



GSBYRA Adult Championships Men's Fenner / Women's Morgan August 4, 2018 / August 5, 2018



Organizing Authority – GSBYRA

Host Club: Westhampton Yacht Squadron
9 Yacht Club Drive
Remsenburg, NY 11960



SAILING INSTRUCTIONS

(Issued August 03, 2018)

1. RULES -

- 1.1 The regatta will be governed by the rules as defined in “*The Racing Rules of Sailing 2017-2020 Including US Sailing Prescriptions*” (RRS), except as changed by these Sailing Instructions.
- 1.2 The following documents shall apply:
 - 1.2.1 [US Sailing Regulation 2, 10, 14 and 15.](#)
 - 1.2.2 [The Conditions for the United States Adult Championships.](#)
 - 1.2.3 [The US Sailing Championship Support Vessel Policy.](#)
 - 1.2.4 This championship is not being conducted as a sanctioned or class association event. Only the Equipment Measurement Rules for the Flying Scot class will apply. However, US Sailing encourages sailors to join the Flying Scot Association to support their efforts
- 1.3 Racing Rules will be changed as follows:

This **Rule 29.1 and Rule 30.1** are changed to permit the hailing of recall numbers. The failure of any boat to hear the hail, an untimely hail of OCS boats, failure to hail any boats, and the order of the boats in the hail shall not be grounds for granting redress;

The preamble to Part 4 and Rule 40 are changed so that competitors shall wear a US Coast Guard (USCG) approved personal flotation device (PFD), while on the water other than for brief periods while adding or removing clothing. The PFD shall depend 100% on foam for flotation. No modifications of the PDF are permitted, and it shall be the appropriate size for the sailor.

Rule 60.1(a) is changed to prohibit a boat from protesting another boat for an alleged breach of any class rule other than class equipment measurement rules;

RRS 61.1(a) is changed so that “A boat intending to protest about an incident that occurs in the racing area shall notify the race committee finish boat of her intention as soon as possible after finishing, including the boat identification number of the boat(s) being protested”;

Rule 64.1 is changed to allow penalties imposed by the Protest Committee, for hearings held under Rule 60.3, as changed, which may range from a reprimand to a dismissal from the regatta;

Rule 77 is changed such that a boat is not required to display national letters; however, competitors may be required to apply recall numbers to their boat or sail;

These changes will appear in full in the sailing instructions. The sailing instructions may also change other racing rules.

2. CLASS DISCIPLINE

- 2.1 The regatta shall be sailed in Flying Scots BYOB/SYOB with a crew of three. Bring your own sails.
- 2.2 Each boat shall comply with the equipment measurement rules of the Flying Scot Class and may be inspected for compliance at any time during the regatta at the discretion of the Protest Committee.

3. NOTICES TO COMPETITORS - Notices to competitors will be posted on the official Westhampton Yacht Squadron (WYS) notice board just north of the WYS flag pole.

4. CHANGES TO SAILING INSTRUCTIONS - Any change to the Sailing Instructions will be posted before 1000 on the day it will take effect. Oral instructions may be given on the water, as necessary, with a loud hailer from the Race Committee boat or by an official support boat. RRS 90.2(c) refers.

5. SIGNALS MADE ASHORE - Signals made ashore will be displayed from the WYS flag pole.

- 5.1 **Code Flag L** with one horn blast means "come within hail". On the water, it means check in with the Race Committee Boat.
- 5.2 **Code flag AP** (red and white stripes) with two horn blasts means the race is postponed. A single horn blast accompanies the lowering of the flag.

6. COACHING

- 6.1 Instructors, coaches or other support personnel and family members shall not go afloat in the defined racing area at any time during the racing day.
- 6.2 Outside contact with competitors is prohibited on racing days commencing with the completion of the Skipper's Meeting and shall continue until released by the Protest Committee on racing days.
- 6.3 Outside contact is defined as a parent, family member, spectator, or coach. Competitors shall not receive advice, instruction, or any type of outside assistance including using electronic communication devices while at the sailing venue during racing days. It is the intent of this rule to prohibit contact between any person, who, in the opinion of the Protest Committee, is a coach, instructor, or advisor.
- 6.4 The Protest Committee may protest and disqualify a competitor for breaking these coaching rules.

