



Speaker Bios for California Emergency Services Association



Ben Nemtin

Member of MTV's Hit Show, The Buried Life, New York Times #1 Bestselling Author

[Video Clip](#)

Ben Nemtin is the #1 New York Times bestselling author of *What Do You Want To Do Before You Die*, the star of the MTV show *The Buried Life*, and an internationally renowned keynote speaker. As the co-founder of The Buried Life movement, Ben's message of radical possibility has been featured in major media including *The Today Show*, *The Oprah Winfrey Show*, CNN, FOX, ABC, CBS, NBC News, and more. Oprah Winfrey called Ben's life work "truly inspiring."

In a pit of depression, Ben Nemtin and his three best friends decided to create the world's greatest bucket list to make them feel alive. They bought a rickety old bus and criss-crossed North America, achieving the unthinkable. And most importantly, every time they accomplished a dream, they helped a complete stranger cross something off their bucket list. From playing basketball with President Obama to streaking a soccer field, from raising over \$400,000 for charity to placing a record-breaking \$250,000 bet on roulette—Ben's bucket list quest has inspired millions to chase their dreams.

Presentation

How to Make the Impossible Possible

Ben weaves the compelling story of how "The Buried Life" started with 100 impossible dreams scribbled on a piece of paper in a dorm room and quickly grew into a global movement of millions. He skillfully connects his story to the fabric of our daily lives, touting why you can't afford to be complacent and to aim high, achieve and actively make an impact on the world. Audience members share their biggest dreams with each other and with the group, sometimes courageously for the very first time. Ben shares his signature '6 Steps to Crossing Anything Off Your Bucket List' leaving folks not only inspired but also equipped to tackle any personal or group goal. Ben fires up crowds to start living life to their full potential - it's never too late to start your list!