

## Fall Newsletter

August 2019

### From the President

It has been a very exciting and active first half of 2019 for the club. We have seen a lot of activity on rides, new kits, new members, and lots of fun. You folks have really made the board proud.

Remember in my last newsletter I mentioned that we went from 24 paying members in December to 64 in June? Well, we are now up to 91. Yes, that is 91 paid members. Thanks to all you members for your support to the club and its officers. We appreciate you all.

“Give a man a fish and feed him for a day. Teach a man to fish and feed him for a lifetime. Teach a man to cycle and he will realize fishing is stupid and boring” – Desmond Tutu, South African Cleric



# Rock Hill Bicycle Club

## Weekly Rides Updates

Our Monday Night rides are running strong. Not a week goes by that we ask if there are any first-time riders and we don't have a couple hands go up. That is very good to see. NOTE: Ride time changes to 6:00 on September 2.

We have recently started a Saturday morning club ride that leaves from the Wells Fargo parking lot at 8:00. General route is about 41 miles. Our goal is to make this another club focus ride, and build ridership. It's listed as a show-and-go ride, but we don't let anyone get dropped and ride alone. But it still is a good idea to know the course, it's available in the Documents folder on the web site.



Due to changes on Ogden Road, The Time Trial Series has moved to Langrum Baptist Church near York. It's a different type of course that features an out-and-back route with no turns, but adds some rolling hills. It's a challenge, but one everyone should try. It's just you against the clock. It's well run and a lot of fun.

Our Tuesday and Thursday night social rides are becoming quite popular. These are social rides at 15-17 mph across gently rolling terrain. There has been a consistent turnout for these rides. More info is posted on the Events page of the web site.

The Board really wants to encourage everyone to ride together whenever possible. If you want to hold a ride on another day, whether it be road, track, MTB, crit or gravel, and no matter what level, please let the Board know and we'll post it on our calendar and social media. Our goal is to get club members riding together as much as we can.

## Follow Us

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On the Web

rockhillbicycleclub.com

Facebook

@rockhillbicycleclub

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## Did You Know?

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If you missed out on our last kit store, you'll have another chance soon. Kit store is open August 24-September 5. Two weeks only. See the Kit Store page on the website for all the details.

## Club Kits

Our first Kit Store with the new kits resulted in 32 sales to club members. And to make it even sweeter, the club was able to use sponsorship money and pay for 50% of everyone's purchase. Man, you really can't beat that deal. Feedback has been very positive, and the Board has received a number of requests for kits. Alas, kits will be going on sale really soon. Like, now. Store opens *August 24 for two weeks only*. Check out the Kit Store page on the website for all the info.

## Cotton Pickin

For years the Cotton Pickin was a signature event for the club. And we are bringing it back. Mark your calendars for Oct 12<sup>th</sup>, as we'll be offering both road and gravel options. Registration will open September 1. If you'd like to help out, please contact Joseph Yandel at n2sleep1@gmail.com, or Brenda Yandel at byandel@icloud.com

## Club Merchandise

We now have club merchandise for sale. Lightweight, wicking t-shirts, new water bottles, and koozies. You can see them on the website. So check back once in a while, as we'll be adding new items in the future. We usually try to have these at club rides, and will be selling at the Cotton Pickin. We also hope to have an online store open soon.

## Website Highlight: Member's Interests

Our new website offers some really neat features. Do you realize this new website has an Interests section? It's available on the navigation bar. When you sign into the site, you can go to that page and select your interests. This allows you to find people involved with the same things you are, and provides us with a way to reach specific groups via email. If you get some time, go ahead and select your interests.

## Things to Remember

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### Monday Night Ride

Every Monday at 6:30, at the Wells Fargo in Rock Hill. Changing to 6:00 On September 2.

### Time Trial Series

Wednesdays at 7:00 at Langrum Baptist Church near York. Check the calendar for the schedule and get there early to register.

### Cotton Pickin

We'll ride October 12 from Wells Fargo in Downtown Rockhill. Details to come.

### End of Year Meeting and Social

Date TBD in December. This will be our official December Club meeting plus a social. Food, drink, awards, and lots of fun. This will be for paid members plus a guest only.

## Volunteering

In my last newsletter I discussed the lamented state of our volunteering, and how embarrassing it was to tell someone we had no one volunteer when asked for help. But then, you all stepped up. I have 14 volunteers for the Collegiate Track Nationals at the velodrome in September. Some of them even volunteered for multiple shifts. Thank you all so much for that.

Remember, there are health benefits of volunteering. Studies show volunteering makes you happier, lowers stress and anxiety, helps you connect with others, and gives you a sense of purpose. So, if not for the club, do it for you.

## Some Miscellaneous Stuff



Beginner's Road Rides: On the third Monday of each month we have a dedicated "Beginner's" ride, to coincide with the regular MNR. We will have someone to work specifically with new cyclist. A great opportunity for new cyclists to learn the ins and outs of road riding. Spread the word.

Members Only Webpage: The Club occasionally receives special offers and discounts for members. Everything from discounts on rides, to books, to products. Rather than send out an email every time we get something, we have created a page just for members. So, check that page once in a while. It has some good stuff.