

## Fall Schedule - August to December 2020

as of 16 November 2020

You must SignUp for the Session to attend

Because of COVID-19 restrictions, all Fall 2020 programs will be online, using ZOOM. For that reason, you are asked to **sign up** for each session that you plan to attend, using the interactive Calendar feature of the new ElderStudy website, [elderstudy.com](http://elderstudy.com). **The Fall 2020 schedule will be posted on the calendar on 10 August 2020. Register as a MWES member and log into the website to access the calendar.** The host of each ZOOM meeting will check the list of registrants before transferring a person from the "Waiting Room" into the ZOOM meeting. Thank you for your cooperation with this new process. We all look forward to the day when we can again gather in person.

Day	Date	Time	Title	Description
Tuesday	18 Aug 20	10:00-12:00	Clara Barton at Fredericksburg	Historian Donald Pfanz will discuss Clara Barton's wartime activities and explain what brought her to Fredericksburg and what she did while she was here. Most people know that Clara Barton was a nurse during the Civil War, but did you know that she came to the Fredericksburg area no fewer than four times during the war? Sponsor: Mike Redding
Thursday	20 Aug 20	10:00-12:00	Do and Dare: Women Lead the Way to the 19th Amendment	Mary O'Neill, National Park Service Historian, will trace the story of the women's suffrage movement from a convention in the small town of Seneca Falls, NY to the streets of Washington DC. 26 August 2020 will mark the 100th anniversary of the 19th Amendment, securing the right to vote for American women. Many women traveled the winding, rocky path that led to this monumental achievement. Sponsor: Mike Redding
Thursday	20 Aug 20	1:00-3:00	<b>Curriculum Committee Meeting I</b>	The Curriculum Committee is responsible for planning the 45 plus programs that are scheduled each semester. We are always looking for that next new topic on our journey to lifelong learning. Come join us and help develop programs that are interesting and stimulating. Sponsor: Joe Alfred
Wednesday	26 Aug 20	10:00-12:00	<b>Membership Committee Meeting I</b>	The Membership Committee handles publicity, the newsletter, maintaining the website and planning social events. Members are always welcome to attend our meetings. Sponsor: Donna Lewis

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Day	Date	Time	Title	Description
Wednesday	26 Aug 20	1:00-3:00	<b>Administration Committee Meeting I</b>	The Administration Committee develops policies and plans for operating the organization. It reviews governing documents, updates the Policies and Procedures, monitors finances and projects future needs, proposes the annual budget and member fees. Members are always welcome to attend our meetings. Sponsor: Keith Fennell
Thursday	27 Aug 20	10:00 - 12:00	The United States and Palestine-Israel	<b>This is a NOVA LLI program previously presented to MWES; MWES has been invited to attend.</b>  ElderStudy members Joe and Siham Alfred will discuss US policy toward Palestine and Israel from President Truman to President Trump. This presentation will include public statements of prominent Americans. Sponsors: Joe & Siham Alfred
<b>September</b>				
Wednesday	2 Sep 20	10:00-12:00	<b>Board of Directors Meeting</b>	Board meetings are open to all ElderStudy members. Come and witness firsthand the decision-making process that ensures that ElderStudy is meeting its objectives. This is a chance for all members to suggest new ideas for the organization directly to the Board and to committee chairpersons. Sponsor: President Michelle Esbenshade
<b>Monday</b>	<b>7 Sep 20</b>	<b>Labor Day</b>		
Tuesday	8 Sep 20	10:00-12:00	The Bubonic Plague in Venice Through Word and Image	In this richly illustrated talk and Q&A discussion, Dr. Julia DeLancey, UMW Professor of Art and Art History, will expand on the lecture she presented for this summer's UMW COVID19 class to explore the bubonic plague in Venice, Italy from the fourteenth through the eighteenth centuries. She will examine the measures created by the Venetians to try to control the plague as well as artworks made in response to it. Of focus will be written documents which give us first-person perspectives of people who lived through the plague pandemic hundreds of years ago. Sponsor: Ellen Brown

