

Good Life Race 5K- 21 ERC Runners

Women

PLACE	NAME	TIME	DIV_PL	AGE	PACE
43	Nancy Rollins	23:04.8	1	71	7:26 min/m
46	Denise Heinen	23:21.5	4	58	7:32 min/m
77	Jeannine Bogart	24:13.9	8	52	7:49 min/m
138	Linda Lynch	27:04.6	1	68	8:44 min/m
141	Valerie Mackin	27:10.8	6	62	8:46 min/m
160	Dara Ury	27:52.4	12	45	8:59 min/m
248	Catherine Saccany	31:38.4	4	66	10:12 min/m

Men

Place	Name	Time	AG Place	Age	Pace
48	Suresh Decosta	18:47.6	6	44	6:03 min/m
69	Keith Holzmueller	19:45.6	3	62	6:22 min/m
98	Keith Burns	20:54.5	4	61	6:44 min/m
108	Tom Dubin	21:13.1	5	55	6:50 min/m
113	Stephen Nazaran	21:20.9	12	45	6:53 min/m
117	Bill Leiner	21:26.8	1	65	6:55 min/m
135	Jeff Giffin	22:05.3	18	49	7:07 min/m
184	James Nelson	23:18.8	9	64	7:31 min/m
192	Scott Pollock	23:38.6	12	59	7:37 min/m
197	Bob Silis	23:45.1	4	68	7:39 min/m
250	Jonathan Cohen	25:24.8	3	74	8:11 min/m
281	Chuck Janczy	26:58.6	22	59	8:42 min/m
343	Carle Rollins	29:28.8	12	69	9:30 min/m
363	Fritz Gareis	30:39.7	15	67	9:53 min/m