


September 2018


Sun	Mon	Tue	Wed	Thu	Fri	Sat
August 26 Verona 4:00-5:30 PM 5:15-5:30 Program Run through	August 27—Start School Schedule McF Ice Arena 5:15-6:15 PM 6:15-6:30 PM	August 28 6:00-7:15 AM OPF	August 29 6:00-7:15 AM OPF	August 30 McFarland 5:15-6:15 PM 6:15-6:30 PM	August 31 6:00-7:15 AM OPF	1 8:45-9:45 FS 10:00-11:00 FS 11:00-11:20 Power (Amy, Allie or Cesca)
2 Verona 6:30-8:00 PM FS	3 5:15-6:15 PM FS 6:30-7:30 PM FS	4 6:00-7:15 AM OPF Most Schools Open	5 6:00-7:15 AM OPF	6 5:15-6:15 PM FS 6:30-7:30 PM FS	7 Chicagoland 6:00-7:15 AM OPF	8 Chicagoland 8:45-9:45 FS 10:00-11:00 FS 11:00-11:20 Power (Allie or Cesca or Alice teach t)
9 Chicaoland Verona 6:30-8:00 PM FS	10 5:15-6:15 PM FA 6:30-7:30 PM FS	11 6:00-7:15 AM OPF	12 6:00-7:15 AM OPF	13 5:15-6:15 PM FS 6:30-7:30 PM FS	14 6:00-7:15 AM OPF McFarland Festival –5-7 PM Figure skating obstacle course—Hockey shooting contest	15 McFarland Festival * 8:45-9:45 FS 10:00-11:00 FS 11:00-11:20 Power
16 McFarland Festival* Parade 12:30-3:30 Verona 6:30-8:00 PM FS	17 5:15-6:15 PM FA 6:30-7:30 PM FS	18 6:00-7:15 AM OPF	19 6:00-7:15 AM OPF	20 5:15-6:15 PM FS 6:30-7:30 PM FS	21 Madison Open 6:00-7:15 AM OPF	22 Madison Open 8:45-9:45 FS 10:00-11:00 FS
23 Madison Open Verona 6:30-8:00 PM FS	24 5:15-6:15 PM FS 6:30-7:30 PM FS Fall: Bridge Program (1)	25 6:00-7:15 AM OPF	26 6:00-7:15 AM OPF	27 5:15-6:15 PM FS 6:30-7:30 PM FS	28 6:00-7:15 AM OPF	29 8:45-9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS Fall (1) 1:30-2:30 Regionals exhibition: send off Party.
30 Verona 6:30-8:00 PM FS		Start with the impossible. Proceed calmly toward the improbable— *SWFSC and McF Youth Hockey Saturday afternoon fun activities 12:30-6:15— Clinics-Exhibitions and Free Public skate				Daniel Berrigan

October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 5:15-6:15 PM FS 6:30-7:30 PM FS Fall : Bridge Program (2)	2 6:00-7:15 AM OPF	3 6:00-7:15 AM OPF	4 5:15-6:15 PM FS 6:30-7:30 PM FS	5 6:00-7:15 AM OPF	6 8:45-9:45 FS 10:00-11:00 FS	
7 UGL - Peoria Illinois Verona 6:30-8:00 PM FS	8 5:15-6:15 PM FS 6:30-7:30 PM FS Fall Bridge Program (3)	9 6:00-7:15 AM OPF	10 6:00-7:15 AM OPF	11 5:15-6:15 PM FS 6:30-7:30 PM FS	12 6:00-7:15 AM OPF	13 8:45-9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS Fall (2)	
14 Verona 6:30-8:00 PM FS	15 5:15-6:15 PM FS 6:30-7:30 PM FS Fall:Bridge Program (4)	16 6:00-7:15 AM OPF	17 6:00-7:15 AM OPF	18 5:15-6:15 PM FS 6:30-7:30 PM FS	19 6:00-7:15 AM OPF	20 8:45-9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS Fall (3)	
21 Verona 6:30-8:00 PM FS	22 5:15-6:15 PM FS 6:30-7:30 PM FS Fall Bridge Program (5)	23 6:00-7:15 AM OPF	24 6:00-7:15 AM OPF	25 5:15-6:15 PM FS 6:30-7:30 PM FS	26 6:00-7:15 AM OPF	27 8:45-9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS Fall (4)	
28 Verona 6:30-8:00 PM FS	29 5:15-6:15 PM FS 6:30-7:30 PM FS Fall Bridge Program (6)	30 6:00-7:15 AM OPF	31 6:00-7:15 AM OPF				

