



# NEWSLETTER

## Happy North Oakland Village 10 Year Anniversary

### January CALENDAR

**ALL EVENTS MEET AT NOV OFFICE UNLESS OTHERWISE  
INDICATED -- See Upcoming Events for details**

- Each Monday 10:30 - **Menders/Handability**, **members & volunteers**
- Tuesday 7th 2:00 - **Memoir writing group**, **members**
- Wednesday 8th Noon - **Lunch Bunch, Doña Restaurant, 3770 Piedmont Avenue**, **members & volunteers**
- Sunday 12th 2:00 - **Sunday Stroll**, Berkeley Marina and Cesar Chavez park, **members and volunteers**
- Tuesday 14th 1:30 - **Playreading group**, Private Lives, **members and volunteers**
- Wednesday 15th 2:00 - **Healthy Aging**, **members**, new group forming
- Thursday 16th 2:00 - **Docent talk on James Tissot**, Piedmont Gardens **members**
- Friday 17th 10:30 - **Time To Talk**, learn about NOV **all welcome**
- Friday 17th 11:00 - **Singing with Sara**, **members and volunteers**
- Friday 17th 1:30 - **Bridge**, call Norma Harrison (510) 547-7530

members

- Monday 20th 2:00 - **Salon**, meets at member's home - currently full **members**
- Tuesday 21st 2:00 - **Memoir writing group**, **members**
- Wednesday 22nd 10:30 - **De-cluttering presentation**, **members & volunteers**
- Thursday 23rd 9:30 - **Museum Outing**, **members & volunteers**
- Sunday 26th 5:00 - **January Potluck**, **all welcome**
- Tuesday 28th 12:30 - **Newsletter Review Committee**
- Tuesday 28th 4:00 - **Board Meeting**
- Friday 31st (last Friday) - Non-fiction **Book group** - **members & volunteers**

## Upcoming Events:

### Lunch Bunch

**Wednesday, January 8th Noon**

**Doña Restaurant, 3770 Piedmont Avenue**



Formerly Doña Thomas on Telegraph, the restaurant has relocated to Piedmont Ave, and is now Doña. Casual Mexican food and margaritas. Come and experience the new location and see what it has to offer.

Please join us!

Email or call Norma Harrison, (510) 547-7530, [betnorh@sbcglobal.net](mailto:betnorh@sbcglobal.net)



### Sunday Stroll

**January 12th 2:00**

Berkeley Marina and Cesar Chavez Park. Meet 2pm for carpool at North Oakland Village parking lot. We will begin our walk from the public parking

lot opposite Skates restaurant at the end of University Ave. at around 2:30 pm. Stroll will be on paved paths around the Berkeley Marina (level) and Cesar Chavez Park (some slopes). Approximately two miles total. Partial walk optional. Bird and boat watching. Optional dinner at Lake Chalet restaurant on Lake Merritt afterward. Rain Cancels.

Janet Bertram and Will Dvorak. Home 510 339 3356. Cell 510 914 2330.

## Play Reading

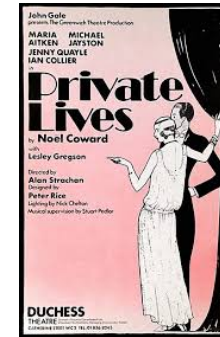
**Tuesday, January 14th 2:00, NOV office**

Private Lives, a comedy by Noel Coward.

A sophisticated comedy by Noel Coward, "Private Lives" is still a staple of repertory theater. Elyot Chase, on a honeymoon with his second wife finds that his balcony adjoins that of his first wife, honeymooning with her new husband. Reminiscing in some of Coward's most pointedly polished lines, the two exes decide to decamp together for Paris. Once there, old quarrels again outweigh romance and as they are scuffling on the floor their deserted mates walk in and join this comic scene of domestic relations.

All are welcome to our Play reading Group meetings on the second Tuesday of the month at 1:30 in the NOV office. Copies of this popular play should be plentiful in the libraries and of course from Amazon and other book vendors. Please let me know as soon as possible if you will attend so I can assign roles. ppshepard@sbcglobal.net

P.S. Richard Burton and Elizabeth Taylor contracted to perform this play in NY, opening right after they broke up! The results were disastrous, the review hilarious. See [www.nytimes.com/1983/05/09/theater/theater](http://www.nytimes.com/1983/05/09/theater/theater).



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## Healthy Aging

**New group starting January 15**

A new Healthy Aging group will form on Wednesday January 15, with the first meeting at the NOV office. Joan Feinberg and Sally Hunter co-lead the group, which will meet monthly for six months with a specific agenda for each meeting. There is space for a total of 8 members. Three people have already expressed an interest. It is important that you make a commitment to attend each session.

