



From the President



Dear Members and Volunteers,

Mold and mildew. What a summer! I hope you have dried out and are ready for all that the Village has prepared to keep you busy and comfortable this Fall. At this time of year we reach out to members whose renewal date is around the corner. This large group will soon get a renewal notice and we hope that you will eagerly respond. Remember that a December treat for members is our wonderful **annual anniversary party on December 6th** at Blake Hall in St. John's Church. Once again Clydes has graciously agreed to provide a delicious dinner and we are out seeking raffle prizes from local stores and restaurants that generously give the prizes we all love to win. So, make sure that your membership is up-to-date.

Because I'm among the Founding Members who pay my membership dues at this time of year, it's a good time for Gary and me to think about the benefits we have received as members. In addition to knowing that about 600 times this past year, a member has received a valuable service from a Village volunteer, we had an opportunity to hear really outstanding speakers. Hans Kaper talked about climate change, Michael Usdan about America's educational achievements and failures and Martin Tolchin gave us enlightened and fascinating comments about the mid-term elections. Gary enjoyed the new monthly men's lunch group and we also had a good time at our semi-monthly "Chats" that focused on some of our most interesting and accomplished neighbors who described their endeavors and answered our questions. Meanwhile, members appreciated our weekly trips for groceries, help with small electronics, movie nights and book club. When I look at the list of activities each week, I'm awed and very proud to be a member of Georgetown Village. I hope you are too.

In September we had good news and bad news. Four of our Founding Board members, Nancy Roll, Patricia Scolaro, Leslie Smith and Bob vom Eigen stepped down due to term limits. We will miss their experience and commitment and appreciate their service far more than we can say in this space. At the same time, we welcomed four exceptional new members of the board, Martine de Lusignan, Carol Kelly, Josh Kuhnert and Bill Plante whom I'm sure you'll

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We hope to see you at our weekly events

Happy Hour is always on the 1st Monday and 3rd Tuesday of the month.

Movie Night is always the fourth Tuesday of the month (unless there is a conflict).

Coffee Talk is every Thursday morning at 10:30 at St. John's, 3240 O Street, NW.

Please use the Potomac Street entrance.

The Portable Electronics Help Session is on the 1st and 3rd Wednesday of the month at the GV Office, 10:30 am.

Book Group will meet on November 12 at Joan Kennan's house to discuss the autobiography of her sister Grace Kennan Warnecke, "Daughter of the Cold War", about growing up in Moscow, Washington and Scandinavia as the daughter of Ambassador George Kennan and her subsequent career as a Russia specialist.

The December book is "La Rose" by Louise Erdrich who writes about modern day Ojibwa Native American Indians. Both books are readily available in the public library.

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enjoy getting to know if they aren't friends already. They have brought wisdom, new ideas and enthusiasm to our deliberations. With their leadership and your involvement, I'm sure the year ahead for the Village will be even better than ever.

Gail Nordheimer, President

A HEARING PROGRAM ON NOVEMBER 8 FROM 6:00 TO 9:00 PM

I'm sorry, could you repeat that...

by Andrea Kiernan

Why is it that for so many people it is hard to admit that their hearing is not as good as it once was? Cataracts, arthritic knees, achy backs are all part of life and are joked or complained about, but rarely denied. When it comes to hearing, however, few want to fess up. But statistics indicate that, between the ages of 65 and 75, at least 25% of the population is hard of hearing and, of those over 75, 50% have disabling hearing loss. Not only is this enormously frustrating to the individual concerned but can ultimately lead to genuine isolation. 28.8 million American adults could benefit from using hearing aids and yet fewer than 1 in 3 (30%) of people over 70 have ever tried them.

This is an issue of great importance to Russell Misheloff, President of Hearing Loss Association of America, District of Columbia Chapter, who has experienced deteriorating hearing for multiple decades. Initially slow to acknowledge it himself, Russell has since had a right sided cochlear implant and uses a hearing aid on the left side. On **November 8, 2018** from 6.00 to 9.00 pm, at St John's Church, 3240 O St., NW (Chapel of the Carpenter) he will be giving a talk to Georgetown Village members and the local community on a wide range of topics including subtle signs of early hearing loss, its social impact and where to seek assistance, what the current evolving technological devices are and how realistically effective they can be, plus helpful suggestions for how to deal with social situations if hearing is impaired. He will be joined by Lon Roseman, who has sensorineural hearing loss, a prevalent hearing impairment. Russell and Lon are dedicated to softening the impact of hearing loss and opening an essential dialogue on this vital issue.

