



# The Herstorians

Sharleen Leahey and Pat Lamanna  
Mary Washington ElderStudy  
Thursday, 22 October 2020

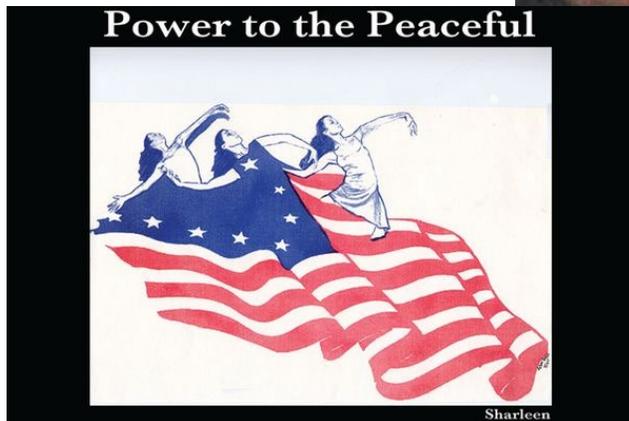
# The Herstorians



**Sharleen Leahey**  
songwriter \* performer  
*transforming our lives through music*

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 **songs4peace**

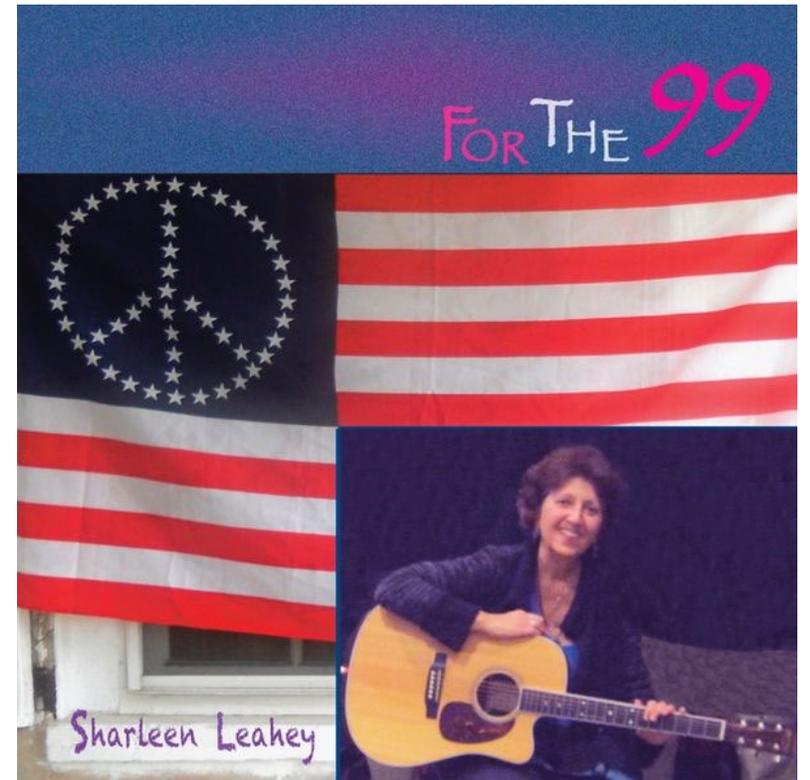


Sharleen Leahey  
[www.rumorsofpeace.net](http://www.rumorsofpeace.net)

# The Herstorians

## Calling All Artists

Surely we can find a better way to live in this world . . .  
Endless war and ravenous greed are symptoms of a disease.  
Through comedy, music, journalism, poetry, film, conversation,  
we can transcend boundaries . . .  
we can fly over and through the lies and insanity . . .  
we can help ourselves and others see beyond these cages . . .  
we can show the way to recreate another reality . . .  
the way to peace.



-Shar  
10-18-17

*"Oh the winds are laughing... they laugh with all their might!"  
—from the song Donna Donna*

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Sharleen & Linda (back) performing with Pete Seeger at the  
Clearwater Sloop Club Pumpkin Festival, Beacon, NY – October 2012  
. . . our last time together.

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Pat Lamanna

[www.patlamanna.com](http://www.patlamanna.com)

Pat has been writing and performing songs all her adult life. Her songs have been praised highly by Pete Seeger, Peter Yarrow, and others. They have a strong folk influence, and cover issues such as peace, religion and the environment.

Pat was Sonny Ochs' pick to perform in the Folk DJ Showcase at the 2012 conference of the Northeast Regional Folk Alliance. One of her songs, "Peace Pilgrim," is featured in part on Pete Seeger's Grammy-nominated album, "The Storm King."

# The Herstorians

She has three solo albums: "Full Circle" (2009); "Do I Know My Song Well Enough to Start Singing Yet?" (2012); and "Something Beautiful (2017). They can be purchased at <https://store.cdbaby.com/cd/patlamanna>. She is a 2019 winner of the South Florida Folk Festival Songwriting Contest.

Pat is also available to perform Unitarian Universalist services or community presentations on topics such as: folksingers Pete Seeger, Malvina Reynolds, or Phil Ochs; peace advocate Peace Pilgrim; and the fight for women's suffrage through song.

You can contact Pat at [patla42@gmail.com](mailto:patla42@gmail.com).

