

June Ice Schedule

| Sunday                       | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday   |
|------------------------------|--|---|--|---|---|--|
|                              |  |   |  |   | 1<br>6:00-7:30 am F/S   | 2<br>8:45-9:45 am F/S<br>10:00-11:00am F/S<br>11:00-11:20 am Power   |
| 3<br>Verona<br>6:30-8:00 F/S | 4<br>5:15-6:15pm FS<br>6:30-7:30 pm FS                               | 5<br>6:00-7:30am F/S  | 6  | 7<br>5:15-6:15 F/S<br>6:30-7:30 F/S   | 8<br>6:00-7:30am F/S  | 9<br>8:00-5:00 PM<br>Test Session  |
| 10<br>4:00-5:30 F/S          | 11<br>5:15-5:45 pm LTS (1)<br><br>6:00-7:00 pm FS<br>7-15-8:15 pm FS | 12<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 PRT<br>10:30-11:30 FS<br><br>12:00-1:00: Off-ice conditioning | 13<br>8:00-9:00 FS<br>915-1015: FS<br>1015-1045: On Ice Conditioning<br>11:15-12:15- Dance | 14<br>Southport Competition<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 am Edge<br>10:30-11:30 FS<br>12:00-1:00: Off-ice cond. | 15<br>Southport Competition<br><br>RecPlex Ice<br>Arena, 9900 Terwall<br>Terrace<br>Pleasant<br>Prairie, WI 53158 | 16<br>Southport Competition<br><br>RecPlex Ice Arena, 9900<br>Terwall Terrace<br>Pleasant<br>Prairie, WI 53158 |
| 17<br>4:00-5:30 F/S          | 18<br>5:15-5:45 pm LTS (2)<br><br>6:00-7:00 pm FS<br>7-15-8:15 pm FS | 19<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 PRT<br>10:30-11:30 FS<br><br>12:00-1:00: Off-ice conditioning | 20<br>8:00-9:00 FS<br>915-1015: FS<br>1015-1045: On Ice Conditioning<br>11:15-12:15- Dance | 21<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 am Edge<br>10:30-11:30 FS<br>12:00-1:00: Off-ice con.                           | 22  | 23   |
| 24<br>4:00-5:30 F/S          | 25<br>5:15-5:45 pm LTS (3)<br><br>6:00-7:00 pm FS<br>7-15-8:15 pm FS | 26<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 PRT<br>10:30-11:30 FS<br><br>12:00-1:00: Off-ice conditioning | 27<br>8:00-9:00 FS<br>915-1015: FS<br>1015-1045: On Ice Conditioning<br>11:15-12:15- Dance | 28<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 am Edge<br>10:30-11:30 FS<br>12:00-1:00: Off-ice con.                           | 29  | 30   |

Theme Day      Snack Day      Verona Ice      First 15 mins of the first freestyle session is for MIF or other edge work, unless in a lesson. Program Run Throughs (PRT)—  
 Random Draw on Monday for each Tuesday. First 5 warm up and skate, others wait in lobby and do pre competition warm up Next 5 warm up and skate , others wait in lobby and do  
 pre-competition warm up a

July Ice Schedule

| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday   |
|--|--|---|---|---|--|--|
| 1<br>4:00-5:30 F/S   | 2<br>5:15-5:45 pm LTS (4)<br><br>6:00-7:00 pm FS<br>7-15-8:15 pm FS  | 3<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 PRT<br>10:30-11:30 FS<br>12:00-1:00: Off-ice conditioning  | 4<br>NO ICE   | 5<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 am Edge<br>10:30-11:30 FS<br>12:00-1:00: Off-ice cond.   | 6  | 7<br>Badger Classic Skate<br>USA Basic Skills<br>Competition – MIA |
| 8<br>Skate Milwaukee<br><br>4:00-5:30 F/S                          | 9<br>5:15-5:45 pm LTS (5)<br><br>6:00-7:00 pm FS<br>7-15-8:15 pm FS  | 10<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 PRT<br>10:30-11:30 FS<br>12:00-1:00: Off-ice conditioning | 11<br>Skate Milwaukee<br>Reg Deadline June 1<br>8:00-9:00 FS<br>915-1015: FS<br>1015-1045: On Ice<br>Conditioning<br>11:15-12:15- Dance | 12<br>Skate Milwaukee<br>Reg Deadline June 1<br><br>Skate St. Paul<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 am Edge<br>10:30-11:30 FS<br>12:00-1:00: Off-ice cond | 13<br>Skate Milwaukee<br>Reg Deadline June 1<br><br>Skate St. Paul | 14<br>Skate Milwaukee<br>Reg Deadline June 1<br><br>Skate St. Paul |
| 15<br>Skate Milwaukee<br>Reg Deadline June 1<br><br>Skate St. Paul | 16<br>5:15-5:45 pm LTS (6)<br><br>6:00-7:00 pm FS<br>7-15-8:15 pm FS | 17<br>Skate Detroit<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 PRT<br>10:30-11:30 FS                    | 18<br>Skate Detroit<br>8:00-9:00 FS<br>915-1015: FS<br>1015-1045: On Ice<br>Conditioning  | 19<br>Skate Detroit<br>8:00-9:00: F/S<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 am Edge  | 20<br>Skate Detroit  | 21<br>Skate Detroit  |

