Anne Chambers: 565-7878.
June 6 • 6:00 P.M. <i>Media Thursday Evening</i>	Join Anne Chambers on her easy-paced, evening rides from Media to Ridley Creek State Park. See June 4 for details.
June 8 • 10:00 A.M. Miles: 10-20 • Class C/D <i>Blue Route Broomall</i>	Meet at the West Chester Pk. entrance to the Blue Route (near Lawrence Rd.) in Broomall. Beginners are encouraged to come and enjoy this traffic-free ride on the paved sections of the Blue Route. For more information call Tom Brennan: 353-1248.
June 9 • 9:00 A.M. Miles: 45 • Class B <i>Ride to CoreStates</i>	Leave from Cardinal O'Hara H.S. at Rt. 320 and Springfield Rds. We will first ride to Valley Forge, then down the Freedom Valley bike path, mostly along the Schuylkill River, to the race in Phila. Bring or buy lunch. Call Rich Bernhard (284-2019) for more info.
June 10 • 6:00 P.M. <i>Media Monday Evening</i>	Join Anne Chambers on her easy-paced, evening rides from Media to Ridley Creek State Park. See June 4 for details.
June 13 • 6:00 P.M. <i>Media Thursday Evening</i>	Join Anne Chambers on her easy-paced, evening rides from Media to Ridley Creek State Park. See June 4 for details.
June 15 • 9:00 A.M. Miles: 20 • Class C <i>Blue Route Broomall</i>	Meet at the West Chester Pk. entrance to the Blue Route (near Lawrence Rd.) in Broomall. We'll ride, in traffic-free comfort, as much of the Blue Route as is paved. For more information call Amy Beaver: 876-7388.
June 15 • 9:00 A.M. Miles: 15/35 • Class C <i>Strawberry Pickin'</i>	Leave from 1) Plaisted Hall at Boathouse Row in Phila. (9:00), or 2) Swarthmore Food Mkt. at Yale & Kenyon Aves. (10:30). This is an easy paced ride to Linvilla Orchards in Delaware County, 4 miles west of Media, where Carol & her gang will be picking strawberries. Carol Trotman: 352-6025.
June 15 • 9:30 A.M. Miles: 50/35 • Class B/C <i>Brandywine Valley</i>	2 rides in 1! The Class B ride is about 50 miles; Class C, 35-40 miles. Both leave at 9:30 from the Chadds Ford School (1/2 mile west of Rt. 100 on Rt. 1, the Brandywine Tour start). Bring or buy lunch for the joint stop. For more info: B—Doug Kennedy (543-4664); C—Andi Myers (848-3927).
June 16 • 8:30 A.M. Miles: 5 • Class: All <i>Goshen Time Trial</i>	<i>Fathers' Day TT</i> . Meet (8:30 SHARP) at Providence Rd., just north of Goshen Rd., near the Radnor Hunt Club. Test yourself against the clock. Roads are NOT closed to traffic. Helmet required. Good times for all dads, better times for dads in shape! Timekeeper is Rich Patterson (622-2954).
June 16 • 8:30 A.M. Miles: 25-30 • Class C <i>Pedal & Paddle</i>	Enjoy Fran's annual Great Outdoors Day of pedaling and paddling along the Brandywine. Meet at Northbrook Canoe Co. (on Northbrook Rd. between W. Chester & Unionville off Rt. 842) for the easy-paced bike ride. Bring lunch (drinks available at snack bar). If also paddling, reserve a canoe (\$22.00, shared by 2 or 3 people): 793-2279. If you need a canoe partner, call Fran. Non-biking friends may join us for lunch at 11:30 and the canoe ride (easy, beginner route) at 12:30. Old sneakers, extra clothes, repellent and a zip-loc bag are optional. Fran Demillion: 431-2675.
June 22 • 10:30 A.M. Miles: 10 • Class D <i>Family Blue Route</i>	Meet at the Route 1 entrance to the Blue Route (near the AMC 10 Theatre in the Marple-Springfield Shopping Center, off Rt. 320) in Springfield. This will be an easy paced ride for families and beginners. For more information call Ira Josephs: 565-4058.
June 23 • 9:30 P.M. Miles: 44 • Class B <i>Susquehannock St. Park</i>	Leave from the Bart-Colerain E.S. in Bartville, Lancaster Cty., on Bartville Rd. approx. 2 miles west of Rt. 896. Tour the farmlands of southern Lancaster County. Bring lunch for a stop at a fabulous overlook above the Susquehanna. Some hills (one tough one). Doug Kennedy: 543-4664.
June 30 • Noon Miles: 20 • Class C <i>Blue Route Broomall</i>	Meet at the West Chester Pk. entrance to the Blue Route (near Lawrence Rd.) in Broomall. Beginners are encouraged to come and enjoy this traffic-free ride on the paved sections of the Blue Route. For more information call Frank Havnoonian: 449-6154.
July 4 • 9:00 A.M. Miles: 45 • Class B <i>Fort Mercer "Classic"</i>	Leave from the Bridgeport School in Bridgeport, NJ. (Cross Com. Barry Bridge, 1st right onto Rt. 130 N, next right onto Barker Ave., 1 block to school.) 100% flat ride (13-15 mph) to Fort Mercer Battlefield Park. Classic Bike contest: person with the oldest 10-speed bike (must be in working condition) wins a Cateye Vectra Computer courtesy of Drexel Hill Cyclery. Newer bikes also welcome. Doug Kennedy: 543-4664.

