

Georgetown Village

Neighbors Helping Neighbors

www.georgetown-village.org T: 202-999-8988

Dear GV Members,

As we enter a new year, the board joins me in wishing you a wonderful year of health and happiness! The year will bring some changes, in the middle of January we will be having two students join us from Catholic University School of Social Work. Next month's newsletter will feature more information about our students, but I wanted you to know they are coming so you won't be shocked, if a different voice answers the phone. As a reminder, invoices were sent out to our founding members please remember to renew your membership if you have not yet done so.

We are exploring different ideas for increasing membership involvement in the Village, if you have ideas please let us know! Watch for more information about increased committee involvement.

This month we have a trip to the Phillips Van Gogh exhibit planned as well as a trip to the seasonal train display at the US Botanical Gardens. Some of our recent trips, including the Phillips, have been arranged with help from members, if you know someone who can offer us a tour, please let me know.

Also this month, Dr. Anya Parpura, an expert in the field of aging and dementia, and a member of our Health Care Advisory Committee will be speaking on Early Signs of Dementia on January 23 at 6 pm in Blake Hall. We will be serving wine and refreshments at the lecture.

Happy New Year,

Lynn Golub-Rofrano - 202-999-8988



January Programs

Mondays

January 6

5:30 pm-Happy Hour at the Daily Grill

January 13

1:00 pm Caregivers Support Group-St. John's Church

2:00 pm –Senior Discussion Group-St. John's Church

January 27

10:30-Book Discussion-The White Tiger at the home of Toni Russin

Tuesdays

January 21

5:30 pm Happy Hour at Daily Grill-1310 Wisconsin Avenue

January 28

Dinner Out & Movie Night

Thursdays

10:30 am Coffee Talk

St. John's 3240 O Street-use Potomac St. entrance.

January 23-HCAC Lecture

6 pm-Dr. Anya Parpura -3240 O Street NW

Fridays

January 4-US Botanical Gardens-see train exhibit

January 24-Phillips Collection

Health Care Advisory Committee Lecture Jan. 23
Dementia: Early Signs & Behavior Changes
6:00 pm -3240 O Street NW

Dementia affects 5-8% of people 65 years of age and prevalence increases with age. Yet, up to 30% of elderly affected by dementia remain undiagnosed and only half of those are adequately treated. Many people with dementia experience behavior changes that indicate negative impact on well-being of patients and in turn increase caregiver burden. In this presentation, we will learn about early signs of dementia and how to deal with some of the difficult behaviors that occur in dementia.

Dr. Aleksandra (Anya) Parpura is an expert in the field of aging and dementia with broad experience in teaching and training of families, professional and ancillary staff in nature of illness and behavioral management of Dementia. She has devoted 15 years to research of gerontological issues such as loneliness, self-identity, successful aging and care for Alzheimer's disease patients etc., and has authored a number of papers and educational materials on these topics.

Van Gogh, Repetitions January 24 at 10 am

GV members have a wonderful opportunity to have a private docent-led tour of this special exhibit! This exhibition takes a fresh look at the artistic process of Vincent van Gogh (1853–1890). Approximately 30 paintings, alongside related drawings and technical photographs, go beneath the surface of some of the artist's most renowned works. These repetitions are like variations on a theme, a process of reinterpretation, refinement and experimentation

As a special treat for our members, there is **no charge** for this tour, but you must call or email the office to sign up as there is a limited number of spots for this tour. We are extremely fortunate that one of our members was able to arrange this tour for us, and we hope you will be able to join us and take advantage of this wonderful opportunity.



Save the Dates-Special Programs

January 4-US Botanical Gardens-

We will be visiting the special holiday train display which drives past imaginative structures of DC landmarks made from plant materials, call the office if you'd like to join us.

January 24-Phillips Collection-Van Gogh

10 am-sign up for this special docent led tour of this unique show.

March 6, 2014 Philadelphia Flower Show-

We are once again joining with Sibley to offer a trip to the Philadelphia Flower Show! The cost for the day, including transportation and admission to the show is only \$83 with a pickup at St. John's Church.

The theme of this year's flower show is Articulture, Experience the combination of art and horticulture as the 185th PHS Philadelphia Flower Show celebrates everyone from Michelangelo to Monet, Picasso to Pollock, and da Vinci to Dali.

Call the office to sign up as soon as possible.