

## THE CARA RUNNERS CHOICE CIRCUIT

The 2018 CARA Circuit is comprised of 15 races. Individuals and clubs can earn points toward end-of-season awards. To qualify for the awards, you must run a minimum of five races, but to have lots of fun, you just show up.

Runners do not have to be CARA members to have results recorded. ERC submits a club roster so that a CARA staffer can compile age-group results - that's why we ask for your DOB on the New Member registration. But, there are benefits to being a CARA Member, and you can read about them [HERE](#).

Here are the [2014](#), [2015](#), [2016](#) and [2017](#) results.

### 2018 CARA Circuit Races

- 3/25 - [BOA Shamrock Shuffle 8K](#)
- 4/8 - [The Good Life 5K](#)
- 4/21 - [Wintrust Lakefront 10 Miler](#)
- 4/29 - [Ravenwood Run 5k](#)
- 5/12 - [Quarryman Challenge](#)
- 5/19 - [Lew Bond Memorial 5k](#)
- 6/2 - [Cosley Zoo Run for the Animals 10K](#)
- 6/17 - [Ricky Byrdsong 5k](#)
- 7/4 - [Elmhurst 4 on the 4th](#)
- 7/14 - [Water Fall Glen Xtreme 10](#)
- 7/29 - [Run For Walk 4,1 Mile](#)
- 9/8 - [Itasca Octoberfast 5k](#)
- 9/23 - [Chicago Half Marathon](#)
- 10/7 - [BOAmerica Chicago Marathon](#)
- 10/27 - [Lake Bluff Pumpkin Chase 5k](#)

### Other ERC Favorite Races

- 3/18 - [Cary March Madness 1/2-Marathon](#)
- 6/3 - [North Shore Half](#)
- 6/17 - [Ricky Byrdsong- 10K](#)
- 7/4 - [Wilmette Ind. Day Run](#)
- 11/11 - [Illinois Club Cross Country Championship](#)
- 11/18 - [Lincolnwood Turkey Trot 5k/10k](#)
- 11/22 - [Evanston Flying Turkey 5K](#)