

*Folsom Grind-3C (up Broadstone, Trail Return)

0.0	📍	Start of route
0.0	➔	Right onto Golden Centre Ln
0.1	➔	Left onto Gold Field Dr
0.2	➔	Right onto Gold Country Blvd
3.2	⬆	Cross Hazel Ave.
3.3	➔	Right toward Bike Trail
3.3	➔	Right onto Jedediah Smith Memorial Trail
3.7	➔	Right to stay on Jedediah Smith Memorial Trail
6.8	➔	Right at Call Box 29 to Parkshore
7.1	➔	Right onto Parkshore Dr
7.5	➔	Right onto Woodmere Rd
7.6	➔	Left onto Lake Forest Way
7.8	➔	Left onto Blue Ravine Rd
9.0	➔	Right onto Russi Rd
9.7	➔	Right onto Grover Rd
9.9	➔	Left onto Carter St
10.4	➔	Left onto McAdoo Dr
10.7	➔	Right onto Riley St
11.0	➔	Left onto Oak Ave Pkwy
11.6	➔	Right onto S Lexington Dr
12.5	➔	Right onto Silberhorn Dr
12.9	➔	Right onto Scholar Way
13.1	➔	Left onto Cavitt Dr
13.6	➔	Left onto Broadstone Pkwy
15.2	➔	Left onto Empire Ranch Rd
16.4	➔	Left onto E Natoma St
19.6	➔	Slight right onto bike trail
21.3	➔	Slight left onto Jedediah Smith Memorial Trail
21.5	➔	Left to cross Folsom -Auburn Rd
21.5	➔	Left
21.5	📍	Folsom Grind 7610 Folsom-Auburn Rd. 916.932.7757

21.5 miles. +1209/-951 feet

Ride Leader: Michele Fortes

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21.6	➔	Return: Cross Folsom Auburn Rd then Turn right onto Jedediah Smith Memorial Trail
21.7	➔	Right onto Jedediah Smith Memorial Trail
21.8	➔	Stay Left to continue onto Jedediah Smith Memorial Trail
26.6	➔	Slight left to stay on Jedediah Smith Memorial Trail
28.9	➔	Slight left to stay on Jedediah Smith Memorial Trail
29.0	➔	Slight right to stay on Jedediah Smith Memorial Trail
29.0	➔	Right to stay on Jedediah Smith Memorial Trail
29.3	➔	Keep left to stay on Jedediah Smith Memorial Trail
29.4	➔	Left onto Nimbus Rd
29.4	➔	Right onto Gold Country Blvd
32.4	➔	Left onto Gold Field Dr
32.4	➔	Right toward Golden Centre Ln
32.4	⬆	Continue onto Golden Centre Ln
32.5	➔	Left
32.5	📍	End of route

11.0 miles. +286/-546 feet