2019 UGL Regionals, Oct 3-7, 2018, Peoria Illinois Heart of Illinois FSC <http://www.uglregionals.com>


November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				1 5:15-6:15 PM FS 6:30-7:30 PM FS	2 6:00-7:15 AM OPF	3 8:45-9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS Winter I (1)	
4 Verona 6:30-8:00 PM FS	5 5:15-6:15 PM FS 6:30-7:30 PM FS Winter I Bridge Program (1)	6 6:00-7:15 AM OPF	7 6:00-7:15 AM OPF	8 5:15-6:15 PM FS 6:30-7:30 PM FS	9 6:00-7:15 AM OPF	10 8:45-9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS Winter I (2)	
11 Verona 6:30-8:00 PM FS	12 5:15-6:15 PM FS 6:30-7:30 PM FS Winter I Bridge Program (2)	13 6:00-7:15 AM OPF Midwesterns—Ft. Wayne Indiana	14 6:00-7:15 AM OPF	15 Nov 13-17 5:15-6:15 PM FS 6:30-7:30 PM FS	16 6:00-7:15 AM-OPF Synchro. Kalamazoo, MI. IINT/OPJ/PJ 11/16-18	17 8:45-9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS Winter I (3)	
18 Synchro cont 11/16-18 Kalamazoo, MI Verona 6:30-8:00 PM FS	19 5:15-6:15 PM FS 6:30-7:30 PM FS Winter I Bridge Program (3)	20 OPF 6:00-7:15 AM	21 6:00-7:15 AM OPF			23 6:00-7:15 AM OPF	24 8:45-9:45 FS 10:00-11:00 FS 11:00-11:20 Power Allie, Cesca or Alice Teach
25 Verona 6:30-8:00 PM FS	26 5:15-6:15 PM FS 6:30-7:30 PM FS Winter I Bridge Program (4)	27 6:00-7:15 AM OPF	28 6:00-7:15 AM OPF	29 5:15-6:15 PM FS 6:30-7:30 PM FS	30 6:00-7:15 AM OPF Dr. Porter Synchro Comp. Ann Arbor MI Nov.30-Dec 2 All Teams		

December 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 8:45-9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS winter I (4)
			Dr. Porter Synchro Comp. Nov.30-Dec 2 All Teams Ann Abrour Michigan			
2 Verona 6:30-8:00 PM FS	3 Beginning of Hanukka 5:15-6:15 PM FS 6:30-7:30 PM FS Winter I Bridge Program (5)	4 6:00-7:15 AM OPF	5 6:00-7:15 AM-OPF	6 5:15-6:15 PM FS 6:30-7:30 PM FS	7 6:00-7:15 AMOPF	8 8:45-9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS Winter I (5)
9 Verona 6:30-8:00 PM FS	10 Last Day of Hanukka 5:15-6:15 PM FS 6:30-7:30 PM FS Winter I Bridge Program (6)	11 6:00-7:15 AM	12 6:00-7:15 AM	13 5:15-6:15 PM FS 6:30-7:30 PM FS	14 6:00-7:15 AM	15 8:45-9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS Winter I (6) Dress Rehearsal. For show
16 4-6 PM Holiday Show McFarland Ice Arena Verona 6:30-8:00 PM FS	17 5:15-6:15 PM FS 6:30-7:30 PM FS	18 6:00-7:15 AM OPF	19 6:00-7:15 AM OPF	20 5:15-6:15 PM FS 6:30-7:30 PM FS	21 6:00-7:15 AM OPF McFarland, Edgewood No School	22 8:45-9:45 FS 10:00-11:00 FS 11:00-11:20 Power (Allie, Alice or Cesca) 11:30-12:45 LTS Winter I (7)
23 Verona 6:30-8:00 PM FS	24 6:00-7:15 AM OPF	25 	26 6:00-7:15 AM OPF	27 6:00-7:15 AM 5:15-6:15 PM 6:30-7:30 PM	28 6:00-7:15 OPFAM	29 7:30-8:30 FS 8:45-9:45 FS LAURA STAMM CLINIC
	No School Dec 24- Jan 2 Most schools					
30 Verona 6:30-8:00 PM FS	31 6:00-7:15 AM OPF					

