



July / August 2017 Newsletter

Coming Events

Watch for further details about these events.



WALK & LUNCH

Tuesday, August 22, 11:00 am

A guided walk at Creamer's Field with Christine Huff, with the possibility of seeing a large number of cranes. After a 45-minute walk, join others for lunch at the Golden Bear Restaurant, at Wedgewood Resort.

(Please RSVP to 799-4026 or aahfairbanks@gmail.com by Monday, August 21, if you want to have lunch after the walk.)

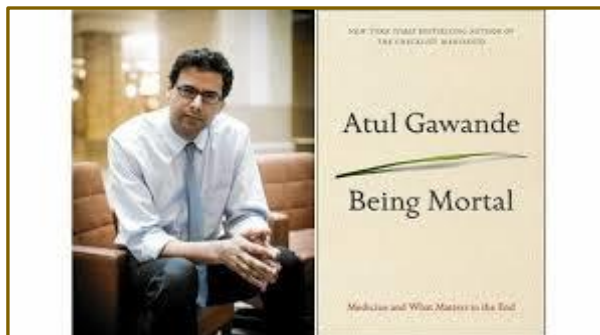
TECH TUESDAYS First Tuesday of the Month starting in September.

Members will have an opportunity to broaden their knowledge of technology, including navigating the online world of digital resources, smart phones, social media, and ways to address your specific interests.



Being Mortal's Village: The Value of Community and Choice as we Grow Older videoconference featuring Dr. Atul Gawande, MD, MPH, author of *Being Mortal*.

Monday, September 25
Noel Wien Library Auditorium
1215 Cowles Street
12:30p – 2p



AGING WELL

Presentations and Discussions



Third Tuesday of the month,
beginning in October.
3:30p – 5p at the Senior Center
Open to the public

Please watch for details as the specific topics are scheduled.

MONTHLY HAPPY HOUR



Members are enjoying the opportunity to get together informally and meet other members on the second Friday of each month, at the homes of various members.

The September gathering will be at the home of Donna Dinsmore on Friday, September 8, at 4pm.
(Watch for details and directions.)

Feel free to bring a simple snack and beverage to the social hours. If you would like to host a Happy Hour, please call the AAH office at 799-4026 or email aahfairbanks@gmail.com.

FAIRBANKS SENIOR CENTER'S ANNUAL MEETING AND LUNCH

Fairbanks Senior Center 1424 Moore Street Fairbanks
North Star Council on Aging
Saturday, August 26
Meeting begins at 10:30am.
Lunch at Noon.

Everyone is welcome.

Only current, paid members of the Senior Center are eligible to vote.
North Star Council on Aging is the fiscal sponsor
of the AAH Fairbanks program.



ASSISTED MEMBERSHIPS

Thanks to some generous donations, AAH Fairbanks is able to provide reduced-fee memberships for a limited number of potential members who are not able to afford the standard fees. For more information, contact the AAH Fairbanks office at 799-4026.

AAH FAIRBANKS

Office Hours Monday – Friday 9a – Noon
Fairbanks Senior Center
1424 Moore Street
Fairbanks

Telephone 799-4026
Email aahfairbanks@gmail.com

Please leave a message and we will reply as soon as possible.

