

# Mary Washington ElderStudy

## Fall Schedule: August – December 2017

(as of June 3, 2017)

### August

<b>Thursday</b> August 17 10am–noon <b>NO LOCATION</b>	<b>Civil Liberties and the Constitution</b> Steve Bacon	In the Spring, UMW Professor Steven Bacon talked to us about the history of the Supreme Court. He returns to discuss the civil liberties guaranteed by the United States Constitution, including those set forth in the Bill of Rights, as interpreted by the Supreme Court. (Sponsored by Carolyn Sulima)
<b>Thursday</b> August 17 1pm–3pm CLL	<b>Curriculum Committee Meeting I</b>	The Curriculum Committee is responsible for planning the approximately 40 programs that are scheduled each semester. There is always a critical need for ElderStudy members to help develop the programs that meet our members' interests. It is at this meeting that our future programs take form. Join us and help ensure our programs remain stimulating and of interest. (Chaired by Chuck Johnson)
<b>Tuesday</b> August 22 10am–noon <b>Tour - RSVP</b>	<b>Walking Lower Caroline Street</b> Scott Walker	Amble through one of Fredericksburg's most historic neighborhoods with an experienced guide pointing out architectural, historic and social points of interest. This is Fredericksburg's "first suburb," but can also be called "the other side of the tracks." Meet near the corner of Caroline and Frederick Streets, on the "other side of the tracks" near the train station. <b>RSVP REQUIRED</b> to Mary Ann Stana, mastana10@hotmail.com or 604-5634. Limited to 35 participants. (Sponsored by Mary Ann Stana)
<b>Thursday</b> August 24 10am–noon <b>Tour</b>	<b>RAIN DATE: Walking Lower Caroline Street</b> Scott Walker	Rain Date for 22 August Tour (Sponsored by Mary Ann Stana)
<b>Tuesday</b> August 29 1pm–3pm CLL	<b>Administrative Committee Meeting I</b>	This committee develops policies and plans for operating the organization. It reviews governing documents, updates the Policies and Procedures, monitors finances and projects future needs, proposes the annual budget and member fees. Members are always welcome to attend our meetings. (Chaired by Barbara Barrett)
<b>Wednesday</b> August 30 10am–noon CLL	<b>Membership Committee Meeting I</b>	This committee handles publicity, the newsletter, maintaining the website and planning social events. Members are always welcome to attend our meetings. Note unusual start time. (by Donna Lewis)

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<b>Thursday</b> August 31 10am-noon <b>NO LOCATION</b>	<b>Law Enforcement in a National Park</b> Craig Johnson	Craig Johnson, Chief Law Enforcement Ranger at the Fredericksburg and Spotsylvania National Military Park, will discuss the roles and responsibilities of the law enforcement personnel at the National Parks. The parks, being Federal enclaves, have unique rules and laws that need to be enforced, in addition, Craig will discuss the path his own career took to becoming the Chief LE Ranger at FSNMP. (Sponsored by Mike Redding)
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## September

