

**2016 Races – CARA Circuit and Local Races**

<b>CARA Circuit Races</b>	<b>Local Area Races</b>
<p>3/19 - <a href="#"><u>Lakefront 10 Miler</u></a></p> <p>4/3 - <a href="#"><u>Bank Of America Shamrock Shuffle 8K</u></a></p> <p>4/10 - <a href="#"><u>The Good Life 5K</u></a></p> <p>4/24 - <a href="#"><u>Ravenswood 5K Run</u></a></p> <p>5/7 - <a href="#"><u>Quarryman Challenge</u></a></p> <p>5/28 - <a href="#"><u>Fleet Feet Soldier Field 10 Miler</u></a></p> <p>6/4 - <a href="#"><u>Cosley Zoo Run for the Animals 10K</u></a></p> <p>6/26 - <a href="#"><u>Downers Grove 5 Miler</u></a></p> <p>7/4 - <a href="#"><u>Elmhurst 4 on the 4th</u></a></p> <p>7/31 - <a href="#"><u>NU Run For Walk 4.1 Miles</u></a></p> <p>8/21 - <a href="#"><u>Windrunner 10K</u></a></p> <p>9/11 - <a href="#"><u>Alpine Races Half Marathon</u></a></p> <p>9/24 - <a href="#"><u>Park Ridge Charity Classic 5K</u></a></p> <p>10/9 - <a href="#"><u>Bank of America Chicago Marathon</u></a></p> <p>10/29 - <a href="#"><u>Lake Bluff Pumpkin Chase 5K</u></a></p>	<p>2/20 - BOMF Mardi Gras 5K</p> <p>3/6 - Chili Predictor Run(ERC)</p> <p>3/20 - <a href="#"><u>March Madness 1/2-Marathon</u></a></p> <p>4/18 - <a href="#"><u>Boston Marathon</u></a></p> <p>5/8 - Mothers &amp; Others Day Run (ERC)</p> <p>5/29 - <a href="#"><u>St Joe's Jubilee Jog 5K</u></a></p> <p>6/?? - NU/BBA 5K</p> <p>6/16 - <a href="#"><u>North Shore Half</u></a></p> <p>6/19 - <a href="#"><u>Ricky Byrdsong - 5K &amp; 10K</u></a></p> <p>7/4 - <a href="#"><u>Wilmette Ind. Day Run</u></a></p> <p>7/10 - Kids' Tri - The Race to Build Confidence</p> <p>7 31 - <a href="#"><u>NU Run For Walk 4.1 Miles</u></a></p> <p>8/27 - Skokie Back Lot Dash 5K (N/A)</p> <p>9/10 - Stand Up For Youth <a href="#"><u>5K &amp; 10K</u></a></p> <p>9/18 - <a href="#"><u>Swinging Bridge 8K Trail Run</u></a></p> <p>10/1 - Orchard Village XC 5K (ERC)</p> <p>11/13 - ERC Club <a href="#"><u>XC International</u></a></p> <p>11/20 - Lincolnwood Turkey Trot <a href="#"><u>5K/10K</u></a></p> <p>11/24 - <a href="#"><u>Flying Turkey 5K</u></a></p>