

2009-05 A Message from the President

In 1985 I read a small in-line newspaper ad published by the Princeton Free Wheelers, which described rides and invited new members, and I called Ed & Joanne Post. What a difference the club made in my life at that time! My first ride was 25 miles and I rode my daughter's 10 speed Schwinn, which weighed about half as much as I did. The result was total exhaustion and complete exhilaration. I was hooked on cycling. Throughout the years, participation in the Free Wheelers has enhanced my life through local rides, trips, social affairs and the Event. It is a privilege to give back by serving as president.

On behalf of the Board I would like to thank our outgoing president Michael Heffler for all of his efforts during the past year. Michael brought fresh ideas to the club and many initiatives, including the ongoing philanthropy program. He continues to be a vibrant leader, supporter and valued member of the club.

There are two vacancies on the Board. They are the position of secretary, which I vacated, and one member-at-large position. Please consider participating in this way. The responsibilities of those positions consist of attending a Board meeting once a month only, but that gives you the opportunity to help shape the future of the Club.



Cycling makes your cares lighter!

Pat Van Hise

Ed Note: Writing Pat's article above gave her the idea that we ought to dedicate an article focusing on a different member each month highlighting their experiences in their own words. And so this began the tradition and thus serves as the first in the series.