

2019 SUMMER TRAINING RACES

WESTHAMPTON YACHT SQUADRON
Remsenburg, NY 11960



May 25, 2019 – August 10, 2019

SAILING INSTRUCTIONS

(Revised May 20, 2019)

1. RULES

- 1.1 The races will be governed by The Racing Rules of Sailing for 2017-2020 including US Sailing Prescriptions (RRS), except as changed by these Sailing Instructions.
- 1.2 As provided for in Rule 86 of the RRS, Rule 44.1 will be changed by requiring only one penalty turn under any circumstances covered by Rule 44.1.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official Westhampton Yacht Squadron (WYS) notice board located north of the flagpole.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Changes to the Sailing Instructions will be posted by noon on the day it will take effect. Oral instructions may be given on the water, as necessary, with a loud hailer from the Race Committee boat or by an official support boat, as provided in RRS 90.2(c).

4. SIGNALS

- 4.1 Signals made ashore will be displayed on the WYS flagpole.
- 4.2 Code Flag L (yellow and black squares) with one horn blast on shore means a notice to competitors has been posted. On the water, it means “come within hail” of the Race Committee Boat.
- 4.3 Code Flag AP (red and white stripes) with two horn blasts means the race is postponed. A single horn blast accompanies the lowering of the flag.

5. SAFETY

- 5.1 Competitors ages 18 and under and all competitors racing single-handedly must wear a U.S. Coast Guard approved Type III or Type V Personal Flotation Device (“PFD”) at all times on the water. All competitors must wear an approved PFD at all times on the water when the Y Flag (yellow and orange diagonal stripes) is flown on the Race Committee Boat. This changes the Part 4 Preamble.

6. SCHEDULE OF RACES

- 6.1 The Training Race Series will consist of seven (7) race days and will take place on Saturday mornings with the goal of providing sailboat-racing opportunities for both experienced and inexperienced sailors in a non-regatta environment. These non-regatta events shall not count in any series results but will be recorded and scored for training purposes

- 6.2 Each racing day should include at least five (5) races, but may be more or less depending on conditions and other factors. Racers must check in with the Race Committee boat on the water prior to the first race each day. If leaving the race area, communicate that information to the Race Committee as soon as possible.

- 6.3 The Training Races will be scheduled as follows:

May 25; June 1, 8 and 15; July 6 and 13; and August 10.

- 6.4 Boat prep will take place at 0800, Skippers meeting shall be at 0915 with the first warning signal no earlier than 1000 and no race started after 1300, except for June 15th, July 13 and August 10th when boat prep will take place at 1000, the skippers’ meeting will be held at 1100 with the first race signal no earlier than 1200, and no race started after 1500.

- 6.5 On race days that include multiple classes, the classes will be started in the following order:

Flying Scots, Sunfish, Lasers, 420’s, SS

7. CLASS FLAGS

- 7.1 Appropriate class flags will be used as part of the 5-minute timing as follows:

Flying Scot	-	Blue FS insignia on a white field
Sunfish	-	Red Sunfish insignia on white field
SS	-	Black SS insignia on a red field
Lasers	-	Red flag
420s	-	White flag with red diamond insignia

8. RACING AREA

8.1 Races will be held on Moriches Bay in front of or close to WYS.

9. THE COURSES

- 9.1 The diagrams in “Attachment A” at the end of these Sailing Instructions show the courses. Course Diagrams will also be available at the Registration desk. Additional courses may be added during the racing season. Prior to each race, the course symbol will be displayed on white board from the Race Committee boat designating the course to be sailed in that race.
- 9.2 After completing the first leg of the course a boat shall not cross the starting line (“S”). A boat shall not cross the finishing line (“F”) until she is completing the last leg of the course and finishes. This changes rule 28.1. A boat that breaks this rule shall not correct her error. However, she will be exonerated if she takes a Two-Turns Penalty (see RRS Sec. 44.2).
- 9.3 On a leg of the course from windward (“W”) to leeward (“L”) or from L to W, boats may leave the line between S and F either to port or to starboard.
- 9.4 For reasons of safety, on legs of the course from W to L or from L to W, the starting and finishing lines, including the signal boat or pin boat, if any, and the buoys that form the S and F are, taken together, one obstruction, and therefore rules 19 and 20 may apply between boats while they are approaching and passing it.
- 9.5 If a leeward gate is used, boats may only sail through the gate in a direction away from the windward mark.

