

Identity and Culture

This presentation on identity and culture is designed to provide participants with an overview on identities and will explore techniques for examining how identities impact our perception, experiences, and interpersonal relations in the community. Participants will reflect on the societal stereotypes, biases and prejudices of visible and non-visible identities and the barriers associated with each. Participants will then be encouraged to explore ways to broaden and foster meaningful diverse connections with the people they serve and each other.



Tena brings a full range of career experience to Inclusive Communities – all rooted in inclusiveness and education. Her background as an entrepreneur, educator and community organizer have made her one of the most recognizable people in North Omaha.

As co-founder of REVEL, Omaha's only LGBT safe social space and monthly fundraiser, Tena has focused her efforts to organize, support and celebrate Omaha's LGBT community since the event's inception in 2014. Tena's career experience as a dance and fitness instructor made her an entrepreneur at the age of 32 and an educator to three generations of youngsters and countless active adults.

A lover of music, movies, social media, and an avid reader, Tena is currently pursuing her Bachelor of Arts degree in Non-Profit Administration from the University of Nebraska at Omaha. She lives in Northwest Omaha with her wife Nannette, daughter Josephine, and an energetic Schnau Tzu (Shih Tzu/Schnauzer mix), named Roxy.

Tena is a native of Omaha, a Benson High School graduate, and a Board Member and current Entertainment chair for Heartland Pride. Tena is also an AFAA certified group fitness instructor, and a licensed Zumba and indoor cycling instructor, and a Mixedfit Master Educator.

**INCLUSIVE
COMMUNITIES**



*Embracing diversity ...
strengthening community*

WHAT IS INCLUSIVE COMMUNITIES??

Inclusive Communities is a 501 c(3) non-profit human relations organization with a mission of confronting prejudice, bigotry and discrimination. Since 1938 we have been breaking barriers to create opportunities for transformational conversations. We are committed to helping businesses, schools and our community create a place where fairness, diversity and mutual respect are the norm and where institutional practices, policies and guidelines reflect the standards we hope to see in the world at large.

**Sunday, November 10
8:30am to 12:30pm
Members = \$100
Non-members = \$125**