January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 	2 Most schools Resume 6:00-7:15 AM OPF	3 Sun Prairie resumes 5:15-6:15 PM FS 6:30-7:30 PM FS	4 6:00-7:15 AM OPF	5 8:45 - 9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS Winter II (1)
6 Verona 6:30-8:00 PM FS	7 MMSD Schools resume 5:15-6:15 PM FS 6:30-7:30 PM FS Winter II Bridge Program (1)	8 6:00-7:15 AM OPF	9 6:00-7:15 AM OPF	10 5:15-6:15 PM FS 6:30-7:30 PM FS	11 6:00-7:15 AM OPF	12 8:45 - 9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS Winter II (2)
13 Verona 6:30-8:00 PM FS	14 5:15-6:15 PM FS 6:30-7:30 PM FS Winter II Bridge Program (2)	15 6:00-7:15 AM OPF	16 6:00-7:15 AM OPF	17 5:15-6:15 PM FS 6:30-7:30 PM FS	18 6:00-7:15 AM OPF	19 Nationals Jan 19-27 → *8:30-9:30 FS *9:45—10:45 FS *10:45-11:05 Power *11:15-12:30 LTS Winter II (3) *Correct change 9/19/18
20 Nationals: Little Caesars Arena Detroit, Michigan Jan 19-27 Verona 6:30-8:00 PM FS	21 MLK Day No school Test Session 7:00 AM-12:00 PM 5:15-6:15 PM FS 6:30-7:30 PM FS	22 6:00-7:15 AM OPF	23 6:00-7:15 AM OPF	24 5:15-6:15 PM FS 6:30-7:30 PM FS	25 6:00-7:15 AM OPF	26 8:45 - 9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS Winter II (4) Nationals Jan.19-27 Detroit MI
27 Nationals end → Verona 6:30-8:00 PM FS	28 5:15-6:15 PM FS 6:30-7:30 PM FS Winter II Bridge Program (3)	29 6:00-7:15 AM OPF	30 6:00-7:15 AM OPF Synchro Sectionals—Midwesterns INT/OJ?PJ Jan 29-Feb 2	31 5:15-6:15 PM FS 6:30-7:30 PM FS		

February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 6:00-7:15 AM OPF	2 NO CONTRACT ICE 11:30-12:45 LTS Winter II (5) + Comp Prep Class Jan 29-Feb 2
3 Verona 6:30-8:00 PM FS	4 5:15-6:15 PM FS 6:30-7:30 PM FS Winter II Bridge Program (4)	5 6:00-7:15 AM OPF	6 6:00-7:15 AM OPF	7 5:15-6:15 PM FS 6:30-7:30 PM FS	8 6:00-7:15 AM- OPF	9 8:45 - 9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS Winter II (6) • Comp Prep Class
10 Verona 6:30-8:00 PM FS	11 5:15-6:15 PM FS 6:30-7:30 PM FS Winter II Bridge Program (5)	12 6:00-7:15 AM OPF	13 6:00-7:15 AM OPF	14 5:15-6:15 PM FS 6:30-7:30 PM FS	15 6:00-7:15 AM OPF	16 Swan Synchro Beaver Dam all teams 8:45 - 9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS Winter II (7)
17 Verona 6:30-8:00 PM FS	18 5:15-6:15 PM FS 6:30-7:30 PM FS Winter II Bridge Program (6)	19 6:00-7:15 AM OPF	20 6:00-7:15 AM OPF	21 5:15-6:15 PM FS 6:30-7:30 PM FS	22 6:00-7:15 AM OPF	23 8:45 - 9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS winter II (8) + Comp Prep Class
24 Verona 6:30-8:00 PM FS	25 5:15-6:15 PM FS 6:30-7:30 PM FS	26 6:00-7:15 AM OPF	27 6:00-7:15 AM	28 5:15-6:15 PM FS 6:30-7:30 PM FS		