10. MARKS

- 10.1 Marks 1, 2, and 3 will be orange inflatable pyramids.
- 10.2 The start-finish line will be between an orange flag on the Race Committee boat and the small orange ball in the water (the pin) or an anchored pin boat with a staff.
- 10.3 The offset mark at the windward mark, if used, will be a small orange ball.
- 10.4 The leeward gate mark, if used, will be an orange inflatable.

11. THE START

- 11.1 Races will be started by using modified Rule 26 (3 minute start sequence) with the warning siren being made approximately one (1) minute prior to the warning signal.

- 11.2 Times shall be taken from the visual signals; the failure of a sound signal shall be disregarded.
- 11.3 Boats whose warning signals have not been made shall avoid the starting area during the starting sequence for other races.
- 11.4 If RRS 30.1 is invoked, the “I” flag (yellow field, black ball) will be hoisted instead of the Preparatory Flag P two (2) minutes before the start and lowered at one (1) minute before the start.

12. RECALLS

- 12.1 Code Flag X (blue cross on a white field) and 1 horn blast signals an individual recall. As a courtesy, the Race Committee will attempt to hail the sail numbers for boats that are OCS (on the course side). This modifies RRS 41. Boats shall not be entitled to redress for the following: the failure of a boat to hear or receive a recall hail; the order of recall numbers hailed; the promptness of the hail. This modifies RRS 62.1(a).
- 12.2 Code Flag First Substitute (blue pennant with yellow triangle) and 2 horn blasts signals a general recall. A single horn blast accompanies the lowering of the flag. The warning signal will be made one minute after removal.

13. SHORTENING OR ABANDONING AFTER THE START

- 13.1 Code Flag S (white flag with blue square) and 2 horn blasts signals a shortened course, the finishing line shall be at a rounding mark, between the mark and a staff displaying flag S. This modifies RRS 32.2.
- 13.2 Code Flag N (blue and white checks) and 3 horn blasts signal abandon race; return to start area. A single horn blast accompanies the lowering of the flag. The warning signal will be made one minute after removal.
- 13.3 Code Flag N over Code Flag H (blue and white checks over white and red vertical stripe) and 3 horn blasts signal abandon race, return to shore.

14. PENALTY TURNS

- 14.1 A boat will only be required to take a One-Turn Penalty when she may have broken a rule of Part 2 of the RRS. This modifies RRS 44.1.

15. RETIREMENT

- 15.1 A boat that retires from a race shall notify the Race Committee as soon as possible.

16. **TIME LIMIT**

16.1 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored DNF (did not finish). This changes RRS 35 and A4.

17. **PROTESTS** - As these are training races there will be no formal protest hearings. However, protest situations will be discussed post-race for training purposes.

18. **SCORING** – Each race shall be scored using the Low Point scoring system of Appendix A, including Sec. A9 of Appendix A, will apply as modified.

19. **RADIO COMMUNICATIONS** – As these are training races, the use of VHF handheld radios are encouraged to facilitate communication and training.

20. **DISCLAIMER OF LIABILITY** - Competitors in this Summer Training Series are participating entirely at their own risk, and assume full responsibility for starting or continuing to race – Rule 4, Decision to Race. The organizing authority, host club and/or personnel conducting this event will not accept any liability for material damages or personal injury or death sustained in conjunction with or prior to, during, or after the event.