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<b>Tuesday</b> September 5 10am-noon CLL	<b>American Indian Religions: A Brief Introduction</b> Greg Gagnon	Professor and ElderStudy member Greg Gagnon will introduce some of the common tenets of most traditional American Indian religions and offer commentary on current religious views. Origin traditions, world views, selected ceremonial functions, and cultural varieties will be described briefly. He might even tell some traditional stories and describe his experiences. The audience is reminded that describing Indian religions is a bit like describing Christian religions - not an easy task. (Sponsored by Chuck Johnson)
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<b>Wednesday</b> September 6 10am-noon CLL	<b>Board of Directors Meeting</b>	Board meetings are open to all ElderStudy members. Come and witness firsthand the decision-making process that ensures that ElderStudy is meeting its objectives. This is a chance for all members to suggest new ideas for the organization directly to the Board and to committee chairpersons. (Chaired by Jack Allison)
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<b>Thursday</b> September 7 10am-noon <b>NO LOCATION</b>	<b>Ten Inventions That Changed the World</b> Joe Alfred	ElderStudy Member and student of history Joe Alfred will explore ten inventions from the dawn of time to today that changed the way we live and moved mankind forward on the path of progress - from the numbering system and the scratch plow to the internet and the smartphone and beyond. (Sponsored by Joe Alfred)
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<b>Tuesday</b> September 12 10am-noon <b>NO LOCATION</b>	<b>Marine Navigation and Space Systems</b> Jon Malay	Getting from one place on the edge of an ocean to another (and back safely) was a daunting challenge to mariners of ancient times. Putting out to sea still presents its dangers, but the advances in navigation make it possible. The first hour of the presentation will discuss the history and the application of science and technology to marine navigation. In the second hour, we chart the progression of humanity's use of space systems - beginning with the USSR's Sputnik and how it led to the invention of satellite navigation in America. (Sponsored by Randy Fennemore)
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<b>Wednesday</b> September 13 10am-noon <b>NO LOCATION</b>	<b>From Sicily to Fredericksburg: Making Dreams Come True</b> Danilo Orafino	Local restaurateur Danilo Orafino will share his story with us. Danilo grew up in Palermo, Sicily where he studied the culinary arts. With no knowledge of the English language, he bravely left for America to follow his dream of opening his own restaurant. Join us to learn how that dream led him to Fredericksburg and the opening of a very popular Italian restaurant. Danilo will also conduct a cooking demonstration during the second hour of his presentation. (Sponsored by Donna Lewis)
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<p><b>Thursday</b> September 14 10am–noon <b>NO LOCATION</b></p>	<p><b>When the Union Army Raided Stafford Courthouse and Land Acquisition in Colonial Stafford</b> Jerrilyn Eby MacGregor</p>	<p>Jerrilynn MacGregor will present two one hour talks. Talk 1: Stafford County was devastated by the effects of the Civil War. While no battles were fought there, fourteen months of Union occupation decimated those areas of the county in which were camped in excess of 200,000 troops. Multiple raids on Stafford’s courthouse resulted in the loss of about two-thirds of the county’s court records. The effects linger today. Talk 2: Also, if you own property in the region, you will be interested in learning about colonial land acquisition and development. (Sponsored by Charlie Fennemore)</p>
<p><b>Thursday</b> September 14 1pm–3pm UMW Stafford Campus Library</p>	<p><b>Book Group — The President is a Sick Man by Matthew Alegeo</b> Chuck Watkins</p>	<p>The previously untold story of the mysterious disappearance of Grover Cleveland. The coverup of his serious illness and his medical treatment make for a surprisingly compelling read. (Sponsored by Dot Meyers)</p>
<p><b>Tuesday</b> September 19 10am–noon <b>NO LOCATION</b></p>	<p><b>Knock, Knock, Neologisms, and Naughty Words: The Structure of Jokes and Other Verbal Humor</b> Gary Richards</p>	<p>Gary Richards, a professor at Mary Washington, introduces the basic theories of verbal humor, drawing in particular upon the work of Sigmund Freud and Simon Critchley, and invites participants to consider what they find amusing and—more important—why they find it funny. (Sponsored by Peggy Gratz)</p>
<p><b>Wednesday</b> September 20 10am–noon Klein Theatre</p>	<p><b>Play Discussion — Vanya and Sonia and Masha and Spike by Christopher Durang</b> Gregg Stull</p>	<p>Vanya and Sonia have devoted their adult lives to caring for their aging parents, while sister Masha flitted about the world living the carefree life of a successful Hollywood actress. When Masha brings her latest boy toy, Spike, to the family home for a weekend rendezvous, tensions rise as long-held sibling resentments bubble to the surface. Throw in a costume party, a clairvoyant housekeeper, and a gentleman caller and Christopher Durang’s Vanya and Sonia and Masha and Spike proves uproarious, touching, and completely irresistible. Tickets will be available during/after class. Box Office 654–1124. ElderStudy members may bring non-member guests to this session. (Sponsored by Bob and Carole Hanus)</p>
<p><b>Wednesday</b> September 20 1:30pm–3pm Ridderhof Martin Gallery</p>	<p><b>Fall UMW Gallery Tour I</b> Rosemary Jesionowski</p>	<p>We will visit two galleries: “Exploring Pattern and Texture ” at the Ridderhof Martin Gallery, and “Solo Studio Art Faculty Show” featuring Carole Garmon at the DuPont Gallery. NOTE UNUSUAL START TIME (Sponsored by Mary Ann Stana)</p>
<p><b>Thursday</b> September 21 1pm–3pm CLL</p>	<p><b>Curriculum Committee Meeting II</b></p>	<p>The Curriculum Committee is responsible for planning the approximately 40 programs that are scheduled each semester. There is always a critical need for ElderStudy members to help develop the programs that meet our members’ interests. It is at this meeting that our future programs take form. Join us and help ensure our programs remain stimulating and of interest. (Chaired by Chuck Johnson)</p>
<p><b>Tuesday</b> September 26 10am–noon <b>NO LOCATION</b></p>	<p><b>History of the Development of Automation in Federal Aviation Administration</b> Michael McVeigh</p>	<p>ElderStudy member Michael McVeigh has been a leader for 40 years in planning, development, installation and support of the automation system for the Federal Aviation Administration. The challenge was fixed human resources. The main task of automation was to remove tasks from the Air Traffic Control controller in order to increase the capacity. (Sponsored by Phil Hall)</p>