|   |  |   |  |   |                    |                    |
|---|--|---|--|---|--------------------|--------------------|
| 4:00-5:30 F/S   |  | 12:00-1:00: Off-ice conditioning  | 11:15-12:15- Dance   | 10:30-11:30 FS<br>12:00-1:00: Off-ice cond<br><br>July Continued  |                    |                    |
| 22<br>4:00-5:30 F/S   | 23<br>5:15-5:45 pm LTS (7)<br>6:00-7:00 pm FS<br>7-15-8:15 pm FS | 24<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 PRT<br>10:30-11:30 FS<br>12:00-1:00: Off-ice conditioning | 25<br>8:00-9:00: F/S<br>9:15-10:15: F/S<br>10:15-10:45 Power<br>11:00-12:00: Dance | 26<br>Chicago Open<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 am Edge<br>10:30-11:30 FS<br>12:00-1:00: Off-ice cond | 27<br>Chicago Open | 28<br>Chicago Open |
| 29<br>Chicago Open<br>4:00-5:30 F/S<br><b>Program Run Through 5:15-5:30</b> | 30<br>5:15-5:45 pm LTS (8)<br>6:00-7:00 pm FS<br>7-15-8:15 pm FS | 31<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 PRT<br>10:30-11:30 FS<br>12:00-1:00: Off-ice conditioning |  |   |                    |                    |
| Sunday  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday             | Saturday           |

Theme Day    Snack Day    Verona Ice

First 15 mins of the first freestyle session is for MIF or other edge work, unless in a lesson.

Program Run Throughs (PRT)— Random Draw on Monday for each Tuesday. First 5 warm up and skate, others wait in lobby and do pre competition warm up

Next 5 warm up and skate , others wait in lobby and do pre-competition warm up and so forth

August Ice Schedule

| Sunday                                   | Monday   | Tuesday   | Wednesday  | Thursday  | Friday           | Saturday                               |
|--|--|---|--|---|------------------|--|
|  |  |   | 1<br>8:00-9:00: F/S<br>9:15-10:15: F/S<br>10:15-10:45 Power<br>11:00-12:00: Dance  | 2<br>Dupage Open<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 am Edge<br>10:30-11:30 FS<br>12:00-1:00: Off-ice conditioning | 3<br>Dupage Open | 4<br>Dupage Open<br><br>Skate Greenbay |
| 5<br>Skate Greenbay<br><br>4:00-5:30 F/S | 6<br>No LTS Today<br><br>6:00-7:00 pm FS<br>7-15-8:15 pm FS          | 7<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 PRT<br>10:30-11:30 FS<br>12:00-1:00: Off-ice conditioning  | 8<br>8:00-9:00: F/S<br>9:15-10:15: F/S<br>10:15-10:45 Power<br>11:00-12:00: Dance  | 9<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 am Edge<br>10:30-11:30 FS<br>12:00-1:00: Off-ice conditioning                | 10               | 11                                     |
| 12<br>4:00-5:30 F/S                      | 13<br>5:15-5:45 pm LTS (9)<br><br>6:00-7:00 pm FS<br>7-15-8:15 pm FS | 14<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 PRT<br>10:30-11:30 FS<br>12:00-1:00: Off-ice conditioning | 15<br>8:00-9:00: F/S<br>9:15-10:15: F/S<br>10:15-10:45 Power<br>11:00-12:00: Dance | 16<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 am Edge<br>10:30-11:30 FS<br>12:00-1:00: Off-ice conditioning               | 17               | 18<br>Test Session—MIA<br>(Tentative)  |

|  |  |   |  |   |                      |                      |
|--|--|---|--|---|----------------------|----------------------|
| 19<br>4:00-5:30 F/S  | 20<br>5:15-5:45 pm LTS<br>(10)<br><br>6:00-7:00 pm FS<br>7-15-8:15 pm FS | 21<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 PRT<br>10:30-11:30 FS<br>12:00-1:00: Off-ice conditioning | 22<br>8:00-9:00: F/S<br>9:15-10:15: F/S<br>10:15-10:45 Power<br>11:00-12:00: Dance | 23<br>8:00-8:45 FS<br>8:45-9:45 FS<br>10:00-10:30 am Edge<br>10:30-11:30 FS<br>12:00-1:00: Off-ice conditioning | 24<br>Skate the Lake | 25<br>Skate the Lake |
| 26<br>Skate the Lake<br>4:00-5:30 F/S<br>Program Run Through | 27<br>5:15-6:15pm FS<br>6:30-7:30 FS                                     | 28<br>6:00-7:30 AM  | 29   | 30<br>5:15-6:15 F/S<br>6:30-7:30 F/S  | 31<br>6:00-7:30 AM   |                      |

|        |        |         |           |          |        |          |
|--------|--------|---------|-----------|----------|--------|----------|
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|--------|--------|---------|-----------|----------|--------|----------|

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Last week of August beginning Monday go to Regular Fall Schedule