Food Scientist Tasting Scorecard

By Theresa Laurenz, MS, RD, LDN

Example for Stir Fry Broccoli with Teriyaki Sauce	Sample
Circle Words that Describe Appearance White Yellow Orange Red Purple Blue (Green) Brown Black Other:____ Dull — Bright Does the food remind you of something? Draw it. Little Tree Rank Appearance: 1 2 3 4 5 6 7 8 9 (10) ☹ 😐 ☺ Unappealing Okay Great!	**Circle Words that Describe Appearance** White Yellow Orange Red Purple Blue Green Brown Black Other:____ Dull — Bright Does the food remind you of something? Draw it. Rank Appearance: 1 2 3 4 5 6 7 8 9 10 ☹ 😐 ☺ Unappealing Okay Great!
Circle Words to describe Texture/Tenderness Mushy (Soft) Smooth Rubbery Gritty (Stringy) Hard Crunchy Sticky Fizzy Flaky Fluffy Other:_____ Rank Texture/Tenderness: 1 2 3 4 5 (6) 7 8 9 10 ☹ 😐 ☺ Unappealing Okay Great!	**Circle Words to describe Texture/Tenderness** Mushy Soft Smooth Rubbery Gritty Stringy Hard Crunchy Sticky Fizzy Flaky Fluffy Other:_____ Rank Texture/Tenderness: 1 2 3 4 5 6 7 8 9 10 ☹ 😐 ☺ Unappealing Okay Great!
Circle Words to Describe Smell Floral Musky Rotten (Sweet) Citrus (Mild) Strong Other:_____ Rank Smell: 1 2 3 4 5 6 7 (8) 9 10 ☹ 😐 ☺ Unappealing Okay Great!	**Circle Words to Describe Smell** Floral Musky Rotten Sweet Citrus Mild Strong Other:_____ Rank Smell: 1 2 3 4 5 6 7 8 9 10 ☹ 😐 ☺ Unappealing Okay Great!
Circle Words to Describe Taste/Temperature Bland Sour Bitter (Sweet) (Salty) Savory Rich Spicy Cool (Warm) Hot Other:_____ Rank Taste: 1 2 3 4 5 6 7 (8) 9 10 ☹ 😐 ☺ Unappealing Okay Great!	**Circle Words to Describe Taste/Temperature** Bland Sour Bitter Sweet Salty Savory Rich Spicy Cool Warm Hot Other:_____ Rank Taste: 1 2 3 4 5 6 7 8 9 10 ☹ 😐 ☺ Unappealing Okay Great!
Circle Words to Describe Aftertaste (Mild) Moderate Strong (taste does not linger) (taste lingers for > 1 minute) Rank Aftertaste: 1 2 3 4 5 6 7 (8) 9 10 ☹ 😐 ☺ Unappealing Okay Great!	**Circle Words to Describe Aftertaste** Mild Moderate Strong (taste does not linger) (taste lingers for > 1 minute) Rank Aftertaste: 1 2 3 4 5 6 7 8 9 10 ☹ 😐 ☺ Unappealing Okay Great!
Overall Rating (Add all scores and divide by 5): **1 2 3 4 5 6 7 (8) 9 10** **☹ 😐 ☺** **Unappealing Okay Great!**	**Overall Rating** (Add all scores and divide by 5): **1 2 3 4 5 6 7 8 9 10** **☹ 😐 ☺** **Unappealing Okay Great!**