**Wednesday**  
September 27  
10am-noon  
**NO LOCATION**

**Upcoming Virginia Election and The Trump Presidency So Far**  
Stephen Farnsworth

UMW Professor Stephen Farnsworth will discuss two topics. During the first hour, he will focus on the upcoming Virginia elections for Governor and House of Delegates. He will discuss the election's possible impact on Virginia and what trends the Virginia election might indicate heading into the 2018 general election. During the second hour, Professor Farnsworth will give his views on President Trump's administration. (Sponsored by Phil Hall)

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**Thursday**  
September 28  
10am-3pm  
**Tour - RSVP**

**Introduction to Virginia Naturalists and Motts Reservoir**  
Imogene Treble

ElderStudy Member and Virginia Master Naturalist Imogene Treble will give an introduction to what a Master Naturalist is and what they do. The session will start at the Nature Center where you will get a chance to see the resources and meet Pocket, the corn snake. This will be followed by a walk along some of the trails to explore the autumn woods. Maximum Participants: 20. RSVP Carolyn 540-786-4648. Meet at Motts Reservoir Nature Center, 6600 River Road, FVA 22407. (Sponsored by Carolyn Sulima)

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## October

**Tuesday**  
October 3  
10am-noon  
**NO LOCATION**

**International Intrigue - The Polonium-210 Poisoning of Alexander Litvinenko**  
Ben Garrett

Ben Garrett, a retired FBI scientist, will discuss the strange case of the polonium-210 poisoning of Alexander Litvinenko, a former Soviet KGB/Russian FSB agent, who defected to Great Britain in 2000. In 2006, Litvinenko was administered a lethal dose of polonium 210 by two Russian citizens, who may have been under the direction of someone at the most senior levels of the Russian government. Mr. Garrett will tell us the rest of the story. (Sponsored by Chuck Johnson)

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**Wednesday**  
October 4  
10am-noon  
**NO LOCATION**

**Stem Cells: Theory to Healing**  
JoAnn Schrass

ElderStudy member Dr. Schrass will provide an overview of stem cells, differentiating between embryonic and adult stem cells, how each type is formed and the potential uses for both. (Sponsored by JoAnn Schrass)

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**Wednesday**  
October 4  
1pm-3pm  
**NO LOCATION**

**Stem Cells: Theory to Healing**  
Anne N. Truong

Dr. Truong will provide practical applications using an individual's personal stem cells for healing with examples from her medical practice. (Sponsored by JoAnn Schrass)

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**Thursday**  
October 5  
10am-3pm  
**Tour**

**RAIN DATE: Introduction to Virginia Naturalists and Motts Reservoir**  
Imogene Treble

RAIN DATE see 28 September (Sponsored by Carolyn Sulima)

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**Tuesday**  
October 10  
10am-noon  
**NO LOCATION**

