

HeartCode® BLS



UPDATED TO REFLECT

GUIDELINES
2015 CPR & ECC

HeartCode BLS uses a variety of eLearning assets such as dramatizations, eSimulations, animations, self-directed learning, and interactive activities to teach students BLS knowledge and skills.

After completing the online portion, students attend a structured BLS Hands-On Session with an AHA Instructor. This session focuses on meaningful skills practice, debriefing, team scenarios, discussions of local protocols, and skills testing. Where available, students may also complete the hands-on session with a voice-assisted manikin (VAM).

HeartCode BLS is for healthcare professionals seeking an alternative method for completing an initial or renewal BLS Course.

Resources

Precourse Materials

[Equipment List \(PDF opens new window\)](#)

[Sample Precourse Letter to Students \(MS Word opens new window\)](#)

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Course Resources

[Lesson 9: Special Considerations \(PDF opens new window\) - UPDATED 4-14-16](#)

[In the new BLS Instructor Manual, in Part 5: BLS Lesson Plans, Lesson 9: Special Considerations has been updated to offer Instructor flexibility. Please print the updated Lesson Plan 9 and use it to replace the version of Lesson 9 in your Instructor Manual.](#)

[HeartCode BLS Hands-On Session Agendas](#)

- [Sample HeartCode BLS Agenda Without Optional Lessons \(PDF opens new window\)](#)
- [Accelerated HeartCode BLS Competency Agenda & Lesson Plans \(PDF opens new window\)](#)

[Adult CPR and AED Skills Testing Checklist Skills and Testing Critical Skills Descriptors \(PDF opens new window\)](#)

[Infant CPR Skills Testing Checklist Skills and Testing Critical Skills Descriptors \(PDF opens new window\)](#)

[HeartCode BLS Course Evaluation \(PDF opens new window\)](#)

[HeartCode BLS Course Roster \(PDF opens new window\)](#)

[Positions for 6-Person High-Performance \(PDF opens new window\)](#)

[Summary of High-Quality CPR Components for BLS Providers \(PDF opens new window\)](#)

[Life Is Why™ Activity Page \(PDF opens new window\)](#)

[Sample HeartCode BLS Agenda Without Optional Lessons \(PDF opens new window\)](#)

[Accelerated HeartCode BLS Competency Agenda & Lesson Plans \(PDF opens new window\)](#)