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Thursday	10 Sep 20	10:00-12:00	A Trio of Southern Women Writers: Kate Chopin, Zora Neale Hurston and Eudora Welty	Gary Richards, UMW Professor and Chair of the Department of English, Linguistics and Communication, explores these three women who are often considered among the most significant southern women writers. Although best known for her novel <i>The Awakening</i> (1899), Chopin (1850-1904) was a brilliant short story writer whose work in the 1890s repeatedly explored the Creole and Cajun cultures of post-Civil War Louisiana. Likewise, Hurston (1891-1960) is best known for her feminist novel <i>Their Eyes Were Watching God</i> (1937) but also wrote several other novels and a series of short stories vibrantly capturing African American existence in rural Florida. In contrast, Welty (1909-2001) remains the celebrated short story writer of works like <i>Why I Live at the P.O.</i> , <i>A Worn Path</i> , and the stories in the cycle <i>The Golden Apples</i> , but her magnificent novels include a wide range, with her final one, <i>The Optimist's Daughter</i> (1972), an exploration of grief at the loss of a parent, winning the 1973 Pulitzer Prize. Sponsor: Jack Allison
Thursday	10 Sep 20	1:00-3:00	<b>Book Group► The Body, A Guide for Occupants by Bill Bryson</b>	An enjoyable, interesting and understandable discussion of the human body and how it works. This book brings you up to date on the many changes and advances in knowledge about the body and corrects many misconceptions and erroneous "facts" presented in decades old high school and college biology class. An easy read. Discussion led by Chuck Watkins. Sponsor: Mary White
Friday	11 Sep 20	5:00-6:00	<b>Virtual Wine &amp; Cheese Hour</b>	MWES Members gather for a Virtual Wine & Cheese Hour using ZOOM to discuss life in the time of COVID-19. Host: Keith Fennell Topic: Where were you 19 years ago when you heard the 911 news? Everyone can probably remember exactly where they were and what they were doing when they heard the report of aircraft flying into the World Trade Center and the Pentagon.

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Tuesday	15 Sep 20	10:00-12:00	Nathaniel Bowditch - American Practical Navigator	ElderStudy member Joe Alfred will discuss Nathaniel Bowditch, who went to sea in 1795 as a ship's clerk and captain's writer. By 1803, on his fifth voyage, by luck and pluck, Bowditch was a master and part owner of a ship. Joe will tell the tale of Bowditch and how he came to write <i>American Practical Navigator</i> in the context of America's rise as a sea power in the early 1800s. Sponsor: Joe Alfred
Wednesday	16 Sep 20	10:00-12:00	Theatre Design and Production in the Age of COVID	In the current age of video performance, how has the role of the designer and technician changed? Michael Benson, UMW Assistant Professor of Theater, will examine current adaptation of technologies and practices from a practical and artistic perspective. Sponsor: Carol Wachter
Thursday	17 Sep 20	10:00-12:00	Managing the White House - Household Accounts 1817 - 1820	Heidi Stello, editorial assistant of Papers of James Monroe at UMW, will discuss James Monroe's first term in office using a recently identified collection of financial records. We will explore the organization and management of the White House. The forensics of the bank statements, payroll records, and weekly grocery receipts offer unique insight into the lives and management of the residents at all levels of the President's House, and help us to understand the rapidly changing role of the office of the presidency. Sponsor: Michelle Esbenshade
Thursday	17 Sep 20	1:00-3:00	<b>Curriculum Committee Meeting II</b>	The Curriculum Committee is responsible for planning the 45 plus programs that are scheduled each semester. We are always looking for that next new topic on our journey to lifelong learning. Come join us and help develop programs that are interesting and stimulating. Sponsor: Joe Alfred