7. SAFETY AND PERSONAL EQUIPMENT

- 7.1 Competitors shall wear a US Coast Guard (USCG) approved personal flotation device (PDF) at all times while on the water other than for brief periods while adding or removing clothing. The PDF shall either be a USCG Type III or V that depends 100% on foam for flotation. No modifications of the PDF are permitted. The PDF must be worn outside of all clothing except that a thin shirt may be worn over the PDF to prevent snagging.
- 7.2 The only gear, rigging, or equipment that a team may take aboard a boat shall be: magnetic card compass, flags, plastic bucket or bailer, normally equipped ditty bag, personal effects including PFDs, and protective clothing.
- 7.3 Electronic flux gate compasses and GPS devices of all varieties, styles, and combinations are specifically banned.

8. SCHEDULE

Saturday, Aug. 4, 2018 FENNER TROPHY – Men’s Triple Handed Championship

0800 to 1000	Check in
0800 to 1000	Coffee and Bagels
1100	Skippers Meeting
1200	First warning for racing
1600	No race will start after 1600
Post races	BBQ at Westhampton Yacht Squadron

Sunday, Aug. 5, 2018 MORGAN TROPHY – Women’s Triple Handed Championship

0800 to 1000	Check in
0800 to 1000	Coffee and Bagels
1100	Skippers Meeting
1200	First warning for racing
1600	No race will start after 1600
Post races	Hero Sandwiches at Westhampton Yacht Squadron

9. **RACING AREA** - The racing area will be on Moriches Bay to the south and west of the Westhampton Yacht Squadron.

10. CHECK-IN, CLASSES RACING ON THE COURSE, ORDER OF STARTS and CLASS FLAGS

- 10.1 Check-in with the Race Committee on the water prior to the first race of the day.
- 10.2 Narrasketucks will also be sailing on the race course as part of the WYS Invitational.
- 10.3 Order of starts: Narrasketucks, Flying Scots
- 10.4 Class flags
 - Narrasketuck – Red Indian Head on a white field
 - Flying Scot – Blue FS Insignia on a white field

11. THE COURSES –

- 11.1 The diagrams in “Illustration A” at the end of these Sailing Instructions show the WYS race courses. Course Diagrams will also be available at the Registration desk. Note that there are four (4) primary courses, which may be modified to add a windward offset mark and leeward gate. Prior to each race, the course number will be displayed on a white board from the Race Committee boat designating the course to be sailed in that race.
- 11.2 After completing the first leg of the course a boat shall not cross the starting line (“S”). A boat that breaks this rule shall be exonerated if she takes a two-turn penalty (see RRS Sec. 44.2) after getting clear of the other boats as soon as possible after the incident occurs.
- 11.3 On a leg of the course from windward (“W”) to leeward (“L”) or from L to W, boats may leave the line between S and F either to port or starboard. For reasons of safety, on legs of the course from W to L or from L to W, the starting and finishing lines, including the signal boat or pin boat, if any, and the buoys that form the S and F are, taken together, one obstruction, and therefore rules 19 and 20 apply.

12. **MARKS** - Marks 1, 2, and 3 will be orange inflatable balls or orange inflatable pyramids. The start-finish line will be between an orange flag on the Race Committee boat and the small orange ball in the water (the pin) or an anchored pin boat with a staff. If an offset mark is used at the windward mark it will be a round orange ball.

13. THE START

- 13.1 Races will be started by using the modified Rule 26 (3 minutes). Times shall be taken from the visual signals; the failure of a sound signal shall be disregarded. A siren will be sounded as an “Alert” approximately one minute before the warning signal but is not part of the 3-minute sequence which is as follows:

<u>Signal</u>	<u>Flag and Sound</u>	<u>Minutes Before Start</u>
Warning	Class flag up, 1 horn	3
Preparatory	Flag P up, 1 horn	2
One minute	Flag P drop, 1 long horn	1
Start	Class flag drop, 1 horn	0

13.2 If RRS 30.1 is invoked, the “I” flag (yellow field, black ball) will be hoisted instead of the Preparatory Flag P two (2) minutes before the start and lowered at one minute before the start.

14. RECALLS

14.1 **Code Flag X** (blue cross on a white field) and 1 horn blast signals an individual recall. As a courtesy, the Race Committee will attempt to hail the sail numbers for boats that are OCS (on the course side). This modifies RRS 41. Boats shall not be entitled to redress for the following: the failure of a boat to hear or receive a recall hail; the order of recall numbers hailed; the promptness of the hail. This modifies RRS 62.1(a).

14.2 **Code Flag First Substitute** (blue pennant with yellow triangle) and 2 horn blasts signals a general recall. A single horn blast accompanies the lowering of the flag. The warning signal will be made one minute after removal.