**The Economics of the Trans-Atlantic Slave Trade**  
Samuel Castilla

The transatlantic slave trade was a complex international system of commerce whereby goods and services were exchanged for the labor and lives of African people. This exchange, which spanned five centuries, would leave in its wake immeasurable destruction, suffering and pain, but would also usher in the modern day world in which we live. In this lecture, we will explore the economics of the transatlantic slave trade in order to better understand its origins, development, decline and enduring impact. (Sponsored by Chuck Johnson)

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**Wednesday**  
October 11  
10am–noon  
**NO LOCATION**

**A Look into the United States Patent and Trademark Office**  
Michael Hydorn

Dr. Michael Hydorn will describe the functions of the United States Patent and Trademark Office (USPTO). He will discuss his involvement in the USPTO beginning as a Patent Examiner for chemical and biotechnology patent applications, his role as an analyst in USPTO’s primary dissemination office, and as a key lecturer of Patent and Trademark information. Additionally, he will provide an overview of Intellectual Property (IP). (Sponsored by Randy Fennemore)

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**Thursday**  
October 12  
1pm–3pm  
UMW Stafford  
Campus Library

**Book Group — Hidden Figures by Margot Shetterly**  
Connie Smith

The American Dream and the untold story of the Black Women Mathematicians who helped win the Space Race. A group of dedicated female mathematicians known as “human computers” used pencils, slide rules and adding machines to calculate numbers that would launch rockets, and 6 astronauts into space. (Sponsored by Dot Meyers)

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**Tuesday**  
October 17  
10am–noon  
**NO LOCATION**

**The Nitty Gritty of the Down and Dirty: Archeology in Fredericksburg**  
Kerri S. Barile

Kerry Barile, Ph.D, will discuss the field of archeology that has been in practice for hundreds of years. He will discuss how Thomas Jefferson scientifically explored a Native American burial mound near Monticello in the early 1770s, and researchers from the Smithsonian studied scores of sites in the late 19th century. Dr. Barile will explain how the homes of our colonial founding families became a focus in the 1930s, as emerging nationalism brought forth a renewed interest in American history. Today, archeological digs and the artifacts they uncover are the subject of television shows, movies, podcasts, and more. But how does Fredericksburg fit into this worldwide interest in underground history? This talk will focus on the field of archaeology: the methodology, where to dig, and what notable finds have been found in Fredericksburg. Our past is everywhere in America’s “Most Historic City” — especially right below our feet! (Sponsored by Randy Fennemore)

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**Tuesday**  
October 17  
1pm–3pm  
CLL

**Societal Impacts of the Death Penalty**  
Michael Stone

Mr. Stone is the Executive Director of Virginians for Alternatives to the Death Penalty. He will provide an insight into various aspects of the death penalty to include some historical perspectives, a view of the death penalty from a national perspective, and finally a focus on the death penalty in Virginia. Factors he will discuss include secular and fiscal aspects of the death penalty, problems with potential executions of innocence death row inmates, and collateral damage done to those involved in the death penalty. He will also present some of the religious and spiritual facets involved in the death penalty. (Sponsored by Chuck Johnson)

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**Wednesday**  
October 18  
10am–11am  
**NO LOCATION**

**Networking: Keeping You Engaged**  
Lynne Richardson

Dr. Lynne Richardson, Dean of the College of Business, UMW, will lead this interactive session on networking. Learn why networking is important to your mental and emotional health, determine common connections you have with others, and find ways to help the younger generation network more effectively for career opportunities. Networking is essentially “collecting connections” and then sharing them with others. After Dr. Richardson’s talk, we will conduct our fall General Membership Meeting. (Sponsored by Anne McGrath)

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**Wednesday**  
October 18  
11am-12:30pm  
CLL

**General Membership Meeting**

This is the open forum designed to communicate directly with your fellow members, to better learn how ElderStudy works, to better understand the issues that are facing the organization, and to vote on those critical issues facing us. In addition, new members can meet and develop friendships with like-minded persons, and long term members can renew old friendships. A delicious table of drinks and goodies makes the meeting even more enjoyable. (Chaired by Jack Allison)

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**Thursday**  
October 19  
1pm-3pm  
CLL

