



Carolinas Cycling Association



# Regional Time Trial Championship



## May 22, 2021



Bob Miarer Auto Service Wade Fire Department



7130 Powell Street, Wade, NC 28395

USA Cycling Permit #2021-3411

Category (Men and Women)	Fee	StartTime	Km	Places
Cat 1,2,3,4 40+	\$35	8:00 AM	40	3
Cat 1,2,3,4 50+	\$35		40	3
Cat 1,2,3,4 60+	\$35		40	3
Cat 1,2,3,4 70+	\$35		40	3
Cat 1, 2	\$35		40	3
Cat 3	\$35		40	3
Cat 4, Novice	\$35		40	3
Recumbent (2-wheel)	\$35		40	3
Tandem/Handcycle	\$35		40	3
Eddy Merckx Open Men	\$35		40	3
Eddy Merckx Open Women	\$35		40	3
Junior Men 9-10/11-12/ 13 -14/15-16/17-18	\$15	10:30 AM	20	3
Junior Women 9-10/11-12/ 13-14/15-16/17-18	\$15		20	3
Handcycle	\$35		20	3

Register Online: <https://www.bikereg.com/cca-time-trial-2021>

\*\*\*Racers may choose to enter in their proper category or any higher category, but not a lower category.\*\*\*

Timing Services will be provided! Online registration closes at midnight, May 20, 2021

Onsite fees increase by \$10 on the day of the race. Onsite registration opens at 7:00am for 30 minutes.

USAC Rules: All USA Cycling rules apply. Refer to [www.usacycling.org](http://www.usacycling.org) for more details. All competitors must submit a signed USAC standard release form and present a valid license in order to race. One-day USAC licenses for Juniors, Novice Men, and Novice Women races will be sold on site for \$10.

Open to all riders. Medals awarded only to non-pro, NC/SC residents.

Other stuff: CPSC certified helmets required for all races, including warm up and cool down rides.

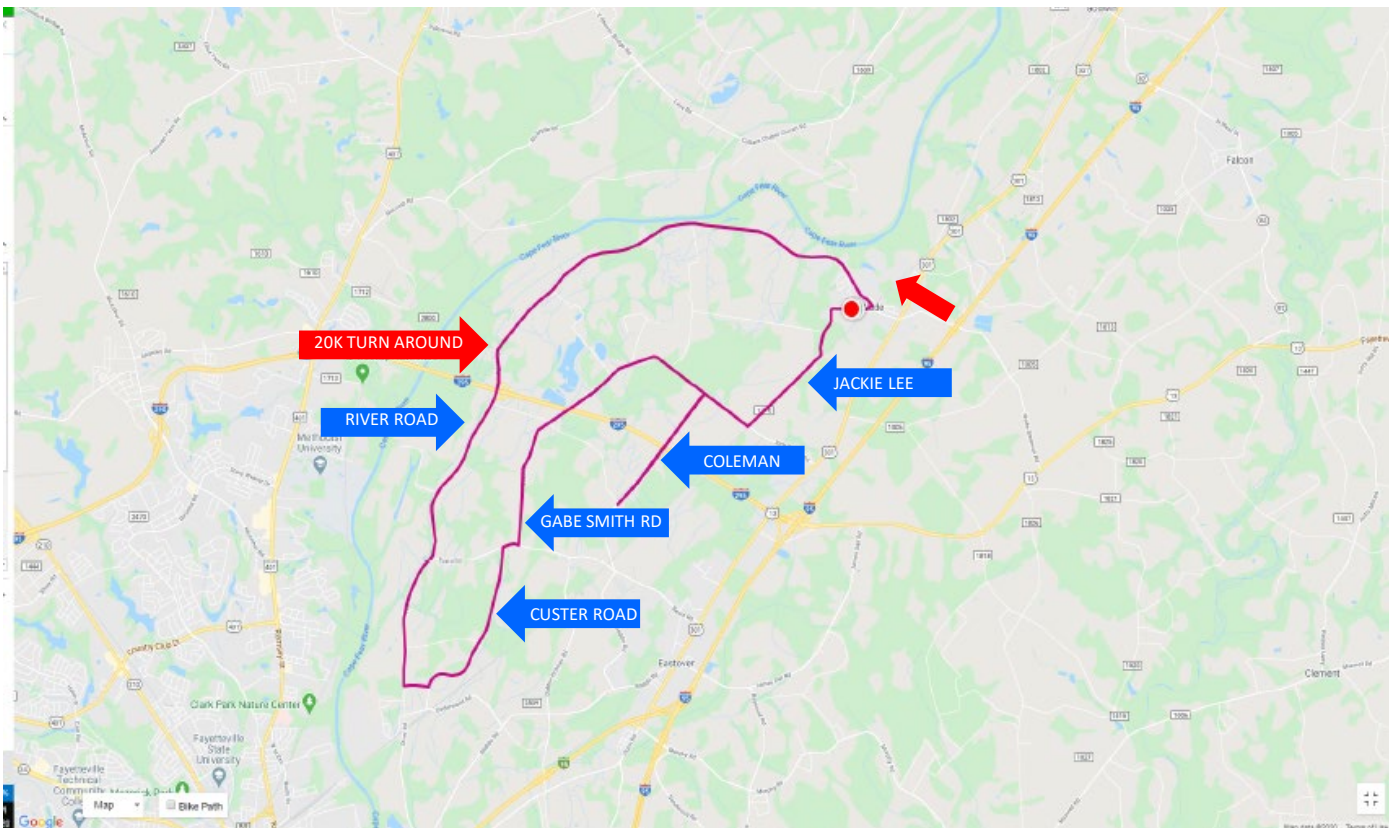
Centerline rule will be strictly enforced. Water bottles, wrappers, and all other litter may not be discarded in parking lots or on the course. Anyone discarding litter will be disqualified.