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CLOSED WEDNESDAY

15th Annual Brandywine Tour!

September 15, 1991

28, 50 or 100 mile routes

Sponsored by the Delaware Valley Bicycle Club



TIME: 8-9 A.M. for 100 milers; 9-10 A.M. for 50 milers; 10-11 A.M. for 28 milers.

PLACE: Chadds Ford Elementary School on Route 1 (½ mile west of Route 100).

COST: Just \$8 at the gate. Pre-registration, postmarked by September 9, only \$6.00! **Tour will be held rain or shine!**

Expected Attendance: 350-500 riders.

Services Provided by DVBC: Food stop, maps, sag wagon, portable rest rooms, award patch and well marked routes.

Routes: Scenic country back roads through the beautiful Brandywine River Valley. Century route passes through three counties including Lancaster County. Full and Half-Centuries pass through King's Cattle Ranch in Buck and Doe Run. The 28-mile route is mostly flat except for Harmony Hill Road which has a covered bridge. All riders have a food stop in Embreeville. Century riders also have a food stop in Lancaster County.

Description: You travel at your own pace, with family or friends, or make new cycling friends. All ages, all abilities and all types of bikes are welcome. The 28-mile route is a great opportunity for newer cyclists and leisure riders. Meet new biking friends with similar abilities while enjoying an outstanding ride.

Recommendation: Use safe cycling habits. Helmet use is recommended but not mandatory. Each rider must assume his/her own responsibility.

About DVBC: DVBC promotes all forms of cycling! Total paid membership exceeds 400 cyclists. The club is affiliated with LAW, Pa. Bike Federation, USCF, and the Bike Coalition of Delaware Valley. DVBC is the premier bike club in Delaware County and is a non-profit organization. This event is open to *all* cyclists. Enjoy the late summer bicycling season!

More Information: Please call Frank at (215) 449-6154 or Rich at (215) 622-2954.

15th Annual Brandywine Tour (TOBRV) - September 15, 1991

Pre-registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Age: _____ Distance: 65 miles 35 miles 18 miles 8 miles

Waiver/Release

In consideration of the acceptance of my application for entry in the above event, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in the said event. This release is intended to discharge in advance the promoters, the sponsors, the Delaware Valley Bicycle Club, the promoting clubs, the officials, and any involved municipalities or other public entities (and their respective agents and employees), from and against any and all liability arising out of or connected in any way with my participation in said event, even though that liability may arise out of negligence or carelessness on the part of the persons mentioned above.

I further understand that serious accidents occasionally occur during bicycle riding; and that participants in bicycle riding occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages.

