

June 2019 Ice Schedule **Southport Summer Classic and Braemar, ( MN) are solid dates and are National Qualifying Series Competitions (NQS)**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						9:00 AM – 3:00 PM SWFSC Test Session
Verona NO ICE 2	5:15-6:15pm FS 6:30-7:30 pm FS 3	6:00-7:30am F/S 4	6:00-7:30am F/S 5	5:15-6:15 pm F/S 6:30-7:30 pm F/S 6	6:00-7:30am F/S School Ends MCPSPD/McFarland 7	8:45-9:45 am FS 10:00-11:00 am FS 11:00-11:20 am Power 8
Summer starts In Verona 4:00-5:30 F/S 9	5:15-6:15pm FS 6:30-7:30 pm FS 10	6:00-7:30am F/S School ends Sun Prairie 11	6:00-7:30am F/S School ends Oregon/ MMSD Southport Summer Classic-NQS 12	Southport Summer Classic NQS 5:15-6:15pm FS 6:30-7:30 pm FS 13	6:00-7:30am F/S Southport Summer Classic National Qualifying Series Competition (NQS) 14	8:45-9:45 am FS 10:00-11:00 am FS Southport Summer Classic-NQS 15
4:00-5:30 pm F/S 16	5:15-6:15 pm LTS (1) 6:30-7:15 pm FS 7:30-8:30 pm FS 17	8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00 Off-ice cond. 18	8:00-9:00 FS 9:15-10:15 FS 10:15-10:45: On Ice Cond 11:15-12:15- Dance 6:30-7:45 PM FS 19	8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice cond. 20	2019 Braemar Competition – a National Qualifying Series Competition (NQS) 21	2019 Braemar Competition – a National Qualifying Series Competition (NQS) 22
Verona 4:00-5:30 pm F/S 23	5:15-6:15 pm LTS (2) 6:30-7:15 pm FS 7:30-8:30 pm FS 24	8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning 25	8:00-9:00 FS 9:15-10: 15: FS 1015-1045: On Ice Cond 11:15-12:15- Dance 6:30-7:45 PM FS 26	8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice cond. 27	28	29
Verona 4:00-5:30 pm 30						

**Theme Day**      **Snack Day**      **Verona Ice**      First 15 mins of the first freestyle session is for MIF or other edge work, unless in a lesson. Program Run Throughs (PRT)—  
Random Draw on Monday for each Tuesday. First 5 warm up and skate, others wait in lobby and do pre competition warm up Next 5 warm up and skate , others wait in lobby and do  
pre-competition warm up

July 2019 Ice Schedule **Skate Milwaukee, Skate St. Paul, Chicago Open and Skate Detroit are solid dates and are both National Qualifying Series Competitions**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 4:00-5:30 F/S Veerona	1 5:15-6:15 pm LTS (3) 6:30-7:15 pm FS 7:30-8:30 pm FS	2 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	3 8:00-9:00 FS 9:15-10:15 FS 10: 15-10: 45 On Ice Cond 11:15-12:15- Dance 6:30-7:45 PM FS	4 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice cond. Need vote.	5	6
7 4:00-5:30 F/S Verona	8 5:15-6:15 pm LTS (4) 6:30-7:15 pm FS 7:30-8:30 pm FS	9 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	10 Skate Milwaukee-NQS 8:00-9:00 FS 9:15-10:15:FS 10: 15-10:45 On Ice Cond 11:15-12:15- Dance 6:30-7:45 PM FS	11 Skate Milwaukee - NQS 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	12 Skate Milwaukee NQS  Test Session MIA 7/12 or 7/26	13 Skate Milwaukee - NQS
14 Skate Milwaukee 4:00-5:30 F/S Verona	15 5:15-6:15 pm LTS (5) 6:30-7:15 pm FS 7:30-8:30 pm FS	16 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice	17 Skate St Paul NQS 8:00-9:00 FS 9:15-10:15 FS 10:15-10:45 On Ice Cond 11:15-12:15- Dance 6:30-7:45 PM FS	18 Skate St Paul NQS 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	19 Skate St Pau NQS	20 Skate St Paul NQS
21 Skate St Paul NQS 4:00-5:30 F/S Verona	22 5:15-6:15 pm LTS (6) 6:30-7:15 pm FS 7:30-8:30 pm FS	23 Skate Detroit NQS 8:00-8:45 am FS 8:45-9:45 am FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice	24 Skate Detroit NQS 8:00-9:00 FS 9:15-10:15 FS 10: 15-10:45:On Ice Cond 11:15-12:15- Dance 6:30-7:45 PM FS	25 Skate Detroit NQS 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice cond	26 Skate Detroit NQS Chicago Open (solid date) Test Session MIA 7/12 or 7/26	27 Skate Detroit NQS Chicago Open (solid date)
28 Chicago Open ( solid date) 4:00-5:30 F/S Verona Program Run Through 5:15-5:30	29 5:15-6:15 pm LTS (7) 6:30-7:15 pm FS 7:30-8:30 pm FS	30 8:00-8:45 am FS 8:45-9:45 am FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice	31 8:00-9:00 FS 9:15-10:15: FS 10: 15-10:45 On Ice Cond 11:15-12:15- Dance 6:30-7:45 PM FS	<p>First 15 mins of the first freestyle session is for MIF or other edge work, unless in a lesson.                      Program Run Throughs (PRT)— Random Draw on Monday for each Tuesday. First 5 warm up and skate, others wait in lobby and do pre competition warm up Next 5 warm up and skate , others wait in lobby and do pre-competition warm up and so forth                      Theme Day      Snack Day      Verona Ice</p>		

