

Aging at Home Fairbanks Home Safety Check List

Outside	
	✓
Adequate outdoor lighting (front door, path to garage)	
Snow removal equipment handy	
Handrails along stairs	
Safe walkways and steps (non-slippery)	
Headbolt heater outlet working	
Spare entrance keys in safe spot	

Entry	
Peephole or panel window accessible	
Light switch easy to reach	
Slip resistant floor	

Doors and Windows	
Doors easy to open (lever better than doorknob)	
Working door locks	
Extra door keys labeled and stored	
Low threshold at doors or room transitions	
Windows easy to open and lock	

Indoor Stairways	
	✓
Handrails along stairs	
High traction surfaces, with color contrast on edge of treads	
Light switches at both top and bottom	

Floors	
Rugs securely fixed to floor	
Floors clear of tripping hazards	
Furniture not blocking pathways	

Electrical/Fire	
Electrical sockets not overloaded	
Electrical cords secure	
Fire escape route planned & rehearsed	
Fire extinguishers charged, easily accessible	
Smoke detectors present, operating	
Carbon monoxide detectors present, operating	
Curtains off floor & heating elements	
Safe storage of important papers	

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Bedroom	
	✓
Telephone within easy reach	
Light, flashlight within easy reach	

Bathroom	
Night light	
Slip rresistant floor	
Grab bars- toilet, shower, bath, sink	
Non-skid strips in shower or bath	
Bath or shower chair, if needed	
Handheld shower nozzle	
Easy to use faucets	
Water shut-offs clearly labeled	
Medications safely stored	
Medicine cabinet has first aid supplies	
Ground fault circuit interrupters present	

Kitchen	
	✓
Easy access to trash, yard waste, recycle containers	
Cleaning supplies safely stored	
Grab tool to reach high places	
Non-skid floor	
Hospital, Doctor, Pharmacy and Emergency contact numbers posted	
Ground fault circuit interrupters present	

Utilities	
Water and gas shut-offs labeled	
Heating system in good repair	
Hot water heater working, set no higher than 120 deg. F	
Furnace filter clean	
Fireplace clean, flue closed & working	
Firewood safely stored	
Wood stove, alternative heaters inspected; chimneys cleaned	
Dryer vent in good condition	