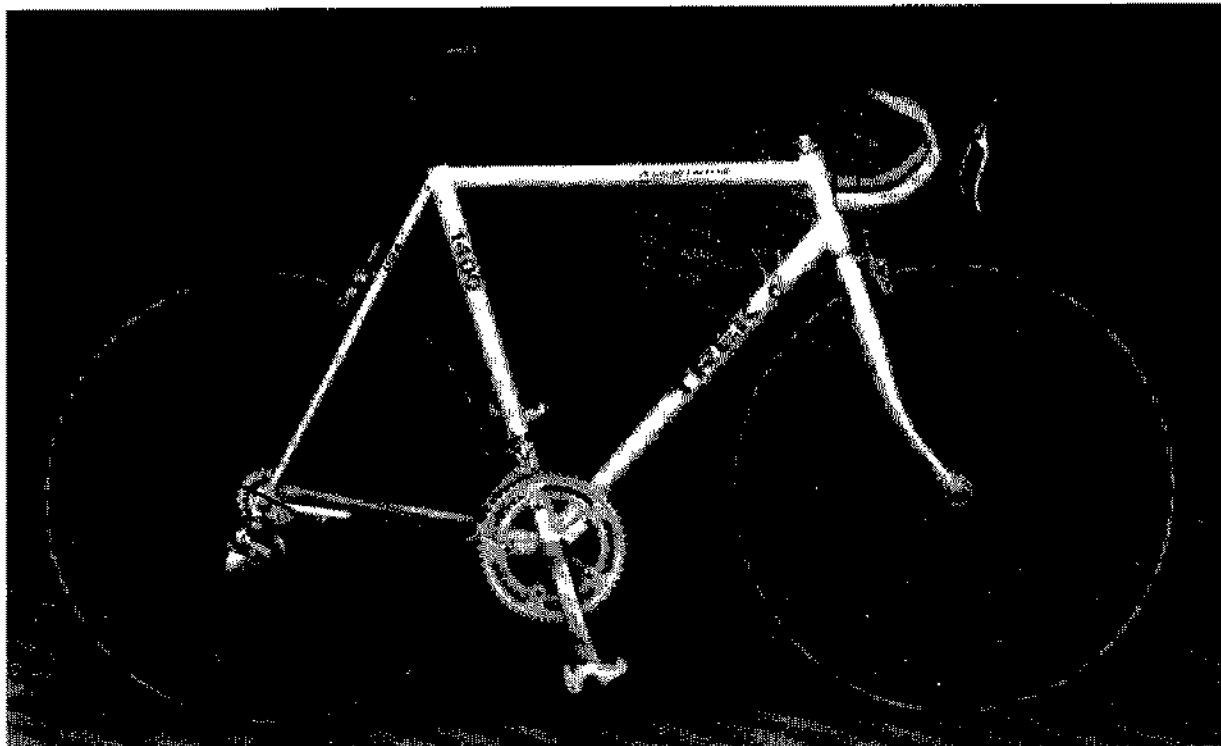
It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns.

Signature - If you are under 18 years of age, then your parent or guardian must sign!

Please send this signed form with a check or money order for \$6.00 to: **Brandywine Tour
Delaware Valley Bicycle Club
P.O. Box 497
Media, PA 19063**

Please postmark pre-registration by September 8, 1991.

TREK[®] USA



BIKE LINE and 1991 TREK BICYCLES

Trek's 1991 bicycles are now at BIKE LINE and they are HOT!

If you're in the market for a mountain bike, look at the new Trek Aluminum Series Mountain bikes. They're built strong to get you there, built light to get you there faster. The Antelope Series is value packed ATB fun, offering both comfortable multi-purpose and aggressive trail riding bikes. And

don't overlook the Single Track Series, totally redesigned for 1991, featuring Optimal Dimension oversized frames and forks. Single Track, pride in the details, performance in the engineering.

For those who want the best of both worlds, Trek and Bike Line offer the Multi-Track series of bikes. Perfect for the trail or the

city, the Multi Track series of cross terrain bikes just make sense.

And who says road bikes are old hat? Not at Trek. Aluminum bikes are the evolution of excellence. And composite technology offers the optimal balance of strength and lightness. Ounce for ounce there is nothing stronger.

So stop by Bike Line today for a test ride and find out why we're the number one Trek dealer in the United States!



