

KANSAS CITY AREA 1-HOUR SPEAKERS

Email ICFHAssistant@gmail.com to request!

1. “The Value of Coaching”

Speaker: All Coaches

Location: Wichita and KC Areas

Any of the ICF Heartland Coaches can present this 1-hour topic and share not only the value of coaching to an individual, but also the ROI and other research on the power of coaching!

2. “Unleash the Power of YOU!”

Speaker: Rachelle Huddleston, PCC, Heartland President

Location: Kansas City Area

What is it that keeps you from moving forward powerfully in your business and in your life? Rachelle will energize and inspire your audience by focusing on three things that energize movement towards results.

1. See the target!
2. Align with your "why?"
3. Strengthen results with these two things!

Walk away with practical tips to strengthen action, momentum and results!

Speaker Bio: Rachelle works with executives and financial advisors to move forward powerfully on a path to greatness. She is a licensed psychotherapist and credentialed coach, with certifications to teach Coach U's Coaching Clinic for Managers, True Colors and Personality Dimensions workshops, and others. Her joy is working with others to achieve their dreams. Rachelle graduated with honors in both undergrad and graduate school. She completed her coach training at Coach U in 2004. She currently serves as President of ICF Heartland and is the Chief Energy Officer at CoachRachelle.com.

3. “Bridging the Generational Gap”

Speaker: Brian Graves, ACC, Heartland VP

Location: Kansas City Area

The session will focus on leadership strategies that take into account generational differences. The session will emphasize factors that influence the way most persons view and understand others and that impact achieving organizational objectives. We will share insights aimed at removing the perceived division between 'us and them;' she will highlight how effective leaders adapt their communication to connect with everyone—especially younger persons on a team—toward utilization of a 'people-first mindset' to realize goals

Speaker Bio: Brian Graves, Sergeant Major, U.S. Army (Retired) is a veteran, leadership coach and trainer. He currently works with companies to develop and implement leadership strategies related to reducing stress, removing communication barriers, and increasing employee engagement.

4. “5-Steps to Breakthrough Coaching Conversations with Millennials & Gen Z”

Speaker: Lia McIntosh, ACC

Location: Kansas City Area

We'll look at the “old rules” of mature generations (Traditionalists, Boomers, and Generation X) and contrast them with the “new rules” of Millennials and Generation Z while shattering the myth that generations or micro generations are monolithic. You'll learn from some of our favorite innovative organizations in the U.S. (Facebook, Starbucks, Uber, Netflix, and Disney World) who are demonstrating deep understanding, relational ability, and impact with younger generations using coaching skills.

Speaker Bio: Lia McIntosh is a Millennial & Gen Z engagement expert, coach and speaker working to bridge the gap between generations and cultures and to prepare organizations for the future of work using coaching as her foundation.

5. “What Did You Say? Using The Language of Coaching to Connect Across Diversity”

Speaker: Lia McIntosh, ACC

Location: Kansas City Area

A recent global report sites, “Cultural diversity has emerged as a key concern at the turn of a new century. Yet the meanings attached to this catch-all term are as varied as they are shifting.” Some see cultural diversity as a positive, enabling deeper understanding, relationships, and impact. For others, cultural differences are misunderstood, feared, and cause many conflicts. This presentation will enable leaders to lead the way and to propose a vision of cultural diversity and thereby to clarify how, rather than being a threat to the status quo, differences in gender, race, economics and lifestyle couples with coaching skills are strengths to organizations and the world.

Speaker Bio: Lia McIntosh is a Millennial & Gen Z engagement expert, coach and speaker working to bridge the gap between generations and cultures and to prepare organizations for the future of work using coaching as her foundation. Sp

6. “Knock it Out of the Park with a Team-Centered Approach to Business”

Speaker: Kristine Holferty, ACC

Location: Kansas City Area

Companies are traditionally set in a hierarchical structure, but is that best for company culture, employee productivity, and business success? I believe in taking business back to everything that we've learned through athletics and team sports. A team-inspired model with a coach to guide, inspire, and support the other members is an efficient and effective way to structure your company. In the next 5-7 years, organizations will continue to flatten and develop into a team/project model instead of a hierarchical structure. Paired with my personal stories and experiences, this presentation will take an in-depth look into why a team-centered approach works and how to integrate this model into your organization. The ball is in your court, it's up to you to lead your team to a win.