15. ABANDONING AFTER THE START

15.1 **Code Flag N** (blue and white checks) and 3 horn blasts signal abandon race; return to start area. A single horn blast accompanies the lowering of the flag. The warning signal will be made one minute after removal.

15.2 **Code Flag N** over **Code Flag H** (blue and white checks over white and red vertical stripe) and 3 horn blasts signal abandon race, return to shore.

16. **TIME LIMIT** - Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored DNF (did not finish). This changes Rules 35 and A4.1.

17. **RETIREMENT** - A boat that retires from a race shall notify the Race Committee as soon as possible.

18. CHANGES TO THE RACING RULES –

18.1 A boat that takes a two-turns penalty shall inform the Race Committee upon finishing which modifies Rule 44.2.

18.2 A boat intending to protest shall immediately notify the Race Committee upon finishing of her intent to protest and, if possible, give the sail number of the protested boat, without instructor or spectator consultation, which modifies Rule 61.1(a).

19. **PROTESTS AND REQUESTS FOR REDRESS** - The Race Committee will post the docking time at the end of racing each day on the official notice board. Protest forms are available at the club and completed protest forms shall be delivered to the Protest Committee no later than one hour after the docking. The same time applies to protests by the Race Committee about incidents they observe in the racing area and to requests for redress. This changes Rules 61.3 and 62.2. Protests will be heard in approximately the order of receipt as soon as possible.

20. SCORING

20.1 The Low-Point Scoring System of Appendix A will apply.

20.2 Five (5) races are scheduled.

20.3 One (1) race is required to be completed to constitute a series.

(a) When fewer than 5 races have been completed, a boat’s series score will be the total of her race scores.

(b) When 5 races have been completed, a boat’s score will be the total of her race scores excluding her worst score. This modifies Appendix A2.

21. **SUPPORT & SPECTATOR BOATS** - No spectator boats are permitted. See 1.2.3.

22. COACHING

- 22.1 This is a Grade 3 Event as defined in the US Sailing Championship Support Vessel Policy. See [The US Sailing Championship Support Vessel Policy](#). A private coach is defined as any coach NOT hired by US Sailing.
- 22.2 Except as provided in the policy specified above, instructors, coaches or other support personnel and family members shall not go afloat in the defined racing area at any time during the racing day.
- 22.3 Outside contact with competitors is prohibited on racing days commencing with the competitor's arrival at the host club and shall continue until released by the Protest Committee on racing days.
- 22.4 Outside contact is defined as a parent, family member, spectator, or coach. Competitors shall not receive advice, instruction, or any type of outside assistance (other than that provided by US Sailing) including using electronic communication devices while at the sailing venue during racing days. It is the intent of this rule to prohibit contact between any person, who, in the opinion of the Protest Committee, is a coach, instructor, or advisor.
- 22.5 The Protest Committee may protest and disqualify a competitor for breaking the rules of NOR 11 on racing days.

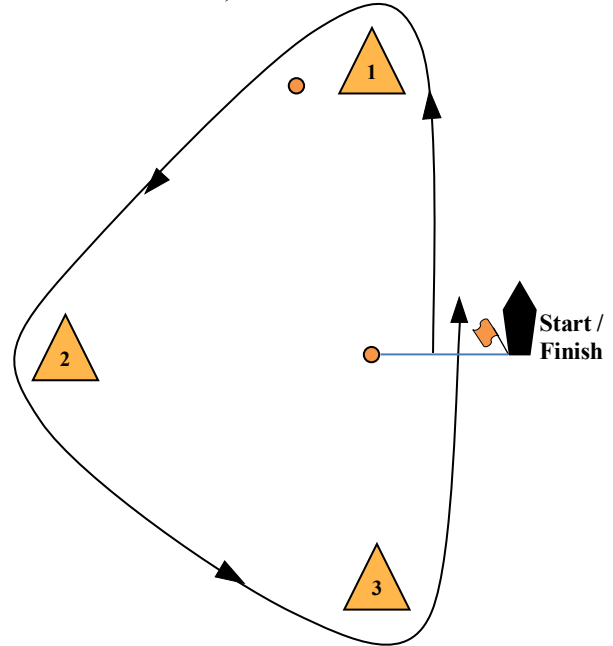
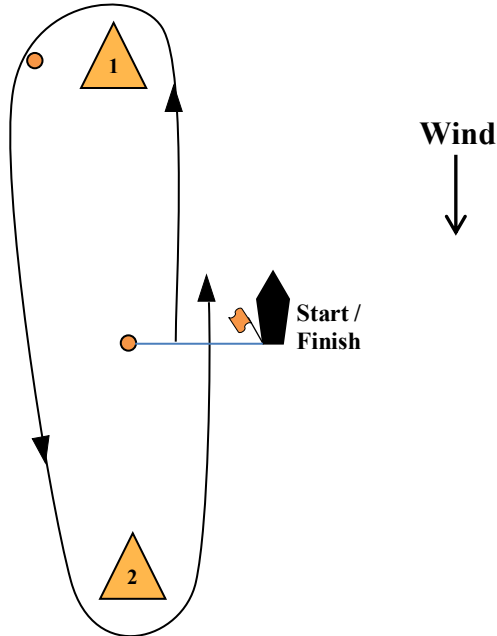
23. **DISCLAIMER OF LIABILITY - Competitors in these Championships are participating entirely at their own risk and are bound by "The Racing Rules of Sailing for 2017-2020 Including US Sailing Prescriptions" and all other rules that govern this event and assume full responsibility for starting or continuing to race – see RRS Rule 4, Decision to Race. The organizing authority, host club and/or personnel conducting this event will not accept any liability for material damages or personal injury or death sustained in conjunction with or prior to, during, or after the event.**