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EMMAUS 831 Chestnut Street 967-1029	ALLENTOWN 1728 Tighman Street 439-1724	PHOENIXVILLE 711 Nutt Road 935-9111	BETHLEHEM 2112 Schoenersville 691-0943	DOVER 595 N. Dupont Hwy. 302-678-1772
PHILADELPHIA 1028 Arch Street 923-1310	COLLINGDALE 533 MacDade Blvd. 583-7711	ARDMORE 55 W. Lancaster Ave. 649-9839	DOYLESTOWN Main St & Old Dublin 348-8015	WILMINGTON 2900 Concord Pike 302-479-9438
WARMINSTER 298 York Road 675-1739	17 Convenient Locations to serve you...			PIKE CREEK Pike Creek Sh. Cntr. 302-998-0202

WAG '91 BICYCLE RALLY

Sponsored by the Western Pennsylvania Wheelmen, WAG '91 Bicycle Rally will take place on June 14, 15, and 16, at scenic Slippery Rock University in Slippery Rock, PA. The 20th annual WAG weekend will feature a variety of rides at all levels. The tours leaving SRU are flat to rolling with hills in the WAG tradition. Century riders should be capable of completing the 100 miles in 11 hours.

All registrants will be provided with map packets including info about the college and facilities. There will be meals available as well as a welcoming reception, flea market, Saturday banquet, and entertainment. Rooms are available in the dormitories. For information send a SASE to: Western Pennsylvania Wheelmen, Box 6952, Pittsburgh, PA 15212.

RAILS-TO-TRAILS FEATURED AT BLUE & GRAY RALLY '91

Pennsylvania is one of the leading states in converting abandoned railroad beds into biking-hiking trails, led by the picturesque 62-mile Pine Creek Trail from Wellsboro to Jersey Shore in northern Pennsylvania. This fast-developing movement will be detailed in a slide talk at the 9th BLUE & GRAY RALLY at Gettysburg College the weekend of June 14-16, sponsored by the Bicycling Federation of Pennsylvania, the state bicycling organization.

This intimate and informal gathering is widely known for its array of rides for all abilities in the Adams County countryside, the steam-driven Bike Train, Ice Cream Social, battlefield rides led by Civil War historian-cyclists, and excellent food—all at low cost.

Call or write for a brochure to BIKE/FED, 413 APPLETREE ROAD, CAMP HILL, PA 17011, (717) 761-3388.

JUNE 16th - CoreStates USPRO Championship, Phila.

14 to 16, Friday to Sunday
Slippery Rock, Pa.; WAG '91; 15 to 100 mi.; flat to rolling; \$50 to \$60; incl. map, patch (sanctioned), sag, snacks, lodging, meals; helmet req.; Western Pa. Wheelmen, Jack Phillips, Box 6952, Pittsburgh, PA 15212, (412) 782-1341.

21 to 23, Friday to Sunday
Rawsonville, Vt.; Tour of Scenic Rural Vermont (TOSRV-East); meet at the Rafter's in Rawsonville; 107 mi. each day; mod. to very hilly; \$40; incl. map, patch, sag, lodging, two meals; Greater Boston Council-American Youth Hostels/Charles River Wheelmen; Jacek Rudowski, One Beinar Rd., Hyde Park, MA 02136, (617) 361-5273.

22 Saturday
Oldwick, N.J.; Jersey Double; 4:45 a.m. Oldwick, NJ; 200 mi.; mod. hilly; \$10 until June 1, then \$15; incl. map, sag, snacks, T-shirt; Western Jersey Wheelmen, Mike Bohrer, 267 Breakook Rd., Lebanon, NJ 08833, (908) 236-9619.

14th Annual Raitan Valley Round-Up; June 21; 25, 50, 62, and 100 miles in varied terrain between the Raitan and Delaware Rivers; SASE to Central Jersey Bicycle Club, P.O. Box 2202, Edison, NJ 08818.

Freedom Valley Bikeathon, June; Independence Hall, Philadelphia, to Valley Forge National Historic Park; SASE to Delaware Valley AYH, 35 South 3rd Street, Philadelphia, PA 19106.

ELEVEN ANNUAL GREAT FINGER LAKES BICYCLE TOUR

FRI - SAT - SUN JUNE 14-16, 1991

Two day tours from the Madeline Glen State Park Madgen Valley group camp, three miles from Madgen Glen, NY, at the end of NY 329, off 14/334 near Burger King, at traffic light.