**Curriculum Committee Meeting III**

The Curriculum Committee is responsible for planning the approximately 40 programs that are scheduled each semester. There is always a critical need for ElderStudy members to help develop the programs that meet our members' interests. It is at this meeting that our future programs take form. Join us and help ensure our programs remain stimulating and of interest. (Chaired by Chuck Johnson)

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**Tuesday**  
October 24  
10am-12:30pm  
CLL

**The Academy Awards Best Pictures: Hollywood and the Computer Age, 1990-1994**  
Gary Olsen

Hollywood embraced the technology of computers as Computer Graphic Imagery (CGI) was advanced enough to visually make a huge impact on the way movies looked on the big screen. Terminator 2 and Jurassic Park took CGI to a new level, transporting audiences to time periods and new worlds never seen this realistically. The Academy recognized these advancements by nominating movies that embraced the new technology such as Ghosts and The Shawshank Redemption as Best Picture nominations. (Sponsored by Alan Zirkle)

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**Wednesday**  
October 25  
1pm-3pm  
**NO LOCATION**

**The Great War and the United States**  
Porter Blakemore

Associate Professor of History Porter Blakemore will look at the European origins of the Great War, the role of the United States before 1917 and the reasons why the country entered the conflict in April of that year. He will also discuss the personality of Woodrow Wilson and his foreign policy views at the time of the U.S. entry. He will detail America's economic and military contribution to the allied victory in 1918, John J. Pershing's role, and it will also provide a sidebar look at the wartime exploits of the young George S. Patton, Jr, the U.S. Army's best field commander in the Second World War. Finally, Professor Blakemore will conclude with material on the successes and failures of the Paris Peace Conference of 1919, the pivotal role of Woodrow Wilson and the legacy of the war. (Sponsored by Carolyn Sulima)

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**Tuesday**  
October 31  
10am-noon  
**NO LOCATION**

**Chickamauga and Chattanooga**  
Joe Alfred

ElderStudy member and student of history Joe Alfred will discuss the last major Confederate victory, why it happened and what should have happened to avoid the Confederate catastrophe at Chattanooga. Joe will discuss the generals and their strategy and the presidents and their decisions. (Sponsored by Joe Alfred)

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## November

<b>Wednesday</b> November 1 10am-noon Klein Theatre	<b>Play Discussion — Little Shop of Horrors, music by Alan Menken, book and lyrics by Howard Ashman</b> Gregg Stull	Floral assistant, amateur botanist, and collector of rare plants, Seymour Krelborn is trying to eek out a living at Mushnik's Flower Shop when a recent botanical acquisition shows an uncanny thirst for blood. As his little seedling grows and develops a strangely soulful rhythm and blues voice, Seymour must figure out how to feed its insatiable carnivorous hunger while juggling the fame and fortune that comes with owning the most popular plant in the universe. ElderStudy members may bring non-member guests to this session. (Sponsored by Bob and Carole Hanus)
<b>Wednesday</b> November 1 1:30pm-3pm Ridderhof Martin Gallery	<b>Fall UMW Gallery Tour II</b> Rosemary Jesionowski	We will visit two galleries: the Ridderhof Martin Gallery and the DuPont Gallery. <b>Details on the exhibits will be provided when received from the Galleries.</b> NOTE UNUSUAL START TIME (Sponsored by Mary Ann Stana)
<b>Thursday</b> November 2 10am-noon <b>NO LOCATION</b>	<b>How Our Quest for Perfect Food Affects the Environment</b> Caitie Finlayson	Professor Finlayson will explore how consumer food preferences influence agricultural and retail practices, and the role of geography in shaping consumers' perceptions. For this project, a UMW faculty member and a team of undergraduate researchers have conducted an on-campus survey and a series of interviews with produce vendors to help understand how foods are marketed and sold to consumers – and how our preferences drive food waste. (Sponsored by Jack Allison)
<b>Tuesday</b> November 7 10am-noon <b>NO LOCATION</b>	<b>One War at a Time: An Examination of Global Events at the Time of the Civil War</b> Ryan Quint	When the period 1861 to 1865 is mentioned, most of us naturally think of the American Civil War, and rightly so. However, there were a lot of events going on around the world at the same time. Historian Ryan Quint will examine some of the more significant of these and discuss their impact on a newly reunified United States in the post-war years. (Sponsored by Mike Redding)
<b>Wednesday</b> November 8 10am-noon <b>NO LOCATION</b>	<b>How America Got Its Cool- A History of Refrigeration and Air Conditioning</b> Dennis Van Derlaske	ElderStudy member Dennis Van Derlaske will present a look at how the need to cool both things and people evolved. We will look at how this new found capability impacted our foodways, migration patterns and building designs. Along the way we will meet personalities ranging from Willis Carrier to Theodore Roosevelt and touch a bit on the physics of thermodynamics. (Sponsored by Dennis Van Derlaske)
<b>Wednesday</b> November 8 1pm-3pm <b>NO LOCATION</b>	<b>What Does a Mayor Do?</b> Mary Katherine Greenlaw	Join us as Fredericksburg's Mayor Mary Katherine Greenlaw will discuss the typical tasks of a mayor in a busy town. In addition to talking about operations of local government in the Commonwealth of Virginia, she will also share information about our sister cities. (Sponsored by Donna Lewis)