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Tuesday	22 Sep 20	10:00-12:00	The First Anti-Vaxxers - Smallpox Vaccination in the Spanish Empire (1801-1810)	Allyson Poska, UMW Professor of History, will discuss how in 1803, in the wake of Edward Jenner's discovery that cowpox provided safe and reliable immunity against smallpox, the Spanish Crown began an enthusiastic vaccination campaign, opening vaccination rooms on the peninsula and allowing Dr. Francisco Xavier Balmis y Berenguer to sail around the world, bringing the vaccine to the diverse populations of the Spanish Empire. As he circumnavigated the globe, Balmis found that while some white elites enthusiastically accepted vaccination, others viewed smallpox as a disease of Indians and slaves and refused to have their children vaccinated. In some places indigenous peoples lined up at vaccination rooms, while in the mountains of Peru mothers fled to the mountains rather than vaccinate their children. Based on her recent research in Spain and Mexico, she will discuss the earliest opposition to smallpox vaccination and consider how those early anti-vaxxers provide insight into the opposition to vaccination today. Sponsor: Phil Hall
Tuesday	22 Sep 20	1:00-3:00	Living Your Best Life: Now and Beyond COVID	Cathleen Pessolano, executive director, Mental Health America of Fredericksburg, brings us some wisdom to help get us through trying times. Learn about what are normal responses to change, what are warning signs that additional help and support are needed, how to foster resiliency in our lives, and how to promote personal well-being. Sponsor: Donna Lewis
Wednesday	23 Sep 20	10:00-12:00	Religion and Politics in Presidential Elections	Mary Beth Matthews, UMW Professor of Religious Studies, will discuss how, in a country that prides itself on separating politics and religion, the United States has seen quite a bit of overlap in those areas in its history. She will help us make sense of the history of politics and religion in presidential elections and comment on the 2020 race. Sponsor: Carolyn Sulima
Thursday	24 Sep 20	10:00-12:00	Fighting Western Wildfires	Robert Dunkerly, historian, award-winning author and speaker who is actively involved in historic preservation and research, has helped fight many western wildfires. He will talk about how firefighting is done and how fires are controlled. Sponsor: Carolyn Sulima

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Thursday	24 Sep 20	1:00-3:00	Diegesis, Leitmotif, and Mickey Mouse: Making Sense of Film Music	Robert Wells, UMW Assistant Professor of Music Theory, will discuss the impact of music on film. What does music add to movies? How does it interact with the dramatic action? What sorts of techniques do film composers use to heighten the viewing experience? This interactive lecture will consider the origin of film music in opera; the positioning of music in relation to the film's fictional world ("diegesis"); recurring melodies ("leitmotifs") that can represent characters or ideas in a film; special musical techniques originating in old Disney cartoons; and the widely ranging roles of music in the movie musical. Sponsor: Ellen Brown
Tuesday	29 Sep 20	10:00-12:00	<b>Everything You've Wanted to Know About ElderStudy -- But Didn't Know Whom to Ask</b>	The Membership Committee is inviting all new members and any current members who would like to learn more about how to make the most of your ElderStudy membership. How do we go about scheduling sessions? How can I get to go on a tour? What do the committees do? How does the Book Group operate? How can I get more involved? So much more will be presented to orient you to your organization. Sponsor: Donna Lewis
Tuesday	29 Sep 20	1:00-3:00	Tibetan Buddhism - History and Doctrines	Dan Hirshberg, UMW Assistant Professor of Classics, Philosophy and Religion, will discuss how he chose this subject as his area of expertise. Dan will introduce the development, spread and evolution of Buddhism from India throughout Asia and eventually to the modern West. Sponsor: Rose Reif
Wednesday	30 Sep 20	10:00-12:00	Outlooks and Opportunities - Putting the Pieces Together	Kelly Sherman, Financial Advisor at Edward Jones, will discuss investment strategy for current market conditions, including the effects of the pandemic. Sponsor: Joe Alfred