Saturday's tour includes Madgen Glen, Lodi, Ovid, Ironsburg, for 63 miles. A 34 mile ride to/through Wagner's Winery in Lodi is an option. Purchased wine delivered to the group camp before dinner.

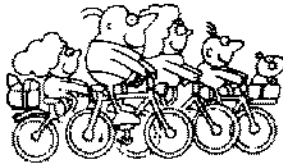
Sunday's tour is a level 37 miles that visits Corning, NY.

ACCOMMODATIONS: Your sleeping bag on a bunk in a cabin (44 FEE, limited number) or in your tent-FREE. Spacious lawns for tenting. Bathrooms, showers. Dining hall for social and meals.

FEES INCLUDES: \$30 pays for Friday 9 - 11 social, tenting Fri and Sat nights, Saturday dinner, Sunday breakfast, maps, sags, repair services, water bottles, parking. Sat breakfast and Sat & Sun lunch (w/ \$6) included in the fee and are easily obtained from establishments along the routes.

T-SHIRT: GFLB1-91 logo on the front. 14 INDICATE SIZE

OTHER: Bring funds for meals on the road, liquid refreshments at cost at the group camp. Bring drinking water if camp's supply doesn't suit you. Fee 1901 refundable until June 1. Fee is \$35 after June 1. Maps available at event. Arrive after 4 P.M. on Friday. HELMET REQUIRED



June 23; ANNUAL BAY TO BAY RIDE, 72, 66, or 107 flat miles. Starts at Bettarton, MD. Swimming in the Delaware and Chesapeake Bays. SASE To Eastern Shore Velo Club, P.O. Box 383, Centreville, MD 21617, (302) 778-4881.

23 Sunday
Plymouth, Mass.; 3rd Annual Mass Bay Road Club Centry Tour; 6 a.m. at Plymouth South High School; 50, 100 mi.; rolling; \$5 members, \$10 non-members; map, sag, snacks; Mass Bay Road Club, Craig Lindsey, 26 Columbia Cir., Plymouth, MA 02360, (508) 747-3221.

Berea, Ohio; Four County Metric; 8:30 a.m. at Baldwin Wallace Rec. Center; 35, 64 mi.; rolling; \$6 for 35 mi. until June 15 then \$8, \$7 for 64 mi. until June 15 then \$9; incl. map, patch (sanctioned), sag, snacks; Lake Erie Wheelers, Dale Stalnaker, 17603 Whitney Rd., Apt. 302, Strongsville, OH 44136, (216) 234-5975.

26 to 30, Saturday and Sunday
Findlay, OH; 11th International Veteran Cycle Assoc. Rally and World Championships; University of Findlay; various to 100 mi.; flat; \$10 until May 15 then \$25; map, sag, route markings, souvenirs, cloisonne badge, rally ribbon; helmet required for competition; The Wheelmen, Robert B. Balcomb, 248 Highland Dr., Findlay, OH 45840-1207; (419) 423-2760.

30 Sunday
Sergeantsville, NJ; Deer and Dog Dodging Double Century; 5 a.m. for 212 mi., 7 a.m. for others at Delaware Township School; 53, 106, 112 mi.; rolling to very hilly; \$8 until June 13 then \$10, double century \$12 then \$14; incl. map, patch, sag, route markings, lunch; Suburban Cyclists, 766 Fairfield Dr., Warmminster, PA 18974, (215) 675-1109.

ENTRY FORM GFLB1-91 JUNE 14-16, 1991

NAME: _____
 ADDRESS: _____
 CITY: _____ ST: _____ ZIP: _____
 PHONE: _____ VEGETARIAN? Y N
 GFLB1 FEE ADD \$5 AFTER JUNE 1 \$50 _____
 TENT-NO FEE CABIN-FA FEE \$1 _____
 GFLB1 T-SHIRT S M L XL \$1 _____
 SYBC MEMBERSHIP/YR \$2/100 \$3/200 _____
 MULTIPLE YEARS ENCOURAGED _____ YEAR(S) _____
 TOTAL _____

CHECKS PAYABLE: SYBC, INC.
 send to 4009 Dressel Drive
 Vestal, NY 13850-3412



"I think they call them centuries because your butt feels like it's been on the saddle for a hundred years."

