



MUSINGS OF THE PRESIDENT

What do you need for 2020? A new calendar to note all the sessions you are planning on attending. Special thanks to our hard working Curriculum Committee who has once again provided many interesting learning opportunities for our members.

Our Membership Committee has organized our annual Holiday Luncheon on December 11th. Cheer (cash bar), delish lunch and live entertainment should make for a great afternoon with members! In the New Year, perhaps you'll consider making a resolution to volunteer and get more involved with the organization.

The Administration Committee has been working on getting us organized to include documenting our history and improving our filing system.

I do wish all our members a safe Happy Holiday Season with family and friends. I will be looking forward to seeing everyone in the New Year. It's hard to believe we are at 2020!

Michelle M. Esbenshade

“There are few things more pathetic than those who have lost their curiosity and sense of adventure, and who no longer care to learn.”

– Gordon B. Hinckley

ADMINISTRATION COMMITTEE REPORT

The Administration Committee met for its Quarterly meeting on 20 November 2019 in the CLL Classroom. Seven members of the Committee participated. Admin Committee Chairman Keith Fennell introduced Yujun McAndrew who has expressed an interest in the Treasurer position when Bryn Pavek finishes her term next September. Keith and Bryn plan to meet with Yujun in December to discuss the roles and duties of the Treasurer.

Bryn missed the committee meeting as she and her husband are traveling. But Bryn left Keith with the financial reports and talking points. Keith provided members with a copy of Operations Report #3. Membership fees are already above budget projections as Bryn has processed 333 membership applications to date. Expenses for the first two months of the Fiscal Year are minimal and mostly involve speakers' fees.

Under Miscellaneous Income, the Operations report shows \$328: \$228 from member overpayments and \$100 from a presenter. The members and presenter requested that this money be added to the BLS Scholarship Fund. After some discussion, the Committee agreed to a motion to recommend to the Board of Directors at their December meeting that the BLS Scholarship Fund be increased by \$325, from the current \$1500 to \$1825.

Both Bryn and Keith have been invited by Keith Morgenheim to the December 3rd meeting of the IT Working Group, which is looking at possible solutions to software and hardware issues identified in the recent Long-Range Planning Document. Some of the solutions being discussed by the working group may address issues of interest to Admin related to documentation storage/retrieval and member processing.

Under New Business, Keith discussed the Committee's role in "updating the history of the ElderStudy program" as cited in the Policies and Procedures under Administration Committee responsibilities. Keith noted that Curriculum Committee Chair Joe Alfred created an outstanding ES History presentation for the 25th Anniversary which he shared at the luncheon in 2018. The 25th Anniversary link, which is available on the ES website under Activities, also includes a video of former ElderStudy President Jack Allison interviewing charter member Peggy Johnson on the origins of ElderStudy and a congratulatory video by UMW President Troy Paino. Keith proposed creating a new volunteer position within the Admin Committee to build on this effort. The history volunteer could research existing files for more details related to the early years of ES, and conduct more 'living history' interviews with members to capture their stories. Keith also proposed adding a new History drop down menu to the ES website where copies of these presentations, videos and future history-related content could be located. Former Board President Chuck Block recommended that any such effort involve UMW to capture their insights into our history, and proposed that this idea be raised at the December Board meeting.

After completing all business discussions Keith reminded everyone that the next Admin Committee meeting will be on 26 February.

Comments and questions relating to Admin Committee activities can be addressed to Keith Fennell (email: kfennell19@gmail.com or phone 540-809-9833).

MEMBERSHIP COMMITTEE REPORT

The ElderStudy membership continues to be robust with over 330 members. We are pleased to see many new members taking an active role in the sessions, activities and committees. If you have an interest in getting more involved but are unsure of needs, please complete an Opportunity Form (on the white board in the classroom) and leave in it the classroom office. Someone will be in touch with you.

This fall has been a busy time for the Membership Committee. Throughout the year, we have been addressing the recommendations of the Long Range Planning Committee. We are working on a marketing plan to help promote our organization. On the classroom white board you will find rack cards and business cards that provide information about ElderStudy. Please pick some up and share within your community or with friends.

Thanks to member Ingrid Kuhnert, we now have a wheelchair in the classroom. Our intent is to make it available for someone who may need assistance getting from the parking lot to the classroom. The wheelchair should be returned to the classroom office after each session.

If you are a new member, you will be contacted by phone when your nametag arrives. Tags will be available in the classroom on the table below the "New Badges" sign. If you have any questions about new or old nametags please contact Mike Deabler at gmdeabler@msn.com or 540-841-1465.

If you have not yet gotten your emergency information stickers to affix to the back of your nametags, please do so. They are located on the nametag table.

