

Why you might want to consider joining the Chicago Area Runners Association (CARA)

CARA works hard to continue to build awareness and participation in the Runners' Choice Circuit and Youth Circuit by individuals, teams and clubs to ensure strong competition all around. Evanston Running Club supports, participates in and wins awards each year in that race series.

CARA would like to recognize our long-time participation by offering members a 20% discount on CARA membership (individual, family, youth and senior). Use the code **EVANSTON15** if you decide to join, but please do not share it with others who are not ERC members.

Why join CARA?

- Discounts on CARA's expert [Training Programs](#) lead by our by experienced and knowledgeable Site Coordinators and Group Leaders
- Discounted race entry fees at over 100 races throughout the Chicagoland area
- A one-year (12 month) subscription to Runners World (\$20 value). [Offer and refund details](#) (One per household. Youth memberships included.)
- Significant discounts through our [CARA Community Partners Program](#) and CARA Sponsors
- Access to exclusive members-only race day tents and gear checks at Runners' Choice Circuit races and other selected races throughout the running season
- Opportunities to compete for [CARA Runners' Choice Circuit](#) competition awards as well as [CARA Participation and Long Distance awards](#). We should note that **you can run for ERC in the CARA circuit races w/o being a CARA member.**
- Access to personal coaches at discounted rates as well as access to NovaCare physical therapists at CARA training sites and events
- Free admission to the CARA Super Clinic, a day long must attend seminar for beginner and veteran marathon runners alike
- Weekly CARA Connection newsletter with the latest information on happenings in the running community.
- Supporting CARA's advocacy efforts with our charity partners and Road Scholars program.
- Being a part of the 3rd largest running association in the country.