©1988 The League of American Bicyclists, 8700 Massachusetts Ave., Suite 508, Bethesda, MD 20814

June June June June June June

BIKE
ACROSS THE
HILLS OF
PENNSYLVANIA

June 30 - July 5, 1991
Benefits: American Lung Association

1-800-952-0903

TEAM CASUAL MAY FIVE MILE TIME TRIAL RESULTS 5/12/91

NAME	(AGE)	FRAME	TIME	POINTS
Mario Rocco	(24)	DeRosa	12:29	10
Jason Otte	(21)	Trek	12:49	9
John Freiberg	(30)	Technium	12:53	8
Ken Hemphill	(25)	Cannondale	13:01	7
Brian Campbell	(17)	Technium	13:03	6
Dan Mascipoli	(24)	Centurion	13:33	5
Hank Davis	(25)	Atala	13:57	4
Bud Gerhab	(47)	Klein	14:05	3
Mark Simms	(38)	Cannondale	14:09	2
Paul Freiberg	(34)	Ross	14:37	1
Jerry Kagan	(27)	Giant	15:10	1
David Outhaus	(25)	Trek	15:10	1
Ben Prager	(15)	Schwinn	15:11	1
Aaron Prager	(14)	Schwinn	15:50	1

Timekeeper: Ed Silcox

Course: Goshen, Sugartown, Providence Roads

Conditions: Warm, sunny, some wind (THERE'S ALWAYS SOME WIND!)

HELMETS are MANDATORY

The TIME TRIAL SERIES is open to anyone. Please join us!

June 16 July 14 August 4 September 8 October 6
 November 10 December 8 8:30 AM sharp

