

Village Without Walls



Aging with Grace

Interactive presentations,
discussions, and workshops at
the

Elsie Stuhr Center
5550 SW Hall Blvd, Beaverton
97005

October 13, 1:30—4:00 PM

Maureen C. Nash, MD, MS, FAPA, Medical Director, Providence Elder Place will speak on Aging Well: Mental and Emotional Resiliency.

October 27, 1:30—4:00 PM

Darin Dooley, JD, and Megan Fuhrer, MBA, JD, Nay & Friedenberg Elder Law Firm will speak on key legal document for you and your family's planning.

Fee is \$10.00 per presentation, payable at the door. Viva Village members and volunteers: no charge.

RSVP: 503-746-5082 or vivavillageor@gmail.com.

Co-sponsored by Viva Village and Elsie Stuhr Center

Joining a Village Means Fun, Friendship and Peace of Mind

Lately, independent-living retirement homes have been advertising that you should move into their facilities so that you can have fun and meet interesting people. If you live in Hillsboro, Cornelius, Aloha and Forest Grove, you don't have to move out of your current home to have fun, learn new things, or make new friends.

Village Without Walls provides services of many kinds to our Members Plus to help them remain in their homes. But, more than that, Village Without Walls is a community where many of our members (full-service and basic) and volunteers attend T'ai Chi Chih classes; watch Bag and Baggage plays and local concerts; enjoy monthly brunches; take art classes; spend time together making cards and playing board games; and even attend local sports games.

Our basic members, many of whom also volunteer, receive two non-transportation services per year while providing financial support to pay it forward so that VWW will be here when they need our services in the future.

Volunteers, the lifeblood of our organization, love working with our members and always say that they get back much more than they ever give in these relationships.

October 1st was the Second Anniversary of the Village Without Walls opening. Being part of our Village Without Walls can bring fun and

friendship into your life. So now is the time to consider **joining Village Without Walls as a member or volunteer!**

Meet Elaine Bohlmeyer: Member Plus

Elaine was born and grew up on a small farm in Nebraska. After her marriage, Elaine, husband Del, and two daughters moved to warm Arizona where Del was a teacher and school administrator, and Elaine started a career in nursing. Ultimately, she received a Ph.D. in Educational Psychology and worked for 19 years in public schools.



In 2011, Elaine and Del moved to Forest Grove where they became active in the United Church of Christ. It was there that they discovered that Village Without Walls was forming. Elaine helped spread the word by teaching “Village 101” classes. Once VWW opened, she and her husband became basic members for the activities and fellowship.

After Del’s death two years ago, Elaine changed her membership to Member Plus. She isn’t afraid to ask for assistance and VWW Volunteers have “saved her” by dealing with minor household problems, such as a faulty garbage disposal. After she had eye surgery they even helped with watering plants.

Elaine has always been active in social justice causes, marching for the Equal Rights Amendment in 1972 and running for public office in Arizona. These days, she keeps busy with church activities, with

support group brunches, and with a local Writer's group. She has hosted the VWW Sing-along at her home several times and is writing a novel which promises a fascinating, well-researched look at 1st Century Palestine.

Recently, Elaine took a month-long road trip across Canada and the northern U.S. to visit Banff, Jasper, Niagara Falls, Yellowstone, and Grand Tetons national parks. Elaine did all the driving and her cute dog, Daisy, kept her company all along the way!

It's Halloween



Join Villagers Susie and Sherry for 'Evil Dead the Musical' which is a take on horror movies, complete with music, laughs and a "blood spatter zone" in the front rows.

Sunday, October 21st
2:30 PM

Theatre in the Grove
2028 Pacific Avenue, Forest Grove

Susie and Sherry have reserved seats F3 and F4 (well behind the zone). *Do not reserve seats in Rows A, B, C, D, or E* unless you want to get wet! Purchase tickets at theatreinthegrove.org or call 503-359-5349. Leave a message at 503-207-8729 for Susie or Sherry if you would like them to reserve for you. Members Plus can call 503-207-8729 to arrange transportation. You can also join other members for supper at Bites on Main Street in Forest Grove after the show.

Some Upcoming Activities

- Aging With Grace—Co-sponsored by Viva Village and Elsie Stuhr Center, Saturday, October 13, 1:30—4:00 PM.
- Seated T'ai Chi Chih Class, Mondays and Thursdays, October 8—November 1, 2:00—3:00 PM
- Downsizing: What, When, and How? Thursday, October 25, 10:00—11:30 AM

Click this [link](#) to see our monthly calendar with more details and more activities.



Village Without Walls

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Village Without Walls is a member of Villages NW, a 501(c)3 nonprofit Network.

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