This is an interactive group where members are encouraged to share their thoughts and experiences based on the topics presented. Please notify Danny or Joan if you are interested. If you have questions or need more information, we would be happy to talk with you.

Note: Priority will be given to NOV members. If there is space, volunteers will be included. Contact Joan at (510) 451-1122 or call the office.

## Docent Talk

**Thursday, January 18 2:00, Piedmont Gardens**

NOV members are invited to attend a docent talk on James Tissot by village volunteer and historian Josephine Withers at Piedmont Gardens the week before the museum trip. It will be at 2 pm in the 11th floor meeting room.

Josephine has a particular admiration for Tissot and the talk will be a great preparation for the outing and worth attending for anyone.



**Your Kids don't want your stuff:  
De-Cluttering made easy  
Wednesday, January 22, 2020 10:30**

Have you been saving things to pass on to your children or other family members; but now realize they do not want them?

This Presentation will give you tools and resources to go through these things and clear them out.

Decide what should be donated, discarded, sold, recycled, or kept.

**About the Presenter:**

**Jean Goldman is the principal of GOLDMAN TRANSITIONS providing downsizing, organizing / de-cluttering and senior move management for seniors and their families. Here is a list for more**

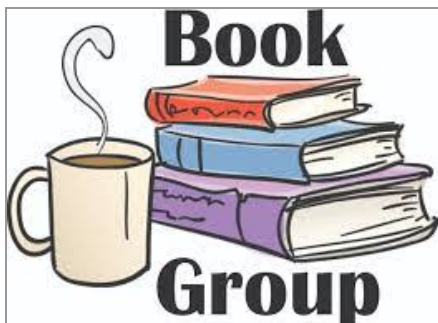
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**James Tissot at the Legion of Honor  
Thursday, January 23rd 9:30**



Although James Tissot was considered a Realist, he was a contemporary of the Impressionists and was a friend and mentor of Degas. Tissot's work is a rich and complex commentary on 19<sup>th</sup> century society, religion, fashion, and politics. The current Legion of Honor exhibit is the largest collection of his paintings to be shown in over 50 years, and offers West Coast audiences a rare glimpse at the fascinating life and dazzling art of a man who captured an era.

Space is limited, members and volunteers have priority, so please call or email the office to RSVP no later than January 14. The senior price of admission is \$25 for non-members and free for members. Our group may qualify for a group senior rate of \$20. Members may also bring in one guest for free. When you RSVP please specify if you have a membership, as well as your membership number. Also let the office know if you need a ride to the parking lot to meet the bus. Meet at 9:30 at the NOV parking lot to load up the bus. Lunch will be in the museum cafe (bring money for lunch and for driver tip). Bus should be back to the NOV office by 3:00.



**Non-fiction Book Group**

Friday January 31 2:00. The book group will meet to discuss, Salt by Mark Kurlansky.

## NOV GOLFING GROUP?

Anyone interested in forming a duffers golfing group? Regular or occasional, men and women? I play the local public 9 hole courses in Alameda, Lake Chabot and San Leandro once or twice a week and would enjoy some company. It usually takes about an hour-and-a-half to play 9 holes. It costs \$10 to \$12 per round. I walk but golf carts are available. I have extra sets of clubs if needed. Driving ranges are available for practice.  
Call Will Dvorak at 510 339 3356 Leave a message



## Getting Down to Business

Why do you belong to North Oakland Village? Free rides to the doctor? The good food and conversation at the potlucks? An opportunity to discuss a book you've just read? All of the above? Whatever your reason, NOV is here because of our remarkable and dedicated volunteers who work hand in hand with our remarkable and dedicated Board of Directors. This Board, led by the tireless Susan Pierpoint, makes financial decisions that allow us to keep a roof over our office, pay our part-time Operations Coordinator, Danny Weaver, and keep the lights on and phones ringing. These efforts include a constant search for funding. If anyone reading this has experience with proposal writing or fund raising, please let us know. 510-547-8500, [info@northoaklandvillage.org](mailto:info@northoaklandvillage.org) or drop by the office at 2501 Harrison Street, Suite 15, Oakland between 10 and 2 Monday through Friday.

Publicity about our organization - getting the word out so the community knows who we are and what we do-- is another ongoing effort for the Board. Constant activity to this end keeps NOV's name in the awareness of city officials and helps spread the news to potential members and the general public.