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Day	Date	Time	Title	Description
Wednesday	30 Sep 20	1:00-3:00	What Comes Next	Coming to us from Los Angeles, nationally known writer, author and TEDx presenter David Hochman will share his insights with us on how our world might look different once we emerge from this pandemic. Who would have thought that a group of seniors would be harkening back to the good old days ... of January? In a short period of time, we have had to get used to new terminology such as “social distancing” and “contact tracing” and behaviors such as “temperature checks, self-isolation and contactless purchases.” “What Comes Next” once the pandemic passes? Sponsor: Donna Lewis
<b>October</b>				
Thursday	1 Oct 20	10:00-12:00	Vaccination - Past, Present and Future	Lynn Lewis, UMW Professor and Chair of Biology, will discuss the original development of the concept of vaccination and the progression of vaccines over the years, as well as a look at the future of vaccines. Sponsor: Ellen Brown
Tuesday	6 Oct 20	10:00-12:00	French Portraits of Benjamin Franklin as Ambassador	Ashley Bruckbauer (Ph.D., Art History) is a specialist in European art and culture from 1650 to 1850. She will discuss Benjamin Franklin, one of the most recognizable figures in American history. Franklin, with his distinctive visage, appears everywhere from company logos to the current U.S. hundred-dollar bill. These likenesses of the Founding Father frequently derive from the numerous portraits created during his tenure as US representative to France. This talk closely examines such eighteenth-century French portrayals of Franklin, demonstrating how they carefully negotiated his complex identity as a revolutionary ambassador in absolutist France. Sponsor: Carol Wachter
Wednesday	7 Oct 20	10:00-11:00	Our Violent Planet – Earthquakes, Volcanoes and Tsunamis	Jon Malay, author, lecturer and consultant, will discuss two topics. In the first hour, he will discuss the sometimes-violent Earth beneath the seas and storms above them. Through advances in marine geophysics in the past century, we know there are “rings of fire” that are the boundaries of the Earth’s crustal plates, and volcanoes bring forth islands from cracks in those plates. He will discuss with us the powerful forces of volcanism, earthquakes and their deadly ocean manifestations – tsunamis. Sponsor: Randy Fennemore

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Day	Date	Time	Title	Description
Wednesday	7 Oct 20	11:00-12:00	<b>RESCHEDULED to January 2021</b> Great Ball of Fire – Solar Science and Space Weather	In the second hour, Jon will discuss the star we live with and often take for granted. The sun becomes truly extraordinary when revealed in the stunning high resolution animation of solar storms, the interactions between the sun and the Earth and how our planet's magnetic field, the Van Allen Belts and an ozone layer protect us from too much of a good thing. Sponsor: Randy Fennemore
Thursday	8 Oct 20	10:00-12:00	The Center of the Center - Chaco Canyon and the Ancestral Puebloans	Hilary Grabowska, interpretive park ranger at the Fredericksburg & Spotsylvania National Military Park, will discuss how today, the high desert of New Mexico is viewed as the middle of nowhere, a place of little water and few people. 1,000 years ago, it was the center of an advanced culture. Hilary will tell us the story of these "ancients", illustrated with their cultural artifacts still standing in the Chaco Culture National Historical Park. Sponsor: Mike Redding
Thursday	8 Oct 20	1:00-3:00	<b>Book Group ► Amity and Prosperity by Eliza Griswold</b>	This Pulitzer Prize winner for general non-fiction beautifully and compassionately tells the story of a single parent nurse with two kids living in Pennsylvania Appalachia, who fights to protect her family, her farm and the local community in an effort to deal with the consequences of fracking. Discussion led by Michael Millard. Sponsor: Mary White
Friday	9 Oct 20	5:00-6:00	<b>Virtual Wine &amp; Cheese Hour</b>	MWES Members gather for a Virtual Wine & Cheese Hour using ZOOM to discuss life in the time of COVID-19. Host: Michelle Esbenshade Topic: What is your favorite German food?

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Day	Date	Time	Title	Description
Monday	12 Oct 20	Native American Day		
Tuesday	13 Oct 20	10:00-12:00	The Life of Josiah Henson	David Lassman, park ranger at the Thomas Stone National Historic Site, will discuss Josiah Henson, who was born into slavery in 1789 in Port Tobacco, Maryland. As an adult, Henson wrote an autobiography on his escape to freedom in Canada. His book was the spark of inspiration for Harriet Beecher Stowe's novel <i>Uncle Tom's Cabin</i> . Sponsor: Charlie Fennemore
Tuesday	13 Oct 20	1:00-3:00	Medicare Options Explained	Dr. Thomas A. Janus, Chief Medical Officer, Mary Washington Medicare Advantage, and Chris Skowronek, Vice President, MA Market Operations, will present current information about various Medicare options. Following CMS guidelines, they are not permitted to endorse a plan or speak about specific benefits offered by a plan until after October 15th. Therefore, the MW Elder Study group can feel confident this is not a sales pitch, rather purely informational. Sponsor: Carol Wachter
Wednesday	14 Oct 20	10:00-12:00	Iran and the US	Mehdi Aminrazavi, UMW Professor and a native of Iran, will examine the evolving relationship between the US and Iran in the last century. Since 1850, the two countries had been allies throughout post-World War II up until 1979. Iran was the most important ally of the US in the Middle East for decades and proved to be essential in countering Soviet expansionism. How did Iran go from being America's stable ally to its worst enemy? This is the subject of this lecture-discussion. We will survey the history of conflict and concord between the two nations and discuss the impact of President Trump's foreign policy toward Iran. Sponsor: Phil Hall
Wednesday	14 Oct 20	1:00-3:00	What's Happening in Fredericksburg	Come hear from Bill Freehling, Director of Economic Development and Tourism about all the wonderful things going on in our community. Sponsor: Donna Lewis