We are looking forward to seeing those of you who have registered for the Holiday Luncheon on December 11, from 11-1:30 at University Hall in the North building of UMW's Stafford campus (in the building next to our classroom building.) The cash bar will open at 11 am, followed by lunch to be served at 11:30 am. Our event will conclude with holiday musical selections by Ray Dempsey. Remember to wear your nametag! Special thanks to Eugenia Jones, Carolyn Sulima and members of our committee for their efforts in planning this special event!

An important responsibility of the Membership Committee is to provide outreach to our members who are infirmed or who have suffered a loss. If you know of anyone in need of special contact, please notify Susanne Lazanov at suelaz@aol.com.

Remember to keep your membership information up to date by sending any corrections to membership@elderstudy.info.

Want to get involved? Come join us for our next Membership Committee meeting Wednesday, February 26, from 10am-noon.

Donna Lewis, Chairperson
Membership Committee

CURRICULUM COMMITTEE REPORT

First day to sign up for spring 2020 tours is Friday, 6 December 2019.

As we come to the end of our fall 2019 program schedule we have had five programs with 72+ attendance, seven with 61+ attendance and five with 47+ attendance. For fall 2019 so far, average attendance for 23 CLL programs so far was 53.2 members and guests. Our play discussion had an attendance of 74, our four tours so far had an average attendance of 27.5, our two Book Groups had an average attendance of 17.

Our dedicated sponsors have completed the initial planning for our spring 2020 semester. We have 53 programs confirmed to date including 37 at the CLL, 9 tours, 5 book groups and 2 play discussions. The spring 2020 program schedule is attached to this newsletter.

Topping the list for spring 2020 is Tours.

- Tours with 9 programs
- Literature & the Arts with 8
- UMW, Fredericksburg & Virginia with 8
- History & Politics with 7
- Medicine & Healthcare with 6
- Book Group with 5
- Law, Government & Economics with 3
- Travel with 2
- Entertainment with 1
- General Topics with 2

For those of you wondering what days and times are the most popular at the CLL - in spring 2019:

- Tuesday at 10 am had 14 programs with an average attendance of 60.3
- Thursday at 10 am had 9 programs with an average attendance of 51.2
- Wednesday at 10 am had 6 programs with an average attendance of 44.3
- Tuesday at 1 pm had 2 programs with an average attendance of 58.5

For those of our members without a computer at home and no internet available by mobile phone, you can still find us at your friendly neighborhood library. Ask your librarian for assistance in getting on the internet. Our program schedule is on the web and kept up to date at

<https://www.elderstudy.info/Curriculum/Schedule.pdf>

Our next Curriculum Committee meeting will be Thursday 16 January 2020 at 1:00 pm in our CLL.

Respectfully submitted,

Joe Alfred
Chair, Curriculum Committee

TREASURER'S REPORT

Mary Washington ElderStudy

11/4/2019

2019-2020 Operations Report #2

Accounting Category/Subcategory	2019-2020 Approved Budget (6/5/2019)	9/1/2019 thru 10/31/2019	% of Plan
INCOME			
Membership Fees	\$19,550.00	\$20,299.00	103.8%
Name Tag Replacement Fees	tbd	\$41.00	
Interest from Certificates of Deposit	tbd	\$19.70	
Miscellaneous (excludes replacement Name Tags)	tbd	\$328.00	
Membership Special Events Fees	\$3,000.00	\$0.00	
Curriculum Off-Site Fees	tbd	\$0.00	
Total ES Income/Revenue	\$22,550.00	\$20,687.70	
EXPENSES			
Board of Directors			
BLS Scholarships	\$1,500.00	\$0.00	0.0%
Election Expenses (copying, printing)	\$350.00	\$0.00	
Grants (from excess 2019-2020 Funds)	tbd	\$0.00	
Classroom Contingency	\$0.00	\$0.00	
Subtotal Board Of Directors	\$1,850.00	\$0.00	
Curriculum Committee			
Speakers/Programs (Aug)	\$7,500.00	\$1,225.00	16.3%
Postage/Mailing/Copying	\$125.00	\$0.00	0.0%
Off-site Location Programs	tbd	\$0.00	
Gifts/Gratuities	\$25.00	\$0.00	0.0%
Stationery/Supplies	\$150.00	\$0.00	0.0%
Special Activities	tbd	\$0.00	
Subtotal Curriculum Committee	\$7,800.00	\$1,225.00	
Administration Committee/BOD			
General Operating Funds	\$250.00	\$0.00	
Stationery/Supplies/Publications	\$680.00	\$285.46	
Postage/Mailing/Copying	\$200.00	\$0.00	
Subtotal Administration Committee	\$1,100.00	\$295.46	
Membership Committee			
Brochures/Rack Cards	\$100.00	\$110.57	110.6%
Stationery/Supplies	\$200.00	\$95.33	47.7%
Gifts/Remembrances	\$200.00	\$0.00	0.0%
Name Tags	\$350.00	\$120.15	48.4%
Newsletter/Communications	\$800.00	\$0.00	0.0%
Postage/Mailing/Copying	\$270.00	\$11.00	4.1%
Web Site (renewed Feb 2018 for 2 yrs)	\$150.00	\$0.00	0.0%
Telephone Services (2mo)	\$300.00	\$44.00	14.7%
Membership Meetings/Spec Events	\$5,000.00	\$100.00	
Subtotal Membership Committee	\$7,370.00	\$481.05	
Total ES 2019-2020 Expenses YTD	\$18,120.00	\$2,001.51	