For information call Rollin' Rich Patterson (215) 622-2954



TEAM Casual - Photo by ED SILCOX

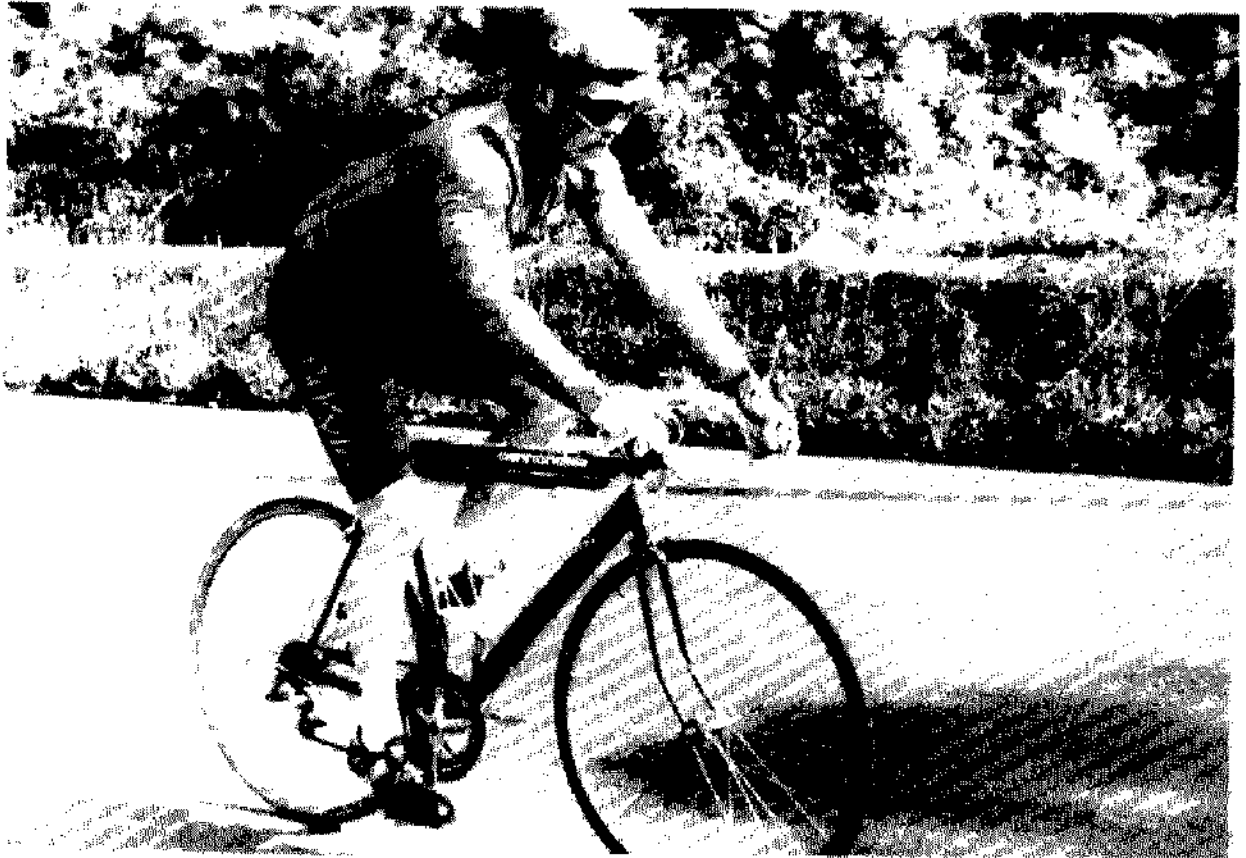




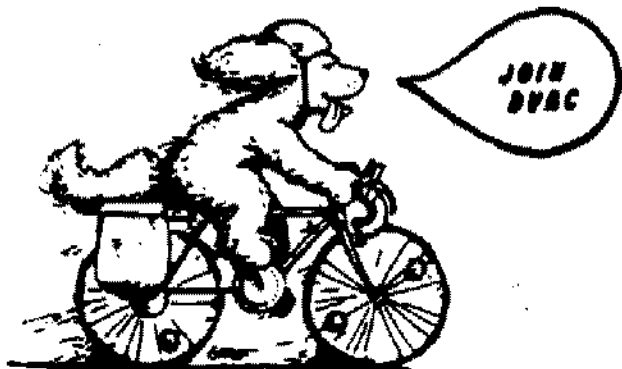
Paul Freiberg- Photo by Silcox




Mark Simms- Photo by Silcox



Ken Hemphill- Photo by Ed Silcox





PLEASE AFFIX POSTAGE

(NEW SUPPLY OF CLUB T-SHIRTS IS IN!)

Please Label Care

The above mailing label constitutes a DVBC membership card expiring 60 days post postmark.

FIRST CLASS MAIL

The DVBC is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation.

Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride. (See Ride Guidelines.) All rides are subject to cancellation due to weather. If in doubt about the weather or level of difficulty of the ride, please call the ride leader. Though the use of safety equipment, particularly helmets, is strongly urged, the club cannot accept responsibility for accidents or injury while participating in a DVBC event.

Application for 1991 DVBC Membership (Expires 2/29/92)

Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone: _____ Date of Birth: _____
 Membership Type: Individual - \$10 Family - \$14

Membership includes: *DVBC Newsletter Magazine*, discounts at most Club sponsors, Club subsidized events, and free *Bicycle Touring Newsletter* published quarterly (\$3 value). Family membership includes two adults and up to two children. Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues.

INTEREST SURVEY

Ride Pace

- Class D: *slow*
- Class C: *average*
- Class B: *brisk*
- Class A: *fast*
- Off-Road

I'll volunteer for:

- Ride Leader
- Sag Wagon Driver
- Tour Food Stop
- Newsletter Editor
- Newsletter Typist
- Newsletter Collator
- Advertising Coordinator
- Newsletter Co-editor
- Newsletter Delivery
- Triathlon Editor

Please send your check or money order to:

Delaware Valley Bicycle Club
 P.O. Box 497
 Media, PA 19063

The DVBC Safety Foundation is established to promote bicycle safety in the Delaware Valley using posters, flyers, bumper stickers and rewards.

I wish to donate to the DVBC Safety Foundation:

- \$1 \$2 \$5 \$10 \$15 \$20 \$25

Membership to DVBC Subdivisions

You must join the main organization (left half of this form) in order to be able to join a DVBC subdivision.

- \$7.00 DVBC-Team Drexel Hill (Road Racing)
Drexel Hill Cyclery
- \$5.00 Team Delaware Valley Bicycle Club
Team Casual! (Road Racing)
- \$5.00 DVBC Triathlon Div.
- \$5.00 DVBC Tandem Div.

_____ Total Amount Enclosed