Synchro Sectionals—Midwesterns INT/OJ/PJ

March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 SWFSC Compete USA Basic Skills Competition 8:00 am—4:30 PM AFTER PARTY IN LOBBY –PIZZA
3 Verona 6:30-8:00 PM FS	4 5:15-6:15 PM FS 6:30-7:30 PM FS Spring Bridge Program (1)	5 6:00-7:15 AM OPF	6 6:00-7:15 AM OPF	7 5:15-6:15 PM FS 6:30-7:30 PM FS	8 Eau Claire Competition 6:00-7:15 AM OPF	9 Eau Claire Competition 8:45 - 9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS Spring (1)
10 Eau Claire synchro SSI and SS 2 Verona 6:30-8:00 PM FS	11 5:15-6:15 PM FS 6:30-7:30 PM FS Spring Bridge Program (2)	12 6:00-7:15 AM OPF	13 6:00-7:15 AM OPF	14 5:15-6:15 PM FS 6:30-7:30 PM FS	15 6:00-7:15 AM OPF	16 8:45 - 9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS Spring (2)
17 Verona 6:30-8:00 PM FS	18 5:15-6:15 PM FS 6:30-7:30 PM FS Spring Bridge Program (3)	19 6:00-7:15 AM OPF	20 6:00-7:15 AM OPF	21 5:15-6:15 PM FS 6:30-7:30 PM FS	22 6:00-7:15 AM OPF	23 8:45 - 9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS Spring (3)
24 Verona 6:30-8:00 PM FS	25 5:15-6:15 PM FS 6:30-7:30 PM FS	26 6:00-7:15 AM OPF	27 6:00-7:15 AM OPF	28 5:15-6:15 PM FS 6:30-7:30 PM FS	29 6:00-7:15 AM OPF	30 8:45 - 9:45 FS 10:00-11:00 FS 11:00-11:20 Power (Allie, Alice or Cesca)
31 Verona 6:30-8:00 PM FS					WIM—Wilson Park Milleaukee	

Spring BreakSpring break..... Public schools except Sun Prairie Spring Break



April 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 5:15-6:15 PM FS 6:30-7:30 PM FS Spring Bridge Program (4)	2 6:00-7:15 AM OPF	3 6:00-7:15 AM OPF	4 5:15-6:15 PM FS 6:30-7:30 PM FS	5 6:00-7:15 AM-OPF	6 8:45 - 9:45 FS 10:00-11:00 FS 11:00-11:20 Power (Allie, Alice or Cesca) 11:30-12:45 LTS Spring (4)
7 Verona 6:30-8:00 PM FS	8 5:15-6:15 PM FS 6:30-7:30 PM FS Spring Bridge Program (5)	9 6:00-7:15 AM OPF	10 6:00-7:15 AM OPF	11 Ladybug Tentative April 11-14 5:15-6:15 PM FS 6:30-7:30 PM FS	12 6:00-7:15 AM OPF	13 8:45 - 9:45 FS 10:00-11:00 FS 11:00-11:20 Power (Allie, Alice or Cesca) 11:30-12:45 LTS (Spring (5))
14 Verona 6:30-8:00 PM FS	15 Sun Prairie Spring Break April 15-19 5:15-6:15 PM FS 6:30-7:30 PM FS	16 6:00-7:15 AM OPF	17 6:00-7:15 AM OPF	18 5:15-6:15 PM FS 6:30-7:30 PM FS	19 6:00-7:15 AM OPF →	20 8:45 - 9:45 FS 10:00-11:00 FS 11:00-11:20 Power 11:30-12:45 LTS Spring (6)
21 Verona 6:30-8:00 PM FS	22 5:15-6:15 PM FS 6:30-7:30 PM FS Spring Bridge Program (6)	23 6:00-7:15 AM OPF	24 6:00-7:15 AM OPF	25 5:15-6:15 PM FS 6:30-7:30 PM FS	26 6:00-7:15 AM OPF	27 8:45 - 9:45 FS 10:00-11:00 FS Verona Basic Skills Competition (Tentative)
28 Verona 6:30-8:00 PM FS	29 5:15-6:15 PM FS 6:30-7:30 PM FS	30 6:00-7:15 AM OPF				

