

ISK Leadership Training

Eight ISK members, in the hope of becoming "fearless leaders," spent a day learning about trip leadership at the home of gracious hosts and presenters, Jeff and Michelle Forseth. The day was packed with information about trip planning and preparation, equipment, logistics, leadership, and decision-making. There were lots of hands-on exercises. We planned trips, set up tarps as emergency shelters, and did an exercise on reaching group consensus. We also learned how to interpret VHF radio weather reports and we considered advantages and disadvantages of other kinds of group camping equipment, including stoves.

Jeff prepared a wealth of information, and participants prepared a wealth of food. We learned new ideas about trip leadership and also new things about each other. For example, Sam could live on macaroni and cheese, and Jeff would prefer pancakes to spicy food. Doug can tie knots and Deb is great at assessing the skills of others. It was a fun and useful day and an opportunity to build on skills in leading future ISK adventures.