

2019 Good Life 5k - 27 ERC Runners

5K Women

Place	Name	Time	Age Group	AG Place	Pace
22	Eleanor Brandt	21:06.1	30-34	2	6:48
26	Emily Blim	21:26.8	20-24	2	6:55
50	Nancy Rollins	23:33.2	70-74	1	7:35
83	Jenice Reyes	24:49.1	40-44	12	8:00
89	Kielo Sauvala	25:09.0	60-64	4	8:06
109	Connie Nash	25:50.9	65-69	2	8:20
113	Brigid Townsend	26:06.2	25-29	7	8:25
126	Valerie Mackin	26:37.9	60-64	5	8:35
171	Linda Lynch	28:24.4	65-69	3	9:09
202	Catherine Saccany	29:19.8	65-69	5	9:27
203	Dara Ury	29:23.3	45-49	11	9:28
204	Zoe Senecal	29:29.9	25-29	14	9:30
330	Claudette Nanoz	33:56.8	40-44	59	10:57

5k Men

Place	Name	Time	Age Group	AG Place	Pace
17	Scott Mangum	17:27.3	40-44	4	5:37
18	Patrick Hockberger	17:32.0	25-29	4	5:39
33	Cory Hofmann	18:30.4	30-34	4	5:58
36	Mark Smith	18:47.1	45-49	9	6:03
38	Robin Winslow	18:48.8	55-59	2	6:04
45	Suresh Decosta	19:02.9	45-49	12	6:08
58	Keith Holzmueller	19:51.8	60-64	2	6:24
101	Jeff Giffin	21:24.9	Clyde A	3	6:54
108	Bill Leiner	21:46.9	65-69	2	7:01
128	James Nelson	22:23.6	65-69	4	7:13
234	Fritz Gareis	25:55.0	65-69	14	8:21
238	Jonathan Cohen	26:08.4	75-79	2	8:25
246	Larry Singer	26:28.9	55-59	15	8:32
286	Carle Rollins	28:02.7	70-74	7	9:02