May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 6:00-7:15 AM OPF	2 5:15-6:15 PM FS 6:30-7:30 PM FS	3 6:00-7:15 AM OPF	4 8:45 - 9:45 FS 10:00-11:00 FS 11:00-11:20 Power Senior Recognition Show 6:30-7:30 PM
5 Verona 6:30-8:00 PM FS	6 5:15-6:15 PM FS 6:30-7:30 PM FS	7 6:00-7:15 AM OPF	8 6:00-7:15 AM OPF	9 5:15-6:15 PM FS 6:30-7:30 PM FS	10 6:00-7:15 AM OPF	11 8:45 - 9:45 FS 10:00-11:00 FS No Power Class Northern Blast Weekend Tentative date
12 Verona 6:30-8:00 PM FS	13 5:15-6:15 PM FS 6:30-7:30 PM FS	14 6:00-7:15 AM OPF	15 6:00-7:15 AM OPF	16 6:00-7:15 AM 5:15-6:15 PM FS 6:30-7:30 PM FS	17 6:00-7:15 AM OPF	18 Invited Guest Seminar? 8:45 - 9:45 FS 10:00-11:00 FS 11:00-11:20 Power
19 Invited Guest Seminar ? Verona 6:30-8:00 PM FS	20 5:15-6:15 PM FS 6:30-7:30 PM FS	21 6:00-7:15 AM OPF	22 6:00-7:15 AM OPF	23 5:15-6:15 PM FS 6:30-7:30 PM FS	24 6:00-7:15 AM OPF	25 8:45 - 9:45 FS 10:00-11:00 FS 11:00-11:20 FS No Power Class Memorial Day Weekend
26 Memorial Day Weekend Verona 6:30-8:00 PM FS	27 Memorial Day 5:15-6:15 PM FS 6:30-7:30 PM FS	28 6:00-7:15 AM OPF	29 6:00-7:15 AM OPF	30 5:15-6:15 PM FS 6:30-7:30 PM FS	31 6:00-7:15 AM OPF	

June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 8:45 - 9:45 FS 10:00-11:00 FS 11:00-11:20 Power Test Session Request
2 Verona 6:30-8:00 PM FS	3 5:15-6:15 PM FS 6:30-7:30 PM FS	4 6:00-7:15 AM OPF	5 6:00-7:15 AM OPF	6 5:15-6:15 PM FS 6:30-7:30 PM FS	7 6:00-7:15 AM OPF Last day of School M/Cross Plains; McFarland	8 8:45 - 9:45 FS 10:00-11:00 FS 11:00-11:20 Power
9 Verona 6:30-8:00 PM FS	10 5:15-6:15 PM FS 6:30-7:30 PM FS	11 6:00-7:15 AM OPF Last day of school MMSD and Sun Prairie	12 6:00-7:15 AM OPF Last day of school Oregon	13 5:15-6:15 PM FS 6:30-7:30 PM FS	14 6:00-7:15 AM OPF	15 8:45 - 9:45 FS 10:00-11:00 FS 11:00-11:20 Power
16 SWFSC Summer Schedule Begins	17 Classes: 5:15-5:45 PM FS 6:00-7:00 PM 7:15-8:00 PM	18 *8:00 -11:30 AM tentative	19 8:00-10:30 AM ten- tentative	20 8:00 -11:30 AM tenta- tentative	21 5: 45- 7:15 PM is suggested time availa- ble	22
23	24	25	26	27	28	29
30						