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Thursday	15 Oct 20	10:00-12:00	Duty unto Death - The Irish Brigade at Fredericksburg	Frank A. O'Reilly, Lead Historian, Fredericksburg and Spotsylvania National Military Park, recounts the story of the Battle of Fredericksburg, which revolves largely around a small group of 1,250 Union soldiers called the Irish Brigade. The unit was utterly destroyed attacking Marye's Heights and the Stone Wall, but it's sacrifice changed the perception of the battle and America's perception of the Irish. These men made a blood sacrifice for a new America—and a place in that new America for new Americans. We will look at the actions and motivations of a small group of men who had an enormous impact on the battle, the army, and the nation. Sponsor: Carol Walker
Thursday	15 Oct 20	1:00-3:00	<b>Curriculum Committee Meeting III</b>	The Curriculum Committee is responsible for planning the 45 plus programs that are scheduled each semester. We are always looking for that next new topic on our journey to lifelong learning. Come join us and help develop programs that are interesting and stimulating. Sponsor: Joe Alfred
Tuesday	20 Oct 20	10:00-12:00	Mapping Narratives within Southern Plantation Museums	The antebellum plantation is an iconic landscape of the American South. Until recently, a visitor's experience focused almost exclusively on the White families who lived in the "Big House". Plantation museums, reacting to societal changes, more recently include information on the lives of the people who struggled to forge identities while being legally defined as property. Professor Stephen Hanna, of the UMW Geography Department will use narrative maps to show the different spatial strategies that plantation museums in Louisiana, South Carolina and Virginia use to make information about enslavement more central or marginal within visitor experiences. Sponsor: Randy Fennemore

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Day	Date	Time	Title	Description
Wednesday	21 Oct 20	10:00-11:00	Staying "Young" by Networking	Lynne Richardson, UMW Dean of the College of Business and popular Free Lance Star contributor, is back by popular demand. Dr. Richardson will present a one-hour session prior to our General Membership Meeting. According to Dr. Richardson, "Connecting with others is beneficial to all ages, including seniors. Learn why networking is helpful but also practice your skills! Networking or, as I call it, 'collecting friends' helps you but also those around you." Sponsor: Donna Lewis
Wednesday	21 Oct 20	11:00-12:00	<b>General Membership Meeting</b>	This is the open forum designed to communicate directly with your fellow members, to better learn how ElderStudy works, to better understand the issues that are facing the organization, and to vote on those critical issues facing us. In addition, new members can meet and develop friendships with like-minded persons and long-term members can renew old friendships. Sponsor: President Michelle Esbenshade
Thursday	22 Oct 20	1:00 - 3:00	The Herstorians	Back by popular demand Sharleen Leahey & Pat Lamanna will sing historical songs and stories leading up the 19th Amendment. They will also sing contemporary songs relating to the current struggle for full suffrage for ALL Americans, especially as it relates to the racial divide and the upcoming Presidential election. Sponsor: Siham Alfred
Tuesday	27 Oct 20	1:00-3:00	Fire and Health Safety for Adults	Stephanie McKee has 11 years of experience with the fire departments of Tucson, Arizona, where she grew up, and the Portland, Oregon area, where she currently lives. She has a Bachelor of Science degree in Fire Science from Columbia Southern University. Learn about home fire safety, escape planning, extinguishers, heart attack and stroke warning signs, hands-only CPR and fall prevention. In addition, Stephanie will talk about her experiences with fire departments in Portland and Tucson and their involvement in fighting wildfires. Sponsor: Randy Fennemore