<p><b>Thursday</b> November 9 10am-noon <b>NO LOCATION</b></p>	<p><b>The American Frontier 1800 - 1850</b> Susan Trunzo</p>	<p>ElderStudy member Susan Trunzo will discuss explorers like Lewis and Clark, John Fremont and Zebulon Pike and their travels. Susan will talk about many other famous people, such as Kit Carson, John Jacob Astor, Sam Houston, Santa Ana, Stephen Austin as well as famous mountain men and artists who preserved the West on canvas. Susan will discuss the U.S. Army in the Mexican War including the battles of San Jacinto and San Pasqual. She will also talk about how the Indians tried to protect their lands and way of life and the Trail of Tears. (Sponsored by Susan Trunzo)</p>
<p><b>Thursday</b> November 9 1pm-3pm UMW Stafford Campus Library</p>	<p><b>Book Group — Just Mercy by Bryan Stevenson</b> Michael Millard</p>	<p>Beginning when he was a 23 year old Harvard law student, the author has spent decades working to free scores of people from wrongful and excessive criminal punishment. (Sponsored by Dot Meyers)</p>
<p><b>Tuesday</b> November 14 10am-noon <b>NO LOCATION</b></p>	<p><b>The Puzzling Portrait of Matthew Fontaine Maury</b> Scott Walker</p>	<p>19th century native, Mathew Fontaine Maury, was born in landlocked Spotsylvania yet developed into the world's leading navigator of the oceans. Every sea going enterprise (commercial and military) depended on him. Every sea captain wanted his maps. Yet, these days, he is virtually unknown. The research on Maury has continued. Hear and see the updated story. (Sponsored by Mary Ann Stana)</p>
<p><b>Wednesday</b> November 15 10am-noon <b>Tour - RSVP</b></p>	<p><b>Local Veterans Open Brewery in Stafford County</b> 6 Bears and a Goat Brewing Company</p>	<p>This tour will provide ElderStudy members with an opportunity to hear stories from veterans who are now craft beer entrepreneurs and visit their brewery. A tasting and light lunch will be offered afterwards for a fee. The tour is limited to 50 members. RSVP: Michelle M. Esbenshade by email esbt@hotmail.com or 703-203-4113. Deadline is 1 November 2017. Tasting and lunch details will be provided in the October newsletter. (Sponsored by Michelle Esbenshade)</p>
<p><b>Thursday</b> November 16 10am-noon <b>NO LOCATION</b></p>	<p><b>Let's Get Happy: The Science of Positive Psychology</b> Holly Shifrin, PhD and Miriam Liss</p>	<p>UMW Professor Shifrin and her colleague Miriam Liss will discuss the science of being happy. This presentation will introduce the field of positive psychology and discuss scientifically tested strategies that you can use to increase and sustain your happiness. (Sponsored by Jack Allison)</p>
<p><b>Tuesday</b> November 21 10am-12:30pm CLL</p>	<p><b>Academy Awards Best Pictures: Technology in the Home Transforms the Movie Business, 1995-1999</b> Gary Olsen</p>	<p>VHS, DVD, Netflix, TiVo all contributed to a changing dynamic in Hollywood during this period as huge conglomerates jumped into the film industry. Sony, Viacom, Comcast, General Electric, among others dove invested millions into the industry, realizing that films could be delivered over several platforms for enormous profits. Smaller, independent studios, including Dreamworks and Miramar, were equally successful in establishing a niche by focusing on smaller, cheaper films. The impact of this new business model was not lost on the Academy, as it recognized independent films such as Jerry Maguire, Life Is Beautiful and Good Will Hunting as Best Picture nominees. (Sponsored by Alan Zirkle)</p>