Georgetown Village members are greatly encouraged to come to this fascinating evening and to bring friends and neighbors. Refreshments will be served and space is limited. Please **RSVP by November 6** by calling the Georgetown Village office at 202-999-8988.



Several Georgetown Village members addressed cards to be mailed to encourage people to vote on Election Day. This was a nonpartisan effort. Shown here are Ann Satterthwaite, Margot Backas and Toni Russin.

Georgetown Village will be offering our members rides to the polls. Please call the office to set up your transportation.

Our editor, Henrietta LaMotte thanks our writers: Joan Kennan, Carol Cavanaugh, Ann Satterthwaite, Andrea Kiernan, Hans Kaper, Toni Russin, Sandra McElwaine and Joann Serrani and our proof readers: Motrya Hanas and Nancy Shaffer.

THE VALUE OF MEMBERSHIP

Martine de Lusignan told us that she very much values the benefits of her membership in Georgetown Village. We asked her why and this is what she wrote:

How was I going to deal with this?

For awhile Guy had been diagnosed with Alzheimer disease. The children were in France. My sister in Chicago. Friends not always available. I was on the look out to organize myself for this big challenge. We joined Georgetown Village and from day one it became a remarkable source of support to stay involved socially and culturally - many field trips, lectures, Tai Chi, coffee talk, computer help. Later, when necessary, there was help with transportation, little handy works, light gardening etc.

Naturally, the Village was of great comfort when Guy passed away. But then again, when I had a major surgery, the Village was a big help. Lynn and her assistants and volunteers were there to visit me in the hospital, pick me up when discharged, brought me food, drove me for follow-up visit etc. As I said to my daughter, my sister, my friends, this was "peace of mind". Just call Lynn, the Village is really there to help you.

With much appreciation, Martine de Lusignan

SAVE THE DATE - THURSDAY, DECEMBER 6th

Come celebrate the **Seventh Anniversary** of The Georgetown Village with volunteers, members and guests at St. Johns Church 3240 O St NW, Blake Hall.

The festivities will begin at 6:30 with dinner generously provided by Clyde's and a raffle featuring a wide variety of gift cards from various local restaurants and shops as well as other interesting items and festive experiences.

If anyone would like to help the committee in searching for new donations, or has any items they would like to suggest or offer, please contact the office. St John's is Handicapped Accessible. See you there!

DRUMMING FOR HEALTH

Did you know drumming provides rhythmic pathways to joy and well-being? Every human being has a heart beating like a drum. When our rhythms are in sync we feel better about ourselves.

Scientific studies have shown that drumming can boost the immune system, reduce stress, support the production of endorphins and release or transform negative feelings.

Georgetown Village will be starting a drum circle called Drumming for Health with Katy Gaughan on Monday, December 10 at 3:00 at Christ Church Parish Hall, 3116 O Street, NW. Please RSVP by December 6 by calling the office at 202-999-8988 or by emailing varnita@georgetown-village.org.

If you have a fun travel photo to share send it to the office for our newsletter.

Georgetown Village will be conducting a member survey. We want to let you know so you are not surprised when you hear from our two social work students, Kayla and Lauren, who will be calling to talk with you about the Village.

Membership renewals are going in the mail soon. Please remember to send in your check promptly. We value all our members!



Gail Nordheimer and grandson Sam at Duke



Pat Scolaro recently visited Iceland

Join Us For These Upcoming Tours

Friday, November 2, 2018 @11AM

Docent led tour of the **National Gallery of Art exhibit Corot: Women**. The tour will meet in the West Building Rotunda and will last 50 minutes. Recognized as a great master of landscape painting, Corot is among the best represented artists in the Gallery's collection of 19th-century French art. Corot: Women features 44 paintings created between the 1840s and the early 1870s: nudes, individual figures in costumes and an allegorical series of the model in studio.

Friday, November 16, 2018 @11AM

Rafael Lozano – Hemmer: Pulse @ Hirshhorn Museum and Sculpture Garden, the Hirshhorn's largest interactive technology exhibition to date. A Mexican-Canadian artist known for straddling the line between art, technology and design, he creates immersive environments that use heart-rate sensors to create kinetic and audiovisual experiences from visitor's own biometric data.