- a. Member Fees=\$12552 Early Fees + \$7,747 in
Memb renewals & new after Sept 1, 2019.
Note: Nametags \$17 Early & \$24 aft Sept 1.
Note: Sch. Don -\$204 Early & \$124 aft Sept 1.

OTHER ITEMS OF INTEREST



BOOK CLUB



The ElderStudy Book Club meets monthly, at 1:00 pm, on the second Thursday (in the CLL classroom on the 2nd floor of the South Building at the Stafford UMW Campus on Route 17).

Upcoming Book Club Selections:

December 12, 2019 - **FDR and Chief Justice Hughes** by James F. Simon

January 9, 2020 - **Educated: A Memoir** by Tara Westover

February 13, 2020 - **The Healing of America** by T. R. Reid

UMW Great Lives Lectures for 2020

This series is open to the public free of charge and no admission tickets are required. All lectures begin at 7:30pm in Dodd Auditorium, George Washington Hall. Book signings follow the lectures.

- Tue Jan 21 **Ronald Reagan**, by Craig Shirley
- Thu Jan 23 **Tiger Woods**, by Jeff Benedict
- Tue Jan 28 **D-Day Girls**, by Sarah Rose
- Thu Jan 30 **JFK / James Bond**, by Steven Watts
- Tue Feb 04 **Frances Gary Powers**, by Frances Gary Powers, Jr.
- Thu Feb 06 **The Beach Boys**, by Peter Ames Carlin
- Tue Feb 11 **Dr. Seuss**, by Brian Jay Jones
- Thu Feb 13 **John & John Quincy Adams**, by Nancy Isenberg & Andrew Burstein
- Tue Feb 18 **Stephen Hawking**, by Kitty Ferguson
- Thu Feb 20 **American Duelists**, by Joanne Freeman
- Thu Feb 27 **Frederick Douglass**, by David W. Blight
- Tue Mar 10 **Female Internet Inventors**, by Claire L. Evans
- Thu Mar 12 **C. S. Lewis**, by Devin Brown
- Thu Mar 19 **America's Notorious Pirates**, by Eric Jay Dolan
- Tue Mar 24 **Karl Marx**, by Johnathan Sperber
- Tue Mar 31 **Hedy Lamarr**, by Stephen, Michael Shearer
- Tue Apr 02 **Sandra Day O'Connor**, by Evan Thomas
- Tue Apr 07 **Nikita Khrushchev**, by William Taubman
- Tue Apr 14 **Pioneer Female Aviators**, by Keith O'Brien



EVERYONE LOVES PICTURES



If you have any photographs taken at Elderstudy events (tours, sessions, etc.) please consider sharing. You can email them to Keith Morgenheim (kamorganh@gmail.com) for posting on the Elderstudy Facebook page, and/or send them to Chuck Watkins (watkic@gmail.com) to add to the Elderstudy website.

DID YOU KNOW?

In future newsletters, we would like to include a new human interest section with information from and about our members. Some topics might include travel, hobbies and collections, hometowns, professions, 'bucket lists', recipes, etc.

For the February newsletter, please consider sharing information about recent travel, a special recipe, and/or something you love (person, pet, place, experience, food). Depending on the volume of responses, some information may be condensed or saved for a future edition.

The objective is for our members to find connections and common interests with others, to share resources, and to get to know our fellow members!

Please email information to gail.oakes2@gmail.com.

HOLIDAY LUNCHEON

Don't forget the Holiday Luncheon on
Wednesday, Dec. 11.
11:00 AM to 1:30 PM

UNIVERSITY HALL, NORTH BUILDING
ON UMW STAFFORD CAMPUS
Cash Bar Opens at 11:00; Lunch Served
11:30

(RSVP with payment was due Nov 19.)

VISIT FRED

For information about the
Fredericksburg area (things to do, area
maps, history, events, restaurants), you
can check out the Visit Fred website at
<https://www.visitfred.com/>



www.sharpbrains.com/

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SharpBrains.com, the firm's educational blog and website, is one of the most popular brain blogs. It features articles, resources, a monthly enewsletter, scientific reports, and brain activities.

This Newsletter is prepared by Gail Oakes, with contributions from many members of ElderStudy. If you have any questions, comments, or suggestions for the newsletter, please feel free to let me know. You can email (gail.oakes2@gmail.com), text or call (540-846-9320).