



SAILING INSTRUCTIONS

1. **RULES** Racing will be governed by the rules as defined in the US SAILING 2005-2008 Racing Rules of Sailing (RRS) including its prescriptions, the Inland Lake Yachting Association (ILYA), and the Wisconsin Yachting Association (WYA), except as any of these are changed by these sailing instructions (SI).
2. **CHANGES TO SAILING INSTRUCTIONS or RACING SCHEDULE** Any changes to either the sailing instructions or the schedule of races will be posted on the official bulletin board, located near the entryway to the NLYC clubhouse before 7:00 pm, two days before the day on which on the change will take effect.
3. **SCHEDULE of RACES**
 - 3.1 Races are scheduled in the yearbook calendar. The times listed indicate the time of the warning signal. The race committee may use GPS time.
 - 3.2 When two fleets are scheduled to be racing at the same time, (a) the warning signal for the second fleet will be simultaneous to the start of the first fleet, (b) the C-fleet will precede the MC-fleet, and (c) the E-fleet will precede the X-fleet.
 - 3.3 To provide time for the exchange of crew between races for fleets that are not racing simultaneously, no race will be started sooner than one hour after the finish of the last place finisher of the previous race.
4. **SAFETY** Supplementing RRS 40.1, when flag "Y" (life jacket flag) is displayed before or with the warning signal, non-complying boats will be scored a DNS. Per ILYA SI 10.2, when required, life jackets may be removed for brief periods for the purpose of adding, removing, or adjusting clothing. When flag "Y" is displayed after the warning signal the RC is recommending life jackets be worn.
5. **THE START**
 - 5.1 The starting line will be between a staff displaying an orange flag on the race committee signal boat and either the course side of the port end starting mark or a staff displaying an orange flag on a race committee boat at the port end of the line.
 - 5.2 The race committee signal boat may deploy a standoff buoy attached to the boat. If so, the starting mark will be the combination of the race committee boat and the stand-off buoy. See RRS 31.1.
 - 5.3 Races will be started by using RRS 26. The warning signal flag will be the class flag. The I-flag starting penalty will be used. See RRS 30.1.
 - 5.4 Recalls. Following the display of the individual recall signal, the RC will attempt to announce – first by VHF radio if appropriate, and second by hailer – the racing number of all boats identified on the course side of the starting line at the starting signal. This changes RRS 29.1. Such announcement is a courtesy, and failure by the RC to make announcement, or of boats to hear or understand it, shall not constitute grounds for redress. This is per ILYA SI#14, supplementing RRS 62.1(a).

- 5.5 A race will be abandoned if it cannot be started within one hour of the scheduled start time, except the C Tuesday race, which will be 45 minutes and the MC/E Thursday race will be 45 minutes. The second race of a back-to-back series will be abandoned if it is not started within one-half hour after abandonment of the first race.
- 5.6 At least three boats of a fleet will be near the starting area for a start, except two boats for the E-fleet.
- 5.7 If there are fewer than three boats in the C or MC-fleets on the course side 30 seconds after the start, the race will be abandoned.
- 5.8 A boat starting later than 5 minutes after her starting signal will be scored Did not Start.
- 6. THE FINISH** The finishing line will be between a staff displaying an orange flag on a race committee boat and either the course side of the port end finishing mark or a staff displaying an orange flag on a race committee boat at the port end of the finishing line.
- 7. WIND and TIME LIMITS**
- 7.1 The time limit for X and MC boats will be 90 minutes. C fleet time limit will be 105 minutes and E boats 112 minutes. Tuesday night C races and E fleet Thursday races will be 90 minutes.
- 7.2 Races will not be started, or if underway will be abandoned if the wind is consistently gusting over 20 mph.
- 7.3 If after the start of a race a radical wind shift makes the race unfair, the race may be abandoned and restarted by the judges if the first place boat has not rounded the first mark. Boats will return to the area of the starting line. This will be considered a restart of the originally scheduled numbered race. If the race is abandoned after the first boat rounds the first mark that race will not be restarted.
- 8. PROTESTS, REQUESTS FOR REDRESS and APPEALS**
- 8.1 A boat that intends to protest will inform the race committee as soon as possible after finishing.
- 8.2 A form that can be used to file a protest or a request for redress may be available at the NLYC or at the US SAILING web site at ussailing.org.
- 8.3 Protests and requests for redress will be delivered to the Chief Judge or the protest committee within the time limit, which expires at 9:00 pm on the day following the event.
- 8.4 Protests and requests for redress will be heard at 7:00 pm on the Wednesday following the event, unless other arrangements are made by the Chief Judge or protest committee.
- 9. PENALTIES**
- 9.1 The two turns penalty applies for the Opti, X, MC, and C fleets. See RRS 44.2. A one turn penalty applies to the E fleet, which differs from RRS 44.2. A boat that has taken a penalty under RRS 44.1 will inform the race committee as soon as possible after finishing.
- 9.2 A boat that does not comply with RRS 44.1 or SI21.1, but, prior to a hearing acknowledges breaking a rule, shall be penalized 50% of the number of boats entered, but not less than six places, except that she shall not be scored worse than DNF. This per ILYA SI 21.2.
- 10. ELIGIBILITY, SCORING and PRIZES**
- 10.1 The Low-Point scoring system will apply for Opti, X, MC, and E fleets. The C fleet will use the Bonus Point System. See RRS A4.1.
- 10.2 Dues, fees and registration will be paid prior to a boat: (a) being eligible to race, and (b) being scored.

