



THE PRESIDENT'S MESSAGE

On behalf of the Board Members and Committee Chairs, I extend a wish for a very happy, safe, healthy holiday season and a continued zest to learn.

Grant us peace, Your most precious gift, O Eternal Source of peace, and give us the will to proclaim its message to all the peoples of the earth.

Bless our country, that it may always be a stronghold of peace, and its advocate among the nations. May contentment reign within its borders, health and happiness within its homes. Strengthen the bonds of friendship among the inhabitants of all lands...

Gates of Prayer

I already am excited for the start of our next semester programs. The long range ad hoc committee under Bryn Pavek's enthusiastic leadership has been very active. The committee's report in April will enhance our future endeavors.

Please consider becoming an **active participant** in one of our major committees: curriculum, membership and administration. ElderStudy relies on members' participation.

Happy Learning,

Charles (Chuck) Block, M.D.
President

ADMINISTRATION COMMITTEE REPORT

The Administration Committee Quarterly Meeting was held on November 28 at 1 PM in the ES Classroom. The Treasurer (Bryn Pavek) provided a financial report for the first quarter of the 2018-2019 Fiscal Year. (See the Treasurer's Report in this newsletter for details of the report).

Under Old Business, it was reported that the 2018 Revision of the Policy & Procedures Document has been completed and "updated pages" had been provided to the holders of P&P. A negative status report was received regarding the search for a new Committee Chair.

Under New Business, the Committee received a report regarding the results of the 2017-2018 Annual Audit which was conducted by Connie Block; there were no major issues noted. [MANY THANKS to Connie] Discussions relative to funding of the Annual BLS Scholarship were held in light of the receipt of "specified donations" and a recommendation will be presented to the Board of Directors at their December 5 Quarterly Meeting. The ElderStudy Tax Return for the 2017-2018 Fiscal Year will be submitted in December by the Treasurer.

Future Committee Meetings. Quarterly Meetings of the Administration Committee are scheduled for February 27 and May 29. These meetings will be held at 1 PM in the classroom. The 2019-2020 Budget Planning process will be initiated at the February 27 Meeting and will be concluded at the May 29 Meeting as a Recommended Budget to the Board.

John Thompson

www.elderstudy.com

What you need to know - when you need to know it.

TREASURER'S REPORT

Thank you for joining ElderStudy for the 2018-2019 Program Year. Special thanks are due to everyone who filled out their membership form completely! It made it much easier to process!! Based on the memberships to date, income from membership fees is sufficient to cover the approved budget. They should also be sufficient to consider typical year-end grants to the University's departments whose faculty participated in this year's programs. A formal Treasurer's Report in the form of the First Quarter Operations Report (September-November 2018) will not be available until after the Board of Directors Meeting to be held on December 5th. Current reports can be found on the ElderStudy Website.

Big Volunteer News! Are you looking for an easy, short term way to help ElderStudy? If so, I am looking for 1-2 volunteers who would be interested in the month of August 2019 in learning how to process membership forms and fees for ElderStudy. If you can write, a stamp and record details—then you are the person I am looking for! It would require a once per week get together (typically on a Friday, Saturday or Monday) for the four weeks in August, and take 2 hours each week.

Respectfully Submitted, Bryn Pavek, Treasurer

This Newsletter is prepared by me, Dot Meyers, with the help of many members of ElderStudy. If you have any questions or suggestions for the newsletter, please feel free to let me know. You can leave a message on the phone, 540-654-1769, or call me at 540-760-1533.

MEMBERSHIP COMMITTEE REPORT

The ElderStudy membership continues to grow, and we are pleased to see so many of our new members taking an active role in the activities and committees available. We hope that you are taking time to provide feedback on your experiences as we look forward to planning the future of our organization.

Each year, our Holiday Luncheon proves to be one of our favorite events! We hope you have registered to join us for this luncheon on December 11 at University Hall in the North building of UMW's Stafford campus (in the building next to our classroom building.) The cash bar will open at 11 am, followed by luncheon to be served at 11:30 am. Our event will conclude with holiday musical selections by Harpist Elizabeth Ciresi. Remember to wear your nametags! (Special thanks to Eugenia Jones, Carolyn Sulima and members of our committee for their efforts in planning this special event!)

One role of the Membership Committee is to provide outreach to our members who are infirmed or who have suffered a loss. If you know of anyone in need of special contact, please notify Susanne Lazanov at suelaz@aol.com.

Our committee is also responsible for communications throughout the organization, from newsletters and the web page to planning events and keeping our members informed. If you would like to assist us in these efforts, please join our committee! Our next meeting is February 28, 2019, beginning at 10 am.

Remember to keep your membership information up to date by sending any corrections to membership@elderstudy.info. New members are reminded to pick up their name tags in the classroom.

After the New Year, we will begin to plan our End-of-Year Potluck Luncheon scheduled for May 16 at the Spotswood Baptist Church. We will provide additional information in the spring newsletter.

Donna Lewis, Chairperson
Membership Committee

CURRICULUM COMMITTEE REPORT

Our fall 2018 semester is almost complete and your response to our programs has been more enthusiastic than ever. Our dedicated sponsors have completed the initial planning for our spring 2019 semester. We have 44 programs confirmed to date including 30 at the CLL, 7 tours, 5 book groups and 2 play discussions. Many of our favorite speakers will be returning in the spring and we have identified a number of new speakers for programs that we are confident the ElderStudy membership will find enjoyable. For fall 2018, average attendance for 25 CLL programs was 58.5 members and guests up 9.1 from fall 2017. For fall 2018 so far, we have had two programs with 111+ attendance, seven programs with 70+ attendance and six programs with 62+ attendance. Ten tours have had an average attendance of 36.8, one tour had an attendance of 75, two had 52+ and one had 44. Three book groups have had an attendance of 17+. Both play discussions have had an attendance of 69+.

Mary Washington ElderStudy has planned 1,918 programs over 52 semesters from the fall of 1993 to the spring of 2019 for an average of 36.9 programs per semester. For the last eight semesters our average number of programs per semester has been 47.1, the highest it has ever been.

Our next Curriculum Committee meeting will be Thursday 17 January 2019 at 1:00 pm in our CLL.

Respectfully submitted,

Joe Alfred, Chair
Curriculum Committee