August 2019 Ice Schedule **DuPage Open and Greater Chicagoland Fall Invitational are solid dates and are both National Qualifying Series Competitions (NQS).**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			31 8:00-9:00 FS 9:15-10:15 FS 10: 15-10: 45 On Ice Cond 11:15-12:15- Dance 6:30-7:45 PM FS	1 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice	2 Dupage Open A National Qualifying Series Competition	3 Dupage Open Skate Greenbay?
Dupage Open Skate Greenbay? 4:00-5:30 F/S Verona	5 NO PM ICE Laura Stamm Hockey Clinic	6 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice cond.	7 8:00-9:00 FS 915-1015: FS 10:15-10: 45 On Ice Cond 11:15-12:15- Dance NO ICE after 5:00 PM -Laura Stamm Clinic	8 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	9	10
11 4:00-5:30 F/S Verona	12 5:15-6:15 pm LTS (8) 6:30-7:15 pm FS 7:30-8:30 pm FS	13 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice cond.	14 8:00-9:00 FS 915-1015: FS 10"15-10:45 On Ice Cond 11:15-12:15- Dance 6:30-7:45 PM FS	15 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	16	17 Test Session—MIA (Tentative)
18 4:00-5:30 F/S Verona	19 8 5:15-6:15 pm LTS (9) 6:30-7:15 pm 7:30-8:30 pm FS 7:15-8:30 pm FS	20 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	21 8:00-9:00 FS 915-1015: FS 10:15-10:45 On Ice Cond 11:15-12:15- Dance 6:30-7:45 PM FS	22 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	23 Skate the Lake?	24 Skate the Lake?
25 Skate the Lake? 4:00-5:30 F/S Program Run Through 5:15-5:30 PM	26 Start Fall Schedule 5:15-6:15pm FS 6:30-7:30 FS	27 6:00-7:15 AM	28 6:00-7:15 AM	29 5:15-6:15 pm F/S 6:30-7:30 pm F/S	30 6:00-7:15 AM	31

**Theme Day**      **Snack Day**      **Verona Ice**      First 15 mins of the first freestyle session is for MIF or other edge work, unless in a lesson. Program Run Throughs (PRT)— Random Draw on Monday for each Tuesday. First 5 warm up and skate, others wait in lobby and do pre competition warm up Next 5 warm up and skate , others wait in lobby and do pre-competition warm up and so forth **The Fall Schedule begins Monday August 26<sup>th</sup>.. Greater Chicagoland Fall Invitational (Wagon Wheel FSC) 9/5-9/8. A National Qualifying Series Competition.**