



2017 SUMMER TRAINING RACES

WESTHAMPTON YACHT SQUADRON
Remsenburg, NY 11960



NOTICE OF TRAINING RACES

(Revised June 14, 2017)

TRAINING RACES OVERVIEW

In addition to five (5) Westhampton Yacht Squadron (WYS) Summer Series and Labor Day Races (see separate Notice of Race and Sailing Instructions), this summer there will be eight (8) Summer Training Race days on Saturday mornings with the goal of providing more sailboat racing for both inexperienced and experienced WYS racing sailors in a non-regatta environment. New/inexperienced sailors can participate in and learn about racing and race management while racing with and against more experienced sailors who are practicing and honing their racing skills. New race support volunteers will work with race officers on the Race Committee Boat or support/safety boats.

These training races are not a “learn to sail program,” but a “learn to race program.” Youth learn sailing at WYS summer lessons. Adults interested in learning to sail should register for Tuesday evening Adult Lessons, the Wednesday evening Adult Sailing Clinic or contact one of our sailing instructors for private lessons. See Sailing Lessons information on the WYS website.

The training races are not part of a regatta or racing series, so each race will stand alone but will be recorded and scored for training purposes only. Except for the first day, June 3, when racing will start at 1200, the Saturday training races will start at 1000 with no race starting after 1200 (or two hours after the first race start) so that participants can still maximize enjoyment of their Saturday afternoons and evenings.

While each race will be competitive in nature, in the spirit of training newer racing participants the focus will be on practicing racing skills, tactics and strategy on each of the key points of the race: pre-start, start, windward leg, windward mark rounding, reaching and/or leeward legs, leeward mark rounding, the finish. Flying Scots are expected to race with a crew of three (3) to accommodate new or inexperienced racing sailors. Qualified skippers are encouraged to race one of the Club-owned Scots to get more boats racing and to provide space for new participants. Experienced racers are encouraged to switch boats and sail with other experienced racers to share and gain knowledge by racing with a different team than usual.

Switching positions on the boat during or between races is encouraged to let newer racers experience different crew positions (forward or middle positions) or the skipper position (if a participant is ready for this and if the skipper of the boat is comfortable with supervising and training the new skipper). Sailors working on becoming a Club Race Officer can utilize some of the Saturday races to perform Race Committee, PRO and support boat activities required for certification.

1. RULES

- 1.1 The races will be governed by *"The Racing Rules of Sailing for 2017-2020 Including US Sailing Prescriptions"* (RRS), except as changed by this Notice or the Sailing Instructions.
- 1.2 As provided for in Rule 86 of the RRS, Rule 44.1 will be changed by requiring only one penalty turn under any circumstances covered by Rule 44.1.

2. ELIGIBILITY

- 2.1 The races are open to all boats of the Flying Scot, Sunfish, Laser and 420 classes from WYS.
- 2.2 All WYS sailors interested in racing are encouraged to participate. These are not "learn to sail" days, but they are "learn to race" days.
 - 2.2.1 Single handed racers should have their boats ready and attend the skippers meeting at 0915 as noted in item 7.4.
 - 2.2.2 Those interested in crewing on a Flying Scot should be at WYS by 0800 (1000 on June 3rd, the first training race day) so that there will be time to find space on one of the racing boats (first come, first served on a spaces-available basis). Bring your PFD (see item 3 below), wear closed-toe footwear, and sailing gloves (if you have them).
 - 2.2.3 Those interested in assisting on the Race Committee Boat or on one of the race patrol/safety/mark-setting boats should be at WYS by 0830.
- 2.3 There will be a registration form each day to record the boats racing, the skippers and crew.
- 2.4 All racing sailors are highly encouraged to be members of US Sailing (www.ussailing.org) and their respective class organizations, including the Flying Scot Sailing Association – FSSA (www.fssa.com) for the Scot sailors. At a minimum, the skipper of a Flying Scot must be a member of FSSA.

3. **SAFETY** - Competitors aged 18 and under and all competitors racing single-handedly must wear a U.S. Coast Guard approved Type III or Type V Personal Flotation Device (PFD) at all times while on the water. All competitors must wear an approved PFD at all times on the water when the Y Flag (yellow and orange diagonal stripes) is flown on the Race Committee Boat.
4. **SAILING INSTRUCTIONS** - Sailing Instructions will be available at registration. Changes to the Sailing Instructions will be posted on the official WYS Notice Board located just north of the flag pole by 0900 on the day it will take effect. Oral instructions may be given on the water with a loud hailer from the Race Committee boat or by an official support boat, as permitted by RRS 90.2(c).
5. **RACING AREA** - Races will be held on Moriches Bay in front of or as close to WYS as the tides and wind direction permits.

6. **THE COURSES** - The courses to be sailed are shown on Attachment “A”, which includes the approximate angles between legs, the order in which marks are to be passed and the side on which each is to be left. The approximate course length will be determined at the time of any given race based on local conditions.

7. **SCHEDULE OF TRAINING RACES**

7.1 Each racing day is planned to have 5 short races (approximately 20 minutes each), but there may be fewer depending on conditions and other factors.

7.2 Racers must check in with the Race Committee boat on the water prior to the first race each day.

7.3 There will be eight (8) training race days scheduled for the following Saturday mornings:

June - 3, 10, 17 (Note – June 24 is WYS Summer Series #1)
July - 1, 14, 22 (Note – July 8 and 29 are WYS Summer Series #2 and #3)
August - 5, 19 (Note – August 12 and 26 are WYS Summer Series #4 and #5)

The five (5) WYS Summer Series Races are covered in a separate NOR.

7.4 Daily Race Schedule:

	<u>June 3 & 17</u>	<u>Other Days</u>
Boat preparation	1000	0800
Skipper’s Meeting	1115	0915
Warning Signal First Race	1200	1000
No Race Begins after	1400	1200 (or 2 hours after the first race start)

7.5 On race days that include multiple classes, classes will be started in the following order:

Flying Scots
420s
Sunfish, Lasers

8. **SCORING**

8.1 The Low Point scoring system of RRS of Appendix A will apply.

8.2 Each race will be scored for training purposes, but as these training races are not part of a regatta or series, the results of each race will stand alone.

9. **RADIO COMMUNICATION** – As these are training races, boats are encouraged to carry VHF handheld radio to facilitate communication as necessary.

10. **DISCLAIMER OF LIABILITY** - Competitors in this Summer Training Races are participating entirely at their own risk and are bound by “*The Racing Rules of Sailing for 2017-2020 Including US Sailing Prescriptions*” and all other rules that govern this event, and assume full responsibility for starting or continuing to race – see RRS Rule 4, Decision to Race. The organizing authority, host club and/or personnel conducting this event will not accept any liability for material damages or personal injury or death sustained in conjunction with or prior to, during, or after the event.

11. CONTACT for ADDITIONAL INFORMATION

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