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Day	Date	Time	Title	Description
Wednesday	28 Oct 20	10:00-12:00	<b>NEW PROGRAM ADDED</b> UMW as a Leader in High-Impact Learning	Dr. Keith E. Mellinger, Dean of the College of Arts and Sciences and Professor of Mathematics, UMW, will discuss the university's history of involving students in research, internships and study abroad. Since his arrival in the fall of 2003, UMW has been an active participant in what the Association of American Colleges and Universities calls "high-impact educational practices." Learn more about how UMW has developed and expanded its role as a leader in this area of undergraduate education. Sponsor: Ellen Brown.
Thursday	29 Oct 20	10:00-12:00	FDR and the New Deal	ElderStudy member Joe Alfred will discuss Franklin Delano Roosevelt, his early life, marriage, successes and failures leading to his run for the presidency. He was elected president in November 1932. By March 1933, there were 13,000,000 unemployed and almost every bank was closed. In his first "hundred days," he proposed, and Congress enacted, a sweeping program to bring recovery to business and agriculture known as the New Deal. Joe will discuss what worked, what did not and how much survives today. Sponsor: Joe Alfred
<b>November</b>				
<b>Tuesday</b>	<b>3 Nov 20</b>	<b>Election Day</b>		
Wednesday	4 Nov 20	10:00-12:00	Diving into Detail - A Look at Detail in Costume Design and Production	Kevin McCluskey, UMW Associate Professor of Theatre, will discuss how the designer uses detail work in costume design and production to enhance the theatrical experience for the audience, the performer, the director and the costume design-production students. Sponsor: Carol Wachter

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Thursday	5 Nov 20	10:00-12:00	Korean Art and Architecture during the Chosŏn Dynasty	Suzie Kim, UMW Assistant Professor of Art History, will discuss the basic belief system of Chosŏn, its art and architecture. Topics will include Korean traditional architecture and its five-color decoration, true-view landscape painting (jingyeong san-su), folk paintings and chaekgeori (scholar's accoutrements) folding screens. The Chosŏn Dynasty (1392-1910), also referred as the Yi dynasty, was the last imperial dynasty of Korea lasting over 500 years. Neo-Confucianism, a combined philosophy of Daoism and Buddhism within the context of Confucianism, became the main principle of the political system, society and culture. Sponsor: Mary Ann Stana
<b>Wednesday</b>	<b>11 Nov 20</b>	<b>Veterans Day</b>		
Thursday	12 Nov 20	10:00-12:00	Mary "Ball Jar" Washington	Historian and Tourmaster Scott Walker asks, Did Mary Washington's descendants "revolutionize" food preservation? In Colonial Virginia, the "Ball" name was one that was akin to "royalty". Genealogical research by later generations of "Balls" set off some interesting and "jarring" consequences for Fredericksburg. Sponsor: Mary Ann Stana
Thursday	12 Nov 20	1:00-3:00	<b>Book Group ► America's Bitter Pill - Money, Politics and the Fight to Fix Our Broken Health Care System by Steven Brill</b>	Excellent follow up to our discussion on the <i>Healing of America</i> , this book published in 2015 explores the enactment of Obamacare and how pharmaceutical, health insurance companies and hospitals influenced the law. Discussion led by Keith Morgenheim. Sponsor: Mary White
Friday	13 Nov 20	5:00-6:00	<b>Virtual Wine &amp; Cheese Hour</b>	MWES Members gather for a Virtual Wine & Cheese Hour using ZOOM to discuss life in the time of COVID-19. Host: Joe Alfred Topic: For what do you give thanks?