Speaker Bio: Kristine Holferty is a corporate warrior, coach, mom, and athlete who is passionate about helping organizations and individuals achieve the impossible and meet their goals. From training for Ironman races to climbing the corporate ladder, Kristine understands the pressure of pursuing success and the grit and determination it takes to reach the finish line. She is passionate about helping identify opportunities, develop strategies, and overcome obstacles in order to improve people's lives.

7. “Vets Means Business”

Speaker: Brian Graves, ACC, Heartland Vice President

Location: Kansas City Area

Are you "Veteran Friendly" employer or organizations that struggles to connect with Veterans seeking employment? There are hundreds of programs that help educate Veterans but few that educate the employer. This program will leave you with a plan to implement your "one thing" that requires no money, no authority, and no additional resources.

Speaker Bio: Brian Graves, Sergeant Major, U.S. Army (Retired) is a veteran, leadership coach and trainer. He currently works with companies to develop and implement leadership strategies related to reducing stress, removing communication barriers, and increasing employee engagement.

8. “Bumps, Bruises and Lessons Learned through Organizational Change”

Speaker: Mazie Yewell, ACC, SHERPA

Location: Olathe/KC Area

Leaders managing employees through organizational change successfully do the following things: Personally process the change (having a coach is critical at this point), Communicate, Communicate, Communicate, and Check in day of change, 3 days after change, 1 week after change, ongoing; Assess performance to goals - coach accordingly.

Speaker Bio: Mazie Yewell has been executive and business coaching for 10 years. Coaching leaders through organizational change is her specialty. In today's business environment, effectively coaching leaders through transitional and organizational change is a must.

9. “Adaptive Change or Feel Good Tinkering?”

Speaker: Jim Lentz, ACC

Location: Overbrook/KC Area

Becoming a positive change leader; Developing a positive success mindset; Understanding adaptive change; Creating and coaching a positive leadership team; Developing long range goals with action plans.

Speaker Bio: Jim Lentz is a retired educator having spent over 40 year as a teacher, building and district leader and educational coach and consultant. He currently works as a coach/mentor for new school superintendents and consult/coach leadership teams for adaptive change and redesigning for success.

10. “Energy Leadership:How Quantum Physics Makes You More Healthy, Wealthy, and Wise”

Speaker: Patty Eschliman, CPC, ELI-MP

Location: Overland Park/KC Area

If you admire Albert Einstein, you know that everything is energy! Energy Leadership is a new and unique process that transforms the way you "show up" in any circumstance and provides you with the power to positively influence others while creating success within your organization. Attendees will walk away with knowledge regarding both their everyday energy, what happens to their energy under stress, as well as how to identify the energy of others. Using this knowledge, attendees will have the tools they need to improve their health, create significant wealth in their relationships, and prove themselves wise as they influence others towards their greatest success.

Speaker Bio: Patty Eschliman is a Medical Laboratory Science professional with 35 years of experience, the last 25 years in Laboratory Management. In 2013, she earned both her Masters in Healthcare Administration and the prestigious Diplomat in Laboratory Management (DLM) advanced certification. In 2017, after finishing a year of study through the International Professional Excellence in Coaching (iPEC) program, Patty earned her Certificate in Professional Coaching and Energy Leadership Master Practitioner certification. She is now the Lab Leader Coach and specializes in helping laboratory professionals reach their full potential.

11. “Unstuck and Unstoppable: The Life-Changing Power of Strengths”

Speaker: Diane McLean, PCC, ACC

Location: Overland Park/KC Area

Most of us become stuck at one point or another in our lives. Motivation seems elusive and will-power ineffective. However, when we become aware of our own unique strengths, we can activate our brains, engage our executive functions, and move forward toward our goals. In this presentation, audiences will discover the neurology behind motivation, and learn how to identify character strengths, executive function strengths, processing strengths, and performance strengths to create strategies that will help you or those you know become unstuck and unstoppable!

Speaker Bio: Diane McLean, MEd, ACCG, PCC is a certified Life Coach and ADHD Coach who specializes in executive functioning skills. She brings over 25 years' experience in education to coaching to help individuals with executive function challenges, and she is a coach instructor and mentor coach with the ICF accredited ADD Coach Academy. Diane is a local and national presenter on the topics of ADHD, executive functioning skills, and the power of strengths, a contributing author of The Guide to ADHD Coaching: How to Find an ADHD Coach and What to Do When You Get One, a support group leader for the Attention Deficit Disorder Association, and a volunteer for her local CHADD chapter. Diane has a passion for strengths-based coaching to help others find success and live fulfilling lives.

12. “Trust Your Gut: Using Intuition for Powerful Decision-Making”

Speaker: Maureen Purcell, ICF, PCC

Location: Overland Park

Ever ignore a 'gut feeling' to not do something, only to ruefully pay the price later? We live in a world that encourages the use of logic and data to make critical choices in our work and in our lives. Relying on these tools can make us vulnerable to analysis paralysis or being swayed by subconscious run-away emotions that result in less than desired results. When one uses one's gut, or intuition, you add yet another tool to your decision-making tool belt to assist when the path is not clear or something holds you back in making a choice. Learn more about a process that enables can tap into the wisdom of your gut for clarity and direction.

Speaker Bio: Maureen Purcell, PCC Coach, is passionate about the power of coaching in enhancing the workplace and life. She brings a wholeheartedness and presence to all she does to benefit the work and lives of others. Through her roles as coach, speaker, Leadership Coaching faculty, and mentoring of coaches, she inspires others to new and greater possibilities in their life journeys.

13. “Reducing Workplace Conflict through a Collaborative Approach”

Speaker: Ron Kuykendall, ACC

Location: Parkville/KC Area

Workplace conflict negatively impacts professional cultures in measurable ways. A recent study showed that on average, managers spend 25-40% of their time dealing with workplace conflict on their teams. What if you could reduce that conflict through collaboration and empowerment? This presentation will focus on creating and implementing strategies that turn that negative conflict into a productive environment. The effect on individuals and teams can increase productivity and positively impact employee engagement.

Speaker Bio: Ron Kuykendall is dedicated to helping executives and other business professionals focus and set priorities, increase productivity and define success on their own terms. He works closely with clients to identify, support and deliver measurable results that bring valuable bottom-line impact. Ron is a high-energy professional coach with more than 25 years of experience and a proven track record of top-tier accomplishments.

14. “Is Your Resume Your Job Obituary?”

Speaker: Sarah Uchytel, PCC

Location: Prairie Village/KC Area

Regardless of where you are on your career path, a clean updated resume is a must have. Come learn the strategies for writing to resume to attract the job you really want next, along with the latest resume-building techniques.

Speaker Bio: Sarah Uchytel is an International Coach Federation (ICF) Professional Certified Coach (PCC), Connector and Change Maker. She loves to work with high energy men and women who are ready to make BIG BOLD changes in their personal and professional lives. She sparks innovative and creative ideas by listening to her clients to create forward movement with measurable action steps. She coaches individuals on topics including personal development, life balance, leadership skills, resumes, LinkedIn profiles, networking strategies, interview skills, salary negotiation, job transition and goal setting.

15. “Don’t Tell Them 4 ~ Give them 2 + 2”

Speaker: Jeff Czernicki, ACC

Location: Prairie Village/KC Area

The fact of the matter is those we lead in their quest for knowledge and learning do not need the answers to end up in their lap. They need to learn how to work through the orderly process of adding it all up. A dynamic leader can guide his/her charges by presenting a careful and precise path of questions.

I offer an opportunity to learn the critical steps to empowering members of your team and organization through first learning how to become aware of the energy in a situation and then how to manage that energy by asking purposeful and powerful questions in an empowering way.

Speaker Bio: Jeff is retired from UPS after 31 years, 20+ at the executive level. That experience provided the opportunity to acquire high levels of proficiency in Leadership Development, Talent Management, Time Management, and Employee Engagement skills. Moreover, through a focus on the principles of Emotional Intelligence and its benefits, a path was illuminated for me to establishing a sound leadership presence I did not think possible in a corporate environment. In turn, I found the beginnings of the calling to my next career as a leadership development coach.

LAWRENCE AREA 1-HOUR SPEAKERS

Email ICFHAssistant@gmail.com to request!

1. “What is Your Weather?”

Speaker: Liz Dobbins, ACC

Location: Lawrence Area

Discover and explore how movement can regulate your behavior. If you knew you could regulate your inner climate what could you create? How would you feel?

Speaker Bio: Liz brings over 35 years’ experience building bridges between schools teacher and parents. A life coach deepening her facilitation and coaching effectiveness. Supporting partnership in expression, expansion and developing your true authenticity. Teaching levels K-22 to Higher Education serving as an adjunct professor at The University of Kansas.

2. “Do I Really Need a Coach? Me???”

Speaker: Becky Eason, ACC

Location: Lawrence Area

If you’ve asked the question, chances are good that the answer is YES—yes, you need a coach! Is there something in your life that you care deeply about, but you aren’t sure what your next step should be? Is there a big decision or sticky mess in front of you, and you’re not sure what should happen next? This, my friend, is the time for coaching! In this interactive, one-hour session, Becky Eason will walk you through what coaching is (and isn’t!) and what situations are good times for coaching. In a small group setting, Becky will facilitate a quick group coaching session; in a larger group, someone will get to experience the fun of a short coaching demonstration! Let’s talk more about how coaching can help YOU!

Speaker Bio: Becky Eason received her doctorate in Higher Education from the University of Kansas, and is an Associate Certified Coach (ACC) through the International Coach Federation. She is the President of Word Craft LLC, which provides individualized strategic services to arts organizations and other non-profits to encourage their viability and growth. Eason is also the Founder of We Quest for Wellness Coaching, where she utilizes skills as a trained Leadership Coach (Kansas Leadership Center), Health & Wellness Coach (Mentor Coach, Inc.), and her Level I Certification in the KLC Competencies. Becky loves coaching people who feel “stuck” and are ready make a change, like a new career, tackling a health issue, or finishing their dissertation. When she’s not coaching, Becky lives in Lawrence, KS with a house full of teenagers and rescued Corgis.

3. “Why Your Employees are Thinking of Leaving: Lessons from a Coach”

Speaker: Lyne Tumlinson, PCC

Location: Lawrence Area

“Should I stay or should I go?” showed up as a prominent dilemma in coaching at a recent conference. From emerging professionals looking for more opportunity to use their skills, to senior leaders seeking purpose and meaning in their work, many are contemplating changes. Learn how to recognize key red flags when your employees may be thinking about a move, calculate the cost of employee turnover (it’s more than dollars and cents) and. Facilitated discussion will focus on attendees’ own experiences while exploring potential remedies for team toxicity, designing positive culture shifts, and strengthening employee engagement.

Speaker Bio: Lyne Tumlinson works with leaders seeking their best fit job and organization to make a difference. Similarly, she pulls together teams to shift from energy-sucking conflicts and silos into engaged, high-performing focus. Lyne’s multi-faceted interests in personality, cultural diversity, and leadership development create the perfect storm of preparation for her true calling.

WICHITA AREA 1-HOUR SPEAKERS

Email ICFHAssistant@gmail.com to request!

1. *“The Hidden Secret to Innovation and Creativity at Work”*

Speaker: Tim Link, MCC

Location: Wichita Area

Innovation and creativity. Everyone wants it. Many know what drives it. Few know what kills it. Seasoned executive coach Tim Link uses his own personal story and lessons learned from his clients to explore the secret to innovation and will challenge participants to encourage more creativity and innovation at work.

Speaker Bio: Tim Link has 18 years in private practice as a leadership and executive coach. He has a master's in Organizational Development and Evidence Based Coaching. He is the Director of Coach Training for the Kansas Leadership Center, is a Certified Credential Assessor for the International Coach Federation, and a Coach Supervisor for the UT Dallas Graduate Certificate in Executive Coaching. Tim is a 22 year Rotarian and St. Thomas Aquinas Parish Council Chair.

2. *“3 Reasons Why Strategic Initiatives Fail... And How To Ensure Yours Don't”*

Stacy Feil, CEC, NBC-HWC, CPC

Location: Wichita Area

We'll take a somewhat unconventional look at strategic planning to identify why most initiatives fail and how to prevent that for your organization.

Objectives: Understand what a strategic plan is and how it differs from other types of plans: business, operational, marketing, etc.; Discover the real reasons why most strategic plans just sit on a shelf collecting dust.; Learn a 3-step approach to effective strategic planning; Leave with action steps for developing workable, executable strategic initiatives.

Speaker Bio: Stacy Feil is an executive coach who specializes in helping people thrive and organizations grow. She works closely with executives, boards, and entrepreneurs to stimulate long-lasting, multi-dimensional organizational success. Her ability to think big combined with her creative, practical, no-nonsense approach has garnered trust from clients nation-wide. Through coaching, group facilitation, training and consulting, Stacy addresses issues of strategy execution, team dynamics, and organizational effectiveness and communications.

3. *“Insight for Success”*

Speaker: Joan Hearne, ACC

Location: Wichita Area

Insights for Success highlights five strategies that can be used to change our negative thinking. Using neuroscience we will explore decision making strategies, meditation and its role in thinking, and then how to build those new neural pathways toward the success desired. This upbeat presentation will inspire, educate, and leave all with more hope for tomorrow. Change can happen quickly.

Speaker Bio: Joan is currently an adjunct professor at Newman University. She is a consultant and leadership coach serving clients throughout the United States. As an educator she has experience in administration, curriculum development and professional growth. In addition to her 10 years of coaching experience, she has developed a very popular neuroscience based Bible study, "Blueprints for Success".

4. *“How to Coach Yourself”*

Speaker: Charity Schaulis, ACC, Gallup & PCM

Location: Wichita Area

What does it look like to take care of yourself and reach objectives? Learn ways to manage yourself as a manager of others. Includes a Wellness Self-Assessment over 8 key areas and key resources to reach your goals using the Coaching Model.

Speaker Bio: Charity is the Executive Director of HopeNet, a nonprofit faith based organization transforming lives through coaching and counseling. Charity is passionate about coaching the whole person for forward movement. Under her leadership, exponential growth has occurred within HopeNet from serving 200 people per year to 3100 in 2018 in 8 years' time. Certified as a Gallup and Process Communication Model Coach, Charity enjoys identifying individual strengths, preferred communication styles and teambuilding for maximizing potential and productivity within organizational development constructs.

5. *“Coach More, Manage Less”*

Speaker: Greg Meissen, ACC

Location: Wichita Area

Instead of "managing" others which too often leaves them with less authority and less responsibility to get their jobs done, a coaching approach provides them with support, encouragement and accountability. The crossroad of leadership and transition provides Greg a framework for coaching that drives intentional progress individually and organizationally. He had the opportunity through the Annie Casey Foundation to be part of a national initiative on the science and practice of leadership evolution focused on organizational growth through positive and intentional leader transitions.

Speaker Bio: Greg Meissen is Professor Emeritus of Psychology at Wichita State University where he co-founded and directed the Community Psychology PhD Program and taught community leadership and organizational development. He served on the faculty of the Harvard School of Medicine and the Surgeon General's Council on Public Health. He founded the Self-Help Network that grew into the WSU Community Engagement Institute, which he directed until 2008. In those roles, Dr. Meissen received over 30 million in grant funding from the National Institute of Mental Health, Kansas Health Foundation, and the Administration for Children and Families for projects focused on organizational development, growth and sustainability. A native Kansan, Greg is a Kansas Health Foundation Leadership Fellow, has been awarded the Kansas Leadership Award and is part of the Kansas Leadership Center Coach Team

6. *“Walk the Talk of Employee Engagement”*

Stacy Feil, CEC, NBC-HWC, CPC

Location: Wichita Area

According to the most recent Gallup engagement survey, only 30% of employees are engaged at work. In this interactive talk we will:

Understand the cost of disengaged employees; Identify the characteristics of a highly motivated and engaged employee; Learn the 5 things every employee needs to engage and thrive; Leave with a 3-phase plan for improving employee engagement. This presentation is ideal for directors and managers of non-profit, for-profit, and government organizations in any industry.

