

	PR (Pre 2019)		Wednesday, March 27, 2019			
	Time	Speed	Time	Speed	Improve	Points
Francis, Jet	29:00.66	20.678	27:19.26	21.965	5.825%	34
McVea, Mike	26:39.20	22.514	24:37.17	24.374	7.631%	34
Brumbaugh, John	29:18.55	20.466	28:23.03	21.139	3.157%	31
Hoechster, David	28:57.23	20.725	28:34.20	21.004	1.326%	23
Allman, Tami			32:39.58	18.367	0.000%	14
Bellof, Carolyn			31:18.26	19.169	0.000%	14
Clark, Tonya			31:13.70	19.210	0.000%	14
Daniels, Clay			27:16.00	22.005	0.000%	14
Disher, Christian			31:46.67	18.878	0.000%	14
Engle, James			25:23.17	23.638	0.000%	14
Heiser, Ashby			26:21.73	22.756	0.000%	14
Johnston, Raymond	26:13.89	22.872	Volunteer			14
Kunkle, Christy			34:15.14	17.518	0.000%	14
Leonhardt, Tami			28:13.55	21.251	0.000%	14
Nelson, Levi			23:03.61	26.012	0.000%	14
Newman, Jodi			28:14.55	21.239	0.000%	14
O'Donnell, Tim	22:47.15	26.335	Volunteer			14
Psurny, Mike			34:12.91	17.535	0.000%	14
Reavis, Jim			30:20.67	19.769	0.000%	14
Robinson, Nan	31:29.05	19.058	Volunteer			14
Siewers, Jim	23:50.96	25.157	28:06.67	21.340	0.000%	14
Thomas, David			31:59.09	18.760	0.000%	14
Christofaro, Josh	26:52.34	22.333	27:10.33	22.086	-1.116%	9
Greenfield, Erik	24:09.03	24.845	24:26.00	24.557	-1.171%	9
Herring, Tony	24:57.29	24.048	25:14.33	23.778	-1.138%	9
Noonan, Dave	22:37.50	26.529	22:53.20	26.220	-1.157%	9
Broom, John	24:17.11	24.708	24:51.55	24.129	-2.364%	4
Alvey, Keith	24:38.91	24.341	26:19.42	22.799	-6.796%	1
Bogan, Bob	26:05.30	23.003	27:41.51	21.661	-6.146%	1
Britt, Christi	26:10.50	22.930	28:31.17	21.040	-8.957%	1
Cacali, Greg	22:22.67	26.806	23:11.11	25.881	-3.608%	1
Capuano, Mike	23:31.18	25.514	25:04.51	23.920	-6.614%	1
Crowell, Jamie/Greenfield, Erik	26:34.00	22.585	33:26.97	17.937	-25.908%	1
Enes, Tony	24:10.94	24.810	25:11.55	23.810	-4.177%	1
Farmer, Aleah	29:49.47	20.123	31:52.29	18.828	-6.863%	1
Fineran, Dan	23:07.51	25.937	25:38.11	23.407	-10.854%	1
Graham, Douglas	21:56.58	27.335	22:59.03	26.106	-4.743%	1
McGlothlin, Steve	25:24.63	23.607	27:37.23	21.726	-8.697%	1
Mobley, Robert	23:17.90	25.751	25:20.00	23.684	-8.735%	1
Morgan, Lisa	30:58.17	19.376	33:42.32	17.804	-8.834%	1
Nissen, Tim	26:39.20	22.514	28:22.91	21.139	-6.485%	1
Patterson, John	20:33.69	29.173	23:30.51	25.514	-14.333%	1
Peterson, Mark	22:47.90	26.316	25:32.67	23.483	-12.045%	1
Purser, Lat	25:09.48	23.857	27:24.48	21.898	-8.943%	1
Rogut, Nathan	25:51.67	23.196	28:04.03	21.378	-8.530%	1
Samartino, Frank	26:17.26	22.828	27:45.97	21.609	-5.624%	1
Shiels, Terry	25:00.63	23.984	28:53.20	20.773	-15.498%	1
Six, Fred	23:29.49	25.550	24:22.54	24.607	-3.764%	1
Van Holderbeke, Sonja	25:43.92	23.316	28:24.70	21.114	-10.414%	1
Whitt, Randy	24:57.18	24.048	28:29.03	21.065	-14.150%	1
Young, Patrick	25:04.00	23.936	27:15.20	22.018	-8.723%	1
Zeman, Chad	25:09.28	23.857	26:17.11	22.828	-4.494%	1