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Tuesday	17 Nov 20	10:00-12:00	Chasing Chinggass Khaan	ElderStudy member Mike Redding will present a travelogue of his visit to Mongolia in May of 2019. He will show the many faces of Mongolia, from the urban capital of Ulaanbaatar, to the rural countryside where many still live much as they have for generations. He will illustrate the surprising variety of Mongolian geography, ecology and climate. Yes, the Gobi Desert is big, but it's not the whole country. Sponsor: Mike Redding
Wednesday	18 Nov 20	10:00-12:00	<b>Membership Committee Meeting II</b>	The Membership Committee handles publicity, the newsletter, maintaining the website and planning social events. Members are always welcome to attend our meetings. Sponsor: Donna Lewis
Wednesday	18 Nov 20	1:00-3:00	<b>Administration Committee Meeting II</b>	The Administration Committee develops policies and plans for operating the organization. It reviews governing documents, updates the Policies and Procedures, monitors finances and projects future needs, proposes the annual budget and member fees. Members are always welcome to attend our meetings. Sponsor: Keith Fennell
Thursday	19 Nov 20	10:00-12:00	<b>CANCELLED</b> The Life and Films of Alfred Hitchcock: Part I The Early Years: 1899-1950	Gary Olsen, movie master, will talk to us about how Alfred Hitchcock, the "Master of Suspense," set out to make gripping films early in his career, becoming one of England's and Hollywood's most sought-after directors during his time. We'll trace Hitch's meteoric rise in film from his early cinematic days in the UK through his successes in America. From 1929's <i>Blackmail</i> to 1948's <i>Rope</i> , this presentation will show the reasons why Hitch became one of film's most innovative and respected directors of all-time. Part II, Hitchcock's later years, will be presented on Thursday, December 3 at 10:00 am. Sponsor: Alan Zirkle

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Day	Date	Time	Title	Description
Thursday	19 Nov 20	1:30-3:30	A Holiday Cooking Lesson with Danilo	<p><b>1:30 - 3:30 NOTE THE SPECIAL START TIME</b></p> <p><b>A Holiday Cooking Lesson with Danilo GUESTS WELCOME</b></p> <p><b>Creamy Zucchini Oregano Soup (Serves 4)</b>            2 large zucchini            1 shallot            12 ounces heavy cream            6 ounces whole milk            2 ounces cooking white wine            4 ounces grated Parmesan            2 bay leaves            4 ounces unsalted butter            1 ounce dry oregano            Salt            Pepper            Olive oil  <b>Cooking Tools:</b> Medium stock pot, blender or mixer</p> <p>Danilo Orofino, owner of Orofino's restaurant in downtown Fredericksburg, returns to ElderStudy with a cooking lesson to start our preparations for the holidays. Join in with the lesson or just watch the chef at work in the kitchen. Introduce your family and friends to ElderStudy! Guests are welcome; please send their name(s) and email address(es) to <a href="mailto:MWESZoom@gmail.com">MWESZoom@gmail.com</a>. They will receive an email with the ZOOM Link on the day of the cooking lesson.</p> <p>Sponsor: Michelle Esbenshade</p>
			<p><b>NEW PROGRAM ADDED</b></p> <p><b>Please note the special start time.</b></p>	

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Day	Date	Time	Title	Description
Tuesday	24 Nov 20	10:00-12:00	The Carving of Mount Rushmore	David Lassman, park ranger at Thomas Stone National Historic Site, will discuss how in 1927, Gutzon Borglum accepted a commission by the state of South Dakota to create a colossal monument to heroes of the American West at Mount Rushmore. Learn how Borglum changed the plan and commemorated the lives of four of the greatest American presidents. Sponsor: Charlie Fennemore
<b>December</b>				
Tuesday	1 Dec 20	10:00-12:00	Disparate Origins of Familiar Christmas Music	Just in time for Christmas...Brooks Kuykendall, UMW Music professor and department chair, examines the origins of the repertoire that we hear regularly today—on the radio, in concert, quoted in the soundtracks of holiday films—to reveal a remarkable variety. The holiday music that envelops us—for better or worse—for the last few months of the year actually represents a range of different origins: snapshots of music from different times and places, albeit cropped to our taste and assembled into a common holiday album. Sponsor: Carol Wachter
Tuesday	1 Dec 20	1:00-3:00	Iran and the US	Mehdi Aminrazavi, UMW Professor and a native of Iran, will examine the evolving relationship between the US and Iran in the last century. Since 1850, the two countries had been allies throughout post-World War II up until 1979. Iran was the most important ally of the US in the Middle East for decades and proved to be essential in countering Soviet expansionism. How did Iran go from being America's stable ally to its worst enemy? This is the subject of this lecture-discussion. We will survey the history of conflict and concord between the two nations and discuss the impact of President Trump's foreign policy toward Iran. Sponsor: Phil Hall