**Tuesday**  
November 28  
10am-noon  
**NO LOCATION**

**World War II Military Intelligence at Fort Hunt, Virginia**  
David Lassman

David Lassman, member of the National Park Service, will discuss the activities during World War II that took place in Fort Hunt. This fort was the senior military intelligence site for the U.S. The operations team at Fort Hunt coordinated the escape and evasion activities of American POWs, and it was the interrogation site of the top 4,000 enemy POWs. (Sponsored by Charlie Fennemore)

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**Tuesday**  
November 28  
1pm-3pm  
CLL

**Administrative Committee Meeting II**

This committee develops policies and plans for operating the organization. It reviews governing documents, updates the Policies and Procedures, monitors finances and projects future needs, proposes the annual budget and member fees. Members are always welcome to attend our meetings. (Chaired by Barbara Barrett)

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**Wednesday**  
November 29  
10am-noon  
CLL

**Membership Committee Meeting II**

This committee handles publicity, the newsletter, maintaining the website and planning social events. Members are always welcome to attend our meetings. Note unusual start time. (Chaired by Donna Lewis)

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**Thursday**  
November 30  
1pm-3pm  
**NO LOCATION**

**The Science of Mindfulness**  
Dan Hirschberg

Dr. Hirshberg, Assistant Professor of Asian Religions, is an expert on Tibetan Buddhism and a practitioner as well. He will give us an introduction to the contemplative practice and will discuss the scientific research on its benefits and the details of current studies. (Sponsored by Rose Reif)

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## December

**Tuesday**  
December 5  
10am-noon  
**NO LOCATION**

**In Search of the Real Gari Melchers: Melchers, Ebay and the Craft of the Forger**  
Joanna Catron

Imagine your disappointment when you discover that your prize acquisition of an original Gari Melchers isn't a Melchers at all! Find out about the pleasures and pitfalls of engaging in the art market and learn to sniff out the real Gari Melchers. (Sponsored by Jack Allison)

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**Wednesday**  
December 6  
10am-noon  
CLL

**Board of Directors Meeting**

Board meetings are open to all ElderStudy members. Come and witness firsthand the decision-making process that ensures ElderStudy is meeting its objectives. This is a chance for all members to suggest new ideas for the organization directly to the Board and to committee chairpersons. (Chaired by Jack Allison)

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**Wednesday**  
December 6  
1pm-3pm  
**NO LOCATION**

**Doctrine and Race**  
Mary Beth Mathews

Dr. Mathews, Associate Professor of Religion, will discuss her recently published book, *African-American Evangelicals and Fundamentals Between the Wars*. She will address how black evangelicals understood and adapted white fundamentalism. (Sponsored by Rose Reif)

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**Thursday**  
December 7  
11:30am-3:00pm  
LOW Clubhouse

**Winter Luncheon (Tentative Date from Eugenia 1/17)**

The ElderStudy Winter Luncheon will be held at Lake of the Woods Clubhouse. Further details will be provided. (Chaired by Eugenia Jones)

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**Thursday**  
December 14  
1pm-3pm  
UMW Stafford  
Campus Library

**Book Group — Elon Musk: Tesla,  
Space X and the Quest for a  
Fantastic Future by Ashlee Vance**  
Phil Hall

In the spirit of Steve Jobs, Elon Musk is both an illuminating and authorized look at the extraordinary life of one of Silicon Valley's most exciting, unpredictable, and ambitious entrepreneurs, and a fascinating exploration of the renewal of American invention and its new "makers". (Sponsored by Dot Meyers)

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