



# Get Your Ducks in a Row!

A five-part series

Discussions to help you plan for end of life

Thursdays, 8:45 am UPark, room 151

UAF – OLLI Spring 2019

## SYLLABUS

This series of discussions will help you take control of your life and be prepared, as much as you can be, for the coming years, so you can enjoy time with family and friends knowing you've put your affairs in order. This is an evolving process for all of us, but doing the hard work now will help you and your loved ones.

Topics for each of these sessions are suggestions, and speakers and attendees will share information and ideas.

**February 14 Gather Your Information** – Pam Wagaman, Mary Ann Borchert

What your family will need to know – a fill-in-the-blanks list of your important information

**February 21 Plan for Your Health Care** – Sara Patterson, Rev. Leslie Fails

Have you told family and friends what you want?

How to fill out the Alaska Advance Directives form

Having 'the conversation' with loved ones

Where should Advance Directives be filed

**February 28 Update Your Will** – Mike Cavalliere

And other important paperwork

What is probate and when is it needed

Who is eligible for Medicaid

Where should legal documents be filed

Who can access your bank accounts after you die

**March 7 Review Your Finances** – Ben Roth

Are you being smart with your money?

Money matters!

**March 14 Assure Your Safety and Security** – Mary Ann Borchert

What you should do now - for yourself

Is your home safe

Who are the people in your support system

Have you signed up for Smart911

Have you started downsizing

Do you have a Plan B

Have you had 'the conversation' with your loved ones

## Get Your Ducks in a Row! Spring 2019 Presenters

**Pam Wagaman** is a retired microbiologist and research scientist. She fills her days now with a variety of community projects, watercolor painting, and music. She is Chair of the Aging at Home Fairbanks Steering Committee. pwagaman@sbcglobal.net 1858-717-3103

**Mary Ann Borchert** is a biologist who retired from UAF after 25 years in research and administration. She now spends her time working with various nonprofits and continuing to enjoy the advantages of living in Fairbanks. She is Vice-chair of the Aging at Home Steering Committee. maborche@gmail.com 907-888-2972

**Mike Cavaliere** focuses his law practice, Cavaliere Law Firm LLC, in the areas of estate planning, asset protection, business and tax planning, and probate and trust administration. He is a past president of the Tanana Valley Estate Planning Council. mike@cavalierefirm.com (907)374-0516

**Rev. Leslie Ahuvah Falls** is the minister of the Unitarian Universalist Fellowship of Fairbanks, and she has served as a hospital chaplain. She holds a Masters of Divinity and a degree in creative writing. minister@uuff.org 907-451-8838

**Sara Patterson** has worked in healthcare for 18 years, and she is currently the Business Support Coordinator for Palliative Care at FMH. She works to educate people on the need for advance care planning and assists them with completing their advance directives. Sara.patterson@foundationhealth.org 907-458-5102

**Ben Roth** is from Fairbanks and graduated from UAF.. He returned here after a short stint Outside and formed a retirement consultant firm, SBS Retirement Consultants LLC, in 2004. He is a Certified Financial Planner, and he believes in an independent and comprehensive approach to financial planning and retirement planning. broth@sbsrc.com 907-374-0487