

2009-07 Focus on Members

This month, long time members Ed, JoAnn & daughter Jen Post—are “In Focus.” Enjoy!

Cycling makes your cares lighter! Pat

Ed here: President Pat Van Hise credited JoAnn & I for getting her interested in the Free Wheelers & also asked that we provide a profile. JoAnn & I first learned about the PFW from Ron Angelini in our small outdoors group that included Chris Cook.

We joined after an Event ride & became more active, including leading rides & helping friends Linda Konrad (Byers) & Donna Carson with the 1985 GEAR (Great Eastern Area Rally). Ed was elected Ride Captain in 1986, & we bought our first tandem, a Gitane without lateral bracing but with a curved rear seat tube & a stiff ride for stoker JoAnn.

Biking slowed with the birth of Jen in May 1987 & the tearing of Ed's right bicep tendon which required surgery. Ed recalls the surgery was less scary than riding the rear of the old Gitane with his arm in a sling & his brother Ray steering. When Ed recovered, Jen was soon in a child seat riding with them & was photographed by the Cranbury Press eating ice cream outside a local shop.

When club founder, President & Event Chair Dick Bograd moved to Florida in 1988, Ed volunteered as Event Chair for 3 years & then co-chaired with Scott Dalton & Rich Burton (now in Atlanta). Back then the Event attracted 2,000 cyclists each year to Rider College & actually reached around 2,700 one year. JoAnn also did cover designs (including the Halloween time trial witch) for the FreeWheel for 2 years. Meanwhile, little Jen started pedaling & in December 1990 started riding the back of our new Burley tandem using a raised crankset, one reason why Jen now appears to pedal effortlessly. We went on a PFW trip to Vermont & rode the tandem over some real hills!



Ed, Jen & JoAnn Post

Jen has also led rides for the PFW, is now an individual PFW member, and has participated with the Rutgers Cycling Team for the last 4 years when studies permitted.

We have enjoyed the camaraderie cycling with the PFW since 1985 while keeping in shape, & we still enjoy encouraging others (like President Pat) to pursue cycling and riding with the PFW.