

WILLAMETTE KAYAK AND CANOE CLUB'S 18TH ANNUAL

# SAFETY WEEKEND

JULY 16 & 17, 2016

FISHERMEN'S BEND CAMPGROUND  
NORTH SANTIAM RIVER

**Learn and relearn the basics of what it takes to keep yourself and your paddling partners safe on the river!**

Safety Weekend is a two-day introduction to river safety and rescue. Topics include: warm-up and stretching exercises, pin and entrapment extraction, swimmer and boat rescue, Z-drag systems, knots, throwbags and ropes, and whitewater swimming skills.



### Registration Fee

Early Bird (through 6/10/16) = \$100.

Regular (after 6/10/16) = \$120.

All Participants Must be WKCC Club Members — Annual Cost is \$12.

Fee includes camping, four meals, and a free raffle.

For registration information and materials: [www.wkcc.org](http://www.wkcc.org)

For questions: [safetyweekend@gmail.com](mailto:safetyweekend@gmail.com), or call Barbara at 541-345-8903

**Limit 40 People**

**Sign up Now**