- 10.3 Crew Races A crew that has not skippered in a fleet in a race shown on the racing schedule is eligible to skipper in that fleet's crew race. The intent is to have a regular NLYC crew skipper a boat in a crew race. The crew of an X Skipper/Guardian series will be a parent or legal guardian of the skipper.
- 10.4 A boat may be sailed with improper sail or hull numbering in no more than three races, and then only by notifying the race committee in writing prior to the warning signal for each race. The score for a boat not complying will be DNS. The E-scow F-48 is exempt from this rule.
- 10.5 A boat that starts a race but does not finish will receive a DNF and be scored the number of boats that raced plus 1. This changes RRS A4.2.
- 10.7 Secondary time limit is 30 minutes after the finish of the first boat. Race is ended 30 minutes after the first boat finishes. Scoring will give all boats who did not finish 2 places more than the last boat who finished during the 30 minutes after the race winner. As an example if four boats finished during the 30 minutes then all other boats who did not finish get a sixth place finish.
- 10.8 In all fleets, one throw-out for each 5 races sailed. A penalty race cannot be used as a throw out. See RRS 89.3(b).
- 10.9 A boat must be sailed in at least 50% of the races in a series to be eligible for a prize.
- 10.10 A boat that retires from a race will attempt to notify the race committee signal boat before leaving the course, or when that is not possible, she will notify the race committee as soon as possible after the race.
- 10.11 A boat may be permitted by the Chief Judge to receive her averaged score when missing a race if she is participating in a scheduled regatta. Averaged score will be the total score for races sailed up to the regatta or the first three races sailed if three races have not been sailed prior to the regatta, divided by the number of races. Race scores excludable under SI 10.9 are not excluded when calculating averaged score. See SI 10.9. A request for averaged points will be submitted in writing to the fleet captain.
- 10.12 A non-member may skipper any member's boat one race per series per season. A boat may be sailed by more than one non-member skipper during the season. Non-complying boats will receive a DNS.
- 11. Radio use.** The only communication devices that may be used by competitors when racing (after the preparatory signal) are: (a) a weather monitor, (b) a VHF radio tuned to receive only RC transmissions that are intended for all boats (channel 72 unless advised otherwise) and (c) a cell phone that may be used for emergency purposes only. The penalty for breaking this rule will be total disqualification from the race or series, or such lesser penalty that may be determined by the jury. Failure to hear a RC transmission shall not constitute grounds for redress. Except for emergency purposes no transmission shall be made to the RC or other person when racing. This is per ILYA SI 22.2.
- 12. DISCLAIMER OF LIABILITY**
- Competitors participate in racing entirely at their own risk. See RRS 4, decision to race. The organizing authorities, the NLYC, it's race committee, it's officers, it's members and it's employees will not accept any liability for material damage, personal injury or death sustained in conjunction with, prior to, during or after racing.