Westhampton Yacht Squadron Attachment "A" - Course Diagrams



(shown with optional Windward Offset and Leeward Gate)

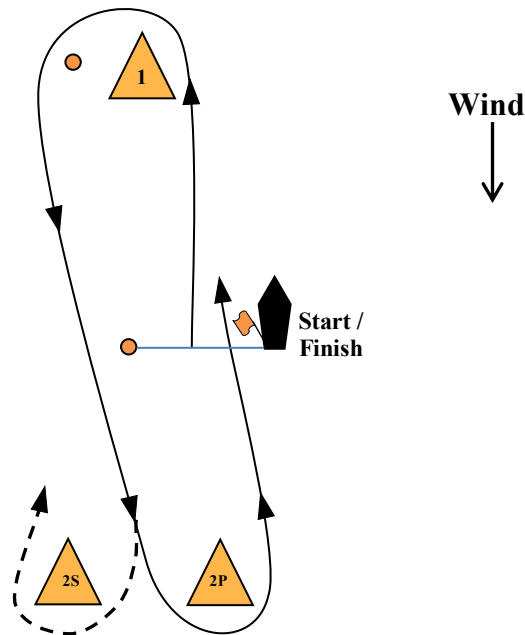


Course 2 – Windward Leeward Once Around
2 marks to be rounded
SF - 1 - 2 - SF

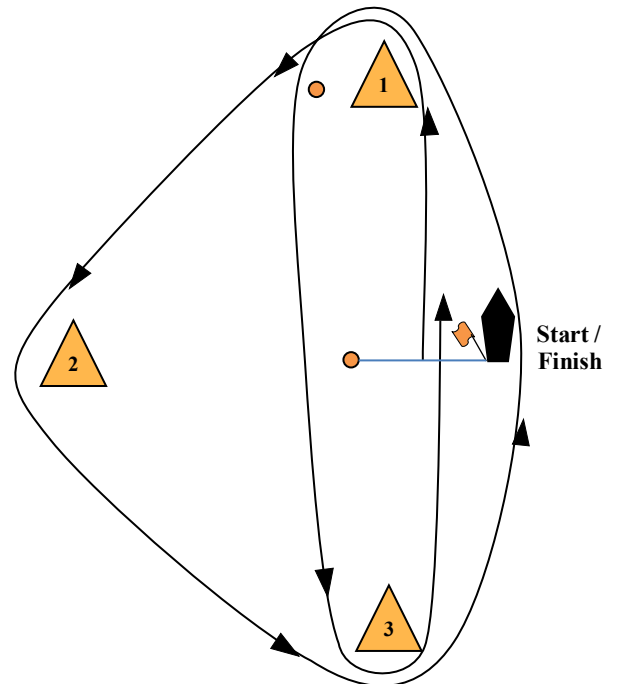
Course 4 – Windward Leeward Twice Around
4 marks to be rounded
SF - 1 - 2 - 1 - 2 - SF

Course 3 – Triangle Once Around
3 marks to be rounded
SF - 1 - 2 - 3 - SF

Course 6 – Triangle Twice Around
6 marks to be rounded
SF - 1 - 2 - 3 - 1 - 2 - 3 - SF



Course 2 or 4 with Leeward Gate
Boats may round either leeward gate mark, but must pass through the gate in a direction away from the windward mark.



Course 5 – Modified Olympic – Triangle WLW
5 marks to be rounded
SF - 1 - 2 - 3 - 1 - 3 - SF