

June Ice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 6:00-7:30 am F/S	2 8:45-9:45 am F/S 10:00-11:00am F/S 11:00-11:20 am Power
3 Verona 6:30-8:00 F/S	4 5:15-6:15pm FS 6:30-7:30 pm FS	5 6:00-7:30am F/S	6	7 5:15-6:15 F/S 6:30-7:30 F/S	8 6:00-7:30am F/S	9 8:00-5:00 PM Test Session
10 4:00-5:30 F/S	11 5:15-5:45 pm LTS (1)  6:00-7:00 pm FS 7-15-8:15 pm FS	12 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS  12:00-1:00: Off-ice conditioning	13 8:00-9:00 FS 915-1015: FS 1015-1045: On Ice Conditioning 11:15-12:15- Dance	14 Southport Competition 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice cond.	15 Southport Competition  RecPlex Ice Arena, 9900 Terwall Terrace Pleasant Prairie, WI 53158	16 Southport Competition  RecPlex Ice Arena, 9900 Terwall Terrace Pleasant Prairie, WI 53158
17 4:00-5:30 F/S	18 5:15-5:45 pm LTS (2)  6:00-7:00 pm FS 7-15-8:15 pm FS	19 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS  12:00-1:00: Off-ice conditioning	20 8:00-9:00 FS 915-1015: FS 1015-1045: On Ice Conditioning 11:15-12:15- Dance	21 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice con.	22	23
24 4:00-5:30 F/S	25 5:15-5:45 pm LTS (3)  6:00-7:00 pm FS 7-15-8:15 pm FS	26 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS  12:00-1:00: Off-ice conditioning	27 8:00-9:00 FS 915-1015: FS 1015-1045: On Ice Conditioning 11:15-12:15- Dance	28 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice con.	29	30

Theme Day      Snack Day      Verona Ice      First 15 mins of the first freestyle session is for MIF or other edge work, unless in a lesson. Program Run Throughs (PRT)—  
 Random Draw on Monday for each Tuesday. First 5 warm up and skate, others wait in lobby and do pre competition warm up Next 5 warm up and skate , others wait in lobby and do  
 pre-competition warm up a

July Ice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 4:00-5:30 F/S	2 5:15-5:45 pm LTS (4)  6:00-7:00 pm FS 7-15-8:15 pm FS	3 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	4 NO ICE	5 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice cond.	6	7 Badger Classic Skate USA Basic Skills Competition – MIA
8 Skate Milwaukee  4:00-5:30 F/S	9 5:15-5:45 pm LTS (5)  6:00-7:00 pm FS 7-15-8:15 pm FS	10 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	11 Skate Milwaukee Reg Deadline June 1 8:00-9:00 FS 915-1015: FS 1015-1045: On Ice Conditioning 11:15-12:15- Dance	12 Skate Milwaukee Reg Deadline June 1  Skate St. Paul 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice cond	13 Skate Milwaukee Reg Deadline June 1  Skate St. Paul	14 Skate Milwaukee Reg Deadline June 1  Skate St. Paul
15 Skate Milwaukee Reg Deadline June 1  Skate St. Paul	16 5:15-5:45 pm LTS (6)  6:00-7:00 pm FS 7-15-8:15 pm FS	17 Skate Detroit 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS	18 Skate Detroit 8:00-9:00 FS 915-1015: FS 1015-1045: On Ice Conditioning	19 Skate Detroit 8:00-9:00: F/S 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge	20 Skate Detroit	21 Skate Detroit

4:00-5:30 F/S		12:00-1:00: Off-ice conditioning	11:15-12:15- Dance	10:30-11:30 FS 12:00-1:00: Off-ice cond  July Continued		
22 4:00-5:30 F/S	23 5:15-5:45 pm LTS (7) 6:00-7:00 pm FS 7-15-8:15 pm FS	24 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	25 8:00-9:00: F/S 9:15-10:15: F/S 10:15-10:45 Power 11:00-12:00: Dance	26 Chicago Open 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice cond	27 Chicago Open	28 Chicago Open
29 Chicago Open 4:00-5:30 F/S Program Run Through 5:15-5:30	30 5:15-5:45 pm LTS (8) 6:00-7:00 pm FS 7-15-8:15 pm FS	31 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Theme Day    Snack Day    Verona Ice

First 15 mins of the first freestyle session is for MIF or other edge work, unless in a lesson.

Program Run Throughs (PRT)— Random Draw on Monday for each Tuesday. First 5 warm up and skate, others wait in lobby and do pre competition warm up

Next 5 warm up and skate , others wait in lobby and do pre-competition warm up and so forth

August Ice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:00-9:00: F/S 9:15-10:15: F/S 10:15-10:45 Power 11:00-12:00: Dance	2 Dupage Open 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	3 Dupage Open	4 Dupage Open Skate Greenbay
5 Skate Greenbay 4:00-5:30 F/S	6 No LTS Today 6:00-7:00 pm FS 7-15-8:15 pm FS	7 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	8 8:00-9:00: F/S 9:15-10:15: F/S 10:15-10:45 Power 11:00-12:00: Dance	9 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	10	11
12 4:00-5:30 F/S	13 5:15-5:45 pm LTS (9) 6:00-7:00 pm FS 7-15-8:15 pm FS	14 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	15 8:00-9:00: F/S 9:15-10:15: F/S 10:15-10:45 Power 11:00-12:00: Dance	16 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	17	18 Test Session—MIA (Tentative)

19 4:00-5:30 F/S	20 5:15-5:45 pm LTS (10)  6:00-7:00 pm FS 7-15-8:15 pm FS	21 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 PRT 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	22 8:00-9:00: F/S 9:15-10:15: F/S 10:15-10:45 Power 11:00-12:00: Dance	23 8:00-8:45 FS 8:45-9:45 FS 10:00-10:30 am Edge 10:30-11:30 FS 12:00-1:00: Off-ice conditioning	24 Skate the Lake	25 Skate the Lake
26 Skate the Lake 4:00-5:30 F/S Program Run Through	27 5:15-6:15pm FS 6:30-7:30 FS	28 6:00-7:30 AM	29	30 5:15-6:15 F/S 6:30-7:30 F/S	31 6:00-7:30 AM	

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Last week of August beginning Monday go to Regular Fall Schedule