

Summer 2018 SWFSC Summer Schedule

June Ice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 6:00-7:30 am F/S	2 8:45-9:45 am F/S 10:00-11:00am F/S 11:00-11:20 am Power
3 Verona 6:30-8:00 F/S	4 5:15-6:15pm FS 6:30-7:30 pm FS	5 6:00-7:30am F/S	6	7 5:15-6:15 F/S 6:30-7:30 F/S	8 6:00-7:30am F/S	9 8:00-5:00 PM Test Session
10 4:00-5:30 F/S	11 5:15-5:45 pm LTS (1) 6:00-7:00 pm FS 7-15-8:15 pm FS	12 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	13 8:00-9:00 FS 915-1015: FS 1015-1045: On Ice Conditioning 11:15-12:15- Dance	14 Southport Competition 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice cond.	15 Southport Competition RecPlex Ice Arena, 9900 Terwall Terrace Pleasant Prairie, WI 53158	16 Southport Competition RecPlex Ice Arena, 9900 Terwall Terrace Pleasant Prairie, WI 53158
17 4:00-5:30 F/S	18 5:15-5:45 pm LTS (2) 6:00-7:00 pm FS 7-15-8:15 pm FS	19 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	20 8:00-9:00 FS 915-1015: FS 1015-1045: On Ice Conditioning 11:15-12:15- Dance	21 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice con.	22	23
24 4:00-5:30 F/S	25 5:15-5:45 pm LTS (3) 6:00-7:00 pm FS 7-15-8:15 pm FS	26 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	27 8:00-9:00 FS 915-1015: FS 1015-1045: On Ice Conditioning 11:15-12:15- Dance	28 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice con.	29	30

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Theme Day Snack Day Verona Ice First 15 mins of the first freestyle session is for MIF or other edge work, unless in a lesson. Program Run Throughs (PRT)—
 Random Draw on Monday for each Tuesday. First 5 warm up and skate, others wait in lobby and do pre competition warm up Next 5 warm up and skate , others wait in lobby and do
 pre-competition warm up a

July Ice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 4:00-5:30 F/S	2 5:15-5:45 pm LTS (4) 6:00-7:00 pm FS 7-15-8:15 pm FS	3 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	4 NO ICE	5 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice cond.	6	7 Badger Classic Skate USA Basic Skills Competition – MIA
8 Skate Milwaukee 4:00-5:30 F/S	9 5:15-5:45 pm LTS (5) 6:00-7:00 pm FS 7-15-8:15 pm FS	10 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	11 Skate Milwaukee Reg Deadline June 1 8:00-9:00 FS 915-1015: FS 1015-1045: On Ice Conditioning 11:15-12:15- Dance	12 Skate Milwaukee Reg Deadline June 1 Skate St. Paul 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice cond	13 Skate Milwaukee Reg Deadline June 1 Skate St. Paul	14 Skate Milwaukee Reg Deadline June 1 Skate St. Paul

<p>15</p> <p>Skate Milwaukee Reg Deadline June 1</p> <p>Skate St. Paul</p> <p>4:00-5:30 F/S</p>	<p>16</p> <p>5:15-5:45 pm LTS (6)</p> <p>6:00-7:00 pm FS 7-15-8:15 pm FS</p>	<p>17</p> <p>Skate Detroit</p> <p>8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning</p>	<p>18</p> <p>Skate Detroit</p> <p>8:00-9:00 FS 9:15-10:15: FS 10:15-10:45: On Ice Conditioning 11:15-12:15- Dance</p>	<p>19</p> <p>Skate Detroit</p> <p>8:00-9:00: F/S 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice cond</p> <p>July Continued</p>	<p>20</p> <p>Skate Detroit</p>	<p>21</p> <p>Skate Detroit</p>
<p>22</p> <p>4:00-5:30 F/S</p>	<p>23</p> <p>5:15-5:45 pm LTS (7)</p> <p>6:00-7:00 pm FS 7-15-8:15 pm FS</p>	<p>24</p> <p>8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning</p>	<p>25</p> <p>8:00-9:00: F/S 9:15-10:15: F/S 10:15-10:45 Power 11:00-12:00: Dance</p>	<p>26</p> <p>Chicago Open</p> <p>8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice cond</p>	<p>27</p> <p>Chicago Open</p>	<p>28</p> <p>Chicago Open</p>
<p>29</p> <p>Chicago Open</p> <p>4:00-5:30 F/S</p> <p>Program Run Through 5:15-5:30</p>	<p>30</p> <p>5:15-5:45 pm LTS (8)</p> <p>6:00-7:00 pm FS 7-15-8:15 pm FS</p>	<p>31</p> <p>8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning</p>				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Theme Day Snack Day **Verona Ice**

First 15 mins of the first freestyle session is for MIF or other edge work, unless in a lesson.

Program Run Throughs (PRT)— Random Draw on Monday for each Tuesday. First 5 warm up and skate, others wait in lobby and do pre competition warm up

Next 5 warm up and skate , others wait in lobby and do pre-competition warm up and so forth

August Ice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:00-9:00: F/S 9:15-10:15: F/S 10:15-10:45 Power 11:00-12:00: Dance	2 Dupage Open 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	3 Dupage Open	4 Dupage Open Skate Greenbay
5 Skate Greenbay 4:00-5:30 F/S	6 No LTS Today 6:00-7:00 pm FS 7-15-8:15 pm FS	7 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	8 8:00-9:00: F/S 9:15-10:15: F/S 10:15-10:45 Power 11:00-12:00: Dance	9 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	10	11
12 4:00-5:30 F/S	13 5:15-5:45 pm LTS (9) 6:00-7:00 pm FS 7-15-8:15 pm FS	14 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice	15 8:00-9:00: F/S 9:15-10:15: F/S 10:15-10:45 Power 11:00-12:00: Dance	16 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice	17	18 Test Session—MIA (Tentative)

		conditioning		conditioning		
19 4:00-5:30 F/S	20 5:15-5:45 pm LTS (10) 6:00-7:00 pm FS 7-15-8:15 pm FS	21 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	22 8:00-9:00: F/S 9:15-10:15: F/S 10:15-10:45 Power 11:00-12:00: Dance	23 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	24 Skate the Lake	25 Skate the Lake
26 Skate the Lake 4:00-5:30 F/S Program Run Through	27 5:15-6:15pm FS 6:30-7:30 FS	28 6:00-7:30 AM	29	30 5:15-6:15 F/S 6:30-7:30 F/S	31 6:00-7:30 AM	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

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Last week of August beginning Monday go to Regular Fall Schedule