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Day	Date	Time	Title	Description
Wednesday	2 Dec 20	10:00-12:00	Board of Directors Meeting	Board meetings are open to all ElderStudy members. Come and witness firsthand the decision-making process that ensures that ElderStudy is meeting its objectives. This is a chance for all members to suggest new ideas for the organization directly to the Board and to committee chairpersons. Sponsor: President Michelle Esbenshade
Wednesday	2 Dec 20	1:00-3:00	2020 Election Analysis	<p><b>2020 Election Analysis MEMBERS ONLY</b></p> <p>Stephen Farnsworth, UMW Professor of Political Science and International Affairs, returns to ElderStudy to give us his analysis of the 2020 Presidential Election. Dr. Farnsworth is a sought-after political commentator on subjects ranging from presidential politics to the local Virginia congressional races. He has been widely featured in national media, including The Washington Post, Reuters, The Chicago Tribune and MSNBC. Dr. Farnsworth is author or co-author of six books on presidential communication. His latest work, "Presidential Communication and Character: White House News Management from Clinton and Cable to Twitter and Trump," examines how the last four U.S. presidents sell themselves and their policies in an ever-expanding and sometimes precarious media environment.</p> <p>Sponsors: Phil Hall &amp; Joe Alfred.</p>
Thursday	3 Dec 20	10:00-12:00	The Life and Films of Alfred Hitchcock: Part II The Later Years: 1951-1980	<p><b>CANCELLED</b></p> <p>Film Master Gary Olsen continues his examination of Hitchcock's peak years behind the camera as the film director saw his popularity soar to new heights while his thrillers such as 1950's <i>Rear Window</i>, <i>Vertigo</i> and <i>North By Northwest</i> mesmerized international viewers. We will examine his later successes, including <i>Psycho</i> and <i>The Birds</i>, classics that continue to be studied today and show the reasons why his movies have reemerged as Hollywood's most profound movies ever made.</p> <p>Sponsor: Alan Zirkle</p>

## Fall Schedule - August to December 2020

as of 16 November 2020

You must SignUp for the Session to attend

Day	Date	Time	Title	Description
Tuesday	8 Dec 20	10:00-12:00	Insulin - From discovery through today's diabetic drugs, as told by an FDA insider	Dr. Robert Misbin worked at the FDA from 1995 through 2010 and oversaw many of the insulin products in use today. His talk will trace the discovery of insulin in 1922 through the approval of chemically modified insulin analogs (Humalog, Novolog, Lantus, Tresiba) and the rise and fall of Pfizer's inhaled insulin, Exubera. The scientific breakthroughs that led to three Nobel Prizes between 1923 and 1977 will be highlighted. Throughout the talk, he will relate tales of his dealings with the major drug companies and within the FDA bureaucracy. Sponsor: Carolyn Eldred
Wednesday	9 Dec 20	1:30-3:00	Virtual Holiday Luncheon	<p><b>1:30 - 3:00 NOTE THE TIME CHANGE</b></p> <p><b>Virtual Holiday Social</b></p> <p>Get in the holiday spirit!</p> <p>Join your colleagues for our annual Holiday Social from the comfort of your own home! This is a great opportunity to wear your favorite holiday sweater, tie, or other festive apparel! If you are not yet familiar with ZOOM and need assistance, just send an email to <a href="mailto:membership@elderstudy.com">membership@elderstudy.com</a> and we will contact you before the meeting.</p> <p><b>Please note - time for the Social has been changed to 1:30 pm</b></p> <p>Additional details will be available in the December Newsletter.</p> <p>Sponsors: Eugenia Jones, Carolyn Sulima and Michelle Esbenshade</p>

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Day	Date	Time	Title	Description
Thursday	10 Dec 20	1:00-3:00	<b>Book Group► A Black Woman's History of the United States by Daina Ramey Berry &amp; Kali Nicole Gross</b>	A different, often overlooked perspective of USA history, this book showcases an eclectic mix of historical American Black women. Expect to find yourself saying "I didn't know that!" in every chapter. Discussion led by Peggy Verdine. Sponsor: Mary White
Friday	11 Dec 20	5:00-6:00	<b>Virtual Wine &amp; Cheese Hour</b>	MWES Members gather together for a Virtual Wine & Cheese Hour using ZOOM to discuss life in the time of COVID19. Host: Mary Ann Stana <b>Topic: Goodbye, 2020!</b> <b>If you could place 3 items in a time capsule to remember 2020, what would you choose? (Masks, hand sanitizer and toilet paper are already included.)</b>