Tuesday, December 18, 2018 5:30-7:30 PM

Holiday Caroling at the Willard Hotel, 1401 Pennsylvania Avenue NW. Now in its 17th year, this event features a wide array of highly accomplished choral and vocal ensembles from around the DC area. The Washington Chorus will perform on December 18. The Willard Hotel is a historic luxury Beaux-Arts hotel. Refreshments are available at the Round Robin Bar in the hotel lobby.

PLEASE CALL THE OFFICE TO RESERVE YOUR PLACE ON THESE TOURS

Remember To Renew Your Membership. If you have an invoice that is due, please renew promptly.



GEORGETOWN VILLAGE

Calendar of Events - November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Coffee Talk 10:30 AM	2 Safeway Grocery Shopping Nat. Gallery of Art exhibit Corot: Women 11 AM	3
4	5 Basic Training 4 Your Body	6 Happy Hour 5:30 – 7:00 PM Election Day	7 IT Portable Electronics 10:30 AM	8 Coffee Talk 10:30 AM Can You Hear Me Now? Hearing Panel Discussion 6PM	9 Safeway Shopping	10
11	12 Veterans Day Observed Office Closed Book Group Meeting	13	14 Men's Lunch 12:30PM Location TBD	15 Coffee Talk 10:30 AM Trader Joe's Shopping	16 Safeway Shopping Rafael Lozano Hemmer Pulse	17
18	19 Basic Training 4 Your Body	20 Happy Hour 5:30 – 7:00 PM	21 IT Portable Electronics 10:30 AM	22 Thanksgiving Day Office Closed	23	24
25	26 Basic Training 4 Your Body	27 Movie Night Details TBD	28	29 Coffee Talk 10:30 AM	30 Safeway Grocery Shopping	

OUR NEW BOARD MEMBERS



Bill Plante Bio

Bill Plante and his wife Robin Smith have lived in Georgetown for more than thirty years. Bill is a former correspondent for CBS News, where he covered the Presidencies of Ronald Reagan, Bill Clinton, George W. Bush and Barack Obama. He retired at the end of 2016 after 52 years with CBS News. Robin is founder and President of Video Action, a non-profit video production service specializing in women's and children's issues. They are founding members of Georgetown Village who believe deeply in the importance of its mission.



Martine de Lusignan

I was born in Bruxelles, Belgium. In 1972, upon finishing high school I came to the US with Experiment in International Living as a guest of Lebanon PA Rotary Club. A year later I volunteered one year at the Lebanon hospital as clerk worker. Back in Belgium, I worked as a secretary at Monsanto Petrochemical dept. In 1979, I came to work at the World Bank. I married Guy in 1981. We moved to New York (UN) for 2 yrs. and were back in Georgetown in 1983. Eleonore was born in 1985. Guy travelled extensively in Asia, Africa, Middle East. We lived in Washington, Kinshasa, Paris, Bloomington IN. Over the years I have been a volunteer in different capacities: at the Washington International School; treasurer for the World Bank Book Project and two investment clubs. For five years, I was a docent at the Library of Congress. Upon learning that Guy developed Alzheimer disease, I stopped all activities. It is around that time that the Village came into being and that we joined it as founding members. Eleonore lives with her French husband in Paris. I am the proud grandmother of an 8 months old boy, Alec



Josh Kuhnert

Josh grew up in South Louisiana and has lived in Georgetown since 2007 on Volta Place and Q Street. He holds a BA in Economics and Philosophy from Northwestern, MS in Financial Engineering from Columbia and studied in the Finance PhD program at UT Austin.

He has focused professionally on investment management and currently works in Private Banking at SunTrust. Josh and family are devoted to the Georgetown community, volunteering with Georgetown Village, Citizens Association of Georgetown, Friends of Volta Park, Concerts in the Park and other neighborhood groups.



Carol A. Kelly

With almost forty years of successful advocacy work, Carol A. Kelly is the founder and CEO of Kelly Advocacy Outcomes which assists clients in Washington and across the country with their legislative and regulatory needs for healthcare matters. She also serves on the board of directors for the Society for Women's Health Research and as adjunct faculty to George Washington University's Milken Institute School of Public Health.

Ms. Kelly has worked twice for the public sector and has represented companies and trade associations, giving her a wide-ranging view of the advocacy and policy environments of Washington. She joined the Board and Executive Committee of the American Benefits Council serving as its first Chairwoman from 2002-2003. Ms. Kelly has an MA from the University of Virginia and a BA from the University of Delaware.