



# NEW YORK STATE SOCIETY OF PAs

## 2017 CONFERENCE

### PRESIDENTIAL CHARITY

According to Center for Disease Control, 14.5% of children are obese and 17% are overweight. Childhood obesity is associated with poor academic performance, risk for bullying, depression and chronic disease. A lifestyle that includes a nutritious diet and regular physical activity supports children reaching their full potential and optimal health.

This year the NYSSPA presidential charity is ***“New York Action for Healthy Kids”*** a nonprofit organization and largest volunteer network for fighting childhood obesity and undernourishment.

- Grants to improve access to healthy foods at schools including school breakfast and summer food programs.
- Nutrition education
- Vending machines with healthier choices
- Implementing physical activity programs
- Promoting Policy to facilitate schools being a healthier place for children
- Recruiting volunteers to go into schools to facilitate national education, physical activity classes.... PA’s and PA students may want to facilitate a volunteer project in your school community.... New York Action for Healthy Kids can assist you with identification of a school in your local for a community service project.

We are challenging PA’s and PA programs to raise funds for New York Action for Healthy Kids. Family, Friends, Preceptors and Alumni can all support you and this worthy cause by pledging a donation. Let us help our young patients “put their healthiest foot forward”.

To donate to the 2017 NYSSPA Presidential Charity “Action for Healthy Kids!” [click here.](#)

Sincerely,

Tracy L. Jackson, MA, PA-C, CHES  
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