Race will be held rain or shine. No refunds. All racers are obliged to obey all NC traffic laws.

RACE DIRECTOR: Aldo Palacios (803) 210-7448 [apalacios5321@gmail.com](mailto:apalacios5321@gmail.com)

TIME TRIAL COURSE QUESTIONS: James Brown (518) 335-1809 [jamesbrown18a@gmail.com](mailto:jamesbrown18a@gmail.com)

# Carolinas Cycling Association Regional (NC/SC) Time Trail Course



- Red dot is the Start/Finish
- 40K blue arrows with Coleman Rd an out and back
- 20K red arrows out and back

# CCA Time Trial Race COVID-19 Mitigation Plan

**IF YOU ARE FEELING SICK (100.4-degree temperature, sudden or worsen cough, loss of taste) OR HAVE BEEN EXPOSED TO COVID-19 WITHIN 14-DAYS, PLEASE DO NOT COME TO OUR EVENT!**

## Pre-Race

- It will benefit all participants to register online prior to registration close. **REGISTRATION ON SITE WILL ONLY BE OPEN FOR 30 MINUTES PRIOR TO THE START OF THE RACE.**
- Please print off your waiver at home and fill it out before coming to the race. This will be emailed to you, which we will send a few times with other race information
- At the venue, it will be **MANDATORY** that all participants, volunteers, and staff wear a face covering (mask, neck gator, etc.) while within six feet of another individual. Once you are racing it will not be mandatory to wear one, but feel free to wear one if that makes you feel safer. We have extra masks, but please bring your own, we would not have enough to give everyone a mask.
- We always encourage that you bring your family and friends with you to the race, but we ask that you leave family and friends at home this year so we can keep the numbers around the start/finish area as low as possible.

## Registration

- Registration will be done from your car. We will have a location to drive up to before you park. From there, you will hand in your waiver and receive your race material. **PLEASE FOLLOW THE DIRECTIONS OF THE PARKING AREA VOLUNTEERS WHO WILL GUIDE YOU.**
- We will take your temperature using a non-contact forehead thermometer. If you would have a fever, you will not be allowed to enter the race area.
- Waiver will need to be printed from home and filled out before you get to the race.
- Once you have received your race material, please park and stick around your vehicle till five minutes before your start time.
- We will have limited **DAY OF REGISTRATION** to 30 minutes prior to the race start time. Pre-Registration is highly encouraged by all racers. Anyone that needs register will be taken care of after all pre-registered racers. **PRE-REGISTRATION IS STRONGLY ENCOURAGED** to make the day of racing go much smoother.

## Race Start

- Individual start every 1 minute. We will publish the start order on Friday, May 21, 2021.

## Post-Race

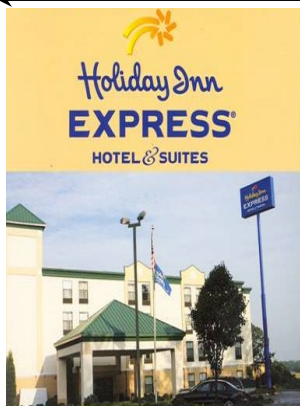
- After you have finished your race, we ask that you depart the finish area. We must maintain the 25-person limit the best that we can. If you will be on a podium it is ok to stick around, we will get these done ASAP once the top three have finished.
- We will not print off and post results at the finish area. We are working on making the results as live timing so you can look this up on your phone. At the very least, we will have them posted online at the end of the day for you to view.
- Podiums will be spaced six feet apart and you will be asked to wear a face covering till you get on the podium. Once on the podium, you can take it off for pictures and then please replace the face covering after getting off the podium. We will not shake hands during the awards process.

C4

# Administrative Staff

Wade, NC. Exit 61 off I - 95. Go west off the exit on Wade-Stedman Road. Proceed straight on Church Street through the red flashing light. Turn left on Powell Street. Wade Community Fire Dept. is on the left.

## Premier Sponsoring Hotels



Holiday Inn Express  
Hotel & Suites  
1706 Skibo Road  
Fayetteville, NC 28303  
Tel: (910) 867-6777  
Fax: (910) 864-9541  
A great hotel and staff!



Hilton Garden Inn  
4025 Sycamore Dairy Road  
Fayetteville, NC 28303  
Tel: (910) 860-3600  
Fax: (910) 860-3601  
A gorgeous hotel and pool with premium service & staff!

**Camping. FREE camping available on Friday night behind the Fire Station. Go all the way to the back and keep the concrete apron clear! Give the Wade Fire Dept. a few bucks for their hospitality.**

**Course. The course is a 40 km route in eastern Cumberland County. It is generally flat, with some rolling terrain. There is one overpass, and one bump about 1.5 miles from the Finish Line.**