NOV's earliest meetings were held in Judith Coates's kitchen. Her long experience with the group, vision for its future and willingness to speak her mind continue to be invaluable. Joe Evinger's savvy with money helps keep NOV solvent and Bob Field's background in law provides valuable guidance. Joanne Devereaux's experience as a small business owner helps broaden the perspective of the Board, as does Bill Sadler's background in academia and positive aging and Andy Young's career as a government administrator. We are delighted to welcome our newest Board member, Brian Ricks, Chair of the Mayor's Commission on Aging, in January, 2020. NOV's bylaws allow for up to 15 members of the Board of Directors, and we actively seek new members to share their energy, vision and leadership.

These are the folks that guide NOV through financial and organizational challenges. They meet two hours a month, discuss the challenges and opportunities NOV faces, celebrate successes of the previous month and make decisions that keep our village sustainable and thriving.

If you'd like to see the NOV board in action, call or email the

office: 510-547-8500, northoaklandvillage.com, for the meeting schedule. Meanwhile, we'll see you at one of our monthly potlucks - they've been happening for almost 10 years and visitors are always welcome.

Ruby Long

## Letter from our President

### **NORTH OAKLAND VILLAGE TURNS 10 THIS YEAR!**

Years ago, Judith Coates, Sandra and Bob Davidson and Ruby Long, all still current members of North Oakland Village (and Judith is still a founding member of our Board!) had a big idea. They met to talk about forming a village in Oakland that would support older adults who wanted to stay in their own homes with a community of neighbors and friends. This intrepid group was not all talk - by the end of 2009, they had filed articles of incorporation with the State and just a couple of months later, in February 2010 accomplished 501(c)(3) nonprofit status with the IRS for North Oakland Village.

We will celebrate 10 years of successes this year with our organization and the big question is - what kind of celebration shall we have? Do you have good ideas for a great party? Just to mention a few great stats: in a rough count, we had somewhere between 180 and 200 events, programs or outings etc offered to our community in 2019 - and that doesn't count all the cozy get-togethers, walks and movie outings folks arranged on their own. We fulfilled 264 service requests including rides and computer help as well as 170+ hours of home visits. These numbers represent delivery on the promise of our mission to provide community, connection, engagement, friendship, learning and services for our large circle of members, volunteers and friends. Thank you to all of you who have been a part of it in every way and very special heartfelt thanks to our founding mothers and father who took a great idea and ran with it! This is a good time to reflect on our past and to consider the future for North Oakland Village. We'll be offering members and also volunteers and friends opportunities to brainstorm with your hardworking board about both! Watch your email for further information and in the meantime I wish you the Happiest New Year Ever!



*Warmly, Susan* Board President North Oakland Village

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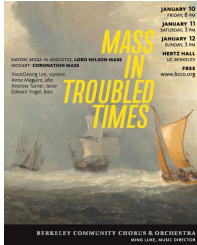
**In Case you missed it....**

Reveling in the History, Art and Spirit of the Solstice  
Our Outing to *The Revels* in December

Heartfelt thanks to Sandra Coleman for organizing and promoting attendance at the Revels on December 21st! It was SO. MUCH. FUN! Since we now are co-tenants with the Oakland Revels at the First Congregational Church Nonprofit Center, they graciously offered our members discounted tickets. Here is what I loved about it:

- It was about 30 feet away from our office! Parking was a challenge but manageable.
- It was delightful to see NOV folks here and there all over the audience and our very own MC Haug, who serves on the Revels Board, volunteering as an usher.
- When was the last time you've been to a performance where you were invited to jump up and dance and sing with the performers? Ok, not counting the '60's.
- The staging was magical, the music lovely and interesting - including the oldest song we know of in human history.
- The best part to me was that the performers, while talented and polished, were largely local folks and the show included lots of children. It felt like a gift - a bit more recital than production.

## COMMUNITY EVENTS



**Joseph Haydn's Mass in Troubled Times- A  
presentation by Berkeley Community Chorus and  
Orchestra  
Hertz Hall, Berkeley January 10,11,12**

Mass in Troubled Times is an account of Admiral Nelson's victory at Trafalgar against a larger French and Spanish Navy, which ultimately turned the tide of the Napoleonic wars and ended plans for a French invasion of Britain. The mass reflects the angst felt as Napoleon's forces spread across Europe, and speaks to the dehumanizing effects of war as it constricts empathy for others.

**Ronnie's Movie Night  
The Muppets  
Friday January 17th 7:00**

2501 Harrison, Oakland, CA

While on vacation in Los Angeles-Walter, the world's biggest Muppet fan-his brother Gary, and friend Mary uncover the diabolical plot of a greedy oil millionaire to destroy the Muppet theater. Now, the Muppet-loving trio must reunite Kermit, Miss Piggy, Fozzie Bear and their friends to stage the greatest Muppet telethon ever and save their beloved theater.



"Grow old with me! The best is yet to be" Robert Browning

North  
Oakland  
Village



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**510-547-8500**

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