Speaker Bio: Stacy Feil is an executive coach who specializes in helping people thrive and organizations grow. She works closely with executives, boards, managers, and entrepreneurs to stimulate long-lasting, multi-dimensional organizational success. Her ability to think big combined with her creative, practical, no-nonsense approach has garnered trust from clients nation-wide. Through coaching, group facilitation, training and consulting, Stacy addresses issues of strategy execution, team dynamics, and organizational effectiveness and communications. To learn more about engaging your employees, or to simply connect, reach out via LinkedIn or email her at info@stacyfeil.com.

7. “Overcome Overwhelm”

Speaker: Stacy Feil, CEC, NBC-HWC, CPC

Location: Wichita Area

Are you tired of having too much to do, feeling mentally scattered, and anxious about all the things you haven't done? Do you want to be more focused and purposeful? This is the presentation for you! In this interactive talk you will: Discover your “busyness” score and what that means; Identify the symptoms and consequences of too much negative stress; Learn 5 ways to take back your time so that you can do what really matters; Leave with a plan of action to be less reactive and more proactive with your time.

Speaker Bio: Stacy Feil is an executive coach who specializes in helping people thrive and organizations grow. She is also a certified professional organizer and productivity specialist, a board-certified health and wellness coach, and a yoga instructor who has overcome her share of overwhelm. Her ability to think big combined with her creative, practical, no-nonsense approach has garnered trust from clients nationwide. Through coaching, training, and group facilitation Stacy has helped countless individuals reclaim their lives and careers. To learn more about managing stress and overcoming overwhelm, or to simply connect, reach out via LinkedIn or email her at info@stacyfeil.com.

8. “The Power of the Next Step”

Speaker: Gail Goolsby, ACC

Location: Wichita Area

You have dreams. You have a big project to complete and deadlines to meet. You have piles of unsorted documents and clutter. You have moved to a new city with a new job. You have just recovered from a lengthy illness. You have relationship issues that need attention. The view ahead is hazy and unmotivating, like a cold, rainy day. You want to move forward, but you feel like cement blocks have replaced your shoes. You say, “If I only knew the next step, how to kick start myself.” Working with a Life Coach can demonstrate the Power of the Next Step.

Speaker Bio: Gail Goolsby holds master's degrees in Professional Counseling and Educational Leadership. She has over 25 years educational experience as teacher, school counselor and college admissions, and principal, including the K-12 American School in Kabul, Afghanistan 2005-2012. Gail has worked with all generations as well as global workers through difficult transitions and life changes. As an ICF certified life coach for 6 years, Gail believes there is support and encouragement through the coaching process to help all learn to live well.

9. “Learn to Live Well”

Speaker: Gail Goolsby, ACC

Location: Wichita Area

We've all needed help navigating the “next step” or with emotional, physical, relational or spiritual wellbeing. Come experience the potential of coaching in your life and skills to implement coaching into your leadership/ministry/business. We'll also do a brief self-assessment to better discover where new action is needed in our lives, with steps toward learning to live well.

Speaker Bio: Gail Goolsby holds master's degrees in Professional Counseling and Educational Leadership. She has over 25 years educational experience as teacher, school counselor and college admissions, and principal, including the K-12 American School in Kabul, Afghanistan 2005-2012. Gail has worked with all generations as well as global workers through difficult transitions and life changes. As an ICF certified life coach for 6 years, Gail believes there is support and encouragement through the coaching process to help all learn to live well.

10. “Feedback is a Gift- How to Give and Receive?”

Speaker: Anita Greenwood, ACC

Location, Wichita Area

This presentation highlights the basic components required to create a workplace coaching mindset. Attendees will learn how to give and receive feedback and begin practicing coaching conversations that can facilitate enhanced team communication and effectiveness at all levels of an organization.

Speaker Bio: Anita Greenwood is an Executive Coach, Business and Leadership Developer dedicated to helping organizations and mid-to-senior level women leaders make progress on their most challenging goals. A former Fortune 500 Sales and Marketing executive, whose career spans London, Paris, New York and Kansas, Anita founded Bridges and Wings, her Wichita based coaching and consulting company to help emerging and established leaders create impactful change and drive business results, by increasing their leadership and influence, and adopting a coaching mindset. She specializes in helping women successfully navigate and rise in male dominated work environments or management teams. Anita is an ICF certified coach, a Kansas Leadership Center Level II Leadership coach, an Amazing Career certified coach, a seasoned negotiator and teacher of Adaptive Leadership.