

River Levels Rowing Restrictions

Appendix A: River Levels and Rowing Restrictions

River Levels	Docks closed
	Level 1: No club boats, private boat warning
	Level 2: 4 oars, Blind boat bow must be at Level IV bow listed, 4th year & above rowers only with launch, rest on land
	Level 3: 4 oars, Blind boat bow must be at Level IV on bow list, 4th year and above rowers on own, Green & Novice on land (Fall exceptions noted below)
	Level 4: Blind boat bow must be Level III & IV on bow list to go on own, Green with coach, Novice barge only (Fall exceptions noted below)
	Level 5: Open rowing by bow list

Flow (KCFs)**	40001+	<u>Docks Closed</u> except by permission from the Lead Coach or Commodore				RANGE
	35,001-40,000	<u>LEVEL 2 w/posted restrictions*</u> 35,001-40,000, 60F+	<u>LEVEL 1</u> 35,001-40,000,55-60F	<u>DOCKS CLOSED</u> 35,001+, Under 55 F	<u>DOCKS CLOSED</u> 35,001+, Under 45 F	Stay South of Franklin, to bottom of beach below Lake St.
	30,001-35,000	<u>LEVEL 3</u> 30,001-35,000 , 60F	<u>LEVEL 2 w/posted restrictions*</u> 30,001-35,000 , 55-60F	<u>LEVEL 1</u> 30,001-35,000 , 45-55F	<u>DOCKS CLOSED</u> 30,001-35,000, Under 45F	Stay South of Franklin, down to 38th St/St. Clair (~1/2 way between Lake & Ford)
	25,001-30,000	<u>LEVEL 4</u> 25,001-30,000, 60F+	<u>LEVEL 3</u> 25001-30,000 55-60F.	<u>LEVEL 2 w/posted restrictions*</u> 25,001-30,000, 45-55F	<u>LEVEL 1</u> 25,001-30,000, Under 45F	Stay South of UMB Boathouse, down to 38th St/St. Clair (~1/2 way between Lake & Ford)
	20,001-25,000	<u>LEVEL 4</u> 20,001-25,000, 60F+	<u>LEVEL 4</u> 20,001-25,000, 60F+	<u>LEVEL 3</u> 20,001-25,000 45-55F	<u>LEVEL 2 w/posted restrictions*</u> 20,001-25,000, Under 45F	To top, down to 42nd/Randolph (~1000M above Ford Bridge)
	15-20,000	<u>LEVEL 5</u> 15-20,000,60F+	<u>LEVEL 4</u> 15-20,000, 55-60F	<u>LEVEL 3</u> 15-20,000, 45-55F	<u>LEVEL 2 w/posted restrictions*</u> 15-20,000 , under 45F	To top, stay 250M above Ford Bridge and do not stop when crossing river
	Under 15,000	<u>LEVEL 5</u> Under 15,000-, 60F+	<u>LEVEL 5</u> Under 15,000-, 55-60F	<u>LEVEL 3</u> Under 15,000-, 45-55F	<u>LEVEL 2 w/posted restrictions*</u> Under 15,000, Under 45F	To top, stay 150M. above Ford Bridge and do not stop when crossing river
		60F+	55-59.9F	45-54.9F	Under 45F	RANGE
	Water Temperature					

Safety levels are set by the Lead Coach.

Lead coach and/or coaches along with their captains and safety committee members may restrict dock usage for any and all members based on weather conditions at that time.

All members are responsible to keep current with restrictions posted on River Conditions page of the MRC website.

Description of Levels

Docks closed

Level 1: No club boats, private boat warning

Level 2: 4 oars, Blind boat bow must be at Level IV on bow list, 4th year & above rowers only with launch, rest on land

Group size limitations based on experience:

CW/M/REC A/B no more than 4 boats per launch. 20:1 Athlete/Coach ratio

CW/M/REC C no more than 2 boats per launch 18:1 Athlete/Coach ratio

Private boat warning.

Level 3: 4 oars, Blind boat bow must be at Level IV on bow list, 4th year and above rowers on own, Green & Novice on land*

A/B/C level rowers in Comp and Rec when **NOT** with Coach:

Must wear PFDs (**one for each rower/coxswain** in boat, provided by rower)

Each rower/coxswain in boat 4th year or above

Bow must be level IV

Recommend groups

A/B/C level rowers in Comp and Rec when **with** Coach:

No more than 4 boats per launch. 20:1 Athlete/Coach ratio

*Fall season ONLY, Green & Novice in 8's only with coach. Subject to review by Lead Coach

Level 4: Blind boat bow must be Level III & IV on bow list to go on own, Green with coach, Novice barge only*

A/B/C level rowers in Comp and Rec when **NOT** with Coach:

Must wear PFDs (**one for each** rower in boat provided by rower)

Bow must be level III or IV when rowing on own

*Fall season ONLY, Novice in 8's only with coach. Subject to review by Lead Coach

Level 